

# 2021 CASCADE INVITATIONAL

Cascade, IA

Fillmore Fairways Golf Course

Weather: Sunny, Wind S 15-25mph & 84

Thursday, September 16, 2021

## MEET OFFICIALS

**Meet Director:**

Adam Kedley

**Meet Referee:**

Steve Rutz

**Timing:**

Andrew Kauder - Kauder Racing, LLC



OFFICIAL MEET REPORT

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Race #3  
Girls 5K

Final Results

## TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Monticello	43	3-8-9-10-13(17)(26)	1:48:29	21:42	1:24.2
2 Jesup	58	1-2-5-23-27(31)(32)	1:50:55	22:11	3:42.5
3 Wahlert, Dubuque	82	4-6-20-24-28(29)(37)	1:54:50	22:58	3:23.0
4 Benton Community	98	7-11-22-25-33(39)(46)	1:56:41	23:21	3:45.2
5 Beckman Catholic, Dyersvi	101	14-15-16-21-35(41)(44)	1:57:20	23:28	2:40.8
6 Regina, Iowa City	113	12-18-19-30-34(36)(38)	1:58:52	23:47	2:46.0
7 Maquoketa	232	42-45-47-48-50	2:18:47	27:46	1:57.8
8 Anamosa	235	40-43-49-51-52(53)	2:22:28	28:30	5:15.5
DNP Maquoketa Valley, Delhi					
DNP Cascade, Western Dubuque					
DNP Calamus-Wheatland					
DNP Prince of Peace Catholic, C					
DNP Midland, Wyoming					
DNP Durant					

## INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
1 STEINES, Noelle	FR	Calamus-Wheatlan	-	18:57.2	6:06.0	3:47.4
2 WILSON, Mkenzie	FR	Jesup	1	20:39.6	6:39.0	4:07.9
3 TREPTOW, Amanda	SR	Jesup	2	20:44.5	6:40.6	4:08.9
4 ALTHOFF, Emma	JR	Monticello	3	21:02.7	6:46.4	4:12.5
5 MEYER, Ellie	SR	Wahlert, Dubuque	4	21:15.7	6:50.6	4:15.1
6 WRIGHT, Clare	SO	Jesup	5	21:17.8	6:51.3	4:15.5
7 KIRBY, Ellen	SR	Wahlert, Dubuque	6	21:20.1	6:52.0	4:16.0
8 LYONS, Jaida	SO	Benton Community	7	21:21.3	6:52.4	4:16.3
9 KRAMER, Karle	SR	Monticello	8	21:32.7	6:56.1	4:18.5
10 KOEHLER, Leah	FR	Monticello	9	21:38.7	6:58.0	4:19.7
11 CAPRON, Ava	FR	Monticello	10	21:47.9	7:01.0	4:21.6
12 RINDERKNECHT, Abby	SR	Benton Community	11	22:20.8	7:11.5	4:28.1
13 WHITAKER, Mya	JR	Regina, Iowa City	12	22:22.3	7:12.0	4:28.4
14 RECKER, Lydia	SR	Monticello	13	22:26.9	7:13.5	4:29.4
15 KRUSE, Maria	SO	Beckman Catholic,	14	22:33.4	7:15.6	4:30.7
16 REITER, Madelyn	FR	Beckman Catholic,	15	22:53.1	7:21.9	4:34.6
17 MERTZ, Julia	SO	Beckman Catholic,	16	22:55.0	7:22.6	4:35.0
18 KEHOE, Marisa	SO	Monticello	(17)	23:09.4	7:27.2	4:37.9
19 FRANKLIN, Natalie	SR	Regina, Iowa City	18	23:19.1	7:30.3	4:39.8
20 PURSLEY, Josie	SR	Regina, Iowa City	19	23:19.2	7:30.3	4:39.8
21 BELKEN, Josie	JR	Wahlert, Dubuque	20	23:31.5	7:34.3	4:42.3
22 KNEPPER, Abby	JR	Beckman Catholic,	21	23:44.0	7:38.3	4:44.8
23 JONES, Abbie	FR	Benton Community	22	23:46.5	7:39.1	4:45.3
24 TOMSON, Maddie	SR	Jesup	23	23:50.8	7:40.5	4:46.2
25 CONLIN, Anna	JR	Cascade, Western	-	24:00.0	7:43.5	4:48.0
26 VAN OTTERLOO, Anna	JR	Wahlert, Dubuque	24	24:04.0	7:44.8	4:48.8

