

GILBERT CC INVITATIONAL

HS GIRLS 5K Iowa State Univ CC Course 9/9/2021 Sunny 90°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Gilbert	6	7	8	9	14	19	20	= 44	1:43:55	20:47	0:32
2	North Polk	3	10	11	13	25	31	37	= 62	1:45:11	21:02	1:45
3	Roland-Story	2	12	17	18	44	47	51	= 93	1:48:07	21:37	3:37
4	Van Meter	1	5	26	41	55	67	68	= 128	1:50:16	22:03	4:43
5	Earlham	4	15	38	46	61	66	69	= 164	1:53:22	22:40	4:23
6	ACGC	24	27	30	45	52	65	75	= 178	1:54:47	22:57	2:20
7	South Hamilton	32	35	36	40	43	59	78	= 186	1:55:51	23:10	0:58
8	West Marshall	16	28	42	53	58	62	74	= 197	1:56:15	23:15	3:25
9	Kuemper Catholic	21	23	39	73	77	80	81	= 233	1:59:02	23:48	4:25
10	Madrid	22	48	49	60	64	72	79	= 243	1:59:47	23:57	3:22
11	Nevada	33	50	54	56	63	70	71	= 256	2:00:39	24:08	2:10
12	Boone	29	34	57	76	82	83		= 278	2:04:58	25:00	6:24

Incomplete Teams: Ankeny Christian Academy, DSM North

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Clare Kelly	JR	Van Meter	19:41	6:20
2	2	Lauryn Kilstofte	SO	Roland-Story	20:08	6:29
3	3	Liza Schaffer	JR	North Polk	20:12	6:30
4	4	Olivia Spurling	SO	Earlham	20:24	6:34
5	5	Mary Kelly	JR	Van Meter	20:36	6:38
6	6	Clare Stahr	SO	Gilbert	20:37	6:38
7	7	Mia Kautman	FR	Gilbert	20:38	6:38
8	8	Abby McGuire	JR	Gilbert	20:43	6:40
9	9	Abby Patel	FR	Gilbert	20:47	6:41
10	10	Abby Bell	SO	North Polk	20:52	6:43
11	11	Aubrie Kiesling	JR	North Polk	21:01	6:46
12	12	Reece Johnson	SR	Roland-Story	21:09	6:48
13	13	Aleah McBee	SR	North Polk	21:09	6:48
14	14	Sophie Vanderpool	SR	Gilbert	21:09	6:49
15	15	Lily Dixon	JR	Earlham	21:10	6:49
16	16	Emelia Hauser	JR	West Marshall	21:12	6:49
17	17	Elizabeth Ihle	SO	Roland-Story	21:31	6:56
18	18	Claire Truesdell	FR	Roland-Story	21:35	6:57
19	19	Adi Siegel	SO	Gilbert	21:38	6:58
20	20	Sophia Bleich	FR	Gilbert	21:42	6:59
21	21	Marie Dea	SO	Kuemper Catholic	21:49	7:01
22	22	Emily White	JR	Madrid	21:50	7:02
23	23	Julia Kanne	SO	Kuemper Catholic	21:52	7:02
24	24	Hayden Coffman	SO	ACGC	21:56	7:04
25	25	Bailey Knights	SR	North Polk	21:57	7:04
26		Nora Kalvik	JR	Gilbert	21:58	7:04
27	26	Emma McCoy	FR	Van Meter	22:11	7:08
28	27	Ava Campbell	FR	ACGC	22:16	7:10
29		Abigail Staudt	SR	Gilbert	22:21	7:12
30	28	Lilly Buck	SR	West Marshall	22:28	7:14
31	29	Audrey Castle	SR	Boone	22:29	7:14
32	30	Adalyn Benson	FR	ACGC	22:34	7:16
33	31	Morgan Meiners	FR	North Polk	22:38	7:17
34	32	Annika Kienzle	JR	South Hamilton	22:45	7:19
35	33	Tessa Borwick	SR	Nevada	22:47	7:20
36		Ella Gebhart	SO	Gilbert	22:52	7:21
37		Sarah Thatcher	SO	Gilbert	22:52	7:22
38	34	Kaylee Chesnut	FR	Boone	22:53	7:22
39	35	Paige Doolittle	JR	South Hamilton	22:58	7:24
40	36	Anna Lammers	SR	South Hamilton	23:03	7:25
41		Kamryn Ogg	JR	Gilbert	23:04	7:25
42	37	Sophie Hilsabeck	SO	North Polk	23:05	7:26
43	38	Taylor Jensen	JR	Earlham	23:12	7:28
44	39	Siena Argarin	SR	Kuemper Catholic	23:14	7:29
45		Josie Dresen	SR	North Polk	23:18	7:30
46	40	Madison Beaune	SR	South Hamilton	23:22	7:31
47	41	Reagan Wiedman	JR	Van Meter	23:24	7:32
48		Layla Arp	FR	North Polk	23:26	7:32
49		Jhoanna Hernandez	JR	DSM North	23:33	7:35
50	42	Peyton Smith	JR	West Marshall	23:38	7:36
51		Sophia Campbell	FR	North Polk	23:40	7:37
52	43	Mercedes Beaune	SR	South Hamilton	23:43	7:38
53	44	Brooke Thompson	FR	Roland-Story	23:44	7:38
54	45	Paige Van Meter	FR	ACGC	23:44	7:38
55		Mollie Schnormeier	FR	Gilbert	23:44	7:38
56	46	Hannah Frank	FR	Earlham	23:48	7:40
57	47	Ellie Erickson	SR	Roland-Story	23:54	7:42
58		Rebecca Schrader	SO	Gilbert	23:54	7:42
59		Anna Zubalikova	JR	Gilbert	23:54	7:42
60	48	Mila Grothus	FR	Madrid	23:55	7:42
61	49	Paige Ridenour	SR	Madrid	24:05	7:45
62	50	Aubrey Thompson	FR	Nevada	24:05	7:45

