

NAIA SEMINOLE VALLEY STAMPEDE

Cedar Rapids, IA
 Seminole Cross Country Course
 Weather: Sunny, WindNNE 10-20mph & 73
 Host: Mount Mercy University
 Saturday, October 10, 2020

MEET OFFICIALS

Meet Director:
 Ryan Scheckel
Meet Referee:
 Tom Cahalan
Timing:
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

printed: 10/10/2020 1:29 PM

Race #1
Women's 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Huntington University	71	1-5-8-20-37(51)	1:33:10	18:38	3:28.6
2 The Master's University	94	2-11-19-28-34(49)(64)	1:35:46	19:10	1:26.8
3 Benedictine College	101	10-15-17-24-35(63)(83)	1:36:14	19:15	0:48.8
4 University of Saint Mary	112	9-16-21-25-41(42)(68)	1:36:52	19:23	1:09.6
5 Friends University	176	18-29-32-40-57(73)(75)	1:38:49	19:46	1:06.9
6 Baker University	182	7-27-43-47-58(80)(89)	1:38:51	19:47	1:35.4
7 St. Ambrose University	227	3-4-61-69-90(145)(161)	1:39:44	19:57	2:43.9
8 Morningside	235	12-23-31-84-85(100)(103)	1:40:12	20:03	2:10.0
9 Hastings	256	14-30-54-60-98(108)(119)	1:40:47	20:10	2:31.7
10 Goshen College	269	13-48-55-74-79(92)(133)	1:41:19	20:16	1:58.0
11 MidAmerica Nazarene Univ	311	36-46-62-70-97(107)(123)	1:42:36	20:32	1:43.3
12 Mount Mercy University	352	6-66-86-93-101(126)(136)	1:43:28	20:42	2:54.7
13 Viterbo University	383	65-71-72-87-88(96)(105)	1:44:26	20:54	0:36.2
14 Hannibal LaGrange Univer	384	33-56-81-104-110(162)	1:44:46	20:58	2:13.9
15 Truett-McConnell Universit	400	38-45-82-111-124(141)(148)	1:45:40	21:08	2:32.2
16 Midland University	407	22-39-59-138-149(158)(160)	1:47:21	21:29	4:47.5
17 Dakota State University	410	44-67-78-106-115(153)	1:45:43	21:09	2:01.7
18 Clarke University	421	52-53-94-102-120	1:45:57	21:12	2:05.8
19 Central Methodist Universit	425	26-50-95-114-140	1:46:36	21:20	4:03.3
20 Dakota Wesleyan Universit	533	77-91-112-116-137	1:49:56	22:00	2:25.8
21 Grand View University	598	109-113-121-125-130(147)(150)	1:52:02	22:25	1:01.4
22 William Penn University	601	99-118-122-127-135(142)(146)	1:52:22	22:29	1:44.9
23 Waldorf University	607	76-117-129-134-151(152)(154)	1:53:31	22:43	3:21.5
24 Briar cliff university	715	128-132-144-155-156(157)	2:00:40	24:08	2:55.1
25 Peru State College	735	131-139-143-159-163(164)	2:07:05	25:25	7:33.7

