

NORTH POLK CC INVITATIONAL

HS GIRLS 5K North Polk HS 10/3/2022 Sunny 70°

Place	School	1	2	3	4	5	6	7	Total	TTI Time	Ave Time	Spread
1	North Polk	2	3	4	7	12	13	16	= 28	1:44:57	20:59	2:31
2	Nevada	5	8	11	22	23	29	32	= 69	1:51:41	22:20	2:02
3	Bondurant-Farrar	9	14	15	17	18	24	25	= 73	1:52:27	22:29	1:11
4	Lynnville-Sully	1	10	28	34	37	41		= 110	1:57:39	23:32	6:52
5	Des Moines Lincoln	6	21	27	30	46	50	52	= 130	2:01:48	24:22	5:55
6	Colfax-Mingo	20	31	38	39	40	49		= 168	2:07:20	25:28	3:39
7	Des Moines Christian	26	35	36	42	43	45	51	= 182	2:09:40	25:56	2:43
8	Ankeny Christian Academy	19	33	44	47	48			= 191	2:11:10	26:14	5:19

Incomplete Teams: Boone

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Greenlee Smock	SR	Lynnville-Sully	19:21	6:14
2	2	Liza Schaffer	SR	North Polk	19:50	6:23
3	3	Mya Bond	FR	North Polk	20:32	6:36
4	4	Aubrie Kiesling	SR	North Polk	20:36	6:38
5	5	Brooke Axmear	FR	Nevada	21:19	6:52
6	6	Jade Anderson	SR	Des Moines Lincoln	21:35	6:57
7	7	Hannah Haaland	FR	North Polk	21:38	6:58
8	8	Tori Meinecke	JR	Nevada	21:39	6:58
9	9	Bridget Johnson	SR	Bondurant-Farrar	21:42	6:59
10	10	Olivia Norrish	SO	Lynnville-Sully	21:45	7:00
11	11	Alexa Betting	FR	Nevada	22:04	7:06
12		Kaylee Chestnut	SO	Boone	22:17	7:10
13	12	Sophia Campbell	SO	North Polk	22:21	7:12
14	13	Anna Patterson	JR	North Polk	22:24	7:12
15	14	Myah Greubel	FR	Bondurant-Farrar	22:35	7:16
16	15	Clare Haselhoff	SO	Bondurant-Farrar	22:35	7:16
17	16	Morgan Meiners	SO	North Polk	22:41	7:18
18	17	Kaylen Torrence	SO	Bondurant-Farrar	22:42	7:18
19	18	Payton Berger	JR	Bondurant-Farrar	22:53	7:22
20	19	Cambelle Oshirak	SO	Ankeny Christian Academy	22:56	7:23
21	20	Shae Wilkins	SO	Colfax-Mingo	22:59	7:24
22		Layla Arp	SO	North Polk	23:05	7:26
23	21	Jaenelle Bryant	SR	Des Moines Lincoln	23:09	7:27
24	22	Sophia Martinez	FR	Nevada	23:18	7:30
25	23	Ava Vanderhayden	SO	Nevada	23:20	7:31
26		Sam Weers	JR	North Polk	23:22	7:31
27	24	Laker Kennedy	SR	Bondurant-Farrar	23:27	7:33
28	25	Abbie Neville	JR	Bondurant-Farrar	23:42	7:38
29		Emily Maffin	SO	Bondurant-Farrar	23:54	7:42
30		Amie Kuennen	FR	Bondurant-Farrar	24:02	7:44
31		Grace Crippen	FR	North Polk	24:06	7:46
32	26	Allie Hawes	SO	Des Moines Christian	24:10	7:47
33		Lily O'Brien	SR	Bondurant-Farrar	24:18	7:49
34		Jocelyn Manock	FR	North Polk	24:23	7:51
35		Gauri Vanbaale	JR	Bondurant-Farrar	24:30	7:53
36	27	Jordyn Cherniss	SO	Des Moines Lincoln	24:33	7:54
37	28	Kendra Fikse	SR	Lynnville-Sully	24:36	7:55
38	29	Lily Frideres	FR	Nevada	24:39	7:56
39	30	Lily Dillon	FR	Des Moines Lincoln	25:02	8:03
40	31	McKenna Pleima	SR	Colfax-Mingo	25:02	8:04
41		MacKenzie Pooock	SR	Bondurant-Farrar	25:04	8:04
42	32	Evelyn Anderson	SO	Nevada	25:06	8:05
43		Mady Cory	FR	North Polk	25:06	8:05
44	33	Jessie Schoening	FR	Ankeny Christian Academy	25:25	8:11
45	34	Corrina Rozendaal	SO	Lynnville-Sully	25:44	8:17
46		Sophia Hilsabeck	JR	North Polk	25:47	8:18
47	35	Kira Roberts	FR	Des Moines Christian	25:51	8:19
48		Avery Anderson	SO	Nevada	25:52	8:19
49	36	Reagan Lentz	SR	Des Moines Christian	25:54	8:20
50		Stefani Haus	SO	North Polk	25:57	8:21
51		Addi Grosc	SO	Bondurant-Farrar	26:05	8:24
52		Natalie Barber	SR	Nevada	26:07	8:24
53		Bryn Crain	FR	Nevada	26:11	8:26
54		Lynze Geerdes	JR	Nevada	26:12	8:26
55	37	Brooke Conover	JR	Lynnville-Sully	26:13	8:26
56	38	Lilyan Hadsall	FR	Colfax-Mingo	26:18	8:28
57		Jenna Manock	FR	North Polk	26:21	8:29
58	39	Bianca Lane	FR	Colfax-Mingo	26:22	8:29
59		Tatum Hendricks	SR	Nevada	26:23	8:30
60		Avery Chestnut	SO	Boone	26:24	8:30
61	40	Devan Chadwick	SO	Colfax-Mingo	26:38	8:34
62	41	Laura Fikse	FR	Lynnville-Sully	26:46	8:37
63	42	Liza Blomberg	SO	Des Moines Christian	26:52	8:39
64	43	Adelyn Platt	SO	Des Moines Christian	26:52	8:39
65		Grace Heginger	FR	Nevada	26:57	8:40
66	44	Emily Scott	SO	Ankeny Christian Academy	27:01	8:42

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Place	Score	Name	Year	School	Time	Pace mpm
67		Katelyn Phillips	SO	North Polk	27:12	8:45
68	45	Naomi Trenkamp	SO	Des Moines Christian	27:14	8:46
69		Bridget Cahill	SR	Nevada	27:25	8:49
70	46	Ren Moyer	JR	Des Moines Lincoln	27:30	8:51
71	47	Sophia Glenn	SO	Ankeny Christian Academy	27:33	8:52
72	48	Maya Maxwell	FR	Ankeny Christian Academy	28:15	9:06
73		Skylar Kula	SO	Bondurant-Farrar	28:47	9:16
74		Josie Farmer	JR	Nevada	28:49	9:16
75		Ella Butler	FR	Bondurant-Farrar	28:50	9:17
76		Emma Henderson	SR	North Polk	29:25	9:28
77		Hannah Drent	JR	North Polk	29:36	9:32
78		Mary Hensley	SO	Nevada	29:36	9:32
79		Keely Williams	SO	Nevada	30:11	9:43
80		Dakota Hastings	SO	Nevada	30:11	9:43
81	49	Mallory Sipma	FR	Colfax-Mingo	31:45	10:13
82	50	Ahtziri Petatan-Sanchez	FR	Des Moines Lincoln	31:51	10:15
83		Morgan Plucar	SO	Bondurant-Farrar	32:54	10:35
84		Mataya Vorm	SO	Nevada	32:56	10:36
85		Rhiley Andersen	SO	North Polk	33:59	10:56
86	51	Sophia Amys	JR	Des Moines Christian	34:24	11:04
87	52	Ayva Torres	SO	Des Moines Lincoln	38:14	12:19

