

# NORTHEAST IOWA CONFERENCE CHAMPIONSHIPS



Cresco, IA

Cresco Country Club

10/13/2020

## Race #1

**WOMEN (Jr High) • 2 Miles (3.22 Kilometers)**

## FINAL RESULTS

### TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1 Decorah MS	36	1:17:49	15:34	
2 New Hampton Comm	70	1:21:32	16:19	
3 Crestwood MS	73	1:21:46	16:22	
4 Waverly-Shell Rock MS	75	1:22:26	16:30	
5 Oelwein MS	124	1:30:13	18:03	
6 Charles City MS	138	1:31:01	18:13	

### INDIVIDUAL RESULTS

Athlete	Team	Score	Time
1 Jenna Bahe	Oelwein MS	1	14:35.9
2 Anastasia Simon	Decorah MS	2	14:43.7
3 Jaylee Vobr	Crestwood MS	3	14:47.6
4 Emma Smith	Waverly-Shell Rock MS	4	15:15.6
5 Natalie Nosbisch	New Hampton Comm	5	15:24.9
6 Ava Johnson	Crestwood MS	6	15:24.9
7 Amelia Roe	Decorah MS	7	15:26.9
8 Stella Pole	Decorah MS	8	15:46.3
9 Lily Sandhorst	Decorah MS	9	15:54.4
10 Deborah Hougen	Decorah MS	10	15:57.7
11 McKenzie Riley	Decorah MS	11	16:04.4
12 Addison Lukes-Smith	Decorah MS	12	16:11.4
13 Nora Lesmeister	Decorah MS	--	16:12.6
14 Olivia Eichenberger	New Hampton Comm	13	16:18.4
15 Natalie Goodner	Decorah MS	--	16:20.8
16 Jailynt Kent	Waverly-Shell Rock MS	14	16:24.5
17 Jenna Rohne	Waverly-Shell Rock MS	15	16:28.1
18 Keziah Uglum	New Hampton Comm	16	16:32.4
19 Tegan Dungey	New Hampton Comm	17	16:33.5
20 Blaire Cummings	Crestwood MS	18	16:36.6
21 Elsa Johnson	Decorah MS	--	16:38.6
22 Abbi McQuillen	New Hampton Comm	19	16:42.9
23 Kamryn Steines	Decorah MS	--	16:48.1
24 Violet Cummings	Decorah MS	--	16:50.5

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	
25	Mollie Huntzelman	Waverly-Shell Rock MS	20	16:50.6
26	Olivia Huinker	Decorah MS	--	16:53.3
27	Mallory Berns	Waukon	--	17:02.6
28	Ella Bergan	Crestwood MS	21	17:24.8
29	Jaden Deppe	Waverly-Shell Rock MS	22	17:27.4
30	Emma Prichard	Charles City MS	23	17:30.6
31	Natalie King	Charles City MS	24	17:31.6
32	Zoey Mehmert	Crestwood MS	25	17:32.0
33	Amelia Wadsworth	Decorah MS	--	17:44.8
34	Merissa Rogers	Oelwein MS	26	17:45.1
35	Kaity Heckers	Charles City MS	27	18:01.2
36	Leah Suhr	Decorah MS	--	18:09.4
37	Elsa Christman	Decorah MS	--	18:15.0
38	Grace Blikre	Decorah MS	--	18:15.5
39	Alexis Pankow	Crestwood MS	28	18:19.8
40	Avarie Rahe	Oelwein MS	29	18:21.3
41	Isabella Fisher	Charles City MS	30	18:25.5
42	Greta Jones	Decorah MS	--	18:36.3
43	Brooklyn McShane	New Hampton Comm	31	18:38.0
44	Emmah Hoveland	Oelwein MS	32	18:42.7
45	Mara Branum	Decorah MS	--	18:56.1
46	McKenna Demaray	New Hampton Comm	33	19:02.1
47	Jaidyn Duvel	Decorah MS	--	19:12.4
48	Trudy Baxter	Waukon	--	19:13.1
49	McKenzie Herzberg	New Hampton Comm	--	19:13.2
50	Zoey Dreckman	New Hampton Comm	--	19:25.5
51	Roxie Grotegut	Waukon	--	19:27.5
52	Elizabeth Field	Charles City MS	34	19:31.9
53	Sierra Jump-Gerleman	Decorah MS	--	19:34.3
54	Emma Retallick	Waukon	--	19:34.3
55	Norah Poppe	Waverly-Shell Rock MS	35	20:21.0
56	Claire Prouty	Oelwein MS	36	20:47.3
57	Addison Tracey	Charles City MS	37	21:00.3
58	Emma Woodson	Oelwein MS	38	21:08.5
59	Kyra O'Hara	Decorah MS	--	21:23.2
60	Ellie Gassman	Charles City MS	39	21:38.0
61	Abby Larson	Decorah MS	--	21:39.0
62	Kinlee Phillips	Waverly-Shell Rock MS	40	22:01.0
63	Camlyla Thomas	Charles City MS	--	22:19.1
64	Layla Berry	Oelwein MS	41	22:21.9
65	Destiny Kolheim	Charles City MS	--	22:55.3
66	Charlie Hoodjer	Waverly-Shell Rock MS	--	22:56.4
67	Ella Hansel	Waverly-Shell Rock MS	--	22:58.2
68	Sydney Hansel	Waverly-Shell Rock MS	--	23:14.4
69	Ella Jones	Charles City MS	--	23:33.6
70	Lola Low	Charles City MS	--	23:48.8
71	Elliana Brodbeck	Decorah MS	--	23:53.2

