

2021 MVC SUPER MEET

Waterloo, IA
 Irv Warren Golf Course/Byrnes Park
 Weather: Overcast, Light Rain, Wind ENE 5mph & 71
 Host: Waterloo West
 Thursday, October 07, 2021

MEET OFFICIALS

Meet Director:
 Gordy Yuska
Meet Referee:
 Rick Hall
Timing:
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING
OFFICIAL MEET REPORT
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Race #6
JV Boys 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Iowa City City High	56	5-8-10-16-17(19)(21)	1:29:59	18:00	0:25.8
2 Iowa City Liberty	60	6-7-12-13-22(23)(29)	1:29:56	18:00	0:34.9
3 Cedar Falls	70	3-4-14-24-25(26)(27)	1:30:44	18:09	0:50.8
4 Prairie Cedar Rapids	99	1-2-20-37-39(52)(53)	1:32:01	18:25	1:48.2
5 Linn-Mar Marion	149	18-28-33-34-36(38)(40)	1:34:01	18:49	0:52.1
6 Iowa City West	170	9-31-35-47-48(56)(58)	1:35:23	19:05	1:58.6
7 Dubuque Hempstead	181	11-30-32-51-57(61)	1:35:47	19:10	2:22.5
8 Cedar Rapids Kennedy	242	15-44-46-67-70(81)	1:40:32	20:07	3:31.9
9 Waterloo United	266	43-49-50-59-65(68)(69)	1:41:15	20:15	1:40.8
10 Cedar Rapids Washington	298	41-45-63-73-76(77)(78)	1:44:53	20:59	3:11.2
11 Epworth Western Dubuque	320	55-60-62-71-72(75)(79)	1:45:19	21:04	1:34.5
12 Dubuque Senior	334	42-54-74-80-84	1:51:15	22:15	5:42.3
13 Xavier Cedar Rapids	380	64-66-82-83-85(86)	1:58:05	23:37	4:39.3
DNP Cedar Rapids Jefferson					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 SICKLES, Jaxon	JR	Prairie Cedar Rapid	-	17:33.9	5:40.0	3:31.2
2 ALLARD, Harrison	JR	Prairie Cedar Rapid	-	17:37.0	5:40.9	3:31.8
3 SWITZER, Cameron	SR	Cedar Falls	-	17:45.5	5:43.7	3:33.5
4 STROHBEEN, Salem	SR	Cedar Falls	-	17:46.7	5:44.1	3:33.8
5 ACKERMAN, Jonas	JR	Iowa City City High	-	17:49.0	5:44.8	3:34.2
6 KAMBA KALEKA, Jonathan	SR	Iowa City Liberty	-	17:49.2	5:44.9	3:34.3
7 THOMPSON, Maxwell	JR	Iowa City Liberty	-	17:49.4	5:45.0	3:34.3
8 SCHAECKENBACH, Matt	JR	Iowa City City High	-	17:50.6	5:45.3	3:34.5
9 POLGREEN, Andrew	JR	Iowa City West	-	17:52.8	5:46.0	3:35.0
10 NORELDALIM, Ayman	JR	Iowa City City High	-	17:53.0	5:46.1	3:35.0
11 RIFFEL, Sam	SR	Dubuque Hempstea	-	17:54.8	5:46.7	3:35.4
12 BISGARD, Boden	JR	Iowa City Liberty	-	17:56.1	5:47.1	3:35.6
13 ABEL, Jack	SR	Iowa City Liberty	-	17:57.0	5:47.4	3:35.8
14 WUNDERLICH, Lane	JR	Cedar Falls	-	18:01.4	5:48.8	3:36.7
15 STRICKER, Kyan	SR	Cedar Rapids Kenn	-	18:09.4	5:51.4	3:38.3
16 MACGILLIVRAY, Philip	JR	Iowa City City High	-	18:11.5	5:52.1	3:38.7
17 CODD, Sumner	SR	Iowa City City High	-	18:14.8	5:53.1	3:39.4
18 FAIRLEY, Creighton	JR	Linn-Mar Marion	-	18:16.7	5:53.7	3:39.8
