

2020 PRIDE OF IOWA CC CONFERENCE MEET - 10/13/2020**Lake of Three Fires****Rankings****Event 2 Girls 5k Run CC High School**

Name	Year	School	Avg Mile	Finals	Points
1 Broers, Sophia	12	Nodaway Valley	6:43.4	20:53.21	1
2 Hogan, McKinna	12	Lenox	6:57.3	21:36.28	
3 Day, Lily	10	Nodaway Valley	6:59.4	21:42.87	2
4 Valencia, Gabrielle	12	East Union	7:01.0	21:47.73	3
5 Bell, Hadley	9	Central Decatur	7:07.6	22:08.39	4
6 Larsen, Karlie	10	Mount Ayr	7:12.2	22:22.79	5
7 Jones, Makayla	12	Mount Ayr	7:12.4	22:23.35	6
8 Bevan, Harrisen	10	Central Decatur	7:13.1	22:25.43	7
9 Jones, Aniston	9	Central Decatur	7:13.9	22:28.01	8
10 Arnold, Hagan	9	Wayne Community	7:23.1	22:56.55	
11 Schaefer, Natalie	10	Mount Ayr	7:30.5	23:19.55	9
12 Boswell, Aubrey	12	Southwest Valley	7:31.0	23:21.02	10
13 Nelson, Annika	9	Nodaway Valley	7:31.5	23:22.72	11
14 Jones, MaKenna	10	Mount Ayr	7:35.3	23:34.37	12
15 Davies, Sydney	12	Southwest Valley	7:36.1	23:36.96	13
16 Pearson, Halle	12	Southwest Valley	7:41.8	23:54.73	14
17 Ford, Erin	11	Nodaway Valley	7:42.8	23:57.79	15
18 Valencia, Jillian	9	East Union	7:46.0	24:07.61	16
19 Girardi, Maggie	12	Martensdale	7:49.6	24:18.77	
20 Kading, Hope	10	Nodaway Valley	7:51.9	24:25.95	17
21 Triggs, Lauren	10	Mount Ayr	7:52.3	24:27.20	18
22 Wood, Maddy	11	Wayne Community	7:54.1	24:32.71	
23 Oesch, Haley	9	Central Decatur	8:04.1	25:03.81	19
24 Oesch, Jamie	9	Central Decatur	8:10.7	25:24.49	20
25 Clymer, Taylor	11	Mount Ayr	8:19.2	25:50.82	21
26 Shimer, Trenidy	9	Lenox	8:25.9	26:11.50	
27 Waigand, Ansley	12	East Union	8:29.7	26:23.29	22
28 Waigand, Hayden	9	East Union	8:31.0	26:27.50	23
29 Westlake, Sydney	12	Southwest Valley	8:33.8	26:36.26	24
30 Willey, Mya	12	Wayne Community	8:46.3	27:15.05	
31 Hamaker, Chloe	11	Central Decatur	8:48.9	27:23.08	25
32 Harvey, Jaide	12	Wayne Community	8:50.0	27:26.39	
33 Perdew, Carmen	12	Bedford	8:51.1	27:29.96	
34 Buckingham, Maren	10	Central Decatur	8:56.6	27:47.01	26
35 Werner, Ashytyn	12	Mount Ayr	9:38.9	29:58.56	27
36 Sickles, Andrea	11	Mount Ayr	9:39.7	30:00.88	
37 Sheetz, Ellyson	11	Central Decatur	9:41.1	30:05.38	
38 Rockhold, Kylie	11	Central Decatur	9:41.2	30:05.73	
39 Pearson, Seirra	9	Southwest Valley	9:54.8	30:47.81	28
40 Shields, Madison	10	Mount Ayr	10:44.8	33:23.28	
41 Wuebker, Abbie	10	East Union	11:05.6	34:27.71	29
42 Froit, Jaden	11	East Union	12:30.7	38:52.33	30
43 England, MaKynna	10	Lenox	15:40.9	48:43.26	

2020 PRIDE OF IOWA CC CONFERENCE MEET - 10/13/2020**Lake of Three Fires****Rankings****Event 3 Boys 5k Run CC High School**