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>
72 Gwenth Thompson	Decorah MS	--	24:04.0
73 Emilee Sande	Charles City MS	--	24:04.6
74 Nevaeh Jensen	Charles City MS	--	24:56.3
75 Hailey Schmidt	Charles City MS	--	26:04.2
76 Gabby Lee	Waverly-Shell Rock MS	--	26:11.4
77 Gracie Lee	Waverly-Shell Rock MS	--	26:21.2
78 Alexandria Johnson	Waverly-Shell Rock MS	--	26:49.5
79 Isabella Asqui	Charles City MS	--	27:07.6
80 Charlotte Voss	Charles City MS	--	27:21.2
81 Reegan Severin	Charles City MS	--	27:30.2
82 Aurora Wilson	Charles City MS	--	29:28.8

**Race #2****MEN (Jr High) • 2 Miles (3.22 Kilometers)****FINAL RESULTS****TEAM SCORING SUMMARY**

<b>Final Standings</b>	<b>Score</b>	<b>Total</b>	<b>Avg.</b>	<b>Division</b>
1 Decorah MS	40	1:07:35	13:31	
2 Waukon	71	1:10:39	14:08	
3 Charles City MS	73	1:10:23	14:05	
4 Crestwood MS	84	1:11:01	14:13	
5 Waverly-Shell Rock MS	123	1:15:08	15:02	
6 Oelwein MS	159	1:20:19	16:04	
7 New Hampton Comm	175	1:28:57	17:48	

**INDIVIDUAL RESULTS**

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>
1 Xander Graeser	Charles City MS	1	12:34.8
2 Knute Rogne	Crestwood MS	2	12:53.2
3 Nick Williams	Charles City MS	3	13:04.4
4 Ethan Gibbs	Waukon	4	13:13.5
5 Caleb Helgerson	Waukon	5	13:20.8
6 Grant Zilka	Decorah MS	6	13:24.4
7 Davis Coppola	Decorah MS	7	13:26.4
8 Riley Berns	Decorah MS	8	13:27.2
9 D'mitry Lesser	Decorah MS	9	13:37.9
10 Kyle Pattison	Decorah MS	10	13:39.0
11 Reid Berns	Decorah MS	11	13:39.8
12 Isaac Reisinger	Waukon	12	13:42.4
13 Tommy Hammel	Decorah MS	13	13:56.0
14 Jaxon Millage	Crestwood MS	14	14:03.3
15 Colton O'Neill	Waukon	15	14:04.2
16 Holden McInroy	Charles City MS	16	14:09.2
17 Caden Sundeburg	Waverly-Shell Rock MS	17	14:10.5
18 Calyb Zeien	New Hampton Comm	18	14:10.8
19 Brooks Moser	Crestwood MS	19	14:17.7
20 Timmy Kapler	Crestwood MS	20	14:23.9
21 Will Robinson	Decorah MS	--	14:27.8
22 Carson Bohner	Decorah MS	--	14:31.7
23 Grant Remington	Decorah MS	--	14:37.4
24 Garrett See	Decorah MS	--	14:44.0
25 Caleb Schunk	Oelwein MS	21	14:45.3
26 Dylan Hamilton	Oelwein MS	22	14:45.8
27 Landyn Hook	Decorah MS	--	14:53.8
28 Jax Stafford	Waverly-Shell Rock MS	23	14:55.1
29 Max Grimstad	Decorah MS	--	15:00.1
30 Oliver Bollinger	Decorah MS	--	15:02.9