INDIVIDUAL RESULTS

Athlete	YR	Team (Team Place)	Score	Time	Avg. Mile	Avg. km	2-Mile
1 WILSON, Emma	SO	Huntington Universi	1	16:24.56	5:16.6	3:16.9	10:25.33
2 CURTABBI, Eleonora	SO	Iowa Central	-	17:41.39	5:41.3	3:32.3	11:11.57
3 FISH, Rosalie	SO	Iowa Central	-	18:03.46	5:48.4	3:36.7	11:31.66
4 HILDEBRANDT, Mariah	SO	The Master's Univer	2	18:18.06	5:53.1	3:39.6	11:18.50
5 ERTZ, Andrea	un	Unattached	-	18:28.92	5:56.6	3:41.8	11:37.97
6 PIERONI, Michaela	FR	St. Ambrose Univer	3	18:34.77	5:58.4	3:43.0	11:36.11
7 GRADY, Megan	JR	St. Ambrose Univer	4	18:39.63	6:00.0	3:43.9	11:47.56
8 NORRIS, Saige	JR	Huntington Universi	5	18:40.59	6:00.3	3:44.1	11:39.22
9 HUHDORF, Kelsi	JR	Mount Mercy Univer	6	18:41.87	6:00.7	3:44.4	11:43.02
10 WILHOIT, Mia	SO	Baker University (1)	7	18:47.80	6:02.6	3:45.6	11:58.46
11 LAMBERT, Sydney	FR	Huntington Universi	8	18:52.46	6:04.1	3:46.5	11:49.47
12 WALTER-SHERRETT, Mad	FR	University of Saint	9	18:56.37	6:05.4	3:47.3	11:49.06

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**Race #1
Women's 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team (Team Place)	Score	Time	Avg. Mile	Avg. km	2-Mile
13 ROLWES, Mary	FR	Benedictine College	10	18:56.50	6:05.4	3:47.3	
14 PALMGREN, Ellen	FR	The Master's Univer	11	18:57.71	6:05.8	3:47.5	12:08.27
15 FUNDERMANN, Emalee	JR	Morningside (1)	12	18:58.14	6:06.0	3:47.6	
16 COOPER, Summer	FR	Goshen College (1)	13	18:59.57	6:06.4	3:47.9	11:39.04
17 SAM, Crossett	SR	Hastings (1)	14	19:00.01	6:06.6	3:48.0	11:59.22
18 COZZI, Melanie	SR	Benedictine College	15	19:02.59	6:07.4	3:48.5	12:05.09
19 ORTIZ, Natasha	SO	University of Saint	16	19:04.70	6:08.1	3:48.9	11:46.81
20 WHITE, Sarah	SR	Benedictine College	17	19:05.75	6:08.4	3:49.2	11:55.95
21 ALVAREZ, Lilia	SO	Iowa Central	-	19:11.57	6:10.3	3:50.3	
22 DONLEY, Aubry	SO	Friends University (18	19:15.36	6:11.5	3:51.1	11:52.36
23 GHIORSO, Arianna	JR	The Master's Univer	19	19:18.73	6:12.6	3:51.7	12:07.21
24 CHOJNACKI, Jessica	SO	Huntington Universi	20	19:18.82	6:12.6	3:51.8	12:02.03
25 ARMENDARIZ, Alyssa	JR	University of Saint	21	19:20.39	6:13.1	3:52.1	12:03.02
26 SANCHEZ, Vivian	SR	Midland University (22	19:20.96	6:13.3	3:52.2	12:20.63
27 MCKIBBEN, Jo Jo	SO	Morningside (2)	23	19:22.31	6:13.7	3:52.5	12:06.58
28 COBO, Caroline	SO	Benedictine College	24	19:22.95	6:13.9	3:52.6	