19 PROVORSE, Lohman	SR	Iowa City City High	-	18:17.0	5:53.8	3:39.8
20 REYES, Michael	JR	Prairie Cedar Rapid	-	18:17.4	5:54.0	3:39.9
21 BYWATER, Adam	JR	Iowa City City High	-	18:18.6	5:54.4	3:40.2
22 KINZER, Nathan	JR	Iowa City Liberty	-	18:24.1	5:56.1	3:41.3
23 VANDERLINDEN, Owen	JR	Iowa City City High	-	18:24.6	5:56.3	3:41.4
24 BAKER, Tyson	SR	Iowa City Liberty	-	18:25.8	5:56.7	3:41.6
25 STEELE, Xander	SR	Cedar Falls	-	18:33.4	5:59.2	3:43.1
26 GALLAGHER, Reece	SR	Cedar Falls	-	18:36.3	6:00.1	3:43.7

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Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
27 UHRMACHER, Xavier	SR	Cedar Falls	-	18:36.4	6:00.1	3:43.7
28 LE, Tommy	SR	Iowa City City High	-	18:36.7	6:00.2	3:43.8
29 MEHTA, Akshat	JR	Cedar Falls	-	18:37.8	6:00.6	3:44.0
30 HAWORTH, Austin	JR	Cedar Falls	-	18:39.6	6:01.2	3:44.4
31 BANOWETZ, Joey	JR	Linn-Mar Marion	-	18:40.1	6:01.3	3:44.5
32 HENK, Cal	JR	Iowa City Liberty	-	18:40.8	6:01.5	3:44.6
33 TYLER, Lucas	JR	Dubuque Hempstea	-	18:46.7	6:03.4	3:45.8
34 RAHAL, Nader	SR	Iowa City West	-	18:49.0	6:04.2	3:46.2
35 DICKSON, Will	JR	Iowa City City High	-	18:49.1	6:04.2	3:46.3
36 MISIAG-BECKLER, Grant	JR	Dubuque Hempstea	-	18:51.1	6:04.9	3:46.7
37 GAGE, Luke	JR	Iowa City Liberty	-	18:52.2	6:05.2	3:46.9
38 SCHOON, Henry	SR	Iowa City City High	-	18:56.0	6:06.4	3:47.6
39 DEAHL, Connor	JR	Linn-Mar Marion	-	18:56.3	6:06.5	3:47.7
40 HARPER, Kadon	JR	Linn-Mar Marion	-	18:59.4	6:07.5	3:48.3
41 VUKOVIC, Anel	SO	Iowa City West	-	19:02.2	6:08.4	3:48.9
42 ZAWOJEWSKI, Rhys	JR	Iowa City City High	-	19:03.0	6:08.7	3:49.0
43 KACZKA, Andrew	JR	Iowa City Liberty	-	19:03.8	6:09.0	3:49.2
44 MCDERMOTT, Aiden	SR	Linn-Mar Marion	-	19:08.7	6:10.5	3:50.2
45 HINKHOUSE, Luis	SR	Iowa City City High	-	19:08.9	6:10.6	3:50.2
46 SCHWARZ, Dylan	JR	Prairie Cedar Rapid	-	19:10.3	6:11.1	3:50.5
47 HADLEY, Calyx	JR	Cedar Falls	-	19:10.5	6:11.1	3:50.6
48 DELOACH, Lee	SR	Linn-Mar Marion	-	19:17.9	6:13.5	3:52.0
49 FRANTZ, Jaden	JR	Iowa City Liberty	-	19:20.2	6:14.2	3:52.5
50 RUDD, Nathan	SR	Prairie Cedar Rapid	-	19:22.1	6:14.9	3:52.9
51 AHRENS, Connor	SR	Iowa City Liberty	-	19:22.5	6:15.0	3:52.9
52 HUMMER, Paxton	JR	Linn-Mar Marion	-	19:23.7	6:15.4	3:53.2
53 SANSFIELD, Patrick	SR	Iowa City City High	-	19:24.0	6:15.5	3:53.3
54 DEBOOM, Finn	SR	Cedar Rapids Wash	-	19:24.7	6:15.7	3:53.4
55 COOPER, Henry	SR	Iowa City City High	-	19:27.9	6:16.7	3:54.0
56 FISCHER, Nate	SR	Dubuque Senior	-	19:28.0	6:16.8	3:54.1
57 GUSTAFSON, Zephaniah	SR	Waterloo United	-	19:35.2	6:19.1	3:55.5