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	
31	Jarrin Robinson	New Hampton Comm	24	15:07.2
32	St. Pierre Muamba	Charles City MS	25	15:12.4
33	Beckett Huntzelman	Waverly-Shell Rock MS	26	15:17.7
34	Keaton Nalean-Carlson	Decorah MS	--	15:18.7
35	Tai Cummer	Waverly-Shell Rock MS	27	15:20.5
36	Jase Anderson	Charles City MS	28	15:22.0
37	Ben Isaacson	Crestwood MS	29	15:22.6
38	Tsion Bird	Waverly-Shell Rock MS	30	15:23.4
39	Ezra Vorvick	Decorah MS	--	15:27.8
40	Brock Kuhse	Waverly-Shell Rock MS	31	15:31.8
41	Grahm Bochmann	Waverly-Shell Rock MS	32	15:32.8
42	McCoy Mcllravy	Waverly-Shell Rock MS	--	15:41.9
43	Wouter Reuling	Waverly-Shell Rock MS	--	15:55.7
44	Michael Bauer	Charles City MS	33	15:57.4
45	Landon Dowd	Oelwein MS	34	15:59.9
46	Cooper Ridder	Waverly-Shell Rock MS	--	16:11.2
47	Judah Miller	Waverly-Shell Rock MS	--	16:13.0
48	Memphis Miller	Waukon	35	16:17.5
49	Mason Nelson	Charles City MS	36	16:17.6
50	Liam Chamberlain	Decorah MS	--	16:17.8
51	Daniel Becker	Waverly-Shell Rock MS	--	16:20.0
52	Own Tjebkes	Waverly-Shell Rock MS	--	16:26.3
53	Tucker Burrichter	Waukon	37	16:32.8
54	Jordin Ritter	Charles City MS	--	16:36.3
55	Logan Smith	Decorah MS	--	16:37.9
56	Gabe SmolikHagen	Waverly-Shell Rock MS	--	16:41.0
57	Carter Haberkorn	Charles City MS	--	16:45.7
58	Garrett Willie	Decorah MS	--	16:50.2
59	David Garcia	Charles City MS	--	16:51.3
60	Drake Hanks	Waukon	38	17:02.6
61	Beau Newhouse	Decorah MS	--	17:11.5
62	Pryson Rasmussen	Waukon	--	17:17.7
63	Lucas Wemark	Crestwood MS	39	17:18.6
64	Logan Gonzales	Oelwein MS	40	17:20.4
65	Carter Orr	New Hampton Comm	41	17:20.8
66	Isaak Kovarik	Waukon	--	17:21.0
67	Aiden Pattison	Oelwein MS	42	17:27.1
68	Chris Martin	Charles City MS	--	17:30.4
69	Andrew Olson	Decorah MS	--	17:32.4
70	Riley Perez	Charles City MS	--	17:35.8
71	Andy Kruger	Decorah MS	--	17:41.0
72	Giovanni Rios	Charles City MS	--	17:44.8
73	Kelby Cahalan	Waukon	--	17:47.1
74	Ethan Rupp	Waverly-Shell Rock MS	--	17:48.5
75	Braidyn Chesnut	Waverly-Shell Rock MS	--	18:02.5
76	Blake Hoeft	Charles City MS	--	18:08.3
77	Zander Christiansen	Waverly-Shell Rock MS	--	18:16.7

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	
78	Keyshaun Williams	Oelwein MS	43	18:19.4
79	Ethan Holthaus	Crestwood MS	44	18:33.5
80	Oliver Henning	Waverly-Shell Rock MS	--	18:35.0
81	RW Pethoud	New Hampton Comm	45	18:40.6
82	Chase Holthouse	Waverly-Shell Rock MS	--	18:53.5
83	Jackson Kowalski	Charles City MS	--	19:06.5
84	Moise Muamba	Charles City MS	--	19:13.8
85	Xavier Scott	Charles City MS	--	19:16.4
86	Tyler Hoover	Oelwein MS	46	19:17.9
87	Quintan Bridges	Charles City MS	--	19:21.2
88	Isaiah Yos Eddy	Decorah MS	--	19:29.6
89	Ayden Stafford	Charles City MS	--	19:37.6
90	Hayden Palmer	Waukon	--	19:54.1
91	Cadon Steward	Charles City MS	--	20:12.1
92	Dan McCubbin	Waverly-Shell Rock MS	--	20:13.5
93	Sam Genolous	Waverly-Shell Rock MS	--	21:27.8
94	Simon Schmidtke	Charles City MS	--	23:09.4
95	Braxton Lahr	Charles City MS	--	23:25.7
96	Codi Steinlage	New Hampton Comm	47	23:37.7
97	Elias Sassaman	Decorah MS	--	24:17.8
98	Andrew White	Charles City MS	--	26:35.6
99	Jayson Field	Charles City MS	--	32:08.8