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HS GIRLS 5K Iowa State Univ CC Course 9/9/2021 Sunny 90°

Place	Score	Name	Year	School	Time	Pace mpm
63	51	Baylie Janssen	SR	Roland-Story	24:14	7:48
64	52	Kiersten Knobbe	JR	ACGC	24:16	7:49
65	53	Adisyn Young	SR	West Marshall	24:20	7:50
66	54	Ava Vanderhayden	FR	Nevada	24:22	7:51
67	55	Eve Hyer	SO	Van Meter	24:24	7:51
68	56	Evelyn Anderson	FR	Nevada	24:28	7:53
69	57	Mora Nystrom	FR	Boone	24:29	7:53
70	58	Carli Pfantz	SO	West Marshall	24:37	7:55
71	59	Val Wagner	SO	South Hamilton	24:42	7:57
72	60	Alex Grimm	SO	Madrid	24:44	7:58
73	61	Carly Schaffer	SR	Earlham	24:48	7:59
74		Abby Deal	FR	Gilbert	24:51	8:00
75		Sam Weers	SO	North Polk	24:54	8:01
76	62	Kalyn Polley	SR	West Marshall	24:55	8:01
77	63	Briar Crain	SR	Nevada	24:57	8:02
78		Ellie Pyle	JR	Gilbert	25:00	8:03
79	64	Preslei Pflug	FR	Madrid	25:12	8:07
80		Ava Johnson	JR	Gilbert	25:18	8:09
81		Kadence Davenport	SR	North Polk	25:20	8:09
82		Averie Bruner	SO	Gilbert	25:29	8:12
83		Samantha McDaniel	JR	Gilbert	25:29	8:12
84		Stefani Haus	FR	North Polk	25:31	8:13
85	65	Jayla Hoover	FR	ACGC	25:37	8:15
86	66	Jayne Terwilliger	JR	Earlham	25:38	8:15
87	67	Claire Newell	JR	Van Meter	25:39	8:15
88	68	Emma Bruins	SO	Van Meter	25:39	8:15
89		Anna Patterson	SO	North Polk	25:42	8:16
90	69	Mia Terry	SR	Earlham	25:43	8:17
91	70	Bridget Cahill	JR	Nevada	25:46	8:18
92	71	Avery Anderson	FR	Nevada	25:46	8:18
93	72	Kate Holmes	SO	Madrid	25:49	8:18
94		Ava Bergerson	JR	North Polk	25:50	8:19
95	73	Kyra Wolterman	SO	Kuemper Catholic	25:52	8:20
96		Morgan Wyllie	SR	Earlham	25:53	8:20
97	74	Jadyn Bunting	SO	West Marshall	25:56	8:21
98		Savannah Skaggs	SR	Nevada	25:58	8:21
99	75	Emmarae Ellis	FR	ACGC	26:04	8:23
100		Alana Thorson	FR	Roland-Story	26:13	8:26
101	76	Emmy Lewis	SR	Boone	26:14	8:27
102	77	Samantha Tidgren	SR	Kuemper Catholic	26:14	8:27
103		Paityn Peterson	JR	West Marshall	26:19	8:28
104	78	Chandler George	SR	South Hamilton	26:23	8:29
105		Natalie Barber	JR	Nevada	26:24	8:30
106		Laurel Mizerak	FR	Gilbert	26:34	8:33
107		Audrey Girard	SO	West Marshall	26:40	8:35
108		Katie Steward	SO	Earlham	26:43	8:36
109		Faith Springer	JR	Roland-Story	26:45	8:37
110		Campbelle Orshirak	FR	Ankeny Christian Academy	26:56	8:40
111	79	Oksana Howard	SR	Madrid	27:01	8:42
112		Lara Nadolny	FR	Gilbert	27:03	8:43
113	80	Keziah Janssen	JR	Kuemper Catholic	27:16	8:47
114		Katelyn Phillips	FR	North Polk	27:25	8:49
115		Courtney Schreier	JR	Roland-Story	27:29	8:51
116	81	Callie Ferneding	SO	Kuemper Catholic	27:42	8:55
117		Mia Ocheltree	SR	ACGC	27:53	8:58
118		Alexandria Klein	SR	Kuemper Catholic	28:02	9:01
119		Lizzy Danielson	SR	Roland-Story	28:16	9:06
120		Samjhana Zapata	JR	Kuemper Catholic	28:23	9:08
121		Grace Sweers	SR	Earlham	28:30	9:10
122		Julia Craig	FR	Kuemper Catholic	28:34	9:12
123		Josie Mesenbrink	SR	Gilbert	28:42	9:14
124		Tatum Hendricks	JR	Nevada	28:43	9:15
125	82	Molly Alexander	SR	Boone	28:53	9:18
126		Lemuna Gurisho	FR	DSM North	28:54	9:18
127		Kaisen Styba	SO	Kuemper Catholic	28:57	9:19
128		Isabelle Barker	FR	Nevada	29:04	9:21
129		Audrey Faith	SR	Gilbert	29:17	9:25
130		Ella Sirna	JR	Roland-Story	29:18	9:26
131		Saron Mehariredae	SR	Nevada	29:47	9:35
132		Grace Ellingson	SR	Gilbert	29:51	9:36
133		Stefany Riera Ramones	FR	Nevada	30:02	9:40
134		Mataya Vorm	FR	Nevada	30:10	9:42
135		Giulia Clementi	JR	Kuemper Catholic	30:17	9:45
136		Aubrey Nichols	SR	Earlham	30:18	9:45
137		Lilly Prickett	SR	Van Meter	30:21	9:46
138		Sarah Mehari	SO	Nevada	30:49	9:55
139		Joslynn Farmer	SO	Nevada	30:52	9:56
140		Kaelyn Banks	FR	Nevada	31:03	10:00