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Final Results

## INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
27 KING, Gwen	JR	Benton Community	25	24:05.6	7:45.3	4:49.1
28 FREESE, Savannah	JR	Monticello	(26)	24:10.9	7:47.0	4:50.2
29 HANSEN, Faith	SR	Monticello	-	24:16.8	7:48.9	4:51.3
30 O'CONNOR, Natalie	SR	Jesup	27	24:22.0	7:50.6	4:52.4
31 FUSCO, Carlie Jo	JR	Durant	-	24:31.5	7:53.6	4:54.3
32 IMLER, Isabel	SO	Maquoketa Valley,	-	24:37.0	7:55.4	4:55.4
33 STEFFEN, Rylee	SO	Wahlert, Dubuque	28	24:38.6	7:55.9	4:55.7
34 PAPE, Marley	FR	Wahlert, Dubuque	(29)	24:39.8	7:56.3	4:55.9
35 HENDRICKS, Emily	JR	Monticello	-	24:40.1	7:56.4	4:56.0
36 KLITGAARD, Cate	SO	Regina, Iowa City	30	24:43.2	7:57.4	4:56.6
37 ETZEL, Triniti	SR	Monticello	-	24:46.6	7:58.5	4:57.3
38 NESBIT, Olivia	FR	Jesup	(31)	24:58.1	8:02.2	4:59.6
39 ALBERT, Mckenna	SO	Jesup	(32)	24:58.8	8:02.4	4:59.8
40 THOMA, Sydney	SR	Jesup	-	25:03.1	8:03.8	5:00.6
41 MOORE, Haiden	FR	Benton Community	33	25:06.4	8:04.9	5:01.3
42 SPIES, Alex	SR	Regina, Iowa City	34	25:08.2	8:05.4	5:01.6
43 DUDZIK, Maria	SO	Beckman Catholic,	35	25:14.2	8:07.3	5:02.8
44 HEIN, Allison	SR	Regina, Iowa City	(36)	25:38.4	8:15.1	5:07.7
45 DEHN, Anna	SO	Wahlert, Dubuque	(37)	25:45.4	8:17.4	5:09.1
46 POSTEL, Mya	JR	Monticello	-	25:47.0	8:17.9	5:09.4
47 ROHER, Katie	JR	Monticello	-	26:00.7	8:22.3	5:12.1
48 GRAHAM, Lilian	FR	Wahlert, Dubuque	-	26:07.7	8:24.6	5:13.5
49 CUSHMAN, Laura	SO	Wahlert, Dubuque	-	26:12.5	8:26.1	5:14.5
50 MUNSHOWER, Alison	SO	Wahlert, Dubuque	-	26:14.5	8:26.8	5:14.9
51 SICKELS, Keira	SO	Regina, Iowa City	(38)	26:16.5	8:27.4	5:15.3
52 DEMOSS, Jessa	SO	Benton Community	(39)	26:16.9	8:27.5	5:15.4
53 SLEEP, Leah	SO	Anamosa	40	26:17.3	8:27.7	5:15.4
54 VANDERWERF, Alexis	SR	Jesup	-	26:18.1	8:27.9	5:15.6
55 GLAWATZ, Ella	JR	Monticello	-	26:19.0	8:28.2	5:15.8
56 RECKER, Ellie	JR	Beckman Catholic,	(41)	26:30.9	8:32.1	5:18.2
57 SCHNIER, Madison	SO	Prince of Peace Cat	-	26:31.4	8:32.2	5:18.3
58 EYE, Harley	SR	Maquoketa	42	26:42.4	8:35.8	5:20.5
59 WEHRSPANN, Lydia	SO	Jesup	-	26:42.5	8:35.8	5:20.5
60 TREBON-BOYD, Amaya	FR	Jesup	-	27:11.1	8:45.0	5:26.2
61 SCRANTON, Ava	JR	Anamosa	43	27:23.2	8:48.9	5:28.6
62 PATTERSON, JoAnna	FR	Monticello	-	27:26.6	8:50.0	5:29.3
63 REITER, Sydney	SR	Beckman Catholic,	(44)	27:32.2	8:51.8	5:30.4
64 SIMMONS, Ali	SO	Maquoketa	45	27:35.6	8:52.9	5:31.1
65 WACEK, Kierstyn	FR	Benton Community	(46)	27:38.4	8:53.8	5:31.7
66 VERNHAGEN, Lauren	SO	Monticello	-	27:41.6	8:54.8	5:32.3
67 MCDERMOTT, Olivia	SO	Maquoketa	47	27:44.8	8:55.8	5:33.0
68 CRAWFORD, Jessica	SR	Benton Community	-	27:51.3	8:57.9	5:34.2
69 THIER, Jordan	JR	Beckman Catholic,	-	27:54.6	8:59.0	5:34.9
70 SCHUTTE, Karlie	FR	Jesup	-	27:55.0	8:59.1	5:35.0
71 PAYTON, Ariana	SR	Maquoketa	48	28:04.2	9:02.1	5:36.8
72 SHAW, Olivia	FR	Anamosa	49	28:09.1	9:03.7	5:37.8

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**Race #3  
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**Final Results**
**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
73 STADTMUELLER, Jackie	JR	Monticello	-	28:15.5	9:05.7	5:39.1
74 TOPPING, Lilly	JR	Cascade, Western	-	28:16.8	9:06.1	5:39.4
75 BOSE, Peyton	FR	Jesup	-	28:23.6	9:08.3	5:40.7
76 NIE, Halie	SR	Jesup	-	28:38.5	9:13.1	5:43.7
77 HOVEY, Brittney	SR	Maquoketa	50	28:40.2	9:13.7	5:44.0
78 KUNDE, Kaitlin	FR	Midland, Wyoming	-	28:44.1	9:14.9	5:44.8
79 JOSS, Alexa	SR	Regina, Iowa City	-	28:57.5	9:19.2	5:47.5
80 EVANS, Riley	SO	Monticello	-	29:00.5	9:20.2	5:48.1
81 WAGNER, Maggie	JR	Anamosa	51	29:05.6	9:21.8	5:49.1
82 BUSH, McKenna	FR	Maquoketa Valley,	-	29:07.6	9:22.5	5:49.5
83 BRAUN, Paula	SR	Beckman Catholic,	-	29:18.1	9:25.9	5:51.6
84 GREBNER, Marie	FR	Beckman Catholic,	-	29:18.1	9:25.9	5:51.6
85 REA, Mallory	SO	Beckman Catholic,	-	29:18.5	9:26.0	5:51.7
86 SCHWAKE, Emma	JR	Benton Community	-	29:19.3	9:26.2	5:51.8
87 THORSON, Camille	SO	Jesup	-	29:25.2	9:28.2	5:53.0
88 REED, Mary	JR	Beckman Catholic,	-	29:39.9	9:32.9	5:56.0
89 BRIDGEWATER, Whitney	JR	Benton Community	-	29:56.4	9:38.2	5:59.3
90 ZELLE, Katelyn	FR	Jesup	-	29:58.2	9:38.8	5:59.6
91 HOGAN, Jordan	SR	Maquoketa Valley,	-	30:10.5	9:42.7	6:02.1
92 GOEDKEN, Chloe	FR	Beckman Catholic,	-	30:13.8	9:43.8	6:02.8
93 BOILEAU, Faith	SO	Regina, Iowa City	-	30:16.8	9:44.8	6:03.4
94 MANTERNACH, Tatum	JR	Wahlert, Dubuque	-	30:29.6	9:48.9	6:05.9
95 VIRTUE, Lydia	FR	Wahlert, Dubuque	-	31:20.1	10:05.1	6:16.0
96 WHITSON, Emma	SO	Anamosa	52	31:32.7	10:09.2	6:18.5
97 SCHUG, Kaitlyn	SO	Jesup	-	31:49.3	10:14.5	6:21.9
98 MOESTCHEN, Lily	FR	Monticello	-	31:52.4	10:15.5	6:22.5
99 HELGENS, Caejyn	FR	Anamosa	(53)	32:29.5	10:27.5	6:29.9
100 GLAWE, Ana	FR	Benton Community	-	32:48.8	10:33.7	6:33.8
101 GREVING, Ally	SR	Regina, Iowa City	-	32:56.6	10:36.2	6:35.3
102 FOY, Lydia	JR	Wahlert, Dubuque	-	33:13.3	10:41.6	6:38.7
103 BEHN, Sage	FR	Jesup	-	33:41.8	10:50.7	6:44.3
104 SAUSER, Ella	FR	Monticello	-	34:11.0	11:00.1	6:50.2
105 HOGAN, Allison	SO	Maquoketa Valley,	-	34:59.7	11:15.8	6:59.9
106 PORTZEN, Payton	FR	Wahlert, Dubuque	-	35:25.6	11:24.1	7:05.1
107 SLAGHT, Caroline	SR	Wahlert, Dubuque	-	36:04.7	11:36.7	7:12.9
108 GILLE, Madison	SR	Wahlert, Dubuque	-	36:05.1	11:36.9	7:13.0
109 KANE, Kelley	SO	Jesup	-	36:08.7	11:38.0	7:13.7
110 KREMER, Delaney	FR	Cascade, Western	-	36:15.9	11:40.3	7:15.2

