

Cherokee XC Meet 2022 - 10/4/2022

Cherokee, IA

Rankings

Event 4 Girls 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Young, Katie	09	Unity Christian	19:59.62	1
2 Krieger, Katelyn	12	Spirit Lake	20:03.32	2
3 Dokter, Biyanca	12	Moc-Floyd Valley	20:34.29	3
4 Dokter, Aryana	12	Moc-Floyd Valley	20:45.91	4
5 McCord, Corinne	10	Sioux Center	20:48.99	5
6 Zeutenhorst, Kendra	11	Sioux Center	21:02.25	6
7 Woodall, Grace	09	Cherokee	21:02.34	7
8 DeGroot, Kyrin	10	Western Christian	21:05.33	8
9 De Jong, Jaidyn	10	Unity Christian	21:08.42	9
10 Van Der Werff, Elin	10	Moc-Floyd Valley	21:17.31	10
11 Hoogland, Olivia	11	Unity Christian	21:23.53	11
12 DeRocher, MaKenzie	09	Lemars High School	21:30.63	12
13 Dahlhauser, Lillian	11	Storm Lake	21:37.48	13
14 Schut, Myka	12	Sioux Center	21:45.33	14
15 Simonsen, Ella	09	Cherokee	21:49.69	15
16 Hulinsky, Rebecca	12	Lemars High School	21:58.74	16
17 Moeller, Lily	09	Moc-Floyd Valley	22:01.97	17
18 Benson, McKenna	10	Cherokee	22:03.81	18
19 May, Sarah	10	Moc-Floyd Valley	22:09.54	19
20 Romero, Mya	11	Sioux Center	22:28.32	20
21 Harald, Cori	11	Sioux Center	22:32.17	21
22 Mongan, Abryl	09	Cherokee	22:36.51	22
23 Hamerlinck, Kendal	11	Lemars High School	22:37.79	23
24 Kraayenbrink, Olivia	11	Sioux Center	22:39.75	24
25 Te Krony, Megan	12	Unity Christian	22:39.98	25
26 Tracy, Teagan	09	Moc-Floyd Valley	22:44.06	26
27 Vollink, Mikayla	11	Unity Christian	22:45.30	27
28 Letsche, Julia	12	Cherokee	22:52.04	28
29 Pritchard, Charlotte	11	Spirit Lake	23:01.41	29
30 Fernstrum, Kennedy	10	Moc-Floyd Valley	23:05.33	30
31 Minderhoud, Jenae	10	Western Christian	23:05.47	31
32 Lubeck, Riley	12	Cherokee	23:09.57	32
33 Cortes, Nelly	11	Storm Lake	23:18.39	33
34 Britt, Kylee	12	Lemars High School	23:23.02	34
35 Snyder, Eva	10	Storm Lake	23:27.46	35
36 Hoogland, Elizabeth	10	Unity Christian	23:38.76	36
37 Hartzell, Anna	11	Spirit Lake	23:40.35	37
38 Bennett, Mackenzie	09	Spirit Lake	23:41.85	38
39 Limones, Bianca	12	Storm Lake	23:42.95	39
40 Harberts, Apiyo	11	Western Christian	24:27.40	40
41 Roller, Marilyn	09	Lemars High School	24:30.87	41
42 Van Genderen, Kara	12	Unity Christian	24:45.81	42
43 TenPas, Trista	12	Western Christian	24:55.65	43
44 Scheaffer, Elisa	10	Sheldon	25:13.09	44
45 Holscher, Indy	09	Spirit Lake	25:14.70	45
46 Hackbarth, Cassi	10	Spirit Lake	25:21.73	46
47 Scheaffer, Gracia	12	Sheldon	25:29.17	47
48 Slater, Abi	11	Spirit Lake	25:31.42	48
49 Kampbell, Sylvia	09	Storm Lake	25:41.34	49
50 Mills, Miranda	11	Storm Lake	25:43.65	50
51 McCabe, Brinda	11	Sheldon	25:54.28	51
52 Fedders, Abby	09	Western Christian	26:00.95	52

