

NAIA SEMINOLE VALLEY STAMPEDE 2018

Cedar Rapids, IA
 Noelridge Park
 Weather: Sunny, Wind NW 31+mph & 45°
 Host: Mount Mercy University
 Saturday, October 20, 2018

MEET OFFICIALS

Meet Director:
 Ryan Scheckel
Timing:
 Andrew Kauder



KAUDER RACING

OFFICIAL MEET REPORT

printed: 10/20/2018 7:49 PM

Race #1
Women's 5K

Final Results**TEAM SCORING SUMMARY**

| Final Standings | Score | Scoring Order | Total | Avg. | Spread |
|---------------------------------|-------|-------------------------------|---------|-------|--------|
| 1 St. Ambrose University | 101 | 3-14-23-29-32(36)(42) | 1:37:46 | 19:34 | 1:15.8 |
| 2 Indiana Tech | 127 | 9-20-25-33-40(51)(81) | 1:38:57 | 19:48 | 0:52.0 |
| 3 Northwestern College | 130 | 10-22-26-28-44(65)(75) | 1:38:57 | 19:48 | 0:54.2 |
| 4 University of Saint Mary | 168 | 1-7-34-48-78(115)(135) | 1:38:40 | 19:44 | 2:16.5 |
| 5 Olivet Nazarene University | 179 | 5-24-45-46-59(83)(84) | 1:39:41 | 19:57 | 1:28.9 |
| 6 Hastings College | 181 | 4-12-39-62-64(68)(106) | 1:39:26 | 19:54 | 1:39.0 |
| 7 Concordia University Nebra | 237 | 15-31-35-77-79(80)(103) | 1:40:48 | 20:10 | 1:12.6 |
| 8 Trinity Christian College | 253 | 6-21-43-67-116(117)(133) | 1:41:16 | 20:16 | 2:37.7 |
| 9 Mount Mercy University | 270 | 11-49-55-69-86(88)(112) | 1:41:26 | 20:18 | 1:29.4 |
| 10 Friends University | 271 | 18-56-58-66-73(92)(95) | 1:41:37 | 20:20 | 1:00.8 |
| 11 William Woods University | 309 | 17-50-53-90-99(121)(123) | 1:42:15 | 20:27 | 1:35.3 |
| 12 Baker University | 321 | 27-52-60-85-97(101)(104) | 1:42:34 | 20:31 | 1:15.9 |
| 13 Valley City State University | 374 | 16-30-87-111-130(142) | 1:44:04 | 20:49 | 2:44.6 |
| 14 Tabor College | 396 | 13-19-91-105-168(169)(181) | 1:45:56 | 21:12 | 5:06.4 |
| 15 John Brown University | 397 | 38-61-82-98-118(119)(124) | 1:44:17 | 20:52 | 1:39.2 |
| 16 Clarke University | 425 | 41-47-72-131-134(166)(167) | 1:45:50 | 21:10 | 2:14.8 |
| 17 Judson University | 440 | 37-54-102-120-127(128)(143) | 1:45:46 | 21:10 | 2:04.1 |
| 18 Central Methodist Universit | 442 | 8-74-100-122-138(161)(176) | 1:45:43 | 21:09 | 3:18.7 |
| 19 Concordia University (Michi | 516 | 70-71-89-114-172(174) | 1:48:40 | 21:44 | 4:28.0 |
| 20 Waldorf University | 539 | 2-63-136-163-175(180) | 1:51:01 | 22:13 | 6:26.5 |
| 21 Dakota State University | 566 | 96-108-109-113-140(141)(152) | 1:48:15 | 21:39 | 1:39.6 |
| 22 Grand View University | 596 | 76-94-126-147-153(156) | 1:50:03 | 22:01 | 2:36.8 |
| 23 Briar Cliff University | 635 | 57-132-139-149-158(159)(162) | 1:52:14 | 22:27 | 3:16.3 |
| 24 Graceland University | 687 | 110-125-144-151-157(171)(179) | 1:53:10 | 22:38 | 2:11.9 |
| 25 William Penn University | 696 | 107-129-145-155-160 | 1:53:30 | 22:42 | 2:25.4 |
| 26 Viterbo University | 710 | 93-148-150-154-165(173)(178) | 1:54:42 | 22:57 | 3:17.8 |
| 27 Lindenwood University-Bell | 794 | 137-146-164-170-177 | 1:59:46 | 23:58 | 2:46.9 |