58 HALLAM, Jonah	SR	Cedar Rapids Kenn	-	19:37.5	6:19.8	3:56.0
59 SMEBY, Cameron	SR	Cedar Rapids Wash	-	19:38.7	6:20.2	3:56.2
60 SEAMANS, Hal	JR	Iowa City City High	-	19:38.9	6:20.3	3:56.2
61 STUBBLEFIELD, Brian	SR	Cedar Rapids Kenn	-	19:42.3	6:21.4	3:56.9
62 WADDELL, Micah	JR	Linn-Mar Marion	-	19:43.9	6:21.9	3:57.2
63 JENNINGS, Isaiah	SR	Cedar Falls	-	19:46.9	6:22.9	3:57.8
64 ODE, Paul	JR	Iowa City West	-	19:47.8	6:23.1	3:58.0
65 BUCHHOLZ, Zach	JR	Iowa City West	-	19:51.3	6:24.3	3:58.7
66 RITTER, Layton	SR	Waterloo United	-	19:52.3	6:24.6	3:58.9
67 ROHR, Jacob	SR	Iowa City City High	-	19:53.8	6:25.1	3:59.2
68 OLIVE, Derek	SR	Waterloo United	-	19:54.3	6:25.2	3:59.3
69 GLAB, John	SR	Dubuque Hempstea	-	19:56.5	6:26.0	3:59.8
70 GAGE, Carter	SR	Iowa City Liberty	-	20:00.4	6:27.2	4:00.5
71 BENESH, Go	JR	Prairie Cedar Rapid	-	20:06.3	6:29.1	4:01.7
72 EHLER, Brett	SR	Prairie Cedar Rapid	-	20:06.3	6:29.1	4:01.7

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JV Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
73 GRAHAM, Nic	FR	Dubuque Senior	-	20:09.9	6:30.3	4:02.5
74 MILLER, Russell	JR	Epworth Western D	-	20:11.3	6:30.7	4:02.7
75 ABU-HIJLEH, Thayer	SR	Iowa City West	-	20:14.1	6:31.6	4:03.3
76 JOHNSON, Jacob	JR	Dubuque Hempstea	-	20:17.2	6:32.6	4:03.9
77 PIERCE, Thomas	SR	Iowa City West	-	20:22.1	6:34.2	4:04.9
78 WELCH, Timothy	JR	Iowa City Liberty	-	20:22.9	6:34.5	4:05.1
79 CARGIN, Andrew	SR	Iowa City Liberty	-	20:23.9	6:34.8	4:05.3
80 CHAN, Cassandro	FR	Iowa City West	-	20:25.6	6:35.3	4:05.6
81 KIETA, Hassan	SR	Iowa City City High	-	20:31.0	6:37.1	4:06.7
82 ULMER, Matthew	SR	Linn-Mar Marion	-	20:33.4	6:37.9	4:07.2
83 LUND, Sam	JR	Waterloo United	-	20:36.7	6:38.9	4:07.8
84 BARKER, Ben	SO	Iowa City West	-	20:36.8	6:38.9	4:07.8
85 HORSFALL, Timmy	SR	Epworth Western D	-	20:36.9	6:39.0	4:07.9
86 ANDERSON, Jack	JR	Iowa City Liberty	-	20:38.6	6:39.5	4:08.2
87 REW, Mike	JR	Iowa City City High	-	20:39.1	6:39.7	4:08.3
88 O'TOOLE, Chris	SR	Linn-Mar Marion	-	20:39.5	6:39.8	4:08.4
89 CLEMONS, Tre	SR	Iowa City City High	-	20:41.1	6:40.3	4:08.7
90 SHIM, Iahn	SR	Iowa City West	-	20:43.2	6:41.0	4:09.1
91 WHITTLESEY, Zach	JR	Prairie Cedar Rapid	-	20:46.9	6:42.2	4:09.9
92 MALCOM, Henrey	JR	Dubuque Hempstea	-	20:48.5	6:42.7	4:10.2
93 ARENAS, Ricky	SO	Cedar Rapids Jeffer	-	20:50.4	6:43.3	4:10.6
94 DRUECKER, Kaden	JR	Prairie Cedar Rapid	-	20:50.6	6:43.4	4:10.6
95 HAGEDORN, Sam	JR	Iowa City City High	-	20:53.4	6:44.3	4:11.2
96 MERRIL, Kai	FR	Iowa City West	-	20:55.6	6:45.0	4:11.6
97 KINARD, Brevin	JR	Cedar Falls	-	20:59.9	6:46.4	4:12.5