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Place	Score	Name	Year	School	Time	Pace mpm
141		Aby Sander	FR	North Polk	31:17	10:04
142		Josie Baggs	JR	Gilbert	31:18	10:04
143		Lynze Geerdes	SO	Nevada	31:22	10:06
144		Sammie Herridge	SR	Nevada	31:55	10:16
145		Kylie Franzen	SR	Gilbert	32:26	10:26
146		Aubrey Selmecki	FR	North Polk	32:34	10:29
147		Sammie Pagel	JR	Madrid	33:08	10:40
148	83	Bella Hamilton	FR	Boone	33:11	10:41
149		Isabel Atkinson	FR	Madrid	33:11	10:41
150		Sophia Glenn	FR	Ankeny Christian Academy	33:21	10:44
151		Rhiley Andersen	FR	North Polk	34:40	11:10
152		Taylor Mustaine	JR	West Marshall	34:42	11:10
153		Isabella Chavez	FR	West Marshall	36:11	11:39
154		Tessa Schaffer	SO	Van Meter	38:02	12:15

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HS GIRLS 5K Iowa State Univ CC Course 9/9/2021 Sunny 90°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Gilbert				Score = 44			
6	Clare Stahr, SO	20:37	6:38	5) Earlham	Score = 164		
7	Mia Kautman, FR	20:38	6:38	4	Olivia Spurling, SO	20:24	6:34
8	Abby McGuire, JR	20:43	6:40	15	Lily Dixon, JR	21:10	6:49
9	Abby Patel, FR	20:47	6:41	38	Taylor Jensen, JR	23:12	7:28
14	Sophie Vanderpool, SR	21:09	6:49	46	Hannah Frank, FR	23:48	7:40
19	Adi Siegel, SO	21:38	6:58	61	Carly Schaffer, SR	24:48	7:59
20	Sophia Bleich, FR	21:42	6:59	66	Jayne Terwilliger, JR	25:38	8:15
	Nora Kalvik, JR	21:58	7:04	69	Mia Terry, SR	25:43	8:17
	Abigail Staudt, SR	22:21	7:12		Morgan Wyllie, SR	25:53	8:20
	Ella Gebhart, SO	22:52	7:21		Katie Steward, SO	26:43	8:36
	Sarah Thatcher, SO	22:52	7:22		Grace Sweers, SR	28:30	9:10
	Kamryn Ogg, JR	23:04	7:25		Aubrey Nichols, SR	30:18	9:45
	Mollie Schnormeier, FR	23:44	7:38	6) ACGC			
	Rebecca Schrader, SO	23:54	7:42	24	Hayden Coffman, SO	21:56	7:04
	Anna Zubalikova, JR	23:54	7:42	27	Ava Campbell, FR	22:16	7:10
	Abby Deal, FR	24:51	8:00	30	Adalyn Benson, FR	22:34	7:16
	Ellie Pyle, JR	25:00	8:03	45	Paige Van Meter, FR	23:44	7:38
	Ava Johnson, JR	25:18	8:09	52	Kiersten Knobbe, JR	24:16	7:49
	Averie Bruner, SO	25:29	8:12	65	Jayla Hoover, FR	25:37	8:15
	Samantha McDaniel, JR	25:29	8:12	75	Emmarae Ellis, FR	26:04	8:23
	Laurel Mizerak, FR	26:34	8:33		Mia Ocheltree, SR	27:53	8:58
	Lara Nadolny, FR	27:03	8:43	7) South Hamilton			
	Josie Mesenbrink, SR	28:42	9:14	32	Annika Kienzle, JR	22:45	7:19
	Audrey Faith, SR	29:17	9:25	35	Paige Doolittle, JR	22:58	7:24
	Grace Ellingson, SR	29:51	9:36	36	Anna Lammers, SR	23:03	7:25
	Josie Baggs, JR	31:18	10:04	40	Madison Beaune, SR	23:22	7:31
	Kylie Franzen, SR	32:26	10:26	43	Mercedes Beaune, SR	23:43	7:38
2) North Polk				Score = 62			
3	Liza Schaffer, JR	20:12	6:30	59	Val Wagner, SO	24:42	7:57
10	Abby Bell, SO	20:52	6:43	78	Chandler George, SR	26:23	8:29
11	Aubrie Kiesling, JR	21:01	6:46	8) West Marshall			
13	Aleah McBee, SR	21:09	6:48	16	Emelia Hauser, JR	21:12	6:49
25	Bailey Knights, SR	21:57	7:04	28	Lilly Buck, SR	22:28	7:14
31	Morgan Meiners, FR	22:38	7:17	42	Peyton Smith, JR	23:38	7:36
37	Sophie Hilsabeck, SO	23:05	7:26	53	Adisyn Young, SR	24:20	7:50
	Josie Dresen, SR	23:18	7:30	58	Carli Pfantz, SO	24:37	7:55
	Layla Arp, FR	23:26	7:32	62	Kalyn Polley, SR	24:55	8:01
	Sophia Campbell, FR	23:40	7:37	74	Jadyn Bunting, SO	25:56	8:21
	Sam Weers, SO	24:54	8:01		Paityn Peterson, JR	26:19	8:28
	Kadence Davenport, SR	25:20	8:09		Audrey Girard, SO	26:40	8:35
	Stefani Haus, FR	25:31	8:13		Taylor Mustaine, JR	34:42	11:10
	Anna Patterson, SO	25:42	8:16		Isabella Chavez, FR	36:11	11:39
	Ava Bergerson, JR	25:50	8:19	9) Kuemper Catholic			
	Katelyn Phillips, FR	27:25	8:49	21	Marie Dea, SO	21:49	7:01
	Aby Sander, FR	31:17	10:04	23	Julia Kanne, SO	21:52	7:02
	Aubrey Selmecki, FR	32:34	10:29	39	Siena Argarin, SR	23:14	7:29
	Rhiley Andersen, FR	34:40	11:10	73	Kyra Wolterman, SO	25:52	8:20
3) Roland-Story				Score = 93			
2	Lauryn Kilstofte, SO	20:08	6:29	77	Samantha Tidgren, SR	26:14	8:27
12	Reece Johnson, SR	21:09	6:48	80	Keziah Janssen, JR	27:16	8:47
17	Elizabeth Ihle, SO	21:31	6:56	81	Callie Ferneding, SO	27:42	8:55
18	Claire Truesdell, FR	21:35	6:57		Alexandria Klein, SR	28:02	9:01
44	Brooke Thompson, FR	23:44	7:38		Samjhana Zapata, JR	28:23	9:08
47	Ellie Erickson, SR	23:54	7:42		Julia Craig, FR	28:34	9:12
51	Baylie Janssen, SR	24:14	7:48		Kaisen Stypa, SO	28:57	9:19
	Alana Thorson, FR	26:13	8:26		Giulia Clementi, JR	30:17	9:45
	Faith Springer, JR	26:45	8:37	10) Madrid			
	Courtney Schreier, JR	27:29	8:51	22	Emily White, JR	21:50	7:02
	Lizzy Danielson, SR	28:16	9:06	48	Mila Grothus, FR	23:55	7:42
	Ella Sirna, JR	29:18	9:26	49	Paige Ridenour, SR	24:05	7:45
4) Van Meter				Score = 128			
1	Clare Kelly, JR	19:41	6:20	60	Alex Grimm, SO	24:44	7:58
5	Mary Kelly, JR	20:36	6:38	64	Preslei Pflug, FR	25:12	8:07
26	Emma McCoy, FR	22:11	7:08	72	Kate Holmes, SO	25:49	8:18
41	Reagan Wiedman, JR	23:24	7:32	79	Oksana Howard, SR	27:01	8:42
55	Eve Hyer, SO	24:24	7:51		Sammie Pagel, JR	33:08	10:40
67	Claire Newell, JR	25:39	8:15		Isabel Atkinson, FR	33:11	10:41
68	Emma Bruins, SO	25:39	8:15				
	Lilly Prickett, SR	30:21	9:46				
	Tessa Schaffer, SO	38:02	12:15				