**Race #3****WOMEN (Junior Varsity) • 5 Kilometers (3.11 Miles)****FINAL RESULTS****TEAM SCORING SUMMARY**

<b>Final Standings</b>	<b>Score</b>	<b>Total</b>	<b>Avg.</b>	<b>Division</b>
1 Decorah	15	1:57:28	23:30	
2 Waverly-Shell Rock	69	2:06:23	25:17	
3 Charles City	79	2:08:37	25:44	
4 Waukon	92	2:09:13	25:51	
5 Crestwood	114	2:11:25	26:17	

**INDIVIDUAL RESULTS**

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>
1 Rachel Bower	Decorah	1	23:03.1
2 Brielle Buresh	Decorah	2	23:20.1
3 Brynn Storhoff	Decorah	3	23:38.0
4 Kathryn Kelly	Decorah	4	23:39.0
5 Abby Bolson	Decorah	5	23:47.6
6 Danielle Losen	Decorah	6	23:48.2
7 Mya Numedahl	Decorah	7	24:00.4
8 Mairi Sessions	Decorah	--	24:02.8
9 Ali Christensen	Waverly-Shell Rock	8	24:07.7
10 Claire Schutte	Decorah	--	24:27.0
11 Maggie Kane	Decorah	--	24:33.2
12 Grace Brynsaas	Decorah	--	24:42.2
13 Naomi Simon	Decorah	--	24:42.3
14 Carley Steiret	Waverly-Shell Rock	9	24:44.8
15 Skylar Garrett	Waukon	10	24:45.9
16 Morgan Brauer	Decorah	--	24:52.1
17 Natalie White	Charles City	11	25:14.5
18 Clara Rooney	Decorah	--	25:20.0
19 Grace Thompson	Decorah	--	25:22.0
20 Claire Eckenrod	Charles City	12	25:22.7
21 Lindee Rohne	Waverly-Shell Rock	13	25:25.4
22 Olivia Byrnes	Waukon	14	25:30.1
23 Hannah Schnitzler	Decorah	--	25:33.6
24 Cady Peterson	Decorah	--	25:38.6
25 Kaia Neal	Decorah	--	25:41.3
26 Addie Isaacson	Crestwood	15	25:45.5
27 Emma Heying	Waverly-Shell Rock	16	25:48.7
28 Maya Bruening	Charles City	17	25:52.7
29 Breckan Stewart	Waukon	18	25:53.7
30 Anja Madsen	Decorah	--	25:57.1
31 Sylvia Sandhorst	Decorah	--	25:58.7
32 Ramsey Zilka	Decorah	--	25:59.9