98 BLAIR, Thomas	JR	Epworth Western D	-	21:01.6	6:46.9	4:12.8
99 MUNSON, Josh	JR	Iowa City Liberty	-	21:02.9	6:47.4	4:13.1
100 BIERBAUM, Jack	SR	Cedar Rapids Wash	-	21:06.2	6:48.4	4:13.7
101 QUANRUD, Max	SR	Prairie Cedar Rapid	-	21:07.6	6:48.9	4:14.0
102 ANTON, Carson	JR	Cedar Falls	-	21:10.3	6:49.8	4:14.6
103 SCHMITZ, Joseph	FR	Xavier Cedar Rapid	-	21:12.6	6:50.5	4:15.0
104 YODER, Chase	JR	Prairie Cedar Rapid	-	21:12.8	6:50.6	4:15.1
105 VASQUEZ-GALVEZ, Angel	JR	Waterloo United	-	21:15.9	6:51.6	4:15.7
106 GARRETT, Damien	JR	Iowa City Liberty	-	21:16.9	6:51.9	4:15.9
107 WALZ, Ethan	FR	Xavier Cedar Rapid	-	21:18.0	6:52.2	4:16.1
108 DOLPHIN, Lucas	JR	Cedar Rapids Kenn	-	21:21.6	6:53.4	4:16.8
109 KLABUNDE, William	SR	Waterloo United	-	21:22.5	6:53.7	4:17.0
110 DOYLE, Connor	JR	Cedar Falls	-	21:24.0	6:54.2	4:17.3
111 ASCHENBRENNER, Alec	FR	Cedar Rapids Jeffer	-	21:24.5	6:54.3	4:17.4
112 LONG, Ethan	SR	Iowa City Liberty	-	21:30.0	6:56.1	4:18.5
113 HERREWEYERS, Andrew	SR	Iowa City City High	-	21:34.3	6:57.5	4:19.4
114 LEWIS, Eliott	JR	Iowa City City High	-	21:37.2	6:58.4	4:19.9
115 REU, Noah	JR	Prairie Cedar Rapid	-	21:38.9	6:59.0	4:20.3
116 GHABEL, Karsten	FR	Iowa City West	-	21:39.6	6:59.2	4:20.4
117 HERRMANN, Cadin	SR	Waterloo United	-	21:39.9	6:59.3	4:20.5
118 FORT, Cooper	SR	Cedar Falls	-	21:41.0	6:59.7	4:20.7

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**Race #6
JV Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
119 ISPENTCHIAN, Zachary	FR	Cedar Rapids Kenn	-	21:41.2	6:59.7	4:20.8
120 COYLE, Caden	SR	Epworth Western D	-	21:43.4	7:00.5	4:21.2
121 SCHROEDER, Dylan	SR	Epworth Western D	-	21:45.7	7:01.2	4:21.7
122 HELLMAN, Ben	SR	Prairie Cedar Rapid	-	21:47.9	7:01.9	4:22.1
123 AYERS, Jack	JR	Iowa City City High	-	21:51.3	7:03.0	4:22.8
124 STAFSHOLT, Landon	SR	Waterloo United	-	21:57.8	7:05.1	4:24.1
125 BOWEN-BURT, Elianno	FR	Iowa City City High	-	22:04.2	7:07.1	4:25.4
126 FLEMING, Ryder	JR	Cedar Rapids Wash	-	22:06.9	7:08.0	4:25.9
127 ZDAN, Kent	SR	Iowa City City High	-	22:11.3	7:09.4	4:26.8
128 DUNN, Michael	JR	Waterloo United	-	22:14.2	7:10.4	4:27.4
129 ALEXMAN, Jackson	JR	Linn-Mar Marion	-	22:18.8	7:11.9	4:28.3
130 STRAND, Evan	JR	Linn-Mar Marion	-	22:20.8	7:12.5	4:28.7
131 JAYAWICHRAMA, Tharu	JR	Dubuque Senior	-	22:23.1	7:13.2	4:29.2
132 CASEY, Nathan	JR	Epworth Western D	-	22:23.6	7:13.4	4:29.2
133 ANDRE, Morgan	SR	Waterloo United	-	22:33.6	7:16.6	4:31.3
134 TOMINSKY, Evan	SO	Cedar Rapids Wash	-	22:35.9	7:17.4	4:31.7
135 BROWN, Sam	SR	Iowa City City High	-	22:42.2	7:19.4	4:33.0