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HS GIRLS 5K North Polk HS 10/3/2022 Sunny 70°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) North Polk				6) Colfax-Mingo			
Score = 28				Score = 168			
2	Liza Schaffer, SR	19:50	6:23	20	Shae Wilkins, SO	22:59	7:24
3	Mya Bond, FR	20:32	6:36	31	McKenna Pleima, SR	25:02	8:04
4	Aubrie Kiesling, SR	20:36	6:38	38	Lilyan Hadsall, FR	26:18	8:28
7	Hannah Haaland, FR	21:38	6:58	39	Bianca Lane, FR	26:22	8:29
12	Sophia Campbell, SO	22:21	7:12	40	Devan Chadwick, SO	26:38	8:34
13	Anna Patterson, JR	22:24	7:12	49	Mallory Sipma, FR	31:45	10:13
16	Morgan Meiners, SO	22:41	7:18	7) Des Moines Christian			
	Layla Arp, SO	23:05	7:26	Score = 182			
	Sam Weers, JR	23:22	7:31	26	Allie Hawes, SO	24:10	7:47
	Grace Crippen, FR	24:06	7:46	35	Kira Roberts, FR	25:51	8:19
	Jocelyn Manock, FR	24:23	7:51	36	Reagan Lentz, SR	25:54	8:20
	Mady Cory, FR	25:06	8:05	42	Liza Blomberg, SO	26:52	8:39
	Sophia Hilsabeck, JR	25:47	8:18	43	Adelyn Platt, SO	26:52	8:39
	Stefani Haus, SO	25:57	8:21	45	Naomi Trenkamp, SO	27:14	8:46
	Jenna Manock, FR	26:21	8:29	51	Sophia Amys, JR	34:24	11:04
	Katelyn Phillips, SO	27:12	8:45	8) Ankeny Christian Academy			
	Emma Henderson, SR	29:25	9:28	Score = 191			
	Hannah Drent, JR	29:36	9:32	19	Cambelle Oshirak, SO	22:56	7:23
	Rhiley Andersen, SO	33:59	10:56	33	Jessie Schoening, FR	25:25	8:11
2) Nevada				Incomplete Teams:			
Score = 69				Boone			
5	Brooke Axmear, FR	21:19	6:52	12	Kaylee Chestnut, SO	22:17	7:10
8	Tori Meinecke, JR	21:39	6:58	60	Avery Chestnut, SO	26:24	8:30
11	Alexa Betting, FR	22:04	7:06				
22	Sophia Martinez, FR	23:18	7:30				
23	Ava Vanderhayden, SO	23:20	7:31				
29	Lily Frideres, FR	24:39	7:56				
32	Evelyn Anderson, SO	25:06	8:05				
	Avery Anderson, SO	25:52	8:19				
	Natalie Barber, SR	26:07	8:24				
	Bryn Crain, FR	26:11	8:26				
	Lynze Geerdes, JR	26:12	8:26				
	Tatum Hendricks, SR	26:23	8:30				
	Grace Heginger, FR	26:57	8:40				
	Bridget Cahill, SR	27:25	8:49				
	Josie Farmer, JR	28:49	9:16				
	Mary Hensley, SO	29:36	9:32				
	Keely Williams, SO	30:11	9:43				
	Dakota Hastings, SO	30:11	9:43				
	Mataya Vorm, SO	32:56	10:36				
3) Bondurant-Farrar							
Score = 73							
9	Bridget Johnson, SR	21:42	6:59				
14	Myah Greubel, FR	22:35	7:16				
15	Clare Haselhoff, SO	22:35	7:16				
17	Kaylen Torrence, SO	22:42	7:18				
18	Payton Berger, JR	22:53	7:22				
24	Laker Kennedy, SR	23:27	7:33				
25	Abbie Neville, JR	23:42	7:38				
	Emily Maffin, SO	23:54	7:42				
	Amie Kuennen, FR	24:02	7:44				
	Lily O'Brien, SR	24:18	7:49				
	Gauri Vanbaale, JR	24:30	7:53				
	MacKenzie Poock, SR	25:04	8:04				
	Addi Grosc, SO	26:05	8:24				
	Skylar Kula, SO	28:47	9:16				
	Ella Butler, FR	28:50	9:17				
	Morgan Plucar, SO	32:54	10:35				
4) Lynnville-Sully							
Score = 110							
1	Greenlee Smock, SR	19:21	6:14				
10	Olivia Norrish, SO	21:45	7:00				
28	Kendra Fikse, SR	24:36	7:55				
34	Corrina Rozendaal, SO	25:44	8:17				
37	Brooke Conover, JR	26:13	8:26				
41	Laura Fikse, FR	26:46	8:37				
5) Des Moines Lincoln							
Score = 130							
6	Jade Anderson, SR	21:35	6:57				
21	Jaenelle Bryant, SR	23:09	7:27				
27	Jordyn Cherniss, SO	24:33	7:54				
30	Lily Dillon, FR	25:02	8:03				
46	Ren Moyer, JR	27:30	8:51				
50	Ahtziri Petatan-Sanchez, FR	31:51	10:15				
52	Ayva Torres, SO	38:14	12:19				

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HS BOYS 5K North Polk HS 10/3/2022 Sunny 70°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	North Polk	1	2	3	4	5	13	14	= 15	1:22:32	16:30	1:15
2	Nevada	7	10	17	19	21	22	23	= 74	1:29:26	17:53	0:55
3	Bondurant-Farrar	8	16	25	28	29	31	37	= 106	1:32:01	18:24	1:43
4	Des Moines Lincoln	6	15	24	32	33	38	40	= 110	1:32:12	18:26	1:48
5	Lynnville-Sully	11	12	18	56	61	62		= 158	1:41:53	20:23	9:24
6	Boone	30	35	36	39	43	45	50	= 183	1:37:39	19:32	1:05
7	Des Moines Christian	27	34	41	42	46	47	48	= 190	1:38:22	19:40	1:31
8	Ankeny Christian Academy	9	20	51	53	58	59	60	= 191	1:40:22	20:04	4:47
9	Colfax-Mingo	26	44	49	52	54	55	57	= 225	1:42:13	20:27	2:53

Incomplete Teams:

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Zach Sporaa	SR	North Polk	15:36	5:01
2	2	Max Sporaa	SR	North Polk	16:38	5:21
3	3	Alik McIlravy	JR	North Polk	16:40	5:22
4	4	Ethan Stierman	SR	North Polk	16:46	5:24
5	5	Austin Stierman	SR	North Polk	16:51	5:26
6	6	Zack Stoermer	JR	Des Moines Lincoln	17:22	5:35
7	7	Carter Holland	JR	Nevada	17:23	5:36
8	8	Lucas Walker	JR	Bondurant-Farrar	17:23	5:36
9	9	Daniel Schoening	JR	Ankeny Christian Academy	17:27	5:37
10	10	Brian Rohde	SO	Nevada	17:29	5:38
11	11	Zach Morningstar	SR	Lynnville-Sully	17:33	5:39
12	12	Hendrick Lowry	SO	Lynnville-Sully	17:37	5:40
13	13	Nolan Mandernach	JR	North Polk	17:40	5:41
14	14	Owen Reed	FR	North Polk	17:40	5:41
15		Grant Aspengren	JR	North Polk	17:51	5:45
16	15	Grant Harrison	SR	Des Moines Lincoln	17:56	5:46
17	16	Nyle Davis	SO	Bondurant-Farrar	18:02	5:48
18	17	Rowan Steele	JR	Nevada	18:05	5:49
19	18	James Gruver	SR	Lynnville-Sully	18:09	5:50
20	19	Nick Frideres	SR	Nevada	18:11	5:51
21	20	Alex Davis	FR	Ankeny Christian Academy	18:14	5:52
22	21	Will Bauman	JR	Nevada	18:18	5:53
23		Brett Postel	SO	North Polk	18:26	5:56
24	22	Dawson Lemke	FR	Nevada	18:31	5:57
25	23	Owen Freeman	SR	Nevada	18:31	5:58
26	24	Hudson Wheelock	FR	Des Moines Lincoln	18:35	5:59
27	25	Cooper Steeples	SO	Bondurant-Farrar	18:39	6:00
28	26	Harrison Rhone	SO	Colfax-Mingo	18:39	6:00
29	27	Kieran Seeley	FR	Des Moines Christian	18:50	6:04
30	28	Jack Rieck	FR	Bondurant-Farrar	18:52	6:04
31		Gavin Skaggs	JR	Nevada	18:57	6:06
32	29	Bradley Hughes	FR	Bondurant-Farrar	19:06	6:09
33	30	Nathaniel Winter	SR	Boone	19:06	6:09
34		Nathan Harrington	FR	North Polk	19:06	6:09
35	31	David Eivins	SO	Bondurant-Farrar	19:06	6:09
36	32	Nauris Bryant	SR	Des Moines Lincoln	19:09	6:10
37	33	Hoscar Godina-Torres	JR	Des Moines Lincoln	19:10	6:10
38	34	Aaron Alferink	SO	Des Moines Christian	19:14	6:11
39		Misha McIlravy	FR	North Polk	19:18	6:13
40	35	Henry Pollard	SR	Boone	19:18	6:13
41	36	Max Johnston	SR	Boone	19:20	6:13
42		Lucas Mills	JR	Nevada	19:22	6:14
43		Nate Bergerson	SR	North Polk	19:24	6:15
44		Stockton Huether	SO	North Polk	19:33	6:17
45	37	Brady Sanger	FR	Bondurant-Farrar	19:33	6:18
46	38	Roberto Cabrera	SO	Des Moines Lincoln	19:35	6:18
47	39	Kris Frantzen	SR	Boone	19:44	6:21
48	40	Mason Dvorak	FR	Des Moines Lincoln	19:44	6:21
49		Martin Schmesier	SO	Bondurant-Farrar	19:47	6:22
50	41	Aiden Buckingham	SO	Des Moines Christian	19:54	6:24
51		Sam Griffith	FR	Bondurant-Farrar	19:57	6:25
52		Payton Lehman	SO	North Polk	20:01	6:26
53	42	Evan Fopma	SO	Des Moines Christian	20:02	6:27
54		Ethan Fawcett	SO	North Polk	20:02	6:27
55		Porter Fracois	SR	Bondurant-Farrar	20:04	6:27
56		Aiden Carl	JR	Bondurant-Farrar	20:07	6:29
57		Paul Stephens	FR	Nevada	20:11	6:30
58	43	Carden Nerem	SO	Boone	20:11	6:30
59	44	Josue Rodriguez	SO	Colfax-Mingo	20:12	6:30
60	45	Kyan Lehman	SO	Boone	20:13	6:31
61		Angel Sanchez-Gonzalez	SO	Des Moines Lincoln	20:18	6:32
62		Jonah Greubel	SR	Bondurant-Farrar	20:21	6:33
63		Braydin Phipps	SO	Bondurant-Farrar	20:22	6:33
64	46	Nathanael Herman	SR	Des Moines Christian	20:22	6:33
65	47	Ian Hagenberg	SR	Des Moines Christian	20:32	6:37