29 HIEBERT, Riley	FR	University of Saint	25	19:23.66	6:14.2	3:52.7	12:20.98
30 SAUTER, Lisa	SR	Central Methodist U	26	19:23.76	6:14.2	3:52.8	12:03.76
31 CHAMBERS, Emily	SR	Baker University (2)	27	19:25.02	6:14.6	3:53.0	12:04.94
32 PAGE, Kimberly	SO	The Master's Univer	28	19:25.80	6:14.9	3:53.2	12:19.53
33 GILES, Caroline	SO	Friends University (29	19:26.85	6:15.2	3:53.4	12:07.10
34 MADISON, Gerken	FR	Hastings (2)	30	19:31.51	6:16.7	3:54.3	
35 BOER, Payton	SR	Morningside (3)	31	19:35.45	6:18.0	3:55.1	12:21.71
36 GARRISON, Grace	JR	Friends University (32	19:38.49	6:18.9	3:55.7	12:18.58
37 BILLINGS, Eika	FR	Allen Community C	-	19:38.93	6:19.1	3:55.8	
38 SISCO, Lauren	SR	Hannibal LaGrange	33	19:42.98	6:20.4	3:56.6	12:09.25
39 PERKINS, Keegan	JR	Graceland Universit	-	19:44.30	6:20.8	3:56.9	
40 SOUTHERDEN, Sophie	SO	The Master's Univer	34	19:44.86	6:21.0	3:57.0	
41 GUERRA, Isabella	SO	Benedictine College	35	19:45.22	6:21.1	3:57.0	12:27.42
42 JANIS, Wasu	JR	MidAmerica Nazare	36	19:45.91	6:21.3	3:57.2	12:30.04
43 BYCROFT, Rachel	FR	Allen Community C	-	19:50.07	6:22.7	3:58.0	
44 VON GUNTEN, Olivia	JR	Huntington Universi	37	19:53.12	6:23.6	3:58.6	12:24.53
45 CAMPBELL, Savannah	SO	Truett-McConnell U	38	19:59.44	6:25.7	3:59.9	12:24.84
46 EDWARDS, Madilynn	FR	Midland University (39	20:04.02	6:27.1	4:00.8	12:35.63
47 KLINE, Shelby	un	Unattached	-	20:04.11	6:27.2	4:00.8	12:41.14
48 GURROLA, Aileen	SR	Friends University (40	20:05.26	6:27.5	4:01.1	12:16.74
49 GALLET, Mallory	SO	University of Saint	41	20:05.96	6:27.8	4:01.2	12:41.35
50 HIEBERT, Reagan	FR	University of Saint	(42)	20:05.99	6:27.8	4:01.2	12:39.36
51 ALLEN, Brooke	FR	Baker University (3)	43	20:06.81	6:28.0	4:01.4	12:51.34
52 CHRISTIANSEN, Jacia	SR	Dakota State Univer	44	20:07.40	6:28.2	4:01.5	12:40.85
53 CHOCK, Simone	FR	Truett-McConnell U	45	20:07.81	6:28.4	4:01.6	12:40.37
54 KROHN, Elizabeth	SR	MidAmerica Nazare	46	20:07.85	6:28.4	4:01.6	12:35.32
55 SMITH, Jordan	FR	Baker University (4)	47	20:07.89	6:28.4	4:01.6	12:51.30
56 ALDEFER FISHER, Annika	FR	Goshen College (2)	48	20:10.84	6:29.3	4:02.2	12:41.23
57 MILIAM, Booke	SO	The Master's Univer	(49)	20:11.41	6:29.5	4:02.3	12:25.39
58 WIESEMAN, Madeline	SO	Central Methodist U	50	20:11.57	6:29.6	4:02.3	12:52.91