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>
33 Lilly Luft	Charles City	19	26:02.1
34 Maggie Boss	Charles City	20	26:04.5
35 Halie Hanson	Waukon	21	26:11.2
36 Dylan Rahlf	Crestwood	22	26:12.3
37 Ruby Sullivan	Decorah	--	26:15.0
38 Anna tenHoeve	Waverly-Shell Rock	23	26:16.1
39 Elise Church	Crestwood	24	26:19.9
40 Jaide Bittinger	Waverly-Shell Rock	25	26:24.1
41 Payton Taylor	Decorah	--	26:29.9
42 Ashley Bjork	Decorah	--	26:31.4
43 Rorie Wiedow	Decorah	--	26:32.8
44 Payton Ruppert	Crestwood	26	26:32.9
45 Karissa Cotant	Crestwood	27	26:34.6
46 Aliyah Ortiola	Charles City	28	26:37.0
47 Grace Neal	Decorah	--	26:40.1
48 Bryar Duwe	Decorah	--	26:48.3
49 Olivia Marti	Waukon	29	26:52.0
50 Alli Seegers	Waverly-Shell Rock	30	26:56.4
51 Megan Roe	Decorah	--	26:56.9
52 Josie Faga	Waverly-Shell Rock	--	27:02.3
53 Emma Seward	Waverly-Shell Rock	--	27:03.7
54 Haley Rosburg	Crestwood	31	27:11.9
55 Emma Hansel	Waverly-Shell Rock	--	27:17.3
56 Anya Lovstuen	Decorah	--	27:17.4
57 Bree Rogne	Crestwood	32	27:21.1
58 Meridian Snitker	Waukon	33	27:26.4
59 Sierra Kruger	Decorah	--	27:26.4
60 Sophia Christman	Decorah	--	27:29.1
61 Lexie Engen	Decorah	--	27:30.2
62 Ellie Reznicek	Waverly-Shell Rock	--	27:32.1
63 Michaela Schwickerath	New Hampton Comm	--	27:32.7
64 Abby Moen	Decorah	--	27:38.0
65 Lexie Stammeyer	Decorah	--	27:40.0
66 Annika Lensch	Decorah	--	27:43.4
67 Cloey Usher	Charles City	34	27:51.1
68 Katie Prichard	Charles City	--	28:03.6
69 Kaylin Patten	Charles City	--	28:15.2
70 Jacy Kriener	Crestwood	--	28:22.4
71 Kaya Hines	Decorah	--	28:31.4
72 Olivia Mettille	Decorah	--	28:35.8
73 Kortni O'Connell	Decorah	--	28:39.7
74 Cora Syverson	Decorah	--	28:52.1
75 Gemma Beam	Waverly-Shell Rock	--	29:21.9
76 Jenna Lundtvedt	Decorah	--	29:23.1
77 Gillian Anderson	Charles City	--	29:31.2
78 Camryn Buseman	Waverly-Shell Rock	--	29:45.4
79 Hannah Crouch	Crestwood	--	29:52.1



<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	
80	Cassie Sobolik	Crestwood	--	29:56.2
81	Katelyn Cross	Charles City	--	30:07.7
82	Mackenzie Howard	Waverly-Shell Rock	--	30:08.8
83	Jenna Keller	Waverly-Shell Rock	--	30:16.8
84	Ashley Ferrie	Crestwood	--	30:18.7
85	Hailey Bresnahan	Waukon	35	30:21.0
86	Allison Ferrie	Crestwood	--	30:23.5
87	Hannah DeVore	Charles City	--	30:36.0
88	Karen Henriquez	Decorah	--	31:00.9
89	Ella Grouws	Decorah	--	31:27.5
90	Megan Arjes	Waverly-Shell Rock	--	31:39.6
91	Emma Forest	Waverly-Shell Rock	--	31:58.2
92	Natalie Byrnes	Waukon	--	31:59.6
93	Averie Freeman	Waverly-Shell Rock	--	32:07.4
94	Mandi Sande	Charles City	--	32:14.3
95	Lydia Monreal	Decorah	--	32:22.7
96	Morgan Dhly	Decorah	--	32:27.6
97	Sydney Rahe	Oelwein	--	32:44.3
98	Zadie Pittman	Charles City	--	32:56.4
99	Hailey Bohr	Decorah	--	36:23.9
100	Ella Schunk	Oelwein	--	40:24.9
101	Gloria Ruiz	Charles City	--	41:51.2

**Race #4****MEN (Junior Varsity) • 5 Kilometers (3.11 Miles)****FINAL RESULTS****TEAM SCORING SUMMARY**

<b>Final Standings</b>	<b>Score</b>	<b>Total</b>	<b>Avg.</b>	<b>Division</b>
1 Decorah	15	1:36:08	19:14	
2 Waukon	80	1:45:00	21:00	
3 Charles City	92	1:46:52	21:23	
4 Crestwood	113	1:49:24	21:53	
5 Waverly-Shell Rock	120	1:49:26	21:54	
6 Oelwein	144	1:54:05	22:49	
7 New Hampton Comm	169	1:56:07	23:14	