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Rankings

Event 5 Boys 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Martinez, Luiz	11	Storm Lake	16:22.79	1
2 Hulshof, Isaiah	12	Moc-Floyd Valley	16:39.50	2
3 Mirande, Trevor	10	Moc-Floyd Valley	16:39.56	3
4 Ramirez Parra, Joel	09	Storm Lake	16:45.18	4
5 VanDenBerg, Easton	12	Sioux Center	16:57.26	5
6 Obbink, Trace	11	Lemars High School	16:59.83	6
7 Vonk, Hudson	11	Sioux Center	17:10.76	7
8 VandenBerg, Damon	12	Spirit Lake	17:22.56	8
9 Van Der Werff, Ian	10	Moc-Floyd Valley	17:23.79	9
10 Wynia, Ethan	10	Unity Christian	17:25.59	10
11 Meis, Michael	12	Lemars High School	17:27.67	11
12 Dean, Kellen	11	Sioux Center	17:29.49	12
13 DeYoung, Micah	12	Moc-Floyd Valley	17:35.93	13
14 Schreurs, Stephen	10	Unity Christian	17:43.36	14
15 Schmidt, Micah	10	Moc-Floyd Valley	17:44.28	15
16 Foltz, Logan	11	Sioux Center	17:48.50	16
17 Mulder, Daylen	11	Unity Christian	17:49.23	17
18 Scholten, Lane	10	Unity Christian	17:51.04	18
19 Breems, Jonathan	12	Unity Christian	17:56.36	19
20 Sanchez, Juan	12	Lemars High School	18:04.33	20
21 Douma, Caleb	11	Western Christian	18:05.19	21
22 Anderson, Nathan	10	Moc-Floyd Valley	18:16.80	22
23 VandeVegte, Micah	10	Sioux Center	18:25.94	23
24 Landman, Ezra	11	Unity Christian	18:28.57	24
25 Monroe, Iain	12	Unity Christian	18:31.29	25
26 Hoffmann, Josh	10	Sheldon	18:34.15	26
27 Hulstein, Gerrit	10	Moc-Floyd Valley	18:35.10	27
28 Wurth, Caden	12	Lemars High School	18:35.60	28
29 Petersen, Brett	10	Storm Lake	18:41.29	29
30 Minderhoud, Zachary	12	Western Christian	18:43.90	30
31 Trautman, Carter	09	Spirit Lake	18:49.92	31
32 Ducommun, Kyler	10	Cherokee	18:54.02	32
33 Wassenaar, Machael	10	Sheldon	19:00.21	33
34 Murra, Michael	11	Lemars High School	19:04.27	34
35 Sorenson, Riley	11	Spirit Lake	19:04.69	35
36 Reusch, Johathon	12	Cherokee	19:14.12	36
37 Roque, Christian	12	Storm Lake	19:19.23	37
38 Kueper, Connor	12	Spirit Lake	19:20.86	38
39 DeWeerd, Noah	11	Western Christian	19:22.74	39
40 Huff, Caleb	10	Sheldon	19:23.36	40
41 Van Kley, Cowan	12	Western Christian	19:23.36	41
42 Jerge, Ethan	10	Spirit Lake	19:27.29	42
43 Samsel, Colton	12	Cherokee	19:32.89	43
44 Swartz, Riley	10	Cherokee	19:36.67	44
45 Holdorf, Aiden	11	Spirit Lake	19:39.00	45
46 Mizner-Fundermann, Cully	09	Cherokee	19:40.72	46
47 Dahm, Nicholas	11	Sioux Center	19:44.23	47
48 Profit, Tommy	12	Spirit Lake	20:09.12	48
49 Johnson, Laiken	09	Cherokee	20:19.30	49
50 Laursen, Noah	11	Lemars High School	20:30.77	50
51 Van Beek, Caleb	10	Western Christian	20:55.07	51
52 Robinson, Skyler	12	Cherokee	21:18.10	52