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Race #4  
Boys 5K

Final Results

## TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Maquoketa Valley, Delhi	80	4-5-9-26-36(49)(50)	1:34:46	18:58	2:30.7
2 Regina, Iowa City	88	3-15-21-22-27(46)(47)	1:36:40	19:20	2:05.9
3 Wahlert, Dubuque	96	2-11-19-31-33(41)(51)	1:36:28	19:18	2:32.3
4 Benton Community	104	7-12-14-29-42(43)(53)	1:37:50	19:34	2:08.7
5 Monticello	113	13-18-20-30-32(34)(35)	1:38:41	19:45	0:48.6
6 Anamosa	133	8-17-23-37-48(60)(66)	1:39:32	19:55	2:32.3
7 Cascade, Western Dubuque	167	10-16-39-40-62(65)(68)	1:41:58	20:24	4:04.9
8 Jesup	172	1-25-38-52-56(57)(59)	1:41:01	20:13	4:08.4
9 Prince of Peace Catholic, C	260	6-44-63-72-75(80)	1:52:31	22:31	8:10.4
10 Calamus-Wheatland	280	24-28-74-76-78	2:03:53	24:47	10:13.2
11 Beckman Catholic, Dyersvi	283	45-55-58-61-64(69)(71)	1:49:33	21:55	1:55.5
12 Midland, Wyoming	341	54-67-70-73-77(79)	2:03:03	24:37	6:41.7
DNP Maquoketa					
DNP Durant					

## INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
1 EVANS, Nolan	SR	Jesup	1	17:29.6	5:37.8	3:29.9
2 HANCOCK, Carter	SR	Wahlert, Dubuque	2	17:43.3	5:42.2	3:32.7
3 O'NEIL, Aidan	SO	Regina, Iowa City	3	17:48.3	5:43.8	3:33.6
4 RIES, Nolan	SR	Maquoketa Valley,	4	17:53.1	5:45.4	3:34.6
5 HUBER, Cy	SR	Maquoketa Valley,	5	17:57.6	5:46.8	3:35.5
6 BLOUNT, Marcus	JR	Prince of Peace Cat	6	18:05.1	5:49.3	3:37.0
7 SCHULTE, Trey	JR	Benton Community	7	18:29.6	5:57.1	3:41.9
8 KEISTER, Shea	JR	Anamosa	8	18:38.7	6:00.1	3:43.7
9 SCHAUL, Michael	SR	Maquoketa Valley,	9	18:38.8	6:00.1	3:43.7
10 KNEPPER, Adam	JR	Cascade, Western	10	18:40.0	6:00.5	3:44.0
11 MARTINEAU, Nolan	SR	Wahlert, Dubuque	11	18:43.0	6:01.5	3:44.6
12 MORRIS, Isaac	SO	Benton Community	12	19:17.2	6:12.4	3:51.4
13 MILLER, Jacob	JR	Monticello	13	19:20.3	6:13.4	3:52.0
14 SADLER, Owen	SR	Benton Community	14	19:20.4	6:13.5	3:52.1
15 MALEY, Joe	JR	Regina, Iowa City	15	19:21.1	6:13.7	3:52.2
16 NADEAU, Max	JR	Cascade, Western	16	19:21.7	6:13.9	3:52.3
17 PATE, Drew	SR	Anamosa	17	19:22.9	6:14.3	3:52.6
18 HOSPODARSKY, Grant	SR	Monticello	18	19:23.9	6:14.6	3:52.8
19 AUER, Gabriel	JR	Wahlert, Dubuque	19	19:39.4	6:19.6	3:55.9
20 SPENCE, Walker	JR	Monticello	20	19:41.7	6:20.3	3:56.3
21 BOBLENZ, Adam	SR	Regina, Iowa City	21	19:46.8	6:22.0	3:57.4
22 WELTER, Sam	FR	Regina, Iowa City	22	19:49.6	6:22.9	3:57.9
23 COUNTRYMAN, Seth	FR	Anamosa	23	19:50.6	6:23.2	3:58.1
24 RIEDESEL, Jackson	SO	Calamus-Wheatlan	24	19:51.0	6:23.3	3:58.2
25 ROTTINGHAUS, Kile	SR	Jesup	25	19:51.2	6:23.4	3:58.2
26 RAVE, Arion	FR	Maquoketa Valley,	26	19:52.1	6:23.7	3:58.4