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Athlete	YR	Team (Team Place)	Score	Time	Avg. Mile	Avg. km	2-Mile
59 DODSON, Ireland	FR	Huntington Universi	(51)	20:12.68	6:29.9	4:02.5	12:36.34
60 BROWN, Hannah	FR	Clarke University (1	52	20:16.09	6:31.0	4:03.2	12:39.88
61 RONNEBAUM, Claire	SO	Clarke University (2	53	20:17.76	6:31.6	4:03.6	12:40.40
62 HANNAH, Denson	FR	Hastings (3)	54	20:19.02	6:32.0	4:03.8	12:55.17
63 COLLIER, Makayla	SO	Goshen College (3)	55	20:19.48	6:32.1	4:03.9	12:28.71
64 HUDELSON, Elle	JR	Hannibal LaGrange	56	20:20.72	6:32.5	4:04.1	12:48.05
65 MENDOZA, Estrella	JR	Friends University (57	20:22.21	6:33.0	4:04.4	12:36.07
66 HAWMAN, Jordan	JR	Baker University (5)	58	20:23.19	6:33.3	4:04.6	12:52.20
67 JOHNSON, Myia	FR	Midland University (59	20:23.56	6:33.4	4:04.7	12:47.23
68 VERONICA, Pinkerton	FR	Hastings (4)	60	20:24.41	6:33.7	4:04.9	12:57.60
69 STEWART, Grace	SO	Graceland Universit	-	20:29.68	6:35.4	4:05.9	12:36.88
70 DUNCAN, Emma	SO	St. Ambrose Univer	61	20:30.72	6:35.7	4:06.1	12:52.46
71 BURDOVA, Magdalena	SO	MidAmerica Nazare	62	20:31.17	6:35.9	4:06.2	13:02.76
72 SANDERSON, Gabrielle	SO	Benedictine College	(63)	20:32.74	6:36.4	4:06.5	12:50.75
73 BRICENO, Mariah	FR	The Master's Univer	(64)	20:34.46	6:36.9	4:06.9	12:56.73
74 ADAM, Madelyn	FR	Viterbo University (65	20:35.69	6:37.3	4:07.1	12:52.81
75 ERTZ, Jessica	JR	Mount Mercy Univer	66	20:36.54	6:37.6	4:07.3	13:14.47
76 ANDERSON, Jada	SO	Dakota State Univer	67	20:38.52	6:38.2	4:07.7	12:53.44
77 BLAKLEY, Skyler	JR	University of Saint	(68)	20:39.06	6:38.4	4:07.8	
78 MENDENHALL, Jessica	SO	St. Ambrose Univer	69	20:39.95	6:38.7	4:08.0	12:58.94
79 ZITTER, Abigail	FR	MidAmerica Nazare	70	20:40.93	6:39.0	4:08.2	13:02.10
80 INSCHO, Lexi	JR	University of Saint	-	20:41.93	6:39.3	4:08.4	12:47.64
81 NYGREN, Ellie	FR	Viterbo University (71	20:42.88	6:39.6	4:08.6	12:52.84
82 THOMAS, Vanessa	FR	Viterbo University (72	20:44.08	6:40.0	4:08.8	13:01.02
83 KOONCE, Baylie	FR	University of Saint	-	20:44.16	6:40.1	4:08.8	12:53.61
84 ZAHARIADES, Kara	SR	Friends University ((73)	20:50.15	6:42.0	4:10.0	12:59.26
85 ARROYO, Celeste	FR	Goshen College (4)	74	20:51.34	6:42.4	4:10.3	13:02.56
86 WILLOUR, Emma	FR	Friends University ((75)	20:54.29	6:43.3	4:10.9	13:06.30
87 BALLARD, Nicole	SR	Friends University	-	20:54.54	6:43.4	4:10.9	12:54.46
88 ALVAREZ, Naomi	SR	Waldorf University (76	20:55.65	6:43.7	4:11.1	13:14.64
89 LARSON, Delanie	SO	Dakota Wesleyan U	77	20:56.70	6:44.1	4:11.3	13:06.59
90 RIOS, Juliette	SR	Dakota State Univer	78	20:56.94	6:44.2	4:11.4	13:06.03
91 CAMPBELL, Emma	JR	University of Saint	-	20:57.52	6:44.3	4:11.5	13:15.70
92 SANCHEZ, Yadira	SO	Goshen College (5)	79	20:57.54	6:44.4	4:11.5	13:07.52
93 COUNTS, Zoie	SO	Baker University (6)	(80)	20:58.84	6:44.8	4:11.8	13:16.87
94 CHRISTOPHERSON, McKinl	JR	Hannibal LaGrange	81	21:01.45	6:45.6	4:12.3	13:08.30
95 JENSEN, Jolene	JR	Friends University	-	21:02.99	6:46.1	4:12.6	13:05.84
96 MARTIN, Haleigh	SR	Truett-McConnell U	82	21:03.51	6:46.3	4:12.7	13:15.17
97 PERKINS, Ashlynn	JR	Graceland Universit	-	21:04.29	6:46.5	4:12.9	13:09.99
98 MENGHINI, Lily	FR	Benedictine College	(83)	21:06.07	6:47.1	4:13.2	13:01.91
99 BARKEMA, Rachel	JR	Morningside (4)	84	21:07.59	6:47.6	4:13.5	
100 BEEL, Tenna	JR	Morningside (5)	85	21:08.11	6:47.8	4:13.6	13:16.12
101 COBIEYA, Ruth	JR	Mount Mercy Univer	86	21:09.67	6:48.3	4:13.9	13:11.52
102 HIRSCH, Anya	FR	Viterbo University (87	21:11.05	6:48.7	4:14.2	13:13.99
103 KANTOR, Mattie	FR	Viterbo University (88	21:11.84	6:49.0	4:14.4	13:14.09
104 KOPALA, Gracie	FR	Baker University (7)	(89)	21:13.90	6:49.6	4:14.8	13:09.00