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Place	Score	Name	Year	School	Time	Pace mpm
66		A. J. Everly	SR	Bondurant-Farrar	20:36	6:38
67	48	Aj Willis	JR	Des Moines Christian	20:36	6:38
68		Jordan Leek	SR	Des Moines Lincoln	20:39	6:39
69	49	Xavier Woods	SO	Colfax-Mingo	20:40	6:39
70	50	Blake Gradoville	SO	Boone	20:43	6:40
71		Henry Van Dyke	SR	Boone	20:43	6:40
72		Gino Wallace	JR	Des Moines Lincoln	20:56	6:44
73		Ryan Wessels	SO	Nevada	21:01	6:46
74		Axel MacEda Romero	JR	Bondurant-Farrar	21:03	6:46
75	51	Thomas Hurst	SO	Ankeny Christian Academy	21:04	6:47
76	52	Tony Buenrostro	SO	Colfax-Mingo	21:10	6:49
77		Cole Haverman	SR	North Polk	21:16	6:51
78	53	Luke Reitsma	FR	Ankeny Christian Academy	21:22	6:53
79		Caleb Biensen	FR	Nevada	21:22	6:53
80		Owen Comiskey	SR	Des Moines Lincoln	21:23	6:53
81		Asher Kurtz	SO	Des Moines Christian	21:27	6:54
82		Jaxson Gray	SO	Des Moines Christian	21:29	6:55
83	54	Gage Byal	FR	Colfax-Mingo	21:32	6:56
84	55	Owen Ament	SO	Colfax-Mingo	21:34	6:56
85		Ryne Erickson	JR	Nevada	21:35	6:57
86	56	Ethan Dunsbergen	FR	Lynnville-Sully	21:37	6:58
87		Connery Varsa	FR	Nevada	21:38	6:58
88		Bourne Hanson	FR	Nevada	21:44	7:00
89	57	John McGill	JR	Colfax-Mingo	21:46	7:00
90		Carter Gibson	SR	Colfax-Mingo	21:47	7:01
91		Hudson Shipley	SO	North Polk	21:50	7:02
92		Braxton Robben	SO	Bondurant-Farrar	21:54	7:03
93		Simon Enabnit	FR	Boone	22:00	7:05
94		Ethan Kratochvil	SO	Des Moines Christian	22:06	7:07
95		Jonah Poock	SR	Bondurant-Farrar	22:07	7:07
96		Brennon Morehead	FR	North Polk	22:08	7:07
97		Isaac Clark	FR	Boone	22:13	7:09
98	58	Lucas Weathers	SO	Ankeny Christian Academy	22:14	7:09
99		Austin Lane	JR	Colfax-Mingo	22:22	7:12
100		Tai Vo	SO	Des Moines Lincoln	22:30	7:15
101		Calvin Schertz	SO	Bondurant-Farrar	22:33	7:15
102		Caden Robinson-Saathoff	JR	Bondurant-Farrar	22:41	7:18
103		Bram Carpenter	JR	Boone	22:42	7:18
104		Luke Phillips	SR	North Polk	22:47	7:20
105		Collin Skaggs	FR	Nevada	22:53	7:22
106		Dorian Myers	FR	Boone	23:01	7:25
107		Damin Brockman	FR	Nevada	23:04	7:25
108		Wesley Baber	JR	Boone	23:10	7:27
109		Seth Morris	SR	Boone	23:10	7:28
110		Alex Steenhoek	FR	Des Moines Christian	23:23	7:32
111	59	Kyle Webber	FR	Ankeny Christian Academy	23:26	7:32
112		Max Fick	JR	Bondurant-Farrar	23:37	7:36
113		Ethon Downs	SO	Des Moines Lincoln	23:45	7:39
114		Seth Brant	SR	Colfax-Mingo	23:46	7:39
115		Jase Barrick	SO	Boone	24:08	7:46
116		Jack Lambert	SR	Des Moines Christian	24:12	7:47
117		Jakob Grimes	SR	Des Moines Christian	24:19	7:50
118		Nicholas Fischels	FR	Nevada	24:21	7:50
119		Gavin Lopez	SO	Des Moines Lincoln	24:44	7:58
120		Theo Brown	JR	Bondurant-Farrar	24:46	7:58
121		Sebastian Urias	JR	Des Moines Lincoln	24:58	8:02
122		Carter Timmons	SO	Des Moines Christian	25:06	8:05
123		Bo Braddock	SR	Boone	25:08	8:05
124		Nate Fitzgerald	FR	Boone	25:18	8:08
125		Johnstone Wambui	SO	Des Moines Christian	25:26	8:11
126		Wyatt Johnson	FR	Boone	25:27	8:12
127		Ian Runestad	SR	Boone	25:30	8:12
128		Aiden Frost	JR	Bondurant-Farrar	26:49	8:38
129	60	Trenton Myers	FR	Ankeny Christian Academy	26:55	8:40
130	61	Evan Fikse	SR	Lynnville-Sully	26:57	8:40
131		Jordan Wallace	JR	Des Moines Lincoln	27:07	8:44
132		Jack Pedersen	FR	Ankeny Christian Academy	27:42	8:55
133		Spencer Haley	FR	Nevada	28:11	9:04
134	62	Will Conover	FR	Lynnville-Sully	28:58	9:20
135		Javier Castaneda	JR	Des Moines Lincoln	29:06	9:22
136		Deacon Menninga	FR	Des Moines Christian	29:08	9:23