INDIVIDUAL RESULTS

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. kM | 1 Mile | 2 Mile |
|------------------------|----|------------------------|-------|---------|-----------|---------|--------|---------|
| 1 SHOEMAKER, Kailtyn | SR | University of Saint | 1 | 18:24.7 | 5:55.5 | 3:40.9 | 5:52.7 | 11:56.5 |
| 2 KUIK, Marissa | JR | Waldorf University | 2 | 18:40.1 | 6:00.5 | 3:44.0 | 5:49.1 | 11:56.0 |
| 3 PLUMB, Ashley | JR | St. Ambrose Univer | 3 | 18:43.6 | 6:01.6 | 3:44.7 | 5:48.6 | 11:56.3 |
| 4 HENNINGS, Heidi | SR | Hastings College | 4 | 18:51.9 | 6:04.3 | 3:46.4 | 5:48.5 | 11:56.1 |
| 5 BROCK, Karalynn | SR | Olivet Nazarene Uni | 5 | 18:57.9 | 6:06.2 | 3:47.6 | 6:00.5 | 12:08.7 |
| 6 DEWEERD, Megan | SR | Trinity Christian Coll | 6 | 19:04.8 | 6:08.5 | 3:48.9 | 5:53.0 | 12:08.6 |
| 7 WHITE-DOLD, Brittany | JR | University of Saint | 7 | 19:16.3 | 6:12.2 | 3:51.2 | 6:05.9 | 12:25.0 |
| 8 SAUTER, Lisa | SO | Central Methodist U | 8 | 19:18.4 | 6:12.8 | 3:51.7 | 5:56.2 | 12:10.4 |
| 9 KLINE, Kara | FR | Indiana Tech | 9 | 19:19.3 | 6:13.1 | 3:51.9 | 5:51.5 | 12:17.5 |
| 10 HARTHOORN, Breanna | JR | Northwestern Colle | 10 | 19:19.7 | 6:13.3 | 3:51.9 | 5:57.6 | 12:19.3 |

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Ryan Scheckel

Timing:

Andrew Kauder

**KAUDER RACING****OFFICIAL MEET REPORT**

printed: 10/20/2018 7:49 PM

**Race #1
Women's 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. km | 1 Mile | 2 Mile |
|------------------------|-----------|------------------------|--------------|-------------|------------------|----------------|---------------|---------------|
| 11 CORTES, Vanessa | JR | Mount Mercy Univer | 11 | 19:21.6 | 6:13.9 | 3:52.3 | 6:10.9 | 12:25.1 |
| 12 KEECH, Karsen | JR | Hastings College | 12 | 19:22.9 | 6:14.3 | 3:52.6 | 6:01.0 | 12:21.0 |
| 13 LOEWEN, Julie | SR | Tabor College | 13 | 19:27.6 | 6:15.8 | 3:53.5 | 6:08.2 | 12:28.0 |
| 14 SEARS, Abby | JR | St. Ambrose Univer | 14 | 19:27.8 | 6:15.9 | 3:53.6 | 6:09.0 | 12:32.4 |
| 15 GROVE, Taylor | JR | Concordia Universit | 15 | 19:29.6 | 6:16.4 | 3:53.9 | 5:55.2 | 12:18.6 |
| 16 MILLER, Grace | SR | Valley City State Un | 16 | 19:29.8 | 6:16.5 | 3:54.0 | 6:06.6 | 12:28.0 |
| 17 DROWN, Whitneigh | FR | William Woods Univ | 17 | 19:33.2 | 6:17.6 | 3:54.6 | 6:05.0 | 12:26.7 |
| 18 TITUS, Christa | SR | Friends University | 18 | 19:36.8 | 6:18.8 | 3:55.4 | 6:06.0 | 12:29.2 |
| 19 KEMLING, Emily | JR | Tabor College | 19 | 19:37.5 | 6:19.0 | 3:55.5 | 6:11.1 | 12:34.9 |
| 20 LOMBARDO, Alexis | JR | Indiana Tech | 20 | 19:38.9 | 6:19.4 | 3:55.8 | 6:04.5 | 12:31.3 |
| 21 NARCISI, Gina | SR | Roosevelt Universit | - | 19:39.8 | 6:19.7 | 3:55.9 | 6:03.8 | 12:31.6 |
| 22 SYVERSON, Nicole | SR | Trinity Christian Coll | 21 | 19:43.3 | 6:20.9 | 3:56.7 | 5:53.5 | 12:10.0 |
| 23 ENGBRETSON, Katrina | JR | Northwestern Colle | 22 | 19:44.4 | 6:21.2 | 3:56.9 | 6:06.4 | 12:38.6 |
| 24 GRADY, Megan | SO | St. Ambrose Univer | 23 | 19:44.6 | 6:21.3 | 3:56.9 | 6:09.1 | 12:32.7 |
| 25 BUDACH, Angela | JR | Olivet Nazarene Uni | 24 | 19:44.7 | 6:21.3 | 3:56.9 | 6:05.8 | 12:33.9 |
| 26 WILSON, Nikki | SO | Indiana Tech | 25 | 19:48.1 | 6:22.4 | 3:57.6 | 6:06.4 | 12:35.5 |
| 27 VAN MEETEREN, Emma | JR | Northwestern Colle | 26 | 19:49.1 | 6:22.7 | 3:57.8 | 6:10.1 | 12:41.8 |
| 28 TSABADZE, Sophy | JR | Baker University | 27 | 19:49.5 | 6:22.9 | 3:57.9 | 6:18.6 | 12:39.5 |
| 29 MUILENBURG, Autumn | FR | Northwestern Colle | 28 | 19:49.6 | 6:22.9 | 3:57.9 | 6:19.3 | 12:46.3 |
| 30 GUNN, Chloe | SR | St. Ambrose Univer | 29 | 19:50.9 | 6:23.3 | 3:58.2 | 6:10.6 | 12:30.1 |
| 31 WEITKUM, Allyssa | JR | Valley City State Un | 30 | 19:54.7 | 6:24.5 | 3:58.9 | 6:11.3 | 12:41.1 |