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105 DUNCAN, Claire	SO	St. Ambrose Univer	90	21:18.66	6:51.1	4:15.7	13:16.68
106 OEDEKOVEN, Morgan	FR	Dakota Wesleyan U	91	21:21.04	6:51.9	4:16.2	13:35.32
107 PEREZ DIENER, Ariana	SO	Goshen College (6)	(92)	21:22.07	6:52.2	4:16.4	13:19.52
108 REITTINGER, Carli	FR	Mount Mercy Univer	93	21:22.99	6:52.5	4:16.6	13:30.13
109 MENDS, Ricar	JR	Clarke University (3)	94	21:23.44	6:52.7	4:16.7	
110 MOELLER, Katelyn	SO	Central Methodist U	95	21:26.38	6:53.6	4:17.3	
111 ZARYBYNICKY, Claire	JR	Benedictine College	-	21:26.78	6:53.8	4:17.4	13:34.99
112 GREGG, Carlie	FR	University of Saint	-	21:27.10	6:53.9	4:17.4	13:14.60
113 MCDONOUGH, Brenna	FR	Viterbo University ((96)	21:27.94	6:54.1	4:17.6	
114 BROWN, Kelly	JR	MidAmerica Nazare	97	21:29.17	6:54.5	4:17.8	13:36.91
115 MEIJA, Addie	FR	Missouri Valley Coll	-	21:29.32	6:54.6	4:17.9	13:46.56
116 ESFELD, McKenna	FR	Allen Community C	-	21:29.82	6:54.7	4:18.0	13:30.75
117 ALEISHA, McDonald	SO	Hastings (5)	98	21:31.68	6:55.3	4:18.3	13:30.16
118 SMITH, Clare	SR	Benedictine College	-	21:32.37	6:55.6	4:18.5	
119 KMIEC, Michaela	SO	William Penn Unive	99	21:32.89	6:55.7	4:18.6	13:03.77
120 ROBERTS, Morgan	JR	Morningside (6)	(100)	21:34.14	6:56.1	4:18.8	13:33.86
121 GUALRAPP, Lilian	FR	Mount Mercy Univer	101	21:36.57	6:56.9	4:19.3	13:30.45
122 BAULE, Sydney	FR	Clarke University (4	102	21:37.55	6:57.2	4:19.5	13:35.23
123 KENNY, Rachel	SO	Morningside (7)	(103)	21:39.50	6:57.8	4:19.9	
124 FISHER, Riley	SO	University of Saint	-	21:40.98	6:58.3	4:20.2	13:43.92
125 MOHR, Genevieve	FR	Benedictine College	-	21:42.42	6:58.8	4:20.5	13:36.54
126 MOORE, Macie	SR	Morningside	-	21:42.92	6:58.9	4:20.6	13:28.77
127 NEWSOM, Madelyn	FR	Hannibal LaGrange	104	21:43.79	6:59.2	4:20.8	13:46.10
128 EDELEN, Haley	SO	Benedictine College	-	21:44.04	6:59.3	4:20.8	13:45.44
129 HERZOG, Lauren	SO	Viterbo University ((105)	21:47.24	7:00.3	4:21.4	13:44.03
130 AUGHENBAUGH, Mallory	SR	Dakota State Univer	106	21:50.33	7:01.3	4:22.1	13:42.92
131 ZAVADIL, Krista	SR	Morningside	-	21:51.40	7:01.7	4:22.3	
132 WHEELER, Justine	FR	MidAmerica Nazare	(107)	21:51.69	7:01.8	4:22.3	
133 SMITH, Tatiana	SO	Benedictine College	-	21:53.07	7:02.2	4:22.6	13:27.47
134 ELIZABETH, Baade	FR	Hastings (6)	(108)	21:53.93	7:02.5	4:22.8	13:42.31
135 THOMPSON, Paige	SO	Grand View Univers	109	21:54.24	7:02.6	4:22.8	13:42.04
136 LEBEL, Lindsey	SO	Hannibal LaGrange	110	21:56.88	7:03.4	4:23.4	13:46.10
137 CAIN, Anisley	SR	Truett-McConnell U	111	21:57.30	7:03.6	4:23.5	
138 ROESNER, Evelyn	FR	Baker University	-	22:00.16	7:04.5	4:24.0	13:31.26
139 KILBER, Tessa	FR	Dakota Wesleyan U	112	22:01.26	7:04.8	4:24.3	13:04.66
140 SMOLDT, Megan	SO	Grand View Univers	113	22:04.96	7:06.0	4:25.0	13:36.58
141 BANGERT, Katherine	SO	Central Methodist U	114	22:07.05	7:06.7	4:25.4	13:47.69
142 WHITCOMB, Madison	SR	Dakota State Univer	115	22:09.07	7:07.4	4:25.8	13:48.66
143 MCKEOWN, Rosanna	FR	Benedictine College	-	22:11.48	7:08.1	4:26.3	
144 VERMEULEN, Annika	SO	Dakota Wesleyan U	116	22:13.88	7:08.9	4:26.8	13:44.45
145 WICKERING, Alana	JR	Waldorf University (117	22:15.68	7:09.5	4:27.1	13:49.64
146 ALVARADO, Melina	SR	University of Saint	-	22:17.50	7:10.1	4:27.5	13:38.03
147 DOUVER, Talaysia	JR	William Penn Unive	118	22:17.59	7:10.1	4:27.5	
148 OLIVIA, Nelson	JR	Hastings (7)	(119)	22:20.55	7:11.0	4:28.1	13:58.71
149 BICKLER, Rory	FR	Clarke University (5	120	22:21.80	7:11.4	4:28.4	13:56.90
150 GREIG, Chloe	SO	Grand View Univers	121	22:24.63	7:12.4	4:28.9	13:51.93