136 WITTNEBEL, Alex	JR	Cedar Rapids Wash	-	22:48.9	7:21.6	4:34.3
137 ROBERTS, Jefferson	SR	Cedar Falls	-	22:53.2	7:23.0	4:35.2
138 LEAPOLD, Brom	JR	Iowa City City High	-	22:54.6	7:23.4	4:35.5
139 ROGAHN, Connor	SO	Cedar Rapids Wash	-	22:55.2	7:23.6	4:35.6
140 WIRTZ, Carson	JR	Cedar Falls	-	22:57.1	7:24.2	4:36.0
141 HEIDERSCHEIT, Zane	JR	Epworth Western D	-	23:14.0	7:29.7	4:39.4
142 MCCOOL, Jagger	JR	Epworth Western D	-	23:14.1	7:29.7	4:39.4
143 YANG, Richard	FR	Iowa City West	-	23:16.8	7:30.6	4:39.9
144 LOCHER, Luke	SO	Iowa City City High	-	23:26.3	7:33.6	4:41.8
145 STUENKEL, Elliott	SR	Waterloo United	-	23:29.2	7:34.6	4:42.4
146 PIETERS, Jack	SR	Cedar Falls	-	23:29.7	7:34.7	4:42.5
147 TAYLOR, Kale	JR	Waterloo United	-	23:40.0	7:38.0	4:44.6
148 HANSEN, Seth	SR	Cedar Falls	-	23:42.2	7:38.8	4:45.0
149 ANDREWS, Cameron	FR	Cedar Rapids Wash	-	23:46.4	7:40.1	4:45.8
150 SMITH, Cade	FR	Cedar Rapids Wash	-	23:47.3	7:40.4	4:46.0
151 KENAGA, Aidan	JR	Cedar Falls	-	24:02.5	7:45.3	4:49.1
152 SULLIVAN, Joseph	SR	Dubuque Senior	-	24:03.9	7:45.8	4:49.3
153 HAGEN, Asle	SR	Cedar Rapids Wash	-	24:17.5	7:50.2	4:52.1
154 MEIER, Kinnick	SO	Cedar Rapids Jeffer	-	24:21.7	7:51.5	4:52.9
155 GLESNER, Kiernan	FR	Cedar Rapids Kenn	-	24:35.1	7:55.8	4:55.6
156 COSLEY, Will	SR	Epworth Western D	-	24:42.9	7:58.3	4:57.2
157 HAGUE, Linden	SR	Cedar Rapids Wash	-	24:47.4	7:59.8	4:58.1
158 GAINES, Ryan	JR	Cedar Falls	-	24:47.7	7:59.9	4:58.1
159 ASCHENBRENNER, Domini	SO	Xavier Cedar Rapid	-	24:48.3	8:00.1	4:58.2
160 LE, James	JR	Xavier Cedar Rapid	-	24:53.8	8:01.9	4:59.4
161 ZHENG, Michael	FR	Iowa City West	-	24:57.8	8:03.1	5:00.1
162 DIXON, Jacob	FR	Iowa City City High	-	25:07.2	8:06.2	5:02.0
163 RUPPEL, Teddy	FR	Dubuque Senior	-	25:10.3	8:07.2	5:02.7
164 GUETZKO, Lu	SO	Iowa City City High	-	25:17.9	8:09.6	5:04.2

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165 CLASEN, Corbin	JR	Prairie Cedar Rapid	-	25:19.1	8:10.0	5:04.4
166 DARINGER-WRIGHT, Malac	SR	Waterloo United	-	25:33.0	8:14.5	5:07.2
167 REU, Jonathan	FR	Prairie Cedar Rapid	-	25:51.5	8:20.5	5:10.9
168 WHITE, Constantine	SO	Xavier Cedar Rapid	-	25:51.8	8:20.6	5:11.0
169 YOUNG, Bradon	FR	Xavier Cedar Rapid	-	25:59.1	8:22.9	5:12.4
170 ZHENG, Steven	FR	Iowa City West	-	26:07.2	8:25.5	5:14.1
171 VASKE, Brandon	SO	Epworth Western D	-	26:42.4	8:36.9	5:21.1
172 HOLUB, Sam	SO	Cedar Rapids Wash	-	26:42.6	8:36.9	5:21.1
173 BENDER, Michael	FR	Iowa City City High	-	26:45.2	8:37.8	5:21.7
174 SCHRADER, Charles	FR	Cedar Rapids Wash	-	28:12.8	9:06.1	5:39.2
175 PLUMMER, Jackson	SR	Cedar Falls	-	30:38.4	9:53.0	6:08.4