| 32 DELOACH, Abi | FR | Concordia Universit | 31 | 19:57.0 | 6:25.3 | 3:59.4 | 6:13.9 | 12:41.6 |
| 33 KNOBLOCH, Keeley | SR | St. Ambrose Univer | 32 | 19:59.3 | 6:26.0 | 3:59.9 | 6:09.0 | 12:40.4 |
| 34 NEWMAN, Hayley | JR | Indiana Tech | 33 | 19:59.5 | 6:26.1 | 3:59.9 | 6:06.2 | 12:37.6 |
| 35 FLORES, Divina | SR | University of Saint | 34 | 19:59.8 | 6:26.2 | 4:00.0 | 6:20.0 | 12:50.7 |
| 36 HINRICHS, Rebekah | JR | Concordia Universit | 35 | 20:00.3 | 6:26.3 | 4:00.1 | 6:03.9 | 12:36.3 |
| 37 DUNCAN, Claire | FR | St. Ambrose Univer | (36) | 20:04.7 | 6:27.7 | 4:00.9 | 6:13.0 | 12:44.9 |
| 38 BURKHART, Chloe | JR | Judson University | 37 | 20:05.7 | 6:28.1 | 4:01.1 | 6:18.8 | 12:54.1 |
| 39 PEARSON, Allika | FR | John Brown Univers | 38 | 20:07.3 | 6:28.6 | 4:01.5 | 6:18.3 | 12:54.2 |
| 40 MUDLOFF, Makayla | JR | Hastings College | 39 | 20:10.6 | 6:29.6 | 4:02.1 | 6:10.3 | 12:46.4 |
| 41 THEISMANN, Megan | SO | Indiana Tech | 40 | 20:11.3 | 6:29.9 | 4:02.2 | 6:06.5 | 12:43.0 |
| 42 BLOCK, Lauren | SR | Clarke University | 41 | 20:11.9 | 6:30.0 | 4:02.4 | 6:13.3 | 12:49.6 |
| 43 DUNCAN, Emma | FR | St. Ambrose Univer | (42) | 20:12.6 | 6:30.3 | 4:02.5 | 6:14.6 | 12:50.4 |
| 44 FATHMAN, Hope | SR | Trinity Christian Coll | 43 | 20:13.2 | 6:30.5 | 4:02.6 | 6:30.6 | 13:02.2 |
| 45 BOSCH, Emily | FR | Northwestern Colle | 44 | 20:13.9 | 6:30.7 | 4:02.8 | 6:09.3 | 12:47.1 |
| 46 LATOCHA, Jaclyn | FR | Olivet Nazarene Uni | 45 | 20:14.1 | 6:30.8 | 4:02.8 | 6:18.6 | 12:57.3 |
| 47 WIDDER, Hailey | SR | Olivet Nazarene Uni | 46 | 20:17.0 | 6:31.7 | 4:03.4 | 6:21.8 | 12:59.5 |
| 48 RIESENBERG, Emily | SR | Clarke University | 47 | 20:17.9 | 6:32.0 | 4:03.6 | 6:18.1 | 12:53.7 |
| 49 STEIN, Mariah | SR | University of Saint | 48 | 20:17.9 | 6:32.0 | 4:03.6 | 6:23.2 | 12:59.9 |
| 50 ERTZ, Andrea | JR | Mount Mercy Univer | 49 | 20:18.3 | 6:32.1 | 4:03.6 | 6:23.6 | 12:56.8 |
| 51 NALE, Harley | SO | William Woods Univ | 50 | 20:18.6 | 6:32.2 | 4:03.7 | 6:13.4 | 12:52.0 |
| 52 RENNINGER, Kaleigh | FR | Indiana Tech | (51) | 20:19.4 | 6:32.5 | 4:03.9 | 6:08.5 | 12:46.8 |
| 53 HERNANDEZ, Janeane | JR | Baker University | 52 | 20:19.6 | 6:32.5 | 4:03.9 | 6:23.7 | 12:59.8 |
| 54 ENGELBRECHT, Alicia | FR | William Woods Univ | 53 | 20:19.7 | 6:32.6 | 4:03.9 | 6:14.9 | 12:54.5 |
| 55 MAYER, Marie | SO | Judson University | 54 | 20:21.2 | 6:33.0 | 4:04.2 | 5:54.5 | 12:41.0 |
| 56 ZAMORA, Alexa | SR | Mount Mercy Univer | 55 | 20:21.5 | 6:33.1 | 4:04.3 | 6:31.6 | 13:05.1 |