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HS GIRLS 5K Iowa State Univ CC Course 9/9/2021 Sunny 90°

Place	Name	Time	mpm	Place	Name	Time	mpm
11) Nevada		Score = 256					
33	Tessa Borwick, SR	22:47	7:20				
50	Aubrey Thompson, FR	24:05	7:45				
54	Ava Vanderhayden, FR	24:22	7:51				
56	Evelyn Anderson, FR	24:28	7:53				
63	Briar Crain, SR	24:57	8:02				
70	Bridget Cahill, JR	25:46	8:18				
71	Avery Anderson, FR	25:46	8:18				
	Savannah Skaggs, SR	25:58	8:21				
	Natalie Barber, JR	26:24	8:30				
	Tatum Hendricks, JR	28:43	9:15				
	Isabelle Barker, FR	29:04	9:21				
	Saron Mehariredae, SR	29:47	9:35				
	Stefany Riera Ramones, FR	30:02	9:40				
	Mataya Vorm, FR	30:10	9:42				
	Sarah Mehari, SO	30:49	9:55				
	Joslynn Farmer, SO	30:52	9:56				
	Kaelyn Banks, FR	31:03	10:00				
	Lynze Geerdes, SO	31:22	10:06				
	Sammie Herridge, SR	31:55	10:16				

12) Boone		Score = 278					
29	Audrey Castle, SR	22:29	7:14				
34	Kaylee Chesnut, FR	22:53	7:22				
57	Mora Nystrom, FR	24:29	7:53				
76	Emmy Lewis, SR	26:14	8:27				
82	Molly Alexander, SR	28:53	9:18				
83	Bella Hamilton, FR	33:11	10:41				

Incomplete Teams:

Ankeny Christian Academy							
110	Campbelle Orshirak, FR	26:56	8:40				
150	Sophia Glenn, FR	33:21	10:44				

DSM North							
49	Jhoanna Hernandez, JR	23:33	7:35				
126	Lemuna Gurisho, FR	28:54	9:18				

GILBERT CC INVITATIONAL

HS BOYS 5K Iowa State Univ CC Course 9/9/2021 Sunny 90°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Dallas Center-Grimes	1	5	10	11	12	13	17	= 39	1:21:09	16:14	1:22
2	North Polk	3	6	18	20	22	46	47	= 69	1:24:34	16:55	1:29
3	ACGC	4	21	24	27	28	30	32	= 104	1:27:09	17:26	1:43
4	Earlham	2	8	37	39	48	52	64	= 134	1:28:37	17:43	3:00
5	Gilbert	16	26	34	38	40	44	66	= 154	1:30:33	18:07	1:54
6	Kuemper Catholic	7	23	36	43	61	77	84	= 170	1:31:02	18:12	3:07
7	Nevada	25	29	35	45	54	55	70	= 188	1:32:26	18:29	1:29
8	Boone	49	53	56	57	58	68	72	= 273	1:36:20	19:16	0:28
9	West Marshall	14	42	62	75	81	85	92	= 274	1:36:55	19:23	4:09
10	Roland-Story	15	59	60	74	76	78	87	= 284	1:37:18	19:28	3:58
11	Van Meter	31	50	63	71	79	80	89	= 294	1:37:53	19:35	2:43
12	Madrid	9	19	86	90	94	95	96	= 298	1:39:13	19:51	5:51
13	South Hamilton	41	51	69	73	83	88	91	= 317	1:39:39	19:56	2:11
14	Ankeny Christian Academy	33	65	67	82	93	97	98	= 340	1:41:14	20:15	4:07