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27 SMITH, Riordan	SO	Regina, Iowa City	27	19:54.1	6:24.3	3:58.8
28 RIEDESEL, Logan	FR	Calamus-Wheatlan	28	19:55.5	6:24.8	3:59.1
29 LANGE, Ryan	SR	Benton Community	29	20:04.1	6:27.6	4:00.8
30 OSWALD, Alex	SO	Monticello	30	20:05.6	6:28.0	4:01.1
31 CHAPMAN, Joe	SR	Wahlert, Dubuque	31	20:05.8	6:28.1	4:01.2
32 TEMPLE, Ian	JR	Monticello	32	20:08.8	6:29.1	4:01.8
33 FREUND, Walter	FR	Wahlert, Dubuque	33	20:15.6	6:31.3	4:03.1
34 PONDER, Dylan	JR	Monticello	(34)	20:16.6	6:31.6	4:03.3
35 KURT, Carter	SR	Monticello	(35)	20:18.5	6:32.2	4:03.7
36 SCHAUL, Matthew	FR	Maquoketa Valley,	36	20:23.8	6:33.9	4:04.7
37 LOEHR, Caleb	JR	Anamosa	37	20:28.2	6:35.3	4:05.6
38 GONZALEZ, Ayden	SO	Jesup	38	20:34.4	6:37.3	4:06.9
39 TRUMM, Davis	SR	Cascade, Western	39	20:35.0	6:37.5	4:07.0
40 COOK, Lane	FR	Cascade, Western	40	20:35.8	6:37.8	4:07.2
41 OBERFOELL, Wilson	SR	Wahlert, Dubuque	(41)	20:36.0	6:37.8	4:07.2
42 RICKLEFS, Marcus	SO	Benton Community	42	20:38.2	6:38.5	4:07.6
43 TOMKINS, Hayden	JR	Monticello	-	20:42.6	6:39.9	4:08.5
44 SCHULTZ, Brandon	JR	Benton Community	(43)	20:53.0	6:43.3	4:10.6
45 RUDEN, Tate	FR	Prince of Peace Cat	44	20:53.7	6:43.5	4:10.7
46 NIETERT, Cord	JR	Monticello	-	20:54.8	6:43.9	4:10.9
47 SCHLARMANN, Jacob	SO	Beckman Catholic,	45	20:56.5	6:44.4	4:11.3
48 OLNEY, Colin	SO	Regina, Iowa City	(46)	20:58.0	6:44.9	4:11.6
49 GRAVER, Reeve	FR	Monticello	-	21:00.4	6:45.7	4:12.1
50 MALEY, Dan	JR	Regina, Iowa City	(47)	21:10.3	6:48.9	4:14.1
51 WILMOTH, Gabe	FR	Anamosa	48	21:10.9	6:49.1	4:14.2
52 LIVINGSTON, George	SO	Maquoketa Valley,	(49)	21:18.9	6:51.6	4:15.8
53 GRIMM, Toby	SO	Maquoketa Valley,	(50)	21:23.3	6:53.0	4:16.6
54 NEWLIN, Murphy	SR	Wahlert, Dubuque	(51)	21:23.4	6:53.1	4:16.7
55 POLYAK, Joe	SO	Regina, Iowa City	-	21:25.3	6:53.7	4:17.1
56 WEHRSPAN, Silas	SR	Jesup	52	21:28.0	6:54.5	4:17.6
57 LANGE, Luke	FR	Benton Community	(53)	21:28.7	6:54.8	4:17.7
58 RICKELS, Trenton	SR	Midland, Wyoming	54	21:34.3	6:56.6	4:18.9
59 SCHNEIDER, Joe	JR	Beckman Catholic,	55	21:34.9	6:56.8	4:19.0
60 NEWLIN, Sullivan	SO	Wahlert, Dubuque	-	21:35.5	6:57.0	4:19.1
61 NAAB, Jacob	FR	Maquoketa	-	21:37.0	6:57.5	4:19.4
62 HERRERA-SINNWELL, Emili	SO	Regina, Iowa City	-	21:37.6	6:57.7	4:19.5
63 PINT, Nathan	FR	Jesup	56	21:38.0	6:57.8	4:19.6
64 SAUSER, Nathan	JR	Monticello	-	21:41.6	6:58.9	4:20.3
65 NOLAN, Tyler	SO	Jesup	(57)	21:42.4	6:59.2	4:20.5
66 KIBURZ, Royce	FR	Monticello	-	21:45.3	7:00.1	4:21.1
67 REA, Spencer	JR	Beckman Catholic,	58	21:52.0	7:02.3	4:22.4
68 FRASHER, Landin	JR	Maquoketa Valley,	-	21:52.0	7:02.3	4:22.4
69 POWERS, Kyle	FR	Wahlert, Dubuque	-	21:55.9	7:03.5	4:23.2
70 SCHRACK, Eden	SO	Wahlert, Dubuque	-	21:56.9	7:03.9	4:23.4
71 DARDIS, Lincoln	FR	Regina, Iowa City	-	21:59.3	7:04.6	4:23.9
72 WILSON, Kyle	JR	Jesup	(59)	22:01.3	7:05.3	4:24.3