**INDIVIDUAL RESULTS**

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>
1 Bennett Schutte	Decorah	1	18:24.2
2 August Witt	Decorah	2	18:37.9
3 Adrian Huang	Decorah	3	19:30.1
4 Jake Magner	Decorah	4	19:45.7
5 Tate Schissel	Decorah	5	19:50.0
6 Drew Berns	Decorah	6	19:51.4
7 Dane Cole	Decorah	7	19:54.7
8 Landan Folkedahl	Decorah	--	20:02.6
9 Nate Keenan	Waukon	8	20:10.8
10 Josh Keenan	Waukon	9	20:21.8
11 Bradyn Hook	Decorah	--	20:23.5
12 Benjamin Driscoll	Oelwein	10	20:33.2
13 Tyler Irwin	Decorah	--	20:36.1
14 Bradley Sage	Waverly-Shell Rock	11	20:48.6
15 James Groux	Decorah	--	20:49.4
16 Drew Staudt	Charles City	12	20:50.0
17 Lukas Vance	Charles City	13	20:53.9
18 David Olson	Decorah	--	20:58.2
19 Darin Rude	Decorah	--	20:59.7
20 Benson Newhouse	Decorah	--	20:59.9
21 Luke Walter	Decorah	--	21:00.9
22 Luke Fuhrmeister	Waverly-Shell Rock	14	21:03.6
23 Caleb Kammerer	Crestwood	15	21:09.6
24 Kendrik Juelsgaard	Crestwood	16	21:10.8
25 Jason Hurd	Crestwood	17	21:11.2
26 Karter Einck	Decorah	--	21:19.3
27 Jacob Vais	Charles City	18	21:22.7
28 Tanner Marting	Waukon	19	21:23.9
29 Max Wilson	Decorah	--	21:26.0
30 Avery Shoeck	Charles City	20	21:28.2

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	
31	Hunter O'Neill	Waukon	21	21:28.3
32	Devon Pint	Oelwein	22	21:35.0
33	James VanderVelden	Waukon	23	21:35.3
34	Lance Reicks	New Hampton Comm	24	21:36.7
35	Travis Nordheim	Decorah	--	21:37.2
36	Landon Baker	New Hampton Comm	25	21:40.8
37	Kaedyn Anderson	Waukon	26	21:43.5
38	Joseph Stammeyer	Decorah	--	21:47.9
39	Brock Taylor	Decorah	--	21:52.1
40	Alex Zweibohmer	Decorah	--	21:52.4
41	Ryan Rael	Oelwein	27	21:53.1
42	Aidan Nalean-carlson	Decorah	--	22:14.5
43	Caden Baca	Crestwood	28	22:15.2
44	Jermaine Dizon	Charles City	29	22:16.6
45	Henry Weis	Decorah	--	22:19.1
46	Gabe Holden	Waverly-Shell Rock	30	22:19.3
47	Simon Mumford	Decorah	--	22:20.2
48	Tony Hobson	Waverly-Shell Rock	31	22:27.6
49	Anders Haglund	Charles City	32	22:35.3
50	Anton Dittmer	Charles City	33	22:37.1
51	Lucas Arendt	Decorah	--	22:37.5
52	Breyer Ellison	Charles City	--	22:41.2
53	Mason Ellerbroek	Waverly-Shell Rock	34	22:46.4
54	Isaac Knaack	Decorah	--	22:48.4
55	Caleb Perkins	Waukon	35	22:50.5
56	Montana Jump-Gerleman	Decorah	--	22:54.5
57	Peter Essa	Decorah	--	22:56.3
58	Carter Kowitz	Decorah	--	22:57.2
59	Dylan Mulbhauer	Decorah	--	23:00.8
60	Ashton McShane	New Hampton Comm	36	23:09.6
61	Mason Miller	Charles City	--	23:16.0
62	Lange Betts	Decorah	--	23:23.0
63	Kaleb Cotton	Charles City	--	23:23.6
64	Griffin Franksain	Charles City	--	23:29.5
65	Domanick Henry	Crestwood	37	23:36.9
66	Thomas Foster	Decorah	--	23:38.4
67	Orion REH	Charles City	--	23:52.7
68	Salem Bird	Waverly-Shell Rock	38	23:55.8
69	Denzel Decker	Waukon	--	23:57.1
70	Jake Frahm	New Hampton Comm	39	24:10.8
71	Cashton Lloyd	Waukon	--	24:11.1
72	Sam Brace	Crestwood	40	24:15.8
73	Brody Rogers	Oelwein	41	24:46.8
74	Ethan Hooten	Waukon	--	24:49.2
75	Colten Knight	Crestwood	42	24:50.3
76	Jakob Sindlinger	Charles City	--	25:08.4
77	Kaden Badura	Waverly-Shell Rock	43	25:15.9