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Seminole Cross Country Course

Weather: Sunny, WindNNE 10-20mph & 73

Host: Mount Mercy University

Saturday, October 10, 2020

MEET OFFICIALS**Meet Director:**

Ryan Scheckel

Meet Referee:

Tom Cahalan

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

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**Race #1
Women's 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team (Team Place)	Score	Time	Avg. Mile	Avg. km	2-Mile
151 UDY, Madison	JR	William Penn Unive	122	22:27.82	7:13.4	4:29.6	13:52.91
152 WOLTER, Kaitlyn	JR	MidAmerica Nazare	(123)	22:30.06	7:14.1	4:30.0	14:18.76
153 CANADY, Hannah	JR	Truett-McConnell U	124	22:31.56	7:14.6	4:30.3	13:58.58
154 BOSCH, Sarah	SO	Morningside	-	22:34.15	7:15.4	4:30.8	13:49.68
155 SNYDER, Mya	SO	Viterbo University	-	22:40.73	7:17.5	4:32.1	14:07.52
156 MESECHER, Cameron	SO	Grand View Univers	125	22:42.01	7:17.9	4:32.4	14:19.78
157 HERNANDEZ, Jordan	FR	Mount Mercy Univer	(126)	22:42.78	7:18.2	4:32.6	13:55.51
158 JOHNSON, Ashlee	SR	William Penn Unive	127	22:45.23	7:19.0	4:33.0	14:19.78
159 PRUE, amory	SR	Briar cliff university	128	22:46.43	7:19.4	4:33.3	14:10.33
160 HEMSWORTH, Cecelia	JR	Waldorf University (129	22:48.61	7:20.1	4:33.7	14:09.89
161 BALLOU, Chantel	FR	MidAmerica Nazare	-	22:52.92	7:21.5	4:34.6	14:18.03
162 DILKS, Cassidy	FR	Grand View Univers	130	22:55.56	7:22.3	4:35.1	14:12.77
163 CARLEY, Davis	FR	Hastings	-	22:56.27	7:22.5	4:35.3	14:12.33
164 SONNEN, Jessie	FR	Benedictine College	-	22:57.21	7:22.8	4:35.4	14:23.11
165 BRINK, Alyssa	JR	Peru State College	131	22:57.23	7:22.8	4:35.4	14:23.91
166 MORENO, aledia	SR	Briar cliff university	132	22:59.37	7:23.5	4:35.9	14:19.27
167 HOLSOPPLE, Lydia	SO	Goshen College (7)	(133)	23:02.52	7:24.5	4:36.5	14:22.23
168 DEWITT, Kayla	FR	Viterbo University	-	23:05.54	7:25.5	4:37.1	
169 HARRIS, Alyssa	FR	Waldorf University (134	23:13.45	7:28.1	4:38.7	14:12.96
170 AGUILAR, Veronica	JR	University of Saint	-	23:17.63	7:29.4	4:39.5	14:39.55