NORTH POLK CC INVITATIONAL

HS BOYS 5K North Polk HS 10/3/2022 Sunny 70°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) North Polk				4) Des Moines Lincoln			
		Score = 15				Score = 110	
1	Zach Sporaa, SR	15:36	5:01	6	Zack Stoermer, JR	17:22	5:35
2	Max Sporaa, SR	16:38	5:21	15	Grant Harrison, SR	17:56	5:46
3	Alik McIlravy, JR	16:40	5:22	24	Hudson Wheelock, FR	18:35	5:59
4	Ethan Stierman, SR	16:46	5:24	32	Nauris Bryant, SR	19:09	6:10
5	Austin Stierman, SR	16:51	5:26	33	Hoscar Godina-Torres, JR	19:10	6:10
13	Nolan Mandernach, JR	17:40	5:41	38	Roberto Cabrera, SO	19:35	6:18
14	Owen Reed, FR	17:40	5:41	40	Mason Dvorak, FR	19:44	6:21
	Grant Aspengren, JR	17:51	5:45		Angel Sanchez-Gonzalez, SO	20:18	6:32
	Brett Postel, SO	18:26	5:56		Jordan Leek, SR	20:39	6:39
	Nathan Harrington, FR	19:06	6:09		Gino Wallace, JR	20:56	6:44
	Misha McIlravy, FR	19:18	6:13		Owen Comiskey, SR	21:23	6:53
	Nate Bergerson, SR	19:24	6:15		Tai Vo, SO	22:30	7:15
	Stockton Huether, SO	19:33	6:17		Ethon Downs, SO	23:45	7:39
	Payton Lehman, SO	20:01	6:26		Gavin Lopez, SO	24:44	7:58
	Ethan Fawcett, SO	20:02	6:27		Sebastian Urias, JR	24:58	8:02
	Cole Haverman, SR	21:16	6:51		Jordan Wallace, JR	27:07	8:44
	Hudson Shipley, SO	21:50	7:02		Javier Castaneda, JR	29:06	9:22
	Brennon Morehead, FR	22:08	7:07	5) Lynnville-Sully			
	Luke Phillips, SR	22:47	7:20			Score = 158	
2) Nevada				11	Zach Morningstar, SR	17:33	5:39
		Score = 74		12	Hendrick Lowry, SO	17:37	5:40
7	Carter Holland, JR	17:23	5:36	18	James Gruver, SR	18:09	5:50
10	Brian Rohde, SO	17:29	5:38	56	Ethan Dunsbergen, FR	21:37	6:58
17	Rowan Steele, JR	18:05	5:49	61	Evan Fikse, SR	26:57	8:40
19	Nick Frideres, SR	18:11	5:51	62	Will Conover, FR	28:58	9:20
21	Will Bauman, JR	18:18	5:53	6) Boone			
22	Dawson Lemke, FR	18:31	5:57			Score = 183	
23	Owen Freeman, SR	18:31	5:58	30	Nathaniel Winter, SR	19:06	6:09
	Gavin Skaggs, JR	18:57	6:06	35	Henry Pollard, SR	19:18	6:13
	Lucas Mills, JR	19:22	6:14	36	Max Johnston, SR	19:20	6:13
	Paul Stephens, FR	20:11	6:30	39	Kris Frantzen, SR	19:44	6:21
	Ryan Wessels, SO	21:01	6:46	43	Carden Nerem, SO	20:11	6:30
	Caleb Biensen, FR	21:22	6:53	45	Kyan Lehman, SO	20:13	6:31
	Ryne Erickson, JR	21:35	6:57	50	Blake Gradoville, SO	20:43	6:40
	Connery Varsa, FR	21:38	6:58		Henry Van Dyke, SR	20:43	6:40
	Bourne Hanson, FR	21:44	7:00		Simon Enabnit, FR	22:00	7:05
	Collin Skaggs, FR	22:53	7:22		Isaac Clark, FR	22:13	7:09
	Damin Brockman, FR	23:04	7:25		Bram Carpenter, JR	22:42	7:18
	Nicholas Fischels, FR	24:21	7:50		Dorian Myers, FR	23:01	7:25
	Spencer Haley, FR	28:11	9:04		Wesley Baber, JR	23:10	7:27
3) Bondurant-Farrar					Seth Morris, SR	23:10	7:28
		Score = 106			Jase Barrick, SO	24:08	7:46
8	Lucas Walker, JR	17:23	5:36		Bo Braddock, SR	25:08	8:05
16	Nyle Davis, SO	18:02	5:48		Nate Fitzgerald, FR	25:18	8:08
25	Cooper Steeples, SO	18:39	6:00		Wyatt Johnson, FR	25:27	8:12
28	Jack Rieck, FR	18:52	6:04		Ian Runestad, SR	25:30	8:12
29	Bradley Hughes, FR	19:06	6:09	7) Des Moines Christian			
31	David Eivins, SO	19:06	6:09			Score = 190	
37	Brady Sanger, FR	19:33	6:18	27	Kieran Seeley, FR	18:50	6:04
	Martin Schmesier, SO	19:47	6:22	34	Aaron Alferink, SO	19:14	6:11
	Sam Griffith, FR	19:57	6:25	41	Aiden Buckingham, SO	19:54	6:24
	Porter Fracois, SR	20:04	6:27	42	Evan Fopma, SO	20:02	6:27
	Aiden Carl, JR	20:07	6:29	46	Nathanael Herman, SR	20:22	6:33
	Jonah Greubel, SR	20:21	6:33	47	Ian Hagenberg, SR	20:32	6:37
	Braydin Phipps, SO	20:22	6:33	48	Aj Willis, JR	20:36	6:38
	A.J. Everly, SR	20:36	6:38		Asher Kurtz, SO	21:27	6:54
	Axel MacEda Romero, JR	21:03	6:46		Jaxson Gray, SO	21:29	6:55
	Braxton Robben, SO	21:54	7:03		Ethan Kratochvil, SO	22:06	7:07
	Jonah Poock, SR	22:07	7:07		Alex Steenhoek, FR	23:23	7:32
	Calvin Schertz, SO	22:33	7:15		Jack Lambert, SR	24:12	7:47
	Caden Robinson-Saathoff, JR	22:41	7:18		Jakob Grimes, SR	24:19	7:50
	Max Fick, JR	23:37	7:36		Carter Timmons, SO	25:06	8:05
	Theo Brown, JR	24:46	7:58		Johnstone Wambui, SO	25:26	8:11
	Aiden Frost, JR	26:49	8:38		Deacon Menninga, FR	29:08	9:23
8) Ankeny Christian Academy						Score = 191	
		Score = 191		9	Daniel Schoening, JR	17:27	5:37
		Score = 191		20	Alex Davis, FR	18:14	5:52
		Score = 191		51	Thomas Hurst, SO	21:04	6:47
		Score = 191		53	Luke Reitsma, FR	21:22	6:53
		Score = 191		58	Lucas Weathers, SO	22:14	7:09
		Score = 191		59	Kyle Webber, FR	23:26	7:32
		Score = 191		60	Trenton Myers, FR	26:55	8:40
		Score = 191			Jack Pedersen, FR	27:42	8:55

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Place	Name	Time	mpm	Place	Name	Time	mpm
9) Colfax-Mingo		Score = 225					
26	Harrison Rhone, SO	18:39	6:00				
44	Josue Rodriguez, SO	20:12	6:30				
49	Xavier Woods, SO	20:40	6:39				
52	Tony Buenrostro, SO	21:10	6:49				
54	Gage Byal, FR	21:32	6:56				
55	Owen Ament, SO	21:34	6:56				
57	John McGill, JR	21:46	7:00				
	Carter Gibson, SR	21:47	7:01				
	Austin Lane, JR	22:22	7:12				
	Seth Brant, SR	23:46	7:39				

Incomplete Teams:

NORTH POLK CC INVITATIONAL

MS GIRLS 2 MILE North Polk HS 10/3/2022 Sunny 70°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Gilbert MS	3	6	11	16	18	28	45	= 54	1:10:12	14:02	2:07
2	Dallas Center Grimes MS	1	9	10	23	29	33	47	= 72	1:10:50	14:10	3:55
3	North Polk MS	4	15	17	22	32	42	43	= 90	1:14:12	14:50	2:42
4	Ballard Middle School	7	14	21	24	34	39	41	= 100	1:15:02	15:00	2:24
5	Boone Middle School	5	13	19	31	37	62	63	= 105	1:14:39	14:56	2:43
6	Nevada Middle School	12	25	27	46	49	54	55	= 159	1:18:39	15:44	2:26
7	Carlisle Middle School	2	26	36	50	56	58	61	= 170	1:18:06	15:37	5:12
8	Bondurant Farrar MS	8	30	40	48	51	52	53	= 177	1:19:07	15:49	3:20
9	Des Moines Christian MS	20	35	38	44	57	59	60	= 194	1:20:46	16:09	2:12

Incomplete Teams: Ankeny Christian Academy MS, Collins-Maxwell MS, Lynnville-Sully MS

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Piper Messerly	8th	Dallas Center Grimes MS	11:49	5:55
2	2	Elyse Erzen	7th	Carlisle Middle School	12:14	6:07
3		Jayden Peters	8th	Collins-Maxwell MS	12:42	6:21
4	3	Callie Hales	8th	Gilbert MS	12:52	6:26
5	4	Alexis Hergenreter	8th	North Polk MS	13:14	6:37
6	5	Emma Thomas	8th	Boone Middle School	13:18	6:39
7	6	Emee Dani	8th	Gilbert MS	13:24	6:42
8	7	Lillian Huntrods	7th	Ballard Middle School	13:33	6:46
9	8	Abby Chambers	8th	Bondurant Farrar MS	13:34	6:47
10	9	Samantha Reis	8th	Dallas Center Grimes MS	13:46	6:53
11		Emma Parkinson	8th	Lynnville-Sully MS	13:52	6:56
12	10	Julia Mora	8th	Dallas Center Grimes MS	14:02	7:01
13	11	Shelly Ockey	7th	Gilbert MS	14:13	7:07
14	12	Haley Meinecke	7th	Nevada Middle School	14:26	7:13
15	13	Poppy Malone	8th	Boone Middle School	14:32	7:16
16	14	Emefa Vanloo	7th	Ballard Middle School	14:36	7:18
17	15	Caitlin Lentsch	8th	North Polk MS	14:41	7:20
18	16	Brooklyn Nelson	7th	Gilbert MS	14:45	7:23
19	17	Cambrie Lewis	8th	North Polk MS	14:54	7:27
20	18	Izzy Terrones	8th	Gilbert MS	14:59	7:29
21	19	Morgan Chesnut	7th	Boone Middle School	15:01	7:30
22	20	Clara Smit	8th	Des Moines Christian MS	15:14	7:37
23	21	Leonna Lorenzini	7th	Ballard Middle School	15:25	7:43
24	22	Aubrey Happ	8th	North Polk MS	15:27	7:44
25	23	Hadley Gessman	7th	Dallas Center Grimes MS	15:29	7:44
26	24	Olivia Wacha	7th	Ballard Middle School	15:31	7:46
27	25	Isabella Betting	7th	Nevada Middle School	15:33	7:46
28	26	Blythe Eighthy	8th	Carlisle Middle School	15:35	7:47
29	27	Giada Colbeck	8th	Nevada Middle School	15:38	7:49
30	28	Gemma Smith	7th	Gilbert MS	15:41	7:51
31	29	Ellie Lasky	8th	Dallas Center Grimes MS	15:44	7:52
32	30	Autumn Harter	8th	Bondurant Farrar MS	15:45	7:53
33	31	Bry Morgan	8th	Boone Middle School	15:47	7:54
34	32	Addison Fiore	8th	North Polk MS	15:56	7:58
35	33	Jaylee Mease	8th	Dallas Center Grimes MS	15:57	7:58
36	34	Harper Wendt	8th	Ballard Middle School	15:57	7:58
37	35	Shelby Smith	7th	Des Moines Christian MS	15:57	7:59
38	36	Sarah Sinclair	7th	Carlisle Middle School	16:00	8:00
39	37	Lynneah Pickering	7th	Boone Middle School	16:01	8:00
40	38	Hailey Van Mersbergen	8th	Des Moines Christian MS	16:01	8:01
41	39	Riley Bartlett	8th	Ballard Middle School	16:03	8:01
42	40	Caelyn Whipperman	8th	Bondurant Farrar MS	16:04	8:02
43	41	Evelyn Faubus	8th	Ballard Middle School	16:04	8:02
44	42	Hayley Haaland	7th	North Polk MS	16:07	8:04
45	43	Ellie Bunnell	7th	North Polk MS	16:07	8:04
46	44	Sammie Miesen	7th	Des Moines Christian MS	16:08	8:04
47	45	Allie Grandgenett	8th	Gilbert MS	16:09	8:05
48	46	Olivia Jensen	7th	Nevada Middle School	16:11	8:05
49		Ella Wiechmann	7th	Ballard Middle School	16:13	8:06
50		Kallie Fulkerson	7th	Ballard Middle School	16:17	8:08
51	47	Adalyn Kuhns	8th	Dallas Center Grimes MS	16:30	8:15
52		Izzy Larsen	7th	Dallas Center Grimes MS	16:42	8:21
53		Kya Hermann	8th	Ballard Middle School	16:49	8:24
54	48	Tiara Berggren	8th	Bondurant Farrar MS	16:50	8:25
55	49	Hailey Gruhn	7th	Nevada Middle School	16:52	8:26
56	50	Lacey Beller	8th	Carlisle Middle School	16:52	8:26
57	51	Nikkie Waldrop	8th	Bondurant Farrar MS	16:54	8:27
58	52	Krystalynn Haug	7th	Bondurant Farrar MS	16:56	8:28
59		Eden Bell	8th	North Polk MS	16:57	8:28
60		Nora Showman	7th	Ballard Middle School	16:59	8:29
61		Sydney Sage	7th	Ballard Middle School	17:00	8:30
62	53	Elsie Berkenes	8th	Bondurant Farrar MS	17:00	8:30
63		Sarah Bush	8th	Bondurant Farrar MS	17:01	8:31
64	54	Freedom Modrow	8th	Nevada Middle School	17:05	8:32
65		Madden Seeman	7th	Dallas Center Grimes MS	17:07	8:33