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Rankings

Event 2 Girls 5k Run CC Junior Varsity

Name	Year	School	Finals	Points
1 Truesdell, Anna	09	Sioux Center	22:25.53	1
2 Bahrke, Olivia	09	Moc-Floyd Valley	22:36.03	2
3 Bahrke, Payge	11	Moc-Floyd Valley	23:05.12	3
4 Lassen, Kienna	09	Moc-Floyd Valley	23:07.88	4
5 Stanislav, Mady	09	Moc-Floyd Valley	23:10.39	5
6 Bloom, Maria	09	Sioux Center	23:17.49	6
7 Abrahamson, Jada	12	Moc-Floyd Valley	23:17.54	7
8 Harman, Natalie	12	Cherokee	23:29.06	8
9 Letsche, Heidi	12	Cherokee	23:29.49	9
10 Douma, Addi	12	Moc-Floyd Valley	23:59.18	10
11 Hart, Lydia	10	Cherokee	24:01.12	11
12 Bunkers, Avery	09	Moc-Floyd Valley	24:01.16	12
13 Franken, Brynn	10	Unity Christian	24:06.30	13
14 Smit, Chloe	10	Unity Christian	24:10.52	14
15 Loucks, Lena	10	Cherokee	24:13.13	15
16 Booth, Allison	10	Cherokee	24:16.81	16
17 Vonk, Aubrey	09	Sioux Center	24:22.79	17
18 Schuiteman, Grace	09	Sioux Center	24:24.51	18
19 Vis, Summer	11	Western Christian	24:26.56	
20 Driesen, Kadence	11	Unity Christian	24:27.39	19
21 Christensen, Taylor	12	Cherokee	24:28.48	20
22 DeJong, Ava	10	Moc-Floyd Valley	24:29.70	
23 Vermeer, Emalee	11	Sioux Center	24:42.63	21
24 Busse, Lana	09	Cherokee	24:43.64	22
25 De Jong, Anna	11	Unity Christian	24:49.14	23
26 Jansma, Erica	09	Moc-Floyd Valley	25:00.19	
27 Van Schouwen, Kyra	10	Unity Christian	25:04.54	24
28 Roland, Delanie	09	Sioux Center	25:12.35	25
29 Zazueta, Mara	11	Moc-Floyd Valley	25:14.78	
30 DeYoung, Anisa	10	Moc-Floyd Valley	25:26.89	
31 Verschure, Maggie	09	Moc-Floyd Valley	25:38.10	
32 Visser, Amalia	10	Unity Christian	25:39.29	26
33 Bousema, Autumn	10	Unity Christian	25:47.50	27
34 Bosma, Madison	11	Unity Christian	26:02.62	
35 Miller, Breanna	12	Cherokee	26:14.91	
36 Schmellen, Alivia	09	Cherokee	26:18.67	
37 Schut, Izrael	09	Sioux Center	26:23.46	28
38 Martinez, Dulce	12	Sioux Center	26:27.76	
39 McCord, Camille	11	Sioux Center	26:41.57	
40 Tinklenberg, Daylea	09	Unity Christian	26:50.72	
41 Hogrefe, Maya	09	Lemars High School	26:57.99	29
42 Wede, Larkin	10	Moc-Floyd Valley	27:00.35	
43 Plender, Julie	12	Moc-Floyd Valley	27:02.03	
44 Huizenga, Kenzie	10	Unity Christian	27:05.47	
45 Dykstra, Julia	10	Unity Christian	27:10.75	
46 Sampson, Nevaeh	12	Moc-Floyd Valley	27:16.20	
47 Rasmus, Payton	11	Cherokee	27:17.08	
48 Ciaffa, Alyssa (Mac)	10	Lemars High School	27:17.28	30
49 Rozenboom, Avery	09	Western Christian	27:21.12	
50 Goslinga, Annika	11	Unity Christian	27:43.03	
51 Lammers, Rose	09	Lemars High School	27:48.61	31
52 Smith, Brynn	10	Cherokee	27:50.32	