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>
78 Ian Paul	Oelwein	44	25:16.4
79 Ethan Lewey	Waukon	--	25:22.4
80 Kyler Glenn	New Hampton Comm	45	25:28.5
81 Alex McGohan	Decorah	--	25:29.3
82 Nolan Jostand	Decorah	--	25:36.1
83 Carter Newbrough	New Hampton Comm	46	25:37.8
84 Noah Tapscott	Decorah	--	25:44.0
85 Wyatt Schradle	Charles City	--	26:15.4
86 Christian Howe	Charles City	--	26:29.6
87 Isaiah Eike	New Hampton Comm	47	26:31.5
88 Jacob Toepfer	Charles City	--	26:32.4
89 Tyler Konkle	Crestwood	--	26:59.7
90 Hunter Junge	Crestwood	--	27:59.1
91 LaQuin Reynolds-Dunlap	Decorah	--	28:20.4
92 Jackson Cook	Charles City	--	28:44.6
93 Hunter Sullivan	Charles City	--	28:46.6
94 Jackson Mraz	Waverly-Shell Rock	--	28:52.2
95 Alex Smith	Oelwein	48	28:56.3
96 Adrian Ibarra	Charles City	--	29:34.9
97 Rex Spieker	Charles City	--	30:33.2
98 Cesar Rios	Charles City	--	31:18.6
99 Braden Charlton	Charles City	--	35:57.3
100 Tyrell Baglan	Charles City	--	39:02.5
101 Christian Hughes	Charles City	--	41:37.6
102 Jacob Diers	Charles City	--	43:40.6
103 Jayden Hubbard	Charles City	--	43:45.0
104 Tommy Field	Charles City	--	1:25:39.0

**Race #5****WOMEN (Varsity) • 5 Kilometers (3.11 Miles)****FINAL RESULTS****TEAM SCORING SUMMARY**

<b>Final Standings</b>	<b>Score</b>	<b>Total</b>	<b>Avg.</b>	<b>Division</b>
1 Decorah	45	1:47:57	21:36	
2 Waverly-Shell Rock	60	1:48:24	21:41	
3 Charles City	61	1:49:14	21:51	
4 Crestwood	110	1:55:41	23:09	
5 Waukon	123	1:56:08	23:14	
6 New Hampton Comm	141	2:00:13	24:03	
7 Oelwein	166	2:03:17	24:40	

**INDIVIDUAL RESULTS**

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>
1 Kiki Connell	Charles City	1	19:11.2
2 Emma Hoins	Waverly-Shell Rock	2	19:27.7
3 Rebecca Anderson	Decorah	3	19:35.6
4 Sydney Bochmann	Waverly-Shell Rock	4	21:07.1
5 Lydia Staudt	Charles City	5	21:45.7
6 Ali Russler	New Hampton Comm	6	21:56.3
7 Kyleigh Foster	Crestwood	7	21:57.3
8 Sam See	Decorah	8	21:59.5
9 Leila Johnson	Decorah	9	21:59.6
10 Brenna Bodensteiner	Waverly-Shell Rock	10	22:02.0
11 Brianna Ross	Charles City	11	22:10.0
12 Madison Tollefson	Decorah	12	22:10.6
13 Taryn Sanderman	Decorah	13	22:11.7
14 Emily Jackson	New Hampton Comm	14	22:16.3
15 Libby Gearhart	Oelwein	15	22:22.3
16 Libbie McKeag	Charles City	16	22:24.4
17 Kendel Slavin	Crestwood	17	22:25.8
18 Abby Halverson	Decorah	18	22:34.6
19 Kyla Foy	Waverly-Shell Rock	19	22:37.4
20 Bailey Shafer	Waukon	20	22:41.4
21 Annalise Skrade	Decorah	21	22:45.9
22 Olivia Ollendick	Crestwood	22	22:58.5
23 Madelyn Helgerson	Waukon	23	22:59.1
24 Paige Hansmeier	Waukon	24	23:05.2
25 Ramey Dahlquist	Waverly-Shell Rock	25	23:09.7
26 Maria Rael	Oelwein	26	23:31.9
27 Maddy Waters	Waukon	27	23:37.9
28 Lauren Staudt	Charles City	28	23:42.2
29 Mia Kurth	Waukon	29	23:44.1
30 Cameron Johnson	Waukon	30	23:58.4