171 POLCZYNSKI, Michelle	JR	Benedictine College	-	23:17.75	7:29.4	4:39.6	14:34.71
172 COHUO, Zena	JR	William Penn Unive	135	23:17.77	7:29.4	4:39.6	14:03.63
173 HILL, Abby	FR	Mount Mercy Univer	(136)	23:19.97	7:30.2	4:40.0	14:26.29
174 BOHL, Macey	SR	Dakota Wesleyan U	137	23:22.44	7:30.9	4:40.5	14:24.18
175 CHRISTIANSON, Emma	FR	Midland University (138	23:23.60	7:31.3	4:40.7	14:44.71
176 MCLAUGHLIN, Briana	JR	Peru State College	139	23:23.70	7:31.4	4:40.7	14:25.68
177 PROPER, Bridget	FR	Viterbo University	-	23:25.26	7:31.9	4:41.1	14:42.88
178 JOHNSON, Kailey	FR	Central Methodist U	140	23:27.06	7:32.4	4:41.4	
179 WYATT, Madison	FR	Truett-McConnell U	(141)	23:28.25	7:32.8	4:41.7	14:41.78
180 BLANCO, Vanessa	SR	William Penn Unive	(142)	23:31.72	7:33.9	4:42.3	14:41.81
181 HERNANDEZ, Yaqueline	FR	Mount Mercy Univer	-	23:34.92	7:35.0	4:43.0	14:29.56
182 CLARK, Hailey	SO	Peru State College	143	23:44.83	7:38.1	4:45.0	14:49.55
183 GONAAGA, Blossom	SR	Briar cliff university	144	23:47.07	7:38.9	4:45.4	14:56.58
184 MERCIER, Kylie	SO	St. Ambrose Univer	(145)	23:51.09	7:40.2	4:46.2	14:50.66
185 GONZALEZ, Samantha	SR	Benedictine College	-	23:54.71	7:41.3	4:46.9	14:56.10
186 JORDAN, Delana	SO	William Penn Unive	(146)	23:59.08	7:42.7	4:47.8	14:32.57
187 COSTAIN, Dani	JR	Grand View Univers	(147)	24:01.63	7:43.5	4:48.3	
188 REEDER, Anna	FR	Truett-McConnell U	(148)	24:04.54	7:44.5	4:48.9	15:06.66
189 KAHNK, Erin	JR	Midland University (149	24:08.43	7:45.7	4:49.7	
190 SNYDER, Sharon	JR	MidAmerica Nazare	-	24:10.97	7:46.5	4:50.2	15:09.80
191 RUELLE, Melody	FR	Grand View Univers	(150)	24:16.02	7:48.2	4:51.2	14:25.62
192 EAST, Kourtlyn	SO	Waldorf University (151	24:17.14	7:48.5	4:51.4	15:12.58
193 PERRY, Hannah	SO	Waldorf University ((152)	24:34.91	7:54.2	4:55.0	15:33.91
194 HARMEL, Brielle	FR	Viterbo University	-	24:39.11	7:55.6	4:55.8	15:35.77
195 DROGE, Hannah	FR	Dakota State Univer	(153)	24:55.15	8:00.8	4:59.0	
196 SANDERS, Deja	SR	Grand View Univers	-	24:56.86	8:01.3	4:59.4	15:06.40