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Rankings

Event 3 Boys 5k Run CC Junior Varsity

Name	Year	School	Finals	Points
1 Maletoungou, Jean	12	Unity Christian	19:00.76	1
2 Huisman, Jesse	11	Unity Christian	19:01.42	2
3 Smit, Tegegn	09	Moc-Floyd Valley	19:02.16	3
4 Rozenboom, Tyler	10	Unity Christian	19:22.15	4
5 Reyes, Jaciel	09	Moc-Floyd Valley	19:23.41	5
6 Dekkers, Gabe	12	Sioux Center	19:24.76	6
7 Vande Griend, Joren	09	Unity Christian	19:36.16	7
8 Winn, David	11	Unity Christian	19:36.83	8
9 Moeller, Charlie	11	Moc-Floyd Valley	19:45.93	9
10 Katt, Cooper	09	Moc-Floyd Valley	19:56.17	10
11 Brennan, Cody	10	Moc-Floyd Valley	19:57.62	11
12 Zevenbergen, Braden	11	Unity Christian	20:00.45	12
13 Kroese, Easton	11	Sioux Center	20:03.83	13
14 Koelewyn, Dylan	11	Unity Christian	20:23.71	14
15 Dekkers, Reese	12	Sioux Center	20:27.72	15
16 Bandstra, Blake	12	Sioux Center	20:34.81	16
17 Hyndman, Xzavier	12	Cherokee	20:40.40	17
18 Obbink, Brennan	09	Unity Christian	20:42.89	
19 De Jong, Landon	11	Unity Christian	20:50.87	
20 VanEs, Jett	10	Sioux Center	20:59.13	18
21 Haverdink, Andrew	11	Moc-Floyd Valley	21:05.87	19
22 Mizner-Fundermann, Grady	09	Cherokee	21:11.06	20
23 Van Zee, Zach	11	Moc-Floyd Valley	21:17.51	21
24 Reyna, Angel	11	Moc-Floyd Valley	21:24.92	
25 Schmid, Jett	10	Lemars High School	21:27.94	22
26 Lee, Aaron	10	Lemars High School	21:31.52	23
27 Mazurek, Braeden	11	Cherokee	21:33.31	24
28 Westra, Levi	10	Western Christian	21:39.05	
29 Nonhof, Samuel	12	Unity Christian	21:39.50	
30 Vander Sluis, Seth	11	Lemars High School	21:42.76	25
31 Huang, Jerry	09	Moc-Floyd Valley	21:45.63	
32 Jorgensen, Austin	11	Spirit Lake	21:51.49	
33 Haugstad, Landon	10	Sioux Center	22:01.72	26
34 Bonnema, James	10	Moc-Floyd Valley	22:07.26	
35 Hurst, William	12	Sioux Center	22:18.65	27
36 Busse, Ethan	11	Cherokee	22:20.76	28
37 RamosMorales, Sergio	09	Sioux Center	22:24.03	
38 Sholly, Christian	11	Moc-Floyd Valley	22:25.35	
39 Hughes, Tyler	10	Cherokee	22:26.95	29
40 Russell, Nick	09	Moc-Floyd Valley	22:29.51	
41 Lewis, Hudson	09	Spirit Lake	22:31.35	
42 Van't Hul, Ethan	11	Western Christian	22:31.65	
43 MoralesMorales, Luis	09	Sioux Center	22:33.89	
44 Overmohle, Dylan	09	Moc-Floyd Valley	22:35.62	
45 Alingh, Nick	12	Cherokee	22:36.03	30
46 Odendahl, Sam	11	Spirit Lake	22:38.40	
47 Breems, William	09	Unity Christian	22:50.39	
48 Venteicher, Noah	12	Lemars High School	22:53.26	31
49 Addink, Easton	09	Sioux Center	23:10.57	
50 Reatiga, Oscar	10	Cherokee	23:15.40	32
51 Nelson, Kaleb	10	Cherokee	23:16.76	
52 Scholtens, Gabe	09	Moc-Floyd Valley	23:18.31	