Name	Year	School	Avg Mile	Finals	Points
1 Jimenez, Randy	12	Southeast Warren	5:10.8	16:05.51	1
2 Gillis, William	11	Central Decatur	5:24.9	16:49.16	2
3 Bower, Toby	12	Nodaway Valley	5:30.2	17:05.66	3
4 Jimenez, Ronan	10	Southeast Warren	5:30.5	17:06.73	4
5 Berg, Doug	10	Nodaway Valley	5:32.3	17:12.33	5
6 McDole, Tyson	10	Central Decatur	5:34.8	17:19.91	6
7 Hicks, RC	11	Wayne Community	5:38.2	17:30.59	7
8 Breheny, Ben	12	Nodaway Valley	5:39.8	17:35.58	8
9 Swartz, Tate	10	Central Decatur	5:46.9	17:57.66	9
10 Carcamo, Vincent	10	Central Decatur	5:54.7	18:21.87	10
11 Oesch, Glenn	10	Central Decatur	5:57.3	18:29.83	11
12 Moss, Levi	9	Wayne Community	6:00.2	18:38.96	12
13 Lucas, Owen	11	Bedford	6:03.9	18:50.51	13
14 Jimenez, Rylan	10	Southeast Warren	6:08.6	19:05.01	14
15 Broers, Malachi	9	Nodaway Valley	6:09.4	19:07.62	15
16 Newton, Will	11	Mount Ayr	6:10.1	19:09.69	
17 Sheetz, Joe	9	Central Decatur	6:13.0	19:18.87	16
18 Shoemaker, Gavin	11	Nodaway Valley	6:13.8	19:21.15	17
19 Johnson, Noah	11	Bedford	6:15.0	19:25.05	18
20 Greenwood, Jack	11	Central Decatur	6:16.2	19:28.55	19
21 Patience, Matthew	11	Central Decatur	6:16.8	19:30.49	
22 Christensen, Jevin	11	Nodaway Valley	6:17.5	19:32.75	20
23 Earls, Ty	11	Wayne Community	6:24.7	19:55.05	21
24 Driskill, Jacob	9	East Union	6:26.0	19:59.11	22
25 Hayes, Damon	11	East Union	6:33.1	20:21.04	23
26 Knapp, Briar	12	Mount Ayr	6:40.4	20:43.81	
27 Vecchio, Brandon	12	Central Decatur	6:41.8	20:48.32	
28 Islas, DJ	10	East Union	6:42.9	20:51.70	24
29 Gomez, Mizael	11	Lenox	6:43.2	20:52.57	
30 Venteicher, Blake	12	Southwest Valley	6:47.5	21:05.86	
31 Pruiett, Connor	9	Wayne Community	6:48.5	21:09.05	25
32 Fisher, Cole	11	Southeast Warren	6:53.7	21:25.30	26
33 Berndt, Logan	12	Wayne Community	6:57.4	21:36.74	27
34 Brunk, Isaiah	11	Central Decatur	6:57.5	21:37.01	
35 Geelan, Michael	12	Southeast Warren	7:01.9	21:50.78	28
36 Ralls, David	12	Martensdale	7:07.9	22:09.45	
37 Couchman, Dalton	10	Wayne Community	7:08.0	22:09.68	29
38 Buckingham, Nash	9	Wayne Community	7:14.5	22:29.94	30
39 Dittmer, Cameron	11	Southeast Warren	7:20.7	22:49.22	31
40 Thompson, Chase	9	Southeast Warren	7:22.1	22:53.50	32
41 Olson, Brayden	11	Central Decatur	7:23.5	22:57.72	
42 Wood, Ty	11	Wayne Community	7:23.7	22:58.53	
43 Bredenstainer, Sam	12	Bedford	7:24.2	22:59.85	33
44 Coffelt, Quentin	11	Central Decatur	7:32.9	23:26.94	
45 Niehart, Josh	12	Bedford	7:33.9	23:30.12	34
46 Webb, Jarrett	12	Mount Ayr	7:34.6	23:32.28	
47 Ralls, Dustin	10	Martensdale	7:38.4	23:43.98	
48 Wetzler, Ian	12	Martensdale	7:43.0	23:58.31	
49 Obrien, Lane	12	Wayne Community	7:46.3	24:08.64	
50 Colocho-Orosco, Gabe	9	Southeast Warren	7:48.1	24:14.34	
51 Albretchsen, Derek	10	East Union	7:49.6	24:18.89	35
52 Burn, Stephen	12	Bedford	7:51.6	24:25.04	36

2020 PRIDE OF IOWA CC CONFERENCE MEET - 10/13/2020**Lake of Three Fires****Rankings****Event 1 Mixed 2 Mile Run CC Middle School**