NAIA SEMINOLE VALLEY STAMPEDE

Cedar Rapids, IA

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Weather: Sunny, WindNNE 10-20mph & 73

Host: Mount Mercy University

Saturday, October 10, 2020

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Meet Referee:

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Women's 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM	2-Mile
197 SOLANO, Hayleigh	JR	Waldorf University ((154)	25:10.75	8:05.8	5:02.2	
198 SCHEUER, Megan	FR	Viterbo University	-	25:20.22	8:08.8	5:04.0	15:35.15
199 FRERKER, Anna	FR	Benedictine College	-	25:21.26	8:09.2	5:04.3	15:17.42
200 BRAUN, Tiffany	JR	Briar cliff university	155	25:24.91	8:10.3	5:05.0	15:51.15
201 PROSS, pluma	FR	Briar cliff university	156	25:41.51	8:15.7	5:08.3	16:07.50
202 REYES, Michelle	SR	William Penn Unive	-	25:49.01	8:18.1	5:09.8	
203 GUZMAN, Teresa	SR	Briar cliff university	(157)	25:59.05	8:21.3	5:11.8	16:02.04
204 BODINE, Erin	SO	Culver-Stockton Col	-	26:01.24	8:22.0	5:12.2	16:16.11
205 DONLEY, Jaden	FR	Midland University ((158)	26:21.31	8:28.5	5:16.3	16:25.11
206 BULL, Jamie	FR	Culver-Stockton Col	-	26:26.22	8:30.0	5:17.2	16:36.72
207 WATKINS, Isabella	FR	Peru State College	159	26:27.69	8:30.5	5:17.5	16:32.66
208 CRUM, Kloe	FR	Culver-Stockton Col	-	26:30.54	8:31.4	5:18.1	16:47.16
209 GUSTKE, Alyson	SO	Viterbo University	-	26:45.87	8:36.4	5:21.2	16:48.30
210 HORNBERGER, Jessica	FR	Culver-Stockton Col	-	26:49.56	8:37.5	5:21.9	16:49.32
211 ORTIZ, Jaineily	SO	Midland University ((160)	26:52.47	8:38.5	5:22.5	17:10.21
212 BARCHENGER, Mindy	SO	Waldorf University	-	27:30.08	8:50.6	5:30.0	16:45.74
213 SMITH, Avery	FR	St. Ambrose Univer	(161)	27:50.18	8:57.0	5:34.0	17:36.80
214 STRANGE, Alyssa	FR	Grand View Univers	-	28:12.02	9:04.1	5:38.4	17:14.44
215 BUCKLEY, Makenzie	JR	Hannibal LaGrange	(162)	28:12.33	9:04.2	5:38.5	17:34.22
216 MCDONALD, Annika	SR	Peru State College	163	30:30.89	9:48.7	6:06.2	19:13.80
217 SCHEELE, Makalah	SR	Peru State College	(164)	31:41.47	10:11.4	6:20.3	