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MS GIRLS 2 MILE North Polk HS 10/3/2022 Sunny 70°

Place	Score	Name	Year	School	Time	Pace	mpm
66		Lucy Kraehling	8th	Gilbert MS	17:08	8:34	
67		Maddie Klinkenborg	7th	Bondurant Farrar MS	17:13	8:36	
68		Brynnley Johnson	8th	North Polk MS	17:13	8:36	
69	55	Grace Hensley	8th	Nevada Middle School	17:14	8:37	
70		Brookelyn Frost	8th	Bondurant Farrar MS	17:20	8:40	
71		Grace Daughenbaugh	8th	North Polk MS	17:21	8:41	
72		Abby Cox	7th	Collins-Maxwell MS	17:25	8:43	
73	56	Lily Zaugg	7th	Carlisle Middle School	17:25	8:43	
74		Raylene Chen	8th	Gilbert MS	17:26	8:43	
75	57	Finley Rippey	7th	Des Moines Christian MS	17:26	8:43	
76		Keeley Etter	8th	Bondurant Farrar MS	17:27	8:43	
77	58	Stella Angus	7th	Carlisle Middle School	17:27	8:44	
78		Madelyn Sievers	7th	Ballard Middle School	17:31	8:46	
79		Anna Thomas	7th	Gilbert MS	17:32	8:46	
80		Molly Weiler	8th	Gilbert MS	17:38	8:49	
81		Chloe McColley	7th	North Polk MS	17:41	8:50	
82	59	Sophia Hartzler	7th	Des Moines Christian MS	17:42	8:51	
83		Brynn Gallagher	7th	Ballard Middle School	17:43	8:51	
84	60	Kyra Philipson	7th	Des Moines Christian MS	17:43	8:52	
85		Olivia Brown-Gonnerman	7th	Nevada Middle School	17:48	8:54	
86	61	Mariah Luna	7th	Carlisle Middle School	17:50	8:55	
87		Breeonna Iddings	7th	Gilbert MS	17:51	8:55	
88		Olivia Holsapple	7th	Ballard Middle School	17:52	8:56	
89		Ashley Wong	8th	Dallas Center Grimes MS	17:54	8:57	
90		Gwen Hermanson	8th	Dallas Center Grimes MS	17:59	9:00	
91		Taya Jensen	7th	Bondurant Farrar MS	18:03	9:02	
92		Janessa Cory	8th	North Polk MS	18:19	9:10	
93		Lena Dinsmore	8th	Gilbert MS	18:20	9:10	
94		Memphis Iddings	8th	Gilbert MS	18:28	9:14	
95		Aubrey Oувerson	7th	Bondurant Farrar MS	18:34	9:17	
96		Ella Loutsch	8th	Bondurant Farrar MS	18:46	9:23	
97		Peyton Watters	7th	Carlisle Middle School	18:53	9:26	
98		Claire Fopma	8th	Des Moines Christian MS	19:08	9:34	
99		Abigail Woodard	7th	Nevada Middle School	19:36	9:48	
100		Sharla Benning	7th	Dallas Center Grimes MS	19:40	9:50	
101		Bruce Catie	8th	Bondurant Farrar MS	19:46	9:53	
102	62	Shayla Pearson	8th	Boone Middle School	19:49	9:54	
103		Adaline Jolly	7th	Collins-Maxwell MS	20:02	10:01	
104	63	Bailey Bruck	8th	Boone Middle School	20:31	10:15	
105		Demiana Mengistu	8th	Carlisle Middle School	20:50	10:25	
106		Charlize Fulton	8th	Carlisle Middle School	20:56	10:28	
107		Halle Bailey	8th	Boone Middle School	21:23	10:41	
108		Elizabeth Lewis	7th	Nevada Middle School	22:00	11:00	
109		Ella Haselhoff	8th	Bondurant Farrar MS	22:05	11:02	
110		Eva Allen	8th	North Polk MS	22:06	11:03	
111		Ava McReynolds	8th	Ankeny Christian Academy MS	22:07	11:04	
112		Haley Goodhue	8th	Carlisle Middle School	22:22	11:11	
113		Elizabeth Fletchall	7th	North Polk MS	22:33	11:17	
114		Maggie Mick	7th	Boone Middle School	22:58	11:29	
115		Megan Orwin	7th	Bondurant Farrar MS	23:15	11:37	
116		Emma Lamberson	8th	Nevada Middle School	24:11	12:06	
117		Liliana Dennis	7th	Bondurant Farrar MS	25:21	12:41	
118		Madison Rasmusson	7th	Nevada Middle School	26:02	13:01	
119		Audrey Aulwes	8th	Bondurant Farrar MS	26:43	13:21	