# 2021 CASCADE INVITATIONAL

Cascade, IA

Fillmore Fairways Golf Course

Weather: Sunny, Wind S 15-25mph & 84

Thursday, September 16, 2021

## MEET OFFICIALS

**Meet Director:**

Adam Kedley

**Meet Referee:**

Steve Rutz

**Timing:**

Andrew Kauder - Kauder Racing, LLC



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Race #4  
Boys 5K

Final Results

## INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
73 WEERS, Tristan	SR	Anamosa	(60)	22:07.4	7:07.2	4:25.5
74 DOMEYER, Parker	FR	Beckman Catholic,	61	22:17.1	7:10.3	4:27.4
75 WEST, Tristan	SR	Benton Community	-	22:26.0	7:13.2	4:29.2
76 BOBLENZ, Will	SO	Regina, Iowa City	-	22:36.6	7:16.6	4:31.3
77 MANTERNACH, Nathaniel	SO	Cascade, Western	62	22:44.8	7:19.3	4:33.0
78 BERRY, Erik	SO	Prince of Peace Cat	63	22:50.7	7:21.2	4:34.1
79 GREBNER, John Paul	JR	Beckman Catholic,	64	22:51.9	7:21.6	4:34.4
80 KLAPATAUSKAS, Nick	FR	Wahlert, Dubuque	-	22:55.4	7:22.7	4:35.1
81 LIVINGSTON, Caleb	SR	Maquoketa Valley,	-	22:59.1	7:23.9	4:35.8
82 VEGA-VEGA, Giovanni	SO	Cascade, Western	(65)	23:01.4	7:24.6	4:36.3
83 PRULL, Alex	FR	Monticello	-	23:04.5	7:25.6	4:36.9
84 WILMOTH, Kolin	SR	Anamosa	(66)	23:10.1	7:27.4	4:38.0
85 LOEHR, Jacob	JR	Anamosa	-	23:10.1	7:27.4	4:38.0
86 BERG, Holden	SO	Regina, Iowa City	-	23:11.0	7:27.7	4:38.2
87 DOWNEY, Breckin	SO	Maquoketa	-	23:16.3	7:29.4	4:39.2
88 EASTIN, Connor	FR	Monticello	-	23:19.0	7:30.3	4:39.8
89 FRANA, Vincent	SO	Maquoketa	-	23:19.9	7:30.6	4:40.0
90 KUNDE, Tristan	SO	Midland, Wyoming	67	23:23.5	7:31.7	4:40.7
91 KAALBERG, Andrew	FR	Cascade, Western	(68)	23:23.7	7:31.8	4:40.7
92 BARNETT, Jacob	SR	Regina, Iowa City	-	23:24.8	7:32.1	4:41.0
93 KEISTER, Braeden	FR	Anamosa	-	23:25.8	7:32.5	4:41.2
94 KENNEDY, Sam	FR	Wahlert, Dubuque	-	23:27.4	7:33.0	4:41.5
95 FRANA, Victor	FR	Maquoketa	-	23:29.0	7:33.5	4:41.8
96 RECKER, Auden	SR	Beckman Catholic,	(69)	23:29.9	7:33.8	4:42.0
97 TOPPING, Trenten	FR	Cascade, Western	-	23:32.7	7:34.7	4:42.5
98 MERFELD, Eli	FR	Cascade, Western	-	23:33.0	7:34.8	4:42.6
99 STARR, Race	FR	Durant	-	23:38.6	7:36.6	4:43.7
100 WEBBER, Noah	SR	Monticello	-	23:44.0	7:38.3	4:44.8
101 RULEY, Jayson	FR	Midland, Wyoming	70	23:47.2	7:39.3	4:45.4
102 PRY, Sean	JR	Cascade, Western	-	23:47.9	7:39.6	4:45.6
103 MCGRANE, Cassius	SR	Beckman Catholic,	(71)	23:54.8	7:41.8	4:47.0
104 NIETERT, Cole	JR	Monticello	-	23:56.3	7:42.3	4:47.3
105 GRIMM, Bryton	JR	Benton Community	-	24:02.8	7:44.4	4:48.6
106 CHRISTIANS, Dane	SR	Regina, Iowa City	-	24:08.8	7:46.3	4:49.8
107 KUPER, Trey	SR	Monticello	-	24:12.1	7:47.4	4:50.4
108 EIKE, Brady	FR	Maquoketa Valley,	-	24:14.9	7:48.3	4:51.0
109 BRUNSMAN, Shawn	FR	Beckman Catholic,	-	24:16.2	7:48.7	4:51.2
110 ARAIZA, Luis	FR	Benton Community	-	24:18.0	7:49.3	4:51.6
111 SCHLARmann, Ryan	SR	Beckman Catholic,	-	24:20.8	7:50.2	4:52.2
112 NUEHRING, Karsten	FR	Jesup	-	24:21.2	7:50.3	4:52.2
113 POWELL, Hakael	FR	Prince of Peace Cat	72	24:26.2	7:51.9	4:53.2
114 FELDMANN, Payton	SO	Cascade, Western	-	24:37.8	7:55.7	4:55.6
115 LUECKENOTTO, Isaac	SR	Benton Community	-	24:39.0	7:56.0	4:55.8
116 CIESLIESKI, Jarrett	SR	Jesup	-	24:52.9	8:00.5	4:58.6
117 THOMA, Jack	SR	Jesup	-	24:53.2	8:00.6	4:58.6
118 LLOYD, Charly	FR	Monticello	-	25:04.7	8:04.3	5:00.9