Name	Year School	Avg Mile	Finals	Points
Results - Women 2Mile Mile Run				
1 Baker, Ellie	W8 Martensdale	6:49.1	13:38.18	1
2 Schreck, Addyson	W8 Central Decatur	7:07.8	14:15.56	2
3 Elbert, Autumn	W8 Martensdale	7:16.4	14:32.76	3
4 Hart, Maryann	W8 Martensdale	7:20.0	14:40.00	4
5 Carcamo, Isabella	W7 Central Decatur	7:23.2	14:46.34	5
6 Hughes, Emily	W8 Martensdale	7:26.8	14:53.50	6
7 Cook, Cortlyn	W7 Central Decatur	7:27.7	14:55.37	7
8 Brandhorst, Katelyn	W7 Bedford MS	7:28.8	14:57.59	
9 Oberender, Karson	W7 Martensdale	7:36.9	15:13.68	8
10 Reser, Ashlynn	W8 Southwest Valley MS	7:38.4	15:16.80	9
11 German, Maclaine	W7 Martensdale	7:39.8	15:19.44	10
12 Clarke, Aubree	W8 Mount Ayr MS	7:50.7	15:41.33	11
13 Day, Taylor	W8 Nodaway Valley MS	7:52.1	15:44.15	12
14 Byer, Ashlynn	W7 Mount Ayr MS	7:52.2	15:44.35	13
15 Everman, London	W7 Wayne Community MS	7:59.4	15:58.79	
16 Larsen, Kacee	W7 Mount Ayr MS	8:00.2	16:00.32	14
17 Randall, Hailey	W7 Southwest Valley MS	8:02.0	16:03.82	15
18 Buckingham, Morgan	W7 Central Decatur	8:02.3	16:04.51	16
19 Kathikar, Olivia	W8 Southwest Valley MS	8:07.9	16:15.80	17
20 Shepard, Morgan	W7 Martensdale	8:11.8	16:23.59	18
21 Thompson, Brooke	W8 Martensdale	8:12.9	16:25.70	
22 Eisbach, Izzy	W7 Nodaway Valley MS	8:14.8	16:29.47	19
23 Ford, Kacie	W7 Nodaway Valley MS	8:18.6	16:37.08	20
24 Nelson, Kylie	W7 Nodaway Valley MS	8:18.9	16:37.77	21
25 Exline, Peyton	W8 Wayne Community MS	8:24.2	16:48.33	
26 Laughery, Olivia	W7 Nodaway Valley MS	8:37.3	17:14.55	22
27 Mothershead, Katalena	W8 Central Decatur	8:55.4	17:50.78	23
28 Curry, Lilly	W7 Mount Ayr MS	9:01.0	18:01.86	24
29 Hoyt, Tegan	W8 Southwest Valley MS	9:05.6	18:11.12	25
30 Bice, Ivy	W7 Mount Ayr MS	9:05.8	18:11.61	26
31 Peters, Emma	W7 Wayne Community MS	9:20.9	18:41.80	
32 Shields, Cadence	W8 Wayne Community MS	10:06.3	20:12.44	
33 Swartz, Bianca	W7 Central Decatur	10:07.0	20:13.82	27
34 Swietlik, Cassidy	W8 Mount Ayr MS	10:48.8	21:37.53	28
35 Mullen, Zoey	W7 Southwest Valley MS	10:50.3	21:40.45	29
36 Grundman, Hali	W8 Bedford MS	10:54.0	21:47.88	
37 Williams, Sara	W7 Bedford MS	10:59.8	21:59.59	
38 Sparks, Mariah	W8 Southwest Valley MS	11:14.0	22:27.88	30
39 True, Natalie	W7 Southwest Valley MS	11:14.2	22:28.33	31
40 Zimmerman, Keeton	W7 Central Decatur	12:49.1	25:38.07	32
Results - Men 2Mile Mile Run				
1 Trujillo, Adan	M8 Mount Ayr MS	6:25.6	12:51.10	
2 Johnson, Ari	M8 Central Decatur	6:28.8	12:57.61	
3 Boswell, Ashton	M7 Southwest Valley MS	6:53.4	13:46.74	
4 Ripperer, Seth	M8 East Union	7:01.5	14:02.90	
5 Coulson, Quinn	M8 Mount Ayr MS	7:07.4	14:14.75	
6 Mundil, Nathan	M8 Martensdale	7:09.7	14:19.38	1
7 Welch, Jevyn	M8 Bedford MS	7:11.0	14:21.84	
8 Jensen, Austin	M8 Central Decatur	7:55.9	15:51.67	
9 Mundil, Thomas	M8 Martensdale	8:15.2	16:30.29	2
10 Kistler, Maddox	M8 Central Decatur	8:16.8	16:33.57	
11 Hensen, Asher	M7 Martensdale	8:17.4	16:34.66	3