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MS GIRLS 2 MILE North Polk HS 10/3/2022 Sunny 70°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Gilbert MS				Score = 54			
3	Callie Hales, 8th	12:52	6:26	6)	Nevada Middle School	Score = 159	
6	Emee Dani, 8th	13:24	6:42	12	Haley Meinecke, 7th	14:26	7:13
11	Shelly Ockey, 7th	14:13	7:07	25	Isabella Betting, 7th	15:33	7:46
16	Brooklyn Nelson, 7th	14:45	7:23	27	Giada Colbeck, 8th	15:38	7:49
18	Izzy Terrones, 8th	14:59	7:29	46	Olivia Jensen, 7th	16:11	8:05
28	Gemma Smith, 7th	15:41	7:51	49	Hailey Gruhn, 7th	16:52	8:26
45	Allie Grandgenett, 8th	16:09	8:05	54	Freedom Modrow, 8th	17:05	8:32
	Lucy Kraehling, 8th	17:08	8:34	55	Grace Hensley, 8th	17:14	8:37
	Raylene Chen, 8th	17:26	8:43		Olivia Brown-Gonnerman, 7th	17:48	8:54
	Anna Thomas, 7th	17:32	8:46		Abigail Woodard, 7th	19:36	9:48
	Molly Weiler, 8th	17:38	8:49		Elizabeth Lewis, 7th	22:00	11:00
	Breeonna Iddings, 7th	17:51	8:55		Emma Lamberson, 8th	24:11	12:06
	Lena Dinsmore, 8th	18:20	9:10		Madison Rasmusson, 7th	26:02	13:01
	Memphis Iddings, 8th	18:28	9:14				
2) Dallas Center Grimes MS				Score = 72			
1	Piper Messerly, 8th	11:49	5:55	7) Carlisle Middle School			
9	Samantha Reis, 8th	13:46	6:53	Score = 170			
10	Julia Mora, 8th	14:02	7:01	2	Elyse Erzen, 7th	12:14	6:07
23	Hadley Gessman, 7th	15:29	7:44	26	Blythe Eighmy, 8th	15:35	7:47
29	Ellie Lasky, 8th	15:44	7:52	36	Sarah Sinclair, 7th	16:00	8:00
33	Jaylee Mease, 8th	15:57	7:58	50	Lacey Beller, 8th	16:52	8:26
47	Adalyn Kuhns, 8th	16:30	8:15	56	Lily Zaugg, 7th	17:25	8:43
	Izzy Larsen, 7th	16:42	8:21	58	Stella Angus, 7th	17:27	8:44
	Madden Seeman, 7th	17:07	8:33	61	Mariah Luna, 7th	17:50	8:55
	Ashley Wong, 8th	17:54	8:57		Peyton Watters, 7th	18:53	9:26
	Gwen Hermanson, 8th	17:59	9:00		Demiana Mengistu, 8th	20:50	10:25
	Sharla Benning, 7th	19:40	9:50		Charlize Fulton, 8th	20:56	10:28
					Haley Goodhue, 8th	22:22	11:11
3) North Polk MS				Score = 90			
4	Alexis Hergenreter, 8th	13:14	6:37	8) Bondurant Farrar MS			
15	Caitlin Lentsch, 8th	14:41	7:20	Score = 177			
17	Cambrie Lewis, 8th	14:54	7:27	8	Abby Chambers, 8th	13:34	6:47
22	Aubrey Happ, 8th	15:27	7:44	30	Autumn Harter, 8th	15:45	7:53
32	Addison Fiore, 8th	15:56	7:58	40	Caelyn Wipperman, 8th	16:04	8:02
42	Hayley Haaland, 7th	16:07	8:04	48	Tiara Berggren, 8th	16:50	8:25
43	Ellie Bunnell, 7th	16:07	8:04	51	Nikkie Waldrop, 8th	16:54	8:27
	Eden Bell, 8th	16:57	8:28	52	Krystalynn Haug, 7th	16:56	8:28
	Brynnley Johnson, 8th	17:13	8:36	53	Elsie Berkenes, 8th	17:00	8:30
	Grace Daughenbaugh, 8th	17:21	8:41		Sarah Bush, 8th	17:01	8:31
	Chloe McColley, 7th	17:41	8:50		Maddie Klinkenborg, 7th	17:13	8:36
	Janessa Cory, 8th	18:19	9:10		Brookelyn Frost, 8th	17:20	8:40
	Eva Allen, 8th	22:06	11:03		Keeley Etter, 8th	17:27	8:43
	Elizabeth Fletchall, 7th	22:33	11:17		Taya Jensen, 7th	18:03	9:02
					Aubrey Oувerson, 7th	18:34	9:17
					Ella Loutsch, 8th	18:46	9:23
					Bruce Catie, 8th	19:46	9:53
					Ella Haselhoff, 8th	22:05	11:02
					Megan Orwin, 7th	23:15	11:37
					Liliana Dennis, 7th	25:21	12:41
					Audrey Aulwes, 8th	26:43	13:21
4) Ballard Middle School				Score = 100			
7	Lillian Huntrods, 7th	13:33	6:46	9) Des Moines Christian MS			
14	Emefa Vanloo, 7th	14:36	7:18	Score = 194			
21	Leonna Lorenzini, 7th	15:25	7:43	20	Clara Smit, 8th	15:14	7:37
24	Olivia Wacha, 7th	15:31	7:46	35	Shelby Smith, 7th	15:57	7:59
34	Harper Wendt, 8th	15:57	7:58	38	Hailey Van Mersbergen, 8th	16:01	8:01
39	Riley Bartlett, 8th	16:03	8:01	44	Sammie Miesen, 7th	16:08	8:04
41	Evelyn Faubus, 8th	16:04	8:02	57	Finley Rippey, 7th	17:26	8:43
	Ella Wiechmann, 7th	16:13	8:06	59	Sophia Hartzler, 7th	17:42	8:51
	Kallie Fulkerson, 7th	16:17	8:08	60	Kyra Philipsen, 7th	17:43	8:52
	Kya Hermann, 8th	16:49	8:24		Claire Fopma, 8th	19:08	9:34
	Nora Showman, 7th	16:59	8:29				
	Sydney Sage, 7th	17:00	8:30				
	Madelyn Sievers, 7th	17:31	8:46				
	Brynn Gallagher, 7th	17:43	8:51				
	Olivia Holsapple, 7th	17:52	8:56				
5) Boone Middle School				Score = 105			
5	Emma Thomas, 8th	13:18	6:39	Ankeny Christian Academy MS			
13	Poppy Malone, 8th	14:32	7:16	Score = 111			
19	Morgan Chesnut, 7th	15:01	7:30	111	Ava McReynolds, 8th	22:07	11:04
31	Bry Morgan, 8th	15:47	7:54				
37	Lynneah Pickering, 7th	16:01	8:00				
62	Shayla Pearson, 8th	19:49	9:54				
63	Bailey Bruck, 8th	20:31	10:15				
	Halle Bailey, 8th	21:23	10:41				
	Maggie Mick, 7th	22:58	11:29				
6) Collins-Maxwell MS				Score = 103			
3	Jayden Peters, 8th	12:42	6:21	Lynnville-Sully MS			
72	Abby Cox, 7th	17:25	8:43	Score = 111			
103	Adaline Jolly, 7th	20:02	10:01	11	Emma Parkinson, 8th	13:52	6:56

Incomplete Teams:

Ankeny Christian Academy MS

111 Ava McReynolds, 8th 22:07 11:04

Collins-Maxwell MS

3 Jayden Peters, 8th 12:42 6:21
72 Abby Cox, 7th 17:25 8:43
103 Adaline Jolly, 7th 20:02 10:01

Lynnville-Sully MS

11 Emma Parkinson, 8th 13:52 6:56

NORTH POLK CC INVITATIONAL

MS BOYS 1.90 MILES North Polk HS 10/3/2022 Sunny 70°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Dallas Center Grimes MS	7	8	9	10	11	17	26	= 45	1:00:08	12:02	0:09
2	Gilbert MS	1	4	14	18	22	32	33	= 59	59:11	11:50	2:30
3	North Polk MS	5	6	13	19	20	28	35	= 63	1:00:59	12:12	0:57
4	Bondurant Farrar MS	12	23	24	49	51	58	59	= 159	1:04:47	12:57	1:32
5	Ankeny Christian Academy MS	25	27	29	44	46	67	77	= 171	1:05:16	13:03	0:40
6	Carlisle Middle School	21	30	34	47	53	65	66	= 185	1:05:56	13:11	1:07
7	Ballard Middle School	2	41	42	45	57	63	64	= 187	1:04:52	12:58	3:04
8	Des Moines Christian MS	3	38	39	48	73	74	75	= 201	1:06:33	13:19	4:39
9	Lynnville-Sully MS	15	31	43	54	62	68	69	= 205	1:07:14	13:27	2:11
10	Nevada Middle School	16	37	52	55	56	60	61	= 216	1:07:04	13:25	1:26
11	Boone Middle School	36	40	50	70	71	72	76	= 267	1:10:34	14:07	2:18

Incomplete Teams: Collins-Maxwell MS

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Logan Bleich	8th	Gilbert MS	10:13	5:07
2	2	Graden Hermann	8th	Ballard Middle School	10:59	5:30
3	3	Josiah Sisler	8th	Des Moines Christian MS	11:04	5:32
4	4	Jacob Tallman	8th	Gilbert MS	11:20	5:40
5	5	Avery Flemmer	8th	North Polk MS	11:44	5:52
6	6	Ayden Reed	8th	North Polk MS	11:47	5:53
7	7	Graham Ibeling	8th	Dallas Center Grimes MS	11:55	5:58
8	8	Avery Van Zelderden	8th	Dallas Center Grimes MS	11:59	6:00
9	9	Cedar Bandy	7th	Dallas Center Grimes MS	12:04	6:02
10	10	Gabe Bennett	7th	Dallas Center Grimes MS	12:04	6:02
11	11	Noah Townsend	7th	Dallas Center Grimes MS	12:05	6:02
12	12	Grady Gibson	8th	Bondurant Farrar MS	12:08	6:04
13	13	Fletcher Aarsvold	8th	North Polk MS	12:12	6:06
14	14	Jace Tickle	8th	Gilbert MS	12:22	6:11
15	15	Colton Alberts	8th	Lynnville-Sully MS	12:27	6:14
16	16	Jacob Condon	8th	Nevada Middle School	12:29	6:14
17	17	Carson Mandernach	7th	Dallas Center Grimes MS	12:31	6:16
18	18	Liam Trampel	8th	Gilbert MS	12:33	6:16
19	19	Ty Haisman	8th	North Polk MS	12:35	6:17
20	20	Max Little	8th	North Polk MS	12:41	6:21
21	21	Ben Lancaster	8th	Carlisle Middle School	12:41	6:21
22	22	Jordan Martinek	8th	Gilbert MS	12:43	6:21
23		Aaron Shoemaker	8th	Collins-Maxwell MS	12:44	6:22
24	23	Clark Bennett	7th	Bondurant Farrar MS	12:44	6:22
25	24	Preston Francois	8th	Bondurant Farrar MS	12:45	6:23
26	25	Jed Rood	8th	Ankeny Christian Academy MS	12:46	6:23
27	26	Brock Fancher	8th	Dallas Center Grimes MS	12:47	6:23
28	27	Charlie McLaughlin	8th	Ankeny Christian Academy MS	12:47	6:24
29	28	Jj Bartleman	8th	North Polk MS	12:54	6:27
30	29	Zach Gardner	8th	Ankeny Christian Academy MS	12:54	6:27
31	30	Korben Fritz	8th	Carlisle Middle School	12:55	6:28
32	31	Keegan Schnell	8th	Lynnville-Sully MS	12:58	6:29
33	32	Adrian Wallace	8th	Gilbert MS	12:58	6:29
34	33	Zachary Schrader	8th	Gilbert MS	12:59	6:29
35		Cruz Gannon	8th	Dallas Center Grimes MS	12:59	6:30
36	34	Mason Downey	8th	Carlisle Middle School	13:01	6:31
37	35	Ashton Charley	7th	North Polk MS	13:04	6:32
38		Brendan Grant	8th	North Polk MS	13:05	6:32
39	36	Calvin Cook	8th	Boone Middle School	13:06	6:33
40	37	Richard Mattingly	7th	Nevada Middle School	13:07	6:34
41	38	Aiden Johnson	8th	Des Moines Christian MS	13:07	6:34
42	39	Grady Mann	7th	Des Moines Christian MS	13:10	6:35
43	40	Kam Lehman	8th	Boone Middle School	13:10	6:35
44		Camden Cunningham	7th	Dallas Center Grimes MS	13:12	6:36
45	41	Austin Vance	7th	Ballard Middle School	13:12	6:36
46	42	Jack Johnsen	8th	Ballard Middle School	13:14	6:37
47	43	Blake Wilmesmeier	8th	Lynnville-Sully MS	13:19	6:40
48	44	Marcus Pedersen	8th	Ankeny Christian Academy MS	13:22	6:41
49		Wyatt Jones	8th	Gilbert MS	13:23	6:42
50	45	Jude Jones	8th	Ballard Middle School	13:24	6:42
51	46	Matthew Heisterkamp	7th	Ankeny Christian Academy MS	13:26	6:43
52		Liam Bachman	7th	Dallas Center Grimes MS	13:27	6:44
53		Madden Humes	7th	Dallas Center Grimes MS	13:29	6:44
54	47	Adrian Thompson	7th	Carlisle Middle School	13:30	6:45
55	48	Asher McAnally	7th	Des Moines Christian MS	13:30	6:45
56	49	Drew Hill	7th	Bondurant Farrar MS	13:31	6:45
57	50	Max Clark	7th	Boone Middle School	13:33	6:47
58		Chase Friedman	8th	North Polk MS	13:37	6:48
59		Grant Johnson	8th	Gilbert MS	13:37	6:48
60		Jack McCaughey	7th	Gilbert MS	13:38	6:49
61	51	Jackson Halfhill	8th	Bondurant Farrar MS	13:39	6:50
62		Malcolm Toornstra	7th	Collins-Maxwell MS	13:42	6:51
63	52	Cael Ferguson	8th	Nevada Middle School	13:43	6:51