**2021 CASCADE INVITATIONAL**

Cascade, IA

Fillmore Fairways Golf Course

Weather: Sunny, Wind S 15-25mph &amp; 84

Thursday, September 16, 2021

**MEET OFFICIALS****Meet Director:**

Adam Kedley

**Meet Referee:**

Steve Rutz

**Timing:**

Andrew Kauder - Kauder Racing, LLC

**OFFICIAL MEET REPORT**

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**Race #4  
Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
119 MORONEY, Nick	FR	Wahlert, Dubuque	-	25:17.2	8:08.3	5:03.4
120 SHADY, Kyle	SR	Monticello	-	25:34.0	8:13.7	5:06.8
121 SKYLAR, Hollett	SO	Anamosa	-	25:40.7	8:15.9	5:08.1
122 RICHARDSON, William	SO	Durant	-	25:59.2	8:21.8	5:11.8
123 SMITH, Milo	JR	Midland, Wyoming	73	26:02.3	8:22.8	5:12.4
124 SALRIN, Andrew	SO	Beckman Catholic,	-	26:03.3	8:23.2	5:12.7
125 KOOPMANN, Erik	SR	Beckman Catholic,	-	26:11.6	8:25.8	5:14.3
126 SEDGWICK, Austin	SO	Calamus-Wheatlan	74	26:11.6	8:25.8	5:14.3
127 DARSIDAN, Liam	FR	Prince of Peace Cat	75	26:15.5	8:27.1	5:15.1
128 WESTHOFF, Isaac	JR	Beckman Catholic,	-	26:29.7	8:31.7	5:17.9
129 BURLAGE, Devin	SR	Beckman Catholic,	-	26:37.4	8:34.2	5:19.5
130 NELSON, Sam	FR	Wahlert, Dubuque	-	26:47.9	8:37.5	5:21.6
131 HAVILL, Braeton	FR	Benton Community	-	27:29.3	8:50.8	5:29.9
132 HYNICK, Connor	JR	Monticello	-	27:44.7	8:55.8	5:32.9
133 CAVEY, Collin	SR	Calamus-Wheatlan	76	27:50.6	8:57.7	5:34.1
134 NOONAN, Peter	JR	Cascade, Western	-	28:15.8	9:05.8	5:39.2
135 BENTLEY, Jay	JR	Midland, Wyoming	77	28:16.0	9:05.9	5:39.2
136 BROWN, Ean	JR	Beckman Catholic,	-	28:34.0	9:11.7	5:42.8
137 HELLE, Zach	FR	Beckman Catholic,	-	28:42.4	9:14.4	5:44.5
138 SANDS, Kaiser	FR	Calamus-Wheatlan	78	30:04.2	9:40.7	6:00.8
139 KIEFFER, Cayden	SO	Jesup	-	30:37.4	9:51.4	6:07.5
140 RUSHFORD, Bryce	SR	Midland, Wyoming	(79)	33:12.0	10:41.2	6:38.4
141 CHARLES, Sebastian	FR	Maquoketa Valley,	-	35:29.6	11:25.4	7:05.9
142 MALUEG, Joey	SO	Prince of Peace Cat	(80)	35:58.9	11:34.9	7:11.8

# 2021 CASCADE INVITATIONAL

Cascade, IA

Fillmore Fairways Golf Course

Weather: Sunny, Wind S 15-25mph & 84

Thursday, September 16, 2021

## MEET OFFICIALS

**Meet Director:**

Adam Kedley

**Meet Referee:**

Steve Rutz

**Timing:**

Andrew Kauder - Kauder Racing, LLC



OFFICIAL MEET REPORT

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Race #1  
MS Girls

Final Results

## TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Cascade	41	1-7-14-19(24)	1:05:30	16:23	4:13.1
2 Anamosa	47	9-10-13-15(30)	1:07:48	16:57	0:36.2
3 Maquoketa	53	2-5-8-38	1:07:03	16:46	7:05.1
4 Jesup	62	3-18-20-21(33)(36)	1:10:10	17:33	4:23.2
5 West Delaware	69	11-16-17-25(28)(37)	1:11:59	18:00	3:01.2
6 Monticello	83	6-22-26-29(31)	1:14:57	18:45	4:38.2
7 Maquoketa Valley	89	4-23-27-35	1:14:55	18:44	6:39.0
8 Beckman Catholic	117	12-32-34-39(40)(41)	1:20:10	20:03	4:49.8
DNP Calamus-Wheatland					

## INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
1 KELCHEN, Hallie	8	Cascade	1	14:11.7	7:05.8	4:24.5
2 HARDIN, Izzy	8	Maquoketa	2	14:21.5	7:10.7	4:27.5
3 BERGMAN, Jordyn	7	Jesup	3	14:29.3	7:14.6	4:30.0
4 BURBRIDGE, Taryn	8	Maquoketa Valley	4	14:29.6	7:14.8	4:30.0
5 ARMBRUSTER, Justice	8	Maquoketa	5	14:49.5	7:24.7	4:36.2
6 RECKER, Halle	8	Monticello	6	15:35.1	7:47.5	4:50.4
7 SUPPLE, Lilly	8	Cascade	7	15:36.7	7:48.3	4:50.9
8 FRANA, Simone	8	Maquoketa	8	16:24.6	8:12.3	5:05.8
9 REMLEY, Ava	8	Anamosa	9	16:40.4	8:20.2	5:10.7
10 UTHOFF, Rheagyn	8	Anamosa	10	16:45.4	8:22.7	5:12.2
11 O'REAR, Anna	8	West Delaware	11	16:47.9	8:23.9	5:13.0
12 DOMEYER, Autumn	7	Beckman Catholic	12	16:48.1	8:24.0	5:13.1
13 WHITSON, Leah	8	Anamosa	13	17:05.0	8:32.5	5:18.3
14 TRUMM, Annie	8	Cascade	14	17:16.2	8:38.1	5:21.8
15 OLTMANNNS, Lauren	7	Anamosa	15	17:16.6	8:38.3	5:21.9
16 KARTMAN, Brynn	7	West Delaware	16	17:37.9	8:48.9	5:28.5
17 LYNCH, Charly	7	West Delaware	17	17:43.5	8:51.7	5:30.3
18 STEVENS, Natalie	8	Jesup	18	18:00.8	9:00.4	5:35.6
19 LOES, Maggie	7	Cascade	19	18:24.7	9:12.3	5:43.1
20 FORSSBERG, Maia	7	Jesup	20	18:47.3	9:23.6	5:50.1
21 DEVORE, Ella	7	Jesup	21	18:52.4	9:26.2	5:51.7
22 VERHAGEN, Emmerson	7	Monticello	22	19:00.1	9:30.0	5:54.1
23 RUDD, Emily	8	Maquoketa Valley	23	19:08.3	9:34.1	5:56.6
24 NOONAN, Hanna	7	Cascade	(24)	19:38.4	9:49.2	6:06.0
25 ANTE, Brooklin	8	West Delaware	25	19:49.1	9:54.5	6:09.3
26 STADTMUELLER, Katie	7	Monticello	26	20:08.4	10:04.2	6:15.3
27 FLANNAGAN, Haydin	7	Maquoketa Valley	27	20:08.4	10:04.2	6:15.3
28 BARDGETT, Alaina	8	West Delaware	(28)	20:11.3	10:05.6	6:16.2
29 SCHEMMEL, Leah	8	Monticello	29	20:13.3	10:06.6	6:16.8
30 FORT, Audrey	8	Anamosa	(30)	20:14.3	10:07.1	6:17.1
31 WRIGHT, Lilly	8	Monticello	(31)	20:30.6	10:15.3	6:22.2
32 SCHNEIDER, Andrea	7	Beckman Catholic	32	20:37.4	10:18.7	6:24.3