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Rankings

Event 1 Mixed 3200 Meter Run CC Middle School

Name	Year School	Finals	Points
Results - Women 3200 Run			
1 Isakson, Molly	W08 Sioux Center	13:21.84	1
2 Anderson, Natalie	W08 Moc-Fv-Middl	13:45.48	2
3 Hulinsky, Karis	W08 Lemars Middl	13:56.18	3
4 Vaas, Elizabeth	W08 Moc-Fv-Middl	14:00.60	4
5 Dean, Charlotta	W07 Sioux Center	14:06.69	5
6 Wilkie, Addisyn	W08 Cherokee	14:09.83	6
7 Yeoh, Josie	W08 Cherokee	14:21.07	7
8 Reinert, Payton	W08 Cherokee	14:32.76	8
9 Wielenga, Kylee	W08 Sioux Center	14:39.93	9
10 Gravenish, Alexa	W08 Cherokee	14:42.15	10
11 Swier, Brooke	W07 Moc-Fv-Middl	14:55.39	11
12 Lappaenga, Amelia	W08 Sioux Center	15:07.06	12
13 DeRocher, Brooklyn	W08 Lemars Middl	15:07.33	13
14 VanAartsen, Macyn	W07 Sioux Center	15:13.79	14
15 Van Zee, Eliana	W08 Moc-Fv-Middl	15:21.10	15
16 Adams, Kaylee	W08 Moc-Fv-Middl	15:29.44	16
17 Kroese, Raelle	W07 Sioux Center	15:31.82	17
18 Backman, Lily	W07 Storm Lake	15:39.92	
19 Mars, Hannah	W08 Sioux Center	15:40.66	18
20 Bathke, Lauren	W07 Moc-Fv-Middl	15:41.12	19
21 Bajema, Adriel	W08 Sioux Center	15:55.11	
22 Rogers, Lexi	W08 Lemars Middl	16:00.27	20
23 Badtram, Ella	W08 Cherokee	16:04.34	21
24 Nixon, Anna	W07 Cherokee	16:11.68	22
25 Tilberg, Sarah	W08 Lemars Middl	16:15.24	23
26 Valentin, Sabrina	W07 Cherokee	16:19.37	24
27 Engbers, Olivia	W08 Western Christian	16:31.35	
28 Riggert, Miriam	W07 Cherokee	16:31.57	
29 Wrather, Isabella	W07 Moc-Fv-Middl	16:36.95	25
30 Guzman, Eliana	W07 Moc-Fv-Middl	16:51.17	
31 Kluver, Jayden	W08 Lemars Middl	17:03.49	26
32 Rosener, Cali	W08 Lemars Middl	17:03.65	27
33 Allbaugh, Hailey	W08 Cherokee	17:06.59	
34 Kurtz, Katie	W07 Moc-Fv-Middl	17:12.37	
35 Koenig, Anna	W07 Moc-Fv-Middl	17:15.30	
36 Kohn, Bailee	W07 Cherokee	17:15.41	
37 Keller, Eliza	W07 Moc-Fv-Middl	17:19.92	
38 Lauck, Madison	W08 Cherokee	17:37.42	
39 Robinson, Kylie	W07 Sheldon	17:39.22	
40 Zheng, Jessica	W08 Moc-Fv-Middl	17:40.01	
41 Reatiga, Zyanya	W07 Cherokee	17:46.73	
42 Steward, Kennedy	W07 Cherokee	17:47.06	
43 Lubeck, Carli	W08 Cherokee	17:53.33	
44 De Young, Bella	W07 Moc-Fv-Middl	17:54.36	
45 Mongan, Ruby	W08 Cherokee	17:55.73	
46 Flores-Topete, Tanya	W08 Moc-Fv-Middl	18:06.13	
47 Hulst, Makenzie	W07 Moc-Fv-Middl	18:06.18	
48 Friedman, Keirra	W07 Sioux Center	18:13.31	
49 Pieper, Carlee	W08 Sioux Center	18:17.71	
50 Van Roekel, Jaylie	W08 Moc-Fv-Middl	18:23.12	
51 Nessa, Collins	W07 Moc-Fv-Middl	18:26.62	
52 Lassen, Kyra	W07 Moc-Fv-Middl	18:30.03	