NORTH POLK CC INVITATIONAL

MS BOYS 1.90 MILES North Polk HS 10/3/2022 Sunny 70°

Place	Score	Name	Year	School	Time	Pace mpm
64	53	Connor Sutton	7th	Carlisle Middle School	13:48	6:54
65		Cole Irlmeier	8th	Dallas Center Grimes MS	13:49	6:55
66	54	Evan Arkema	8th	Lynnville-Sully MS	13:50	6:55
67	55	Hunter Haley	7th	Nevada Middle School	13:51	6:56
68		Evan Friesen	8th	Dallas Center Grimes MS	13:53	6:56
69	56	Henry Little	8th	Nevada Middle School	13:55	6:57
70		Kellen Spooner	7th	Dallas Center Grimes MS	14:01	7:00
71		Joseph Fisher	7th	Collins-Maxwell MS	14:03	7:02
72	57	Max Wilson	8th	Ballard Middle School	14:03	7:02
73		Evan Scholten	8th	North Polk MS	14:05	7:02
74	58	Tucker Lindsey	7th	Bondurant Farrar MS	14:16	7:08
75		Lincoln Fletchall	8th	North Polk MS	14:18	7:09
76	59	Jackson Harvey	7th	Bondurant Farrar MS	14:21	7:11
77	60	Peter Thomas	8th	Nevada Middle School	14:27	7:14
78	61	Zach Wierson	7th	Nevada Middle School	14:29	7:15
79		Estan Buttery	8th	Gilbert MS	14:35	7:17
80		Ethan Neus	7th	Nevada Middle School	14:35	7:18
81	62	Luke Morningstar	8th	Lynnville-Sully MS	14:39	7:19
82	63	Zach Loveland	7th	Ballard Middle School	14:40	7:20
83		Josh Baldwin	8th	Gilbert MS	14:40	7:20
84	64	Seth Hilleman	8th	Ballard Middle School	14:41	7:21
85	65	David Schreiner	7th	Carlisle Middle School	14:42	7:21
86		Fisher Krob	7th	Dallas Center Grimes MS	14:50	7:25
87	66	Will Snyder	7th	Carlisle Middle School	14:53	7:27
88		Sam Renoe	8th	North Polk MS	14:55	7:27
89	67	Zach Quick	7th	Ankeny Christian Academy MS	14:56	7:28
90		Archer Ervin	7th	Dallas Center Grimes MS	14:59	7:30
91	68	Madden Gunsaulus	7th	Lynnville-Sully MS	15:04	7:32
92		Nolan Baas	7th	Bondurant Farrar MS	15:05	7:32
93	69	Carter Tice	8th	Lynnville-Sully MS	15:07	7:34
94		Jaxon Grow	7th	Bondurant Farrar MS	15:12	7:36
95		Josh Vanlaninham	7th	Bondurant Farrar MS	15:17	7:38
96		Nathan Fitch	7th	Dallas Center Grimes MS	15:17	7:39
97		Elijah Wirtz	8th	Bondurant Farrar MS	15:18	7:39
98		Aksel Peterson	8th	Ballard Middle School	15:19	7:39
99		Peyton Shipley	8th	North Polk MS	15:19	7:40
100	70	Cooper Jensen	7th	Boone Middle School	15:21	7:40
101		Max Engelbrecht	8th	Bondurant Farrar MS	15:21	7:40
102		Mason Grimm	7th	Dallas Center Grimes MS	15:22	7:41
103		Omar Seck	8th	Carlisle Middle School	15:22	7:41
104		Braxton Stevens	7th	Dallas Center Grimes MS	15:23	7:42
105	71	Dallyn Morris	7th	Boone Middle School	15:24	7:42
106	72	Wes Schuler	7th	Boone Middle School	15:25	7:43
107		Finn Murley	8th	Bondurant Farrar MS	15:31	7:46
108	73	Jackson Bibler	8th	Des Moines Christian MS	15:42	7:51
109	74	Levi Thomas	8th	Des Moines Christian MS	15:47	7:53
110	75	Judah Rittgers	8th	Des Moines Christian MS	15:47	7:53
111		Teryn Berger	8th	Bondurant Farrar MS	15:50	7:55
112		Isaac Pieper	8th	Des Moines Christian MS	15:53	7:56
113		Zander Young	8th	Carlisle Middle School	16:02	8:01
114		Dakota Fricks	8th	Bondurant Farrar MS	16:07	8:04
115		Andrew Ohm	8th	Nevada Middle School	16:16	8:08
116		Ahren Ervin	8th	Dallas Center Grimes MS	16:17	8:09
117	76	Noah Winsor	7th	Boone Middle School	16:23	8:12
118		Max Throop	8th	Bondurant Farrar MS	16:26	8:13
119		Jay Muller	7th	Des Moines Christian MS	16:34	8:17
120		Oliver Halverson	8th	Ballard Middle School	16:39	8:20
121		Benji Lenz	8th	Gilbert MS	16:49	8:24
122		Callen Steinberg	8th	Ballard Middle School	16:52	8:26
123		Hudson Bailey	8th	Des Moines Christian MS	16:53	8:27
124		Paul Bruggeman	7th	Des Moines Christian MS	16:58	8:29
125	77	Weston Walmsley	7th	Ankeny Christian Academy MS	17:01	8:30
126		Evan Fowle	7th	North Polk MS	17:02	8:31
127		Jaxon Pick	8th	Ballard Middle School	17:06	8:33
128		Dane Meyerring	7th	Des Moines Christian MS	17:10	8:35
129		Samuel Maxfield	7th	Dallas Center Grimes MS	17:18	8:39
130		Miles Unruh	7th	Nevada Middle School	17:19	8:40
131		Ethan Guthrie	7th	Carlisle Middle School	17:23	8:42
132		Nick Muschick	7th	Nevada Middle School	17:25	8:43
133		Nash Droppert	7th	Dallas Center Grimes MS	17:30	8:45
134		Matt Wermager	8th	Carlisle Middle School	17:36	8:48
135		Abe Stoeffler	7th	North Polk MS	17:41	8:51
136		Kemper Hummel	7th	Carlisle Middle School	17:49	8:55
137		Jaxon Francis	7th	Boone Middle School	17:53	8:57
138		Xayden Foster	7th	Boone Middle School	18:39	9:20
139		Riley Wieben	7th	Dallas Center Grimes MS	18:44	9:22
140		Seonu Song	7th	Gilbert MS	18:52	9:26
141		Justus Declene	7th	Carlisle Middle School	18:59	9:29

NORTH POLK CC INVITATIONAL

MS BOYS 1.90 MILES North Polk HS 10/3/2022 Sunny 70°

Place	Score	Name	Year	School	Time	Pace mpm
142		Alex Bielfelt	7th	Boone Middle School	19:20	9:40
143		Grady Thompson	7th	Ballard Middle School	19:21	9:41
144		Jack Bunda	7th	Gilbert MS	19:29	9:45
145		Asher Rozendaal	8th	Lynnville-Sully MS	19:56	9:58
146		Brayden Jensen	7th	Carlisle Middle School	20:02	10:01
147		Jaden Paglia	8th	Bondurant Farrar MS	20:07	10:04
148		Daniel Gute	8th	Ankeny Christian Academy MS	20:57	10:29
149		Emmanuel Nlenanya	7th	Gilbert MS	24:43	12:21
150		Peter Henely	7th	Gilbert MS	24:45	12:23
151		Jayden Brown	7th	Carlisle Middle School	24:48	12:24