Incomplete Teams: DSM North

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Aidan Ramsey	SR	Dallas Center-Grimes	15:14	4:54
2	2	Jayden Dickson	SR	Earlham	15:58	5:08
3	3	Zach Sporaa	JR	North Polk	16:07	5:11
4	4	Trevin Suhr	SR	ACGC	16:10	5:12
5	5	Tate McDermott	SO	Dallas Center-Grimes	16:13	5:13
6	6	Max Sporaa	JR	North Polk	16:18	5:15
7	7	Michael Pottebaum	SR	Kuemper Catholic	16:26	5:17
8	8	Dominic Braet	SR	Earlham	16:27	5:18
9	9	Ethan Loutzenheiser	SO	Madrid	16:29	5:18
10	10	Aj Angus	SO	Dallas Center-Grimes	16:33	5:19
11	11	Jacob Ewers	SR	Dallas Center-Grimes	16:33	5:20
12	12	Jack Every	SO	Dallas Center-Grimes	16:36	5:21
13	13	Ben Every	SO	Dallas Center-Grimes	16:39	5:22
14	14	Nicolas Thompson	SR	West Marshall	16:47	5:24
15	15	Nathan Limas	SR	Roland-Story	16:48	5:25
16	16	William Wadsley	JR	Gilbert	16:54	5:26
17	17	Owen Pries	SR	Dallas Center-Grimes	17:00	5:28
18	18	Alik McIlravy	SO	North Polk	17:05	5:30
19	19	Clay Warson	SO	Madrid	17:24	5:36
20	20	Ethan Stierman	JR	North Polk	17:29	5:37
21	21	Justin Reinhart	JR	ACGC	17:31	5:38
22	22	Austin Stierman	JR	North Polk	17:36	5:40
23	23	Jacob Greving	SO	Kuemper Catholic	17:39	5:41
24		Sam Mora	FR	Dallas Center-Grimes	17:43	5:42
25	24	Andrew Mahaffey	SO	ACGC	17:44	5:43
26	25	Owen Freeman	JR	Nevada	17:47	5:43
27		Sam Watkins	SO	Dallas Center-Grimes	17:48	5:44
28	26	Zain Mueller	SO	Gilbert	17:50	5:44
29		John Kitenge	SO	Dallas Center-Grimes	17:51	5:45
30	27	Bo Arrasmith	SO	ACGC	17:52	5:45
31	28	Noah Kading	FR	ACGC	17:53	5:45
32	29	Rhett Harter	SO	Nevada	17:59	5:47
33	30	Gavin Sloss	FR	ACGC	18:01	5:48
34		Caleb Morris	JR	Dallas Center-Grimes	18:02	5:48
35		Luke Herbsleb	SR	Dallas Center-Grimes	18:02	5:48
36	31	Dustin Barth	SR	Van Meter	18:07	5:50
37	32	Lance Bunde	SO	ACGC	18:12	5:51
38	33	Daniel Schoening	SO	Ankeny Christian Academy	18:13	5:52
39		Nick Kessler	SO	Dallas Center-Grimes	18:13	5:52
40		Elias Arbuckle	FR	Dallas Center-Grimes	18:18	5:53
41		Kaden Thompson	SR	ACGC	18:19	5:54
42	34	Harrison Kraehling	SO	Gilbert	18:24	5:55
43		Cael Wineland	SR	Dallas Center-Grimes	18:27	5:56
44	35	Rowan Steele	SO	Nevada	18:29	5:57
45	36	Patrick Hensel	SR	Kuemper Catholic	18:32	5:58
46	37	Owen Michael	SR	Earlham	18:33	5:58
47	38	Emmett Barber	FR	Gilbert	18:36	5:59
48		Alex Pries	SO	Dallas Center-Grimes	18:37	6:00
49	39	Braydon Hamilton	SR	Earlham	18:42	6:01
50		Alex Jordan	SR	Dallas Center-Grimes	18:44	6:02
51	40	Nolan Weber	JR	Gilbert	18:48	6:03
52	41	Landon Grove	JR	South Hamilton	18:49	6:03
53	42	Dylan Thompson	SO	West Marshall	18:52	6:04
54	43	Ryan North	SO	Kuemper Catholic	18:53	6:05
55	44	Isaac Ryan	SR	Gilbert	18:54	6:05
56	45	Brian Rohde	FR	Nevada	18:56	6:06
57	46	Will Ford	JR	North Polk	18:56	6:06
58	47	Nathan Crabb	SR	North Polk	18:57	6:06
59	48	Blake Tiemeyer	FR	Earlham	18:58	6:06
60	49	Austin McCloud	SR	Boone	18:58	6:06