**2021 CASCADE INVITATIONAL**

Cascade, IA

Fillmore Fairways Golf Course

Weather: Sunny, Wind S 15-25mph &amp; 84

Thursday, September 16, 2021

**MEET OFFICIALS****Meet Director:**

Adam Kedley

**Meet Referee:**

Steve Rutz

**Timing:**

Andrew Kauder - Kauder Racing, LLC

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**Race #1  
MS Girls****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
33 WEHRSPANN, Marta	7	Jesup	(33)	21:00.2	10:30.1	6:31.4
34 MCGRANE, Maria	8	Beckman Catholic	34	21:06.5	10:33.2	6:33.3
35 KRAFT, Elizabeth	8	Maquoketa Valley	35	21:08.5	10:34.2	6:33.9
36 MENSCHING, Cece	8	Jesup	(36)	21:15.9	10:37.9	6:36.2
37 MENSEN, Erin	8	West Delaware	(37)	21:18.0	10:39.0	6:36.9
38 PALMER, Natalie	7	West Delaware	-	21:24.4	10:42.2	6:38.9
39 NELSON, Ella	7	Maquoketa	38	21:26.6	10:43.3	6:39.5
40 MCGRANE, Catalina	7	Beckman Catholic	39	21:37.9	10:48.9	6:43.1
41 DEVORE, Elizabeth	7	Jesup	-	21:41.2	10:50.6	6:44.1
42 HOEGER, Gloria	7	Beckman Catholic	(40)	22:03.2	11:01.6	6:50.9
43 HINES, Lena	8	Calamus-Wheatlan	-	22:21.4	11:10.7	6:56.6
44 LOECKE, Emma	7	West Delaware	-	24:41.7	12:20.8	7:40.1
45 HEILEMAN, Peyton	8	Calamus-Wheatlan	-	25:33.7	12:46.8	7:56.3
46 GEISTKEMPER, Cheyenne	8	Beckman Catholic	(41)	25:34.1	12:47.0	7:56.4

# 2021 CASCADE INVITATIONAL

Cascade, IA

Fillmore Fairways Golf Course

Weather: Sunny, Wind S 15-25mph & 84

Thursday, September 16, 2021

## MEET OFFICIALS

**Meet Director:**

Adam Kedley

**Meet Referee:**

Steve Rutz

**Timing:**

Andrew Kauder - Kauder Racing, LLC



OFFICIAL MEET REPORT

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Race #2  
MS Boys

Final Results

## TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Beckman Catholic	35	3-5-10-17(20)(25)	58:48	14:42	1:40.6
2 Jesup	45	4-7-8-26(27)(28)	59:39	14:55	2:35.2
3 West Delaware	72	11-14-15-32(40)(42)	1:03:15	15:49	2:00.1
4 Monticello	76	2-16-22-36(37)(38)	1:02:37	15:40	4:33.5
5 Prince of Peace Catholic	81	12-19-21-29(30)(33)	1:04:12	16:03	1:44.3
6 Maquoketa	89	1-9-34-45	1:08:33	17:09	10:35.0
7 Calamus-Wheatland	91	6-13-31-41(44)	1:06:17	16:35	5:02.3
8 Anamosa	100	18-23-24-35(39)(43)	1:05:42	16:26	1:45.1
DNP Cascade					
DNP Midland, Wyoming					

## INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
1 NOTZ, Max	8	Maquoketa	1	12:50.2	6:25.1	3:59.2
2 ALTHOFF, Aedan	8	Monticello	2	13:09.7	6:34.8	4:05.2
3 SCHLARmann, Andrew	8	Beckman Catholic	3	13:54.2	6:57.1	4:19.1
4 LANGE, Kaden	8	Jesup	4	13:59.7	6:59.8	4:20.8
5 GAUL, Adam	8	Beckman Catholic	5	14:12.7	7:06.3	4:24.8
6 MOHR, Mason	8	Calamus-Wheatlan	6	14:23.2	7:11.6	4:28.1
7 O'CONNOR, Vincent	7	Jesup	7	14:28.0	7:14.0	4:29.6
8 NESBIT, Will	8	Jesup	8	14:35.8	7:17.9	4:32.0
9 DEFOREST, Conner	8	Maquoketa	9	14:59.4	7:29.7	4:39.3
10 DUDZIK, Danny	8	Beckman Catholic	10	15:05.9	7:32.9	4:41.3
11 URBAIN, Colten	7	Cascade	-	15:11.9	7:35.9	4:43.2
12 FELDMANN, Lance	8	West Delaware	11	15:13.3	7:36.6	4:43.6
13 HUGGARD, Rashaud	8	Prince of Peace Cat	12	15:18.7	7:39.3	4:45.3
14 YADDOF, Aidan	8	Calamus-Wheatlan	13	15:21.8	7:40.9	4:46.3
15 WHITE, Brendan	7	West Delaware	14	15:23.9	7:42.0	4:46.9
16 WOOTEN, Kyler	8	West Delaware	15	15:24.0	7:42.0	4:46.9
17 SCHNOOR, Mace	8	Monticello	16	15:30.3	7:45.1	4:48.9
18 ENGLER, Brenndan	8	Beckman Catholic	17	15:34.7	7:47.3	4:50.3
19 LASACK, Parker	7	Anamosa	18	15:42.4	7:51.2	4:52.7
20 KEIS, Nolan	8	Prince of Peace Cat	19	15:47.0	7:53.5	4:54.1
21 GOERDT, Steffen	7	Beckman Catholic	(20)	15:49.4	7:54.7	4:54.8
22 GREVE, Ryan	7	Prince of Peace Cat	21	16:02.7	8:01.3	4:59.0
23 TOPPING, Tanner	7	Cascade	-	16:10.2	8:05.1	5:01.3
24 GASSMAN, Grant	8	Monticello	22	16:13.7	8:06.8	5:02.4
25 BEHRENDS, Jake	8	Anamosa	23	16:15.7	8:07.8	5:03.0
26 EMBREE, Griffin	8	Anamosa	24	16:16.1	8:08.0	5:03.1
27 REITER, Levi	7	Beckman Catholic	(25)	16:29.8	8:14.9	5:07.4
28 EVANS, Nash	7	Jesup	26	16:34.8	8:17.4	5:08.9
29 ALBERT, Lennox	7	Jesup	(27)	16:37.0	8:18.5	5:09.6
30 FUELING, Camden	8	Jesup	(28)	16:54.2	8:27.1	5:15.0
31 SISNEROS, Sam	8	Prince of Peace Cat	29	17:02.9	8:31.4	5:17.7