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Rankings

...Event 1 Mixed 3200 Meter Run CC Middle School

53	McPeek, Lylah	W08 Sheldon	18:32.24	
54	Daum, Madison	W07 Cherokee	18:34.71	
55	Bonnema, Emma	W07 Moc-Fv-Middl	18:54.15	
56	Herring, Lacey	W07 Storm Lake	18:59.90	
57	Stephens, Karalina	W07 Cherokee	19:01.87	
58	Caldwell, Alli	W08 Cherokee	19:11.28	
59	Ringelberg, Alexis	W08 Moc-Fv-Middl	19:21.50	
60	Ramirez, Joyle	W08 Storm Lake	19:31.68	
61	Nagel, Sydney	W07 Lemars Middl	21:03.99	28
62	Heersink, Haydee	W07 Moc-Fv-Middl	24:33.74	
63	FloresSandoval, Jimena	W07 Sioux Center	24:57.06	

Results - Men 3200 Run

1	Kooiker, Caden	M08 Sioux Center	11:46.51	1
2	Hummel, Isaac	M08 Moc-Fv-Middl	12:01.59	2
3	Smith, Carson	M08 Western Christian	12:04.98	3
4	Topete, Jalen	M08 Sioux Center	12:14.06	4
5	Hulst, Brennan	M08 Moc-Fv-Middl	12:14.40	5
6	Mills, Jacob	M08 Storm Lake	12:15.99	
7	Hamblin, Sawyer	M08 Moc-Fv-Middl	12:27.76	6
8	Work, Karson	M08 Sioux Center	12:27.91	7
9	Brown, Hayden	M08 Cherokee	12:30.17	8
10	Scheurs, Lamont	M07 Western Christian	12:51.35	9
11	Landegent, Raymond	M07 Sioux Center	12:52.37	10
12	Dokter, Crystian	M07 Moc-Fv-Middl	12:56.58	11
13	Rozenboom, Colton	M07 Western Christian	12:58.71	12
14	Lehman, Brock	M07 Sioux Center	12:58.86	13
15	McCord, Samuel	M07 Sioux Center	13:01.34	14
16	Vermeer, Malakai	M08 Sheldon	13:02.51	
17	Iverson, Tanner	M08 Lemars Middl	13:09.54	15
18	Richardson, Tatem	M08 Cherokee	13:14.79	16
19	Dahm, Matthew	M07 Sioux Center	13:16.67	17
20	McCord, Royce	M07 Sioux Center	13:29.42	
21	Sanchez, Jonathon	M08 Lemars Middl	13:51.12	18
22	Sherbring, Clayton	M07 Cherokee	13:53.90	19
23	Weiland, Caleb	M08 Lemars Middl	14:07.40	20
24	Moss, Seth	M08 Lemars Middl	14:18.16	21
25	Groeneweg, Noam	M08 Sioux Center	14:18.40	
26	Zeutenhorst, Bryce	M08 Moc-Fv-Middl	14:18.79	22
27	Beukelman, Kaiden	M07 Sioux Center	14:19.58	
28	Roos, Caleb	M07 Sheldon	14:23.47	
29	VanRoekel, Tristen	M08 Sioux Center	14:38.21	
30	Cochran, Judah	M08 Moc-Fv-Middl	14:42.51	23
31	Kampbell, Heath	M07 Storm Lake	14:45.00	
32	Puffer, Colten	M07 Cherokee	14:47.43	24
33	Rivera, Axel	M08 Lemars Middl	14:52.41	25
34	Truesdell, Joshua	M07 Sioux Center	14:54.26	
35	Moeller, Isiah	M07 Western Christian	15:00.50	26
36	Colman, Brayden	M07 Moc-Fv-Middl	15:03.17	27
37	Schwint, John	M07 Storm Lake	15:22.36	
38	Hurlburt, Tyler	M07 Sheldon	15:28.45	
39	Moran, Anthony	M08 Storm Lake	15:29.03	
40	Rozeboom, Mason	M07 Sioux Center	15:29.34	
41	Lopez, Alexander	M07 Moc-Fv-Middl	15:29.78	
42	Rohlfen, Brayden	M08 Lemars Middl	15:38.68	28
43	Waker, Zach	M07 Cherokee	15:39.68	29