NORTH POLK CC INVITATIONAL

MS BOYS 1.90 MILES North Polk HS 10/3/2022 Sunny 70°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Dallas Center Grimes MS				Score = 45			
7	Graham Ibeling, 8th	11:55	5:58	4)	Bondurant Farrar MS	Score = 159	
8	Avery Van Zelderen, 8th	11:59	6:00	12	Grady Gibson, 8th	12:08	6:04
9	Cedar Bandy, 7th	12:04	6:02	23	Clark Bennett, 7th	12:44	6:22
10	Gabe Bennett, 7th	12:04	6:02	24	Preston Francois, 8th	12:45	6:23
11	Noah Townsend, 7th	12:05	6:02	49	Drew Hill, 7th	13:31	6:45
17	Carson Mandernach, 7th	12:31	6:16	51	Jackson Halfhill, 8th	13:39	6:50
26	Brock Fancher, 8th	12:47	6:23	58	Tucker Lindsey, 7th	14:16	7:08
	Cruz Gannon, 8th	12:59	6:30	59	Jackson Harvey, 7th	14:21	7:11
	Camden Cunningham, 7th	13:12	6:36		Nolan Baas, 7th	15:05	7:32
	Liam Bachman, 7th	13:27	6:44		Jaxon Grow, 7th	15:12	7:36
	Madden Humes, 7th	13:29	6:44		Josh Vanlaninham, 7th	15:17	7:38
	Cole Irlmeier, 8th	13:49	6:55		Elijah Wirtz, 8th	15:18	7:39
	Evan Friesen, 8th	13:53	6:56		Max Engelbrecht, 8th	15:21	7:40
	Kellen Spooner, 7th	14:01	7:00		Finn Murley, 8th	15:31	7:46
	Fisher Krob, 7th	14:50	7:25		Teryn Berger, 8th	15:50	7:55
	Archer Ervin, 7th	14:59	7:30		Dakota Fricks, 8th	16:07	8:04
	Nathan Fitch, 7th	15:17	7:39		Max Throop, 8th	16:26	8:13
	Mason Grimm, 7th	15:22	7:41		Jaden Paglia, 8th	20:07	10:04
	Braxton Stevens, 7th	15:23	7:42	5) Ankeny Christian Academy MS			
	Ahren Ervin, 8th	16:17	8:09	25	Jed Rood, 8th	12:46	6:23
	Samuel Maxfield, 7th	17:18	8:39	27	Charlie McLaughlin, 8th	12:47	6:24
	Nash Droppert, 7th	17:30	8:45	29	Zach Gardner, 8th	12:54	6:27
	Riley Wieben, 7th	18:44	9:22	44	Marcus Pedersen, 8th	13:22	6:41
2) Gilbert MS				46	Matthew Heisterkamp, 7th	13:26	6:43
1	Logan Bleich, 8th	10:13	5:07	67	Zach Quick, 7th	14:56	7:28
4	Jacob Tallman, 8th	11:20	5:40	77	Weston Walmsley, 7th	17:01	8:30
14	Jace Tickle, 8th	12:22	6:11		Daniel Gute, 8th	20:57	10:29
18	Liam Trampel, 8th	12:33	6:16	6) Carlisle Middle School			
22	Jordan Martinek, 8th	12:43	6:21	21	Ben Lancaster, 8th	12:41	6:21
32	Adrian Wallace, 8th	12:58	6:29	30	Korben Fritz, 8th	12:55	6:28
33	Zachary Schrader, 8th	12:59	6:29	34	Mason Downey, 8th	13:01	6:31
	Wyatt Jones, 8th	13:23	6:42	47	Adrian Thompson, 7th	13:30	6:45
	Grant Johnson, 8th	13:37	6:48	53	Connor Sutton, 7th	13:48	6:54
	Jack McCaughey, 7th	13:38	6:49	65	David Schreiner, 7th	14:42	7:21
	Estan Buttery, 8th	14:35	7:17	66	Will Snyder, 7th	14:53	7:27
	Josh Baldwin, 8th	14:40	7:20		Omar Seck, 8th	15:22	7:41
	Benji Lenz, 8th	16:49	8:24		Zander Young, 8th	16:02	8:01
	Seonu Song, 7th	18:52	9:26		Ethan Guthrie, 7th	17:23	8:42
	Jack Bunda, 7th	19:29	9:45		Matt Wermager, 8th	17:36	8:48
	Emmanuel Nlenanya, 7th	24:43	12:21		Kemper Hummel, 7th	17:49	8:55
	Peter Henely, 7th	24:45	12:23		Justus Declene, 7th	18:59	9:29
3) North Polk MS					Brayden Jensen, 7th	20:02	10:01
5	Avery Flemmer, 8th	11:44	5:52		Jayden Brown, 7th	24:48	12:24
6	Ayden Reed, 8th	11:47	5:53	7) Ballard Middle School			
13	Fletcher Aarsvold, 8th	12:12	6:06	2	Graden Hermann, 8th	10:59	5:30
19	Ty Haisman, 8th	12:35	6:17	41	Austin Vance, 7th	13:12	6:36
20	Max Little, 8th	12:41	6:21	42	Jack Johnsen, 8th	13:14	6:37
28	Jj Bartleman, 8th	12:54	6:27	45	Jude Jones, 8th	13:24	6:42
35	Ashton Charley, 7th	13:04	6:32	57	Max Wilson, 8th	14:03	7:02
	Brendan Grant, 8th	13:05	6:32	63	Zach Loveland, 7th	14:40	7:20
	Chase Friedman, 8th	13:37	6:48	64	Seth Hilleman, 8th	14:41	7:21
	Evan Scholten, 8th	14:05	7:02		Aksel Peterson, 8th	15:19	7:39
	Lincoln Fletchall, 8th	14:18	7:09		Oliver Halverson, 8th	16:39	8:20
	Sam Renoe, 8th	14:55	7:27		Callen Stenberg, 8th	16:52	8:26
	Peyton Shipley, 8th	15:19	7:40		Jaxson Pick, 8th	17:06	8:33
	Evan Fowler, 7th	17:02	8:31		Grady Thompson, 7th	19:21	9:41
	Abe Stoeffler, 7th	17:41	8:51	8) Des Moines Christian MS			
				3	Josiah Sisler, 8th	11:04	5:32
				38	Aiden Johnson, 8th	13:07	6:34
				39	Grady Mann, 7th	13:10	6:35
				48	Asher McAnally, 7th	13:30	6:45
				73	Jackson Bibler, 8th	15:42	7:51
				74	Levi Thomas, 8th	15:47	7:53
				75	Judah Rittgers, 8th	15:47	7:53
					Isaac Pieper, 8th	15:53	7:56
					Jay Muller, 7th	16:34	8:17
					Hudson Bailey, 8th	16:53	8:27
					Paul Bruggeman, 7th	16:58	8:29
					Dane Meyerring, 7th	17:10	8:35

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Place	Name	Time	mpm	Place	Name	Time	mpm
9) Lynnville-Sully MS		Score = 205					
15	Colton Alberts, 8th	12:27	6:14				
31	Keegan Schnell, 8th	12:58	6:29				
43	Blake Wilmesmeier, 8th	13:19	6:40				
54	Evan Arkema, 8th	13:50	6:55				
62	Luke Morningstar, 8th	14:39	7:19				
68	Madden Gunsaulus, 7th	15:04	7:32				
69	Carter Tice, 8th	15:07	7:34				
	Asher Rozendaal, 8th	19:56	9:58				
10) Nevada Middle School		Score = 216					
16	Jacob Condon, 8th	12:29	6:14				
37	Richard Mattingly, 7th	13:07	6:34				
52	Cael Ferguson, 8th	13:43	6:51				
55	Hunter Haley, 7th	13:51	6:56				
56	Henry Little, 8th	13:55	6:57				
60	Peter Thomas, 8th	14:27	7:14				
61	Zach Wierson, 7th	14:29	7:15				
	Ethan Neus, 7th	14:35	7:18				
	Andrew Ohm, 8th	16:16	8:08				
	Miles Unruh, 7th	17:19	8:40				
	Nick Muschick, 7th	17:25	8:43				
11) Boone Middle School		Score = 267					
36	Calvin Cook, 8th	13:06	6:33				
40	Kam Lehman, 8th	13:10	6:35				
50	Max Clark, 7th	13:33	6:47				
70	Cooper Jensen, 7th	15:21	7:40				
71	Dallyn Morris, 7th	15:24	7:42				
72	Wes Schuler, 7th	15:25	7:43				
76	Noah Winsor, 7th	16:23	8:12				
	Jaxon Francis, 7th	17:53	8:57				
	Xayden Foster, 7th	18:39	9:20				
	Alex Bielfelt, 7th	19:20	9:40				

Incomplete Teams:

Collins-Maxwell MS

23	Aaron Shoemaker, 8th	12:44	6:22
62	Malcolm Toornstra, 7th	13:42	6:51
71	Joseph Fisher, 7th	14:03	7:02