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>
31 Tara Koshatka	Crestwood	31	24:02.5
32 Katelyn Krambeer	Waukon	32	24:02.5
33 Cameron Moellers	Crestwood	33	24:16.8
34 Lydia Thompson	Charles City	34	24:16.9
35 Cloey Horns	Crestwood	35	24:22.0
36 Cece Jerome	Waverly-Shell Rock	36	24:25.0
37 Catherine Pethoud	New Hampton Comm	37	24:27.3
38 Malayna Kiel	Oelwein	38	24:51.1
39 Leah Cherry	Waverly-Shell Rock	39	24:56.9
40 Campbelle Kolbet	New Hampton Comm	40	25:10.1
41 Rylie Patrie	Charles City	41	25:17.1
42 Alexa Berryman	Oelwein	42	25:30.7
43 Heidi Mahr	Crestwood	43	25:36.9
44 Natalie Marr	New Hampton Comm	44	26:22.6
45 Jillian Prouty	Oelwein	45	27:00.8
46 Bailey Cox	New Hampton Comm	46	27:38.5

**Race #6****MEN (Varsity) • 5 Kilometers (3.11 Miles)****FINAL RESULTS****TEAM SCORING SUMMARY**

<b>Final Standings</b>	<b>Score</b>	<b>Total</b>	<b>Avg.</b>	<b>Division</b>
1 Decorah	25	1:28:56	17:48	
2 Waverly-Shell Rock	52	1:30:48	18:10	
3 Waukon	100	1:34:26	18:54	
4 Crestwood	113	1:34:54	18:59	
5 New Hampton Comm	118	1:35:19	19:04	
6 Oelwein	152	1:38:27	19:42	
7 Charles City	158	1:38:02	19:37	

**INDIVIDUAL RESULTS**

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>
1 Brady Hogan	Decorah	1	17:08.5
2 Noah Lovelace	Decorah	2	17:47.4
3 Dylan Usher	New Hampton Comm	3	17:47.5
4 Andrew Cummer	Waverly-Shell Rock	4	17:50.6
5 Arlo Hayes	Decorah	5	17:51.8
6 Nick Kepford	Waverly-Shell Rock	6	17:59.0
7 Hogan Smith	Decorah	7	18:00.5
8 Ethyn Chesnut	Waverly-Shell Rock	8	18:00.9
9 Brennan Sauser	Oelwein	9	18:05.8
10 Larson Shockey	Decorah	10	18:07.7
11 Izaak Eichinger	Decorah	11	18:10.5
12 Ray Gearhart	Oelwein	12	18:11.4
13 Nathan O'Neill	Waukon	13	18:12.4
14 Justin Nibaur	Crestwood	14	18:13.3
15 Caleb Hoins	Waverly-Shell Rock	15	18:14.1
16 Logan Delaney	Waukon	16	18:41.1
17 Cade Olson	Decorah	17	18:41.1
18 Alex Bauer	Charles City	18	18:42.7
19 Caden Kueker	Waverly-Shell Rock	19	18:42.7
20 Ethan Govern	Crestwood	20	18:51.6
21 Ryan Lubahn	Waukon	21	19:04.4
22 Wyatt Gulla	Waukon	22	19:06.7
23 Cam McMorris	New Hampton Comm	23	19:08.5
24 Nathaniel Bigalk	Crestwood	24	19:10.2
25 Dominic Bigalk	Crestwood	25	19:12.1
26 PJ Anderson	New Hampton Comm	26	19:14.8
27 Zac Birgen	Waverly-Shell Rock	27	19:14.9
28 John O'Neill	Waukon	28	19:21.3
29 Zack Graeser	Charles City	29	19:25.9
30 Ethan Mast	Crestwood	30	19:26.0

<b>Athlete</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>
31 Jack Beam	Waverly-Shell Rock	31	19:28.0
32 Jack Shawver	New Hampton Comm	32	19:29.1
33 Jared Johnson	Charles City	33	19:29.2
34 Treyce Orr	New Hampton Comm	34	19:38.7
35 Hayden Hauser	New Hampton Comm	35	19:49.9
36 Isaac Thompson	Charles City	36	19:52.7
37 Skyler Dugan	Waukon	37	19:53.8
38 Jeremy Andera	Crestwood	38	20:05.8
39 Aidan Jones	Waukon	39	20:07.3
40 Andrew Rownd	Oelwein	40	20:21.0
41 Aydin Ries	New Hampton Comm	41	20:31.4
42 Malcolm Lopez	Charles City	42	20:31.7
43 Luke Stortz	Crestwood	43	20:40.2
44 Clayton Rand	Charles City	44	20:42.9
45 Jacob Sullivan	Oelwein	45	20:52.7
46 Lane Rechkemmer	Oelwein	46	20:55.9
47 Keetan Kirby	Charles City	47	21:02.4
48 Ryan Mortenson	Oelwein	48	21:03.6
49 Cj Beatty	Oelwein	49	22:30.1