# 2021 CASCADE INVITATIONAL

Cascade, IA

Fillmore Fairways Golf Course

Weather: Sunny, Wind S 15-25mph & 84

Thursday, September 16, 2021

## MEET OFFICIALS

**Meet Director:**

Adam Kedley

**Meet Referee:**

Steve Rutz

**Timing:**

Andrew Kauder - Kauder Racing, LLC



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Race #2  
MS Boys

Final Results

## INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
32 VAN HYFTE, Tyler	8	Prince of Peace Cat	(30)	17:05.4	8:32.7	5:18.4
33 RICKERTSEN, Alex	8	Calamus-Wheatlan	31	17:06.2	8:33.1	5:18.7
34 MENARD, Trent	8	West Delaware	32	17:13.3	8:36.6	5:20.9
35 BELLICH, Liam	7	Prince of Peace Cat	(33)	17:16.6	8:38.3	5:21.9
36 SMITH, Mason	8	Maquoketa	34	17:18.1	8:39.0	5:22.4
37 KRAPFL, Jackson	8	Beckman Catholic	-	17:24.9	8:42.4	5:24.5
38 SPARRGROVE, Mason	7	Anamosa	35	17:27.4	8:43.7	5:25.3
39 DUDZIK, Tommy	7	Beckman Catholic	-	17:41.2	8:50.6	5:29.5
40 WELTER, Ben	8	Monticello	36	17:43.2	8:51.6	5:30.2
41 LESLIE, Kyler	7	Prince of Peace Cat	-	18:00.3	9:00.1	5:35.5
42 ARRIAGA, Alan	7	Monticello	(37)	18:00.8	9:00.4	5:35.6
43 KRAUS, Gabe	7	Monticello	(38)	18:03.5	9:01.7	5:36.5
44 BOEHLER, Colin	7	Anamosa	(39)	18:16.1	9:08.0	5:40.4
45 RONNENBERG, Rhett	8	West Delaware	(40)	18:27.8	9:13.9	5:44.0
46 RICKELS, Emmit	7	Monticello	-	18:41.0	9:20.5	5:48.1
47 LOVE, Brennan	8	Monticello	-	19:07.7	9:33.8	5:56.4
48 DUNN, David	7	Calamus-Wheatlan	41	19:25.5	9:42.7	6:02.0
49 LONG, Tate	8	Monticello	-	19:29.6	9:44.8	6:03.2
50 DEVLIN, Andrew	8	Jesup	-	19:56.5	9:58.3	6:11.6
51 LUENSMANN, Cole	7	Beckman Catholic	-	20:07.1	10:03.5	6:14.9
52 GONAZALEZ, Devin	7	West Delaware	(42)	20:07.6	10:03.8	6:15.0
53 TUCKER, Hayden	7	West Delaware	-	20:10.9	10:05.4	6:16.0
54 THILL, Greg	8	Prince of Peace Cat	-	20:20.6	10:10.3	6:19.1
55 BEANBLOSSOM, Matthew	7	Monticello	-	20:25.6	10:12.8	6:20.6
56 JACKSON, Ethan	8	Anamosa	(43)	20:31.3	10:15.6	6:22.4
57 HAAS, Kaiden	8	West Delaware	-	20:41.7	10:20.8	6:25.6
58 SADLER, David	8	Jesup	-	20:55.1	10:27.6	6:29.8
59 BARNHART, Tayveon	7	Beckman Catholic	-	21:15.4	10:37.7	6:36.1
60 COOK, Alec	8	Cascade	-	22:01.8	11:00.9	6:50.5
61 GORANSON, Vaughn	8	West Delaware	-	22:09.7	11:04.8	6:52.9
62 QUINT, Phinehas	7	West Delaware	-	22:10.4	11:05.2	6:53.2
63 SMITH, Max	7	Prince of Peace Cat	-	22:17.9	11:09.0	6:55.5
64 WILL, Dalton	7	Calamus-Wheatlan	(44)	22:32.7	11:16.3	7:00.1
65 BAYLES, Thane	7	Maquoketa	45	23:25.1	11:42.5	7:16.4
66 KUNDE, Brandon	7	Midland, Wyoming	-	23:33.3	11:46.6	7:18.9
67 CHOPARD, Aiden	8	West Delaware	-	23:34.9	11:47.4	7:19.4
68 PLACKE, Rylee	8	West Delaware	-	27:00.0	13:30.0	8:23.1