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Place	Score	Name	Year	School	Time	Pace mpm
61		Braeden Roberts	JR	Dallas Center-Grimes	19:01	6:07
62		Carson Gibson	SO	North Polk	19:02	6:08
63	50	Chris Coffie	SR	Van Meter	19:03	6:08
64		Karsten Newell	SR	Dallas Center-Grimes	19:05	6:09
65	51	Eli Potter	JR	South Hamilton	19:05	6:09
66	52	Payton Harger	SO	Earlham	19:08	6:09
67	53	Blake Gradoville	FR	Boone	19:15	6:12
68	54	Frank Engstrom	SO	Nevada	19:15	6:12
69	55	Nick Frideres	JR	Nevada	19:17	6:13
70	56	Nathaniel Winters	SO	Boone	19:21	6:14
71	57	Kyan Lehman	FR	Boone	19:21	6:14
72		Owen Vasey	SO	Dallas Center-Grimes	19:22	6:14
73		Brett Postel	FR	North Polk	19:24	6:15
74	58	Max Johnston	SO	Boone	19:26	6:15
75	59	Levi Webb	JR	Roland-Story	19:29	6:16
76	60	Jay Sanderson	SR	Roland-Story	19:32	6:17
77		Owen Hope	JR	Dallas Center-Grimes	19:32	6:17
78	61	Carter Drake	SR	Kuemper Catholic	19:32	6:17
79		Stockton Huether	FR	North Polk	19:33	6:17
80		Gadi Kalifa	FR	DSM North	19:33	6:18
81		Nolan Mandernach	SO	North Polk	19:34	6:18
82		Carson Springer	JR	Dallas Center-Grimes	19:34	6:18
83	62	Zane Kirke	JR	West Marshall	19:35	6:18
84	63	Luka Hulse	FR	Van Meter	19:37	6:19
85		Jackson Sloss	JR	ACGC	19:38	6:19
86	64	Cole Flickinger	JR	Earlham	19:40	6:20
87	65	Brody Hoefle	SO	Ankeny Christian Academy	19:46	6:22
88	66	Weston Congdon	JR	Gilbert	19:46	6:22
89		Nate Bergerson	JR	North Polk	19:49	6:23
90		Jacob Blattel	SO	North Polk	19:54	6:24
91		Drew Anderson	SR	Dallas Center-Grimes	19:54	6:24
92		Ryan Fitch	JR	Dallas Center-Grimes	19:56	6:25
93	67	Landon Nehring	SO	Ankeny Christian Academy	19:57	6:25
94	68	Kris Frantzen	SO	Boone	20:02	6:27
95		William Kabamba	SO	Dallas Center-Grimes	20:04	6:28
96	69	Logan Halfwassen	SR	South Hamilton	20:05	6:28
97		Tyconder Ellis	JR	ACGC	20:06	6:28
98		Wilson Lofstedt	JR	Gilbert	20:07	6:28
99		John Artz	FR	Gilbert	20:11	6:30
100		Will Weydert	SO	Dallas Center-Grimes	20:11	6:30
101	70	Lucas Mills	SO	Nevada	20:15	6:31
102	71	Chris Wall	SO	Van Meter	20:16	6:31
103		Jack Hackett	SO	Gilbert	20:16	6:31
104		Jarrett McClain	SO	ACGC	20:24	6:34
105		Tanner Morrison	SO	Earlham	20:30	6:36
106		Carson Maly	FR	Earlham	20:31	6:36
107		Tucker Carroll	SO	ACGC	20:31	6:36
108	72	Henry Pollard	SO	Boone	20:33	6:37
109	73	Ben Bailey	JR	South Hamilton	20:39	6:39
110		Hunter Kitt	SO	Dallas Center-Grimes	20:41	6:40
111		Grant Aspengren	SO	North Polk	20:43	6:40
112	74	Lucas Wuebker	SO	Roland-Story	20:43	6:40
113	75	Jack Decker	FR	West Marshall	20:44	6:41
114	76	Evan Voga	FR	Roland-Story	20:46	6:41
115	77	Christian Best	SR	Kuemper Catholic	20:47	6:41
116	78	Luccas Hart	FR	Roland-Story	20:49	6:42
117	79	Leo Hayes	SO	Van Meter	20:51	6:43
118	80	Kaleb Myers	SO	Van Meter	20:54	6:44
119	81	Joshua Eigenberger	JR	West Marshall	20:56	6:44
120		Wyatt Jungck	SR	Boone	20:58	6:45
121	82	Josiah Davenport	SR	Ankeny Christian Academy	20:59	6:45
122	83	Pete Coburn	SO	South Hamilton	21:00	6:46
123		Payton Lehman	FR	North Polk	21:01	6:46
124	84	Colton Hagen	SO	Kuemper Catholic	21:02	6:46
125	85	Will Dawley	SR	West Marshall	21:03	6:47
126		Carter Neff	SO	ACGC	21:04	6:47
127		Nick Staudt	FR	Gilbert	21:07	6:48
128	86	Blake Renze	FR	Madrid	21:07	6:48
129		Ross Muhlbauer	JR	North Polk	21:07	6:48
130		Andrew Soupir	FR	Gilbert	21:09	6:48
131		Easton Stringham	SO	ACGC	21:10	6:49
132	87	Devin Webb	FR	Roland-Story	21:10	6:49
133		Blake Petersen	FR	Earlham	21:11	6:49
134		Ayden Silbaugh	SR	Boone	21:15	6:50
135		Noah Hiveley	FR	Boone	21:15	6:51
136		Lucas Tjernagel	SO	Roland-Story	21:23	6:53
137	88	Bobby Tapper	SO	South Hamilton	21:24	6:53
138		Nathan Wanat	SO	Dallas Center-Grimes	21:24	6:53