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...Event 1 Mixed 3200 Meter Run CC Middle School

44	Blankespoor, Jonah	M08 Western Christian	15:54.50	30
45	Klingborg, Levi	M08 Cherokee	16:00.35	31
46	Doughan, Orin	M08 Moc-Fv-Middl	16:04.68	
47	Wurth, Blake	M07 Lemars Middl	16:12.88	32
48	Cano, Brian	M07 Moc-Fv-Middl	16:13.31	
49	Thang, Sovann	M07 Sheldon	16:28.14	
50	Rosentrater, Emmett	M08 Cherokee	16:29.92	33
51	Thonstad, Zaron	M07 Sioux Center	16:39.92	
52	Brown, Elijah	M07 Moc-Fv-Middl	16:44.72	
53	Turner, Hayden	M07 Cherokee	16:49.40	
54	Beller, Isaac	M07 Lemars Middl	16:56.94	
55	Bush, Cooper	M07 Moc-Fv-Middl	17:12.79	
56	Roberts, Ethan	M07 Moc-Fv-Middl	17:14.26	
57	Ortner, Justin	M07 Sioux Center	17:34.87	
58	Ung, Viet	M08 Lemars Middl	17:36.00	
59	Van Wyk, Keegan	M08 Moc-Fv-Middl	18:22.80	
60	Krosschell, Liam	M07 Moc-Fv-Middl	23:35.03	

Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Results - Men 3200 Run

1	Sioux Center	35	1	4	7	10	13	14	17
	Total Time:	1:02:19.71							
	Average:	12:27.95							
2	Moc-Fv-Middle School	46	2	5	6	11	22	23	27
	Total Time:	1:03:59.12							
	Average:	12:47.83							
3	Western Christian	80	3	9	12	26	30		
	Total Time:	1:08:50.04							
	Average:	13:46.01							
4	Cherokee	96	8	16	19	24	29	31	33
	Total Time:	1:10:05.97							
	Average:	14:01.20							
5	Lemars Middle School	99	15	18	20	21	25	28	32
	Total Time:	1:10:18.63							
	Average:	14:03.73							

Results - Women 3200 Run

1	Sioux Center	41	1	5	9	12	14	17	18
	Total Time:	1:12:29.31							
	Average:	14:29.87							
2	Moc-Fv-Middle School	48	2	4	11	15	16	19	25
	Total Time:	1:13:32.01							
	Average:	14:42.41							
3	Cherokee	52	6	7	8	10	21	22	24
	Total Time:	1:13:50.15							
	Average:	14:46.03							
4	Lemars Middle School	85	3	13	20	23	26	27	28
	Total Time:	1:18:22.51							
	Average:	15:40.51							