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Place	Score	Name	Year	School	Time	Pace mpm
139		Zeke Hatfield	FR	Gilbert	21:25	6:54
140		Will Harris	SO	Dallas Center-Grimes	21:25	6:54
141		Luke Phillips	JR	North Polk	21:25	6:54
142	89	Camden Krusemark	FR	Van Meter	21:26	6:54
143		Dalton Nelson	JR	Gilbert	21:26	6:54
144		Jackson Foy	FR	Dallas Center-Grimes	21:27	6:54
145		Landyn Buster	FR	Dallas Center-Grimes	21:36	6:57
146		Ian Thomas	SO	Nevada	21:39	6:58
147		Charlie Mortimer	FR	Gilbert	21:40	6:58
148		Cameron Lenze	SR	Gilbert	21:42	6:59
149		Skyler Yazzie	JR	Van Meter	21:45	7:00
150		Ryan Wessels	FR	Nevada	21:45	7:00
151		Reed Chapman	FR	Van Meter	21:50	7:02
152	90	Jacob White	FR	Madrid	21:53	7:02
153		Caleb Danielson	FR	Roland-Story	21:58	7:04
154		Jacob Danilson	JR	Gilbert	21:59	7:05
155		Gavin Skaggs	SO	Nevada	22:01	7:05
156	91	Colton Fink	JR	South Hamilton	22:05	7:07
157	92	Jacobi Gomez	FR	West Marshall	22:06	7:07
158		Hudson Shipley	FR	North Polk	22:07	7:07
159		Tyler Leise	FR	Kuemper Catholic	22:13	7:09
160		Spencer Weydert	SO	Gilbert	22:14	7:09
161		Reece Chappell	SR	Van Meter	22:16	7:10
162		Will Baumann	SO	Nevada	22:17	7:10
163		Colten Lucchesi	SO	Roland-Story	22:19	7:11
164		Nolan Rhoad	SO	Roland-Story	22:20	7:11
165	93	Logan Weathers	SR	Ankeny Christian Academy	22:20	7:11
166	94	Keith Newton	JR	Madrid	22:20	7:11
167		Adam Thiel	JR	Roland-Story	22:21	7:12
168		Tyler Johnson	JR	Earlham	22:26	7:13
169		Justin Davis	JR	ACGC	22:28	7:14
170		Nic Beaudet	SR	Dallas Center-Grimes	22:30	7:15
171		Cole Haverman	JR	North Polk	22:35	7:16
172		Johnathan Downs	JR	West Marshall	22:36	7:16
173		Eli Ralston	SO	South Hamilton	22:39	7:17
174		Tristan Limoges	FR	Gilbert	22:43	7:19
175		Carden Nerem	FR	Boone	22:48	7:20
176		Treston Murphy	FR	Van Meter	22:53	7:22
177		Alex Heubner	SO	Roland-Story	22:56	7:23
178		Jensen Petrak	FR	Dallas Center-Grimes	22:58	7:24
179		Caleb Gilchrist	SR	Nevada	23:13	7:29
180		Logan Ihle	SR	Roland-Story	23:26	7:32
181	95	Trendan Peasley	JR	Madrid	23:26	7:33
182		Cooper Bentley	FR	North Polk	23:32	7:34
183		Bram Carpenter	FR	Boone	23:36	7:36
184	96	Colton Kniffen	JR	Madrid	23:40	7:37
185		Aldo Escelera	SO	Gilbert	23:42	7:38
186		Seth Morris	JR	Boone	23:43	7:38
187		Nels Hanson	SO	Roland-Story	23:48	7:40
188		Dennis May	SO	Gilbert	23:48	7:40
189		Sam Braucher	FR	Roland-Story	23:49	7:40
190		Ryne Erickson	SO	Nevada	24:03	7:45
191		Wesley Baber	FR	Boone	24:10	7:47
192		Adam Heuer	SR	Gilbert	24:16	7:49
193		Bennett Congdon	SO	Gilbert	24:17	7:49
194		Lane Tarbill	FR	South Hamilton	24:17	7:49
195		Hogan Grubbs	JR	ACGC	24:33	7:54
196		Dominic Ficken	JR	West Marshall	24:35	7:55
197		Brevon Gibson	SO	West Marshall	24:51	8:00
198		Brayden Moore	FR	South Hamilton	25:00	8:03
199		Landon Doering	JR	North Polk	25:05	8:05
200		Wyatt Young	JR	Boone	25:09	8:06
201		Bo Braddock	SO	Boone	25:14	8:07
202	97	Aj Bennett	SO	Ankeny Christian Academy	25:17	8:08
203		Travis Goff	JR	Gilbert	25:21	8:10
204		Jackson Slick	FR	Van Meter	25:24	8:11
205		Carter Allman	JR	Kuemper Catholic	25:27	8:11
206		Max Reincke	FR	Kuemper Catholic	25:28	8:12
207		Owen Burkhardt	SO	Madrid	25:31	8:13
208	98	Caleb Erickson	FR	Ankeny Christian Academy	25:33	8:13
209		Zuhair Sanduka	SR	Gilbert	25:34	8:14
210		Carter Lindley	SO	Madrid	25:34	8:14
211		Ayden McLain	SO	Roland-Story	25:37	8:15
212		Jake Ferneding	SR	Kuemper Catholic	25:43	8:17
213		Ian Runestad	SO	Boone	25:49	8:19
214		Evan Buttery	JR	Gilbert	25:52	8:19
215		Aiden Downs	SO	West Marshall	25:59	8:22
216		Sam Greiman	JR	Dallas Center-Grimes	26:09	8:25

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Place	Score	Name	Year	School	Time	Pace mpm
217		Ian Schlak	FR	Dallas Center-Grimes	26:09	8:25
218		Nathan Schlueter	SR	Van Meter	26:24	8:30
219		Connor Saxton	JR	Madrid	26:48	8:38
220		Jase Barrick	FR	Boone	27:00	8:41
221		Caleb Webster	SR	Boone	27:01	8:42
222		James Nystrom	FR	Kuemper Catholic	27:06	8:44
223		Alex Pickering	SR	Dallas Center-Grimes	27:13	8:45
224		Aldo Schwartz	FR	Gilbert	27:31	8:51
225		Jared Craig	SR	Kuemper Catholic	27:52	8:58

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Place	Name	Time	mpm	Place	Name	Time	mpm
1) Dallas Center-Grimes				Score = 39			
1	Aidan Ramsey, SR	15:14	4:54				
5	Tate McDermott, SO	16:13	5:13				
10	Aj Angus, SO	16:33	5:19				
11	Jacob Ewers, SR	16:33	5:20				
12	Jack Every, SO	16:36	5:21				
13	Ben Every, SO	16:39	5:22				
17	Owen Pries, SR	17:00	5:28				
	Sam Mora, FR	17:43	5:42				
	Sam Watkins, SO	17:48	5:44				
	John Kitenge, SO	17:51	5:45				
	Caleb Morris, JR	18:02	5:48				
	Luke Herbsleb, SR	18:02	5:48				
	Nick Kessler, SO	18:13	5:52				
	Elias Arbuckle, FR	18:18	5:53				
	Cael Wineland, SR	18:27	5:56				
	Alex Pries, SO	18:37	6:00				
	Alex Jordan, SR	18:44	6:02				
	Braeden Roberts, JR	19:01	6:07				
	Karsten Newell, SR	19:05	6:09				
	Owen Vasey, SO	19:22	6:14				
	Owen Hope, JR	19:32	6:17				
	Carson Springer, JR	19:34	6:18				
	Drew Anderson, SR	19:54	6:24				
	Ryan Fitch, JR	19:56	6:25				
	William Kabamba, SO	20:04	6:28				
	Will Weydert, SO	20:11	6:30				
	Hunter Kitt, SO	20:41	6:40				
	Nathan Wanat, SO	21:24	6:53				
	Will Harris, SO	21:25	6:54				
	Jackson Foy, FR	21:27	6:54				
	Landyn Buster, FR	21:36	6:57				
	Nic Beaudet, SR	22:30	7:15				
	Jensen Petrak, FR	22:58	7:24				
	Sam Greiman, JR	26:09	8:25				
	Ian Schlak, FR	26:09	8:25				
	Alex Pickering, SR	27:13	8:45				
2) North Polk				Score = 69			
3	Zach Spora, JR	16:07	5:11				
6	Max Spora, JR	16:18	5:15				
18	Alik McIlravy, SO	17:05	5:30				
20	Ethan Stierman, JR	17:29	5:37				
22	Austin Stierman, JR	17:36	5:40				
46	Will Ford, JR	18:56	6:06				
47	Nathan Crabb, SR	18:57	6:06				
	Carson Gibson, SO	19:02	6:08				
	Brett Postel, FR	19:24	6:15				
	Stockton Huether, FR	19:33	6:17				
	Nolan Mandernach, SO	19:34	6:18				
	Nate Bergerson, JR	19:49	6:23				
	Jacob Blattel, SO	19:54	6:24				
	Grant Aspengren, SO	20:43	6:40				
	Payton Lehman, FR	21:01	6:46				
	Ross Muhlbauer, JR	21:07	6:48				
	Luke Phillips, JR	21:25	6:54				
	Hudson Shipley, FR	22:07	7:07				
	Cole Haverman, JR	22:35	7:16				
	Cooper Bentley, FR	23:32	7:34				
	Landon Doering, JR	25:05	8:05				
3) ACGC				Score = 104			
4	Trevin Suhr, SR	16:10	5:12				
21	Justin Reinhart, JR	17:31	5:38				
24	Andrew Mahaffey, SO	17:44	5:43				
27	Bo Arrasmith, SO	17:52	5:45				
28	Noah Kading, FR	17:53	5:45				
30	Gavin Sloss, FR	18:01	5:48				
32	Lance Bunde, SO	18:12	5:51				
	Kaden Thompson, SR	18:19	5:54				
	Jackson Sloss, JR	19:38	6:19				
	Tyconder Ellis, JR	20:06	6:28				
	Jarrett McClain, SO	20:24	6:34				
	Tucker Carroll, SO	20:31	6:36				
	Carter Neff, SO	21:04	6:47				
	Easton Stringham, SO	21:10	6:49				
	Justin Davis, JR	22:28	7:14				
	Hogan Grubbs, JR	24:33	7:54				
4) Earlham				Score = 134			
2	Jayden Dickson, SR	15:58	5:08				
8	Dominic Braet, SR	16:27	5:18				
37	Owen Michael, SR	18:33	5:58				
39	Braydon Hamilton, SR	18:42	6:01				
48	Blake Tiemeyer, FR	18:58	6:06				
52	Payton Harger, SO	19:08	6:09				
64	Cole Flickinger, JR	19:40	6:20				
	Tanner Morrison, SO	20:30	6:36				
	Carson Maly, FR	20:31	6:36				
	Blake Petersen, FR	21:11	6:49				
	Tyler Johnson, JR	22:26	7:13				
5) Gilbert				Score = 154			
16	William Wadsley, JR	16:54	5:26				
26	Zain Mueller, SO	17:50	5:44				
34	Harrison Kraehling, SO	18:24	5:55				
38	Emmett Barber, FR	18:36	5:59				
40	Nolan Weber, JR	18:48	6:03				
44	Isaac Ryan, SR	18:54	6:05				
66	Weston Congdon, JR	19:46	6:22				
	Wilson Lofstedt, JR	20:07	6:28				
	John Artz, FR	20:11	6:30				
	Jack Hackett, SO	20:16	6:31				
	Nick Staudt, FR	21:07	6:48				
	Andrew Soupir, FR	21:09	6:48				
	Zeke Hatfield, FR	21:25	6:54				
	Dalton Nelson, JR	21:26	6:54				
	Charlie Mortimer, FR	21:40	6:58				
	Cameron Lenze, SR	21:42	6:59				
	Jacob Danilson, JR	21:59	7:05				
	Spencer Weydert, SO	22:14	7:09				
	Tristan Limoges, FR	22:43	7:19				
	Aldo Escelera, SO	23:42	7:38				
	Dennis May, SO	23:48	7:40				
	Adam Heuer, SR	24:16	7:49				
	Bennett Congdon, SO	24:17	7:49				
	Travis Goff, JR	25:21	8:10				
	Zuhair Sanduka, SR	25:34	8:14				
	Evan Buttery, JR	25:52	8:19				
	Aldo Schwartz, FR	27:31	8:51				
6) Kuemper Catholic				Score = 170			
7	Michael Pottebaum, SR	16:26	5:17				
23	Jacob Greving, SO	17:39	5:41				
36	Patrick Hensel, SR	18:32	5:58				
43	Ryan North, SO	18:53	6:05				
61	Carter Drake, SR	19:32	6:17				
77	Christian Best, SR	20:47	6:41				
84	Colton Hagen, SO	21:02	6:46				
	Tyler Leise, FR	22:13	7:09				
	Carter Allman, JR	25:27	8:11				
	Max Reincke, FR	25:28	8:12				
	Jake Ferneding, SR	25:43	8:17				
	James Nystrom, FR	27:06	8:44				
	Jared Craig, SR	27:52	8:58				
7) Nevada				Score = 188			
25	Owen Freeman, JR	17:47	5:43				
29	Rhett Harter, SO	17:59	5:47				
35	Rowan Steele, SO	18:29	5:57				
45	Brian Rohde, FR	18:56	6:06				
54	Frank Engstrom, SO	19:15	6:12				
55	Nick Frideres, JR	19:17	6:13				
70	Lucas Mills, SO	20:15	6:31				
	Ian Thomas, SO	21:39	6:58				
	Ryan Wessels, FR	21:45	7:00				
	Gavin Skaggs, SO	22:01	7:05				
	Will Baumann, SO	22:17	7:10				
	Caleb Gilchrist, SR	23:13	7:29				
	Ryne Erickson, SO	24:03	7:45				