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|------------------------|----|------------------------|-------|---------|-----------|---------|---------|---------|
| 57 TENOVE, Miranda | JR | Friends University | 56 | 20:23.8 | 6:33.9 | 4:04.8 | 6:10.8 | 12:55.1 |
| 58 PAULS, Kait | JR | Briar Cliff University | 57 | 20:25.4 | 6:34.4 | 4:05.1 | 6:07.9 | 12:55.0 |
| 59 ZAHARIADES, Kara | SO | Friends University | 58 | 20:26.3 | 6:34.7 | 4:05.3 | 6:12.9 | 12:53.5 |
| 60 VARGAS, Sarai | FR | Olivet Nazarene Uni | 59 | 20:26.8 | 6:34.8 | 4:05.3 | 6:13.5 | 12:45.7 |
| 61 WILHOIT, Mia | FR | Baker University | 60 | 20:28.7 | 6:35.5 | 4:05.7 | 6:21.1 | 13:00.3 |
| 62 SWANSON, Emma | FR | St. Ambrose Univer | - | 20:29.0 | 6:35.6 | 4:05.8 | 6:21.1 | 13:01.7 |
| 63 ROTH, Reagan | SR | John Brown Univers | 61 | 20:29.1 | 6:35.6 | 4:05.8 | 6:17.8 | 12:56.6 |
| 64 SELVAGE, Cody | SO | Hastings College | 62 | 20:29.7 | 6:35.8 | 4:05.9 | 6:11.4 | 12:55.8 |
| 65 WIDENER, Marissa | JR | Waldorf University | 63 | 20:30.4 | 6:36.0 | 4:06.1 | 6:19.6 | 12:58.8 |
| 66 MCDONALD, Aleisha | FR | Hastings College | 64 | 20:30.9 | 6:36.2 | 4:06.2 | 6:17.7 | 13:07.9 |
| 67 KOEPKE, Hunter | SO | Northwestern Colle | (65) | 20:32.0 | 6:36.5 | 4:06.4 | 6:21.8 | 13:03.5 |
| 68 BALLARD, Nicole | SO | Friends University | 66 | 20:32.0 | 6:36.5 | 4:06.4 | 6:16.7 | 12:59.7 |
| 69 BOSS, Allie | FR | Trinity Christian Coll | 67 | 20:32.3 | 6:36.6 | 4:06.4 | 6:30.8 | 13:02.2 |
| 70 MUNDY, Nicole | SR | Hastings College | (68) | 20:32.9 | 6:36.8 | 4:06.6 | 6:09.3 | 12:53.8 |
| 71 ERICKSON, Emily | FR | Mount Mercy Univer | 69 | 20:33.7 | 6:37.1 | 4:06.7 | 6:27.5 | 13:02.0 |
| 72 STREETER, Amber | JR | Concordia Universit | 70 | 20:34.1 | 6:37.2 | 4:06.8 | 6:25.6 | 13:08.9 |
| 73 PORTER, Gabby | SO | Concordia Universit | 71 | 20:35.0 | 6:37.5 | 4:07.0 | 6:30.9 | 13:17.0 |
| 74 RONNEBAUM, Claire | FR | Clarke University | 72 | 20:36.9 | 6:38.1 | 4:07.4 | 6:15.6 | 12:58.6 |
| 75 SIMMONS, Kara | SR | Friends University | 73 | 20:37.6 | 6:38.3 | 4:07.5 | 6:20.7 | 13:08.4 |
| 76 VAN VOORHIS, Brooke | SO | Central Methodist U | 74 | 20:37.7 | 6:38.4 | 4:07.5 | 6:12.8 | 12:58.8 |
| 77 TEIGLAND, Anna | SO | Northwestern Colle | (75) | 20:37.7 | 6:38.4 | 4:07.5 | 6:22.0 | 13:03.7 |
| 78 BARRETTA, Michaela | JR | Grand View Univers | 76 | 20:38.6 | 6:38.7 | 4:07.7 | 13:01.1 | |
| 79 COOK, Lydia | SO | Concordia Universit | 77 | 20:38.9 | 6:38.8 | 4:07.8 | 6:16.8 | 13:00.5 |
| 80 STOUFFER, Shelby | JR | University of Saint | 78 | 20:41.1 | 6:39.5 | 4:08.2 | 6:28.2 | 13:16.1 |
| 81 FYE, Alyssa | SO | Concordia Universit | 79 | 20:42.1 | 6:39.8 | 4:08.4 | 6:23.5 | 13:12.5 |
| 82 REBMANN, Hannah | JR | Concordia Universit | (80) | 20:42.9 | 6:40.1 | 4:08.6 | 6:19.7 | 13:08.3 |
| 83 COLON, Julianna | SO | Indiana Tech | (81) | 20:45.0 | 6:40.7 | 4:09.0 | 6:32.3 | 13:22.2 |
| 84 LARSON, Sarah | SO | John Brown Univers | 82 | 20:45.9 | 6:41.0 | 4:09.2 | 6:25.1 | 13:10.2 |
| 85 WIDDER, Taylor | FR | Olivet Nazarene Uni | (83) | 20:46.2 | 6:41.1 | 4:09.2 | 6:20.6 | 13:10.8 |
| 86 MICKULAS, Kailyn | SO | Olivet Nazarene Uni | (84) | 20:46.9 | 6:41.3 | 4:09.4 | 6:16.7 | 12:59.3 |
| 87 VARGAS, Christina | JR | Olivet Nazarene Uni | - | 20:48.2 | 6:41.8 | 4:09.6 | 6:22.6 | 13:09.0 |
| 88 HENDERSON, Camille | SO | Baker University | 85 | 20:50.6 | 6:42.5 | 4:10.1 | 6:28.8 | 13:20.2 |
| 89 JOHNSON, McKenna | SO | Mount Mercy Univer | 86 | 20:50.9 | 6:42.6 | 4:10.2 | 6:20.3 | 13:04.3 |
| 90 GANNON, Angeline | FR | Valley City State Un | 87 | 20:51.5 | 6:42.8 | 4:10.3 | 6:22.8 | 13:11.0 |
| 91 CROGHAN, Samantha | JR | Mount Mercy Univer | (88) | 20:52.1 | 6:43.0 | 4:10.4 | 6:30.7 | 13:18.2 |
| 92 LANG, Kelsey | JR | Northwestern Colle | - | 20:52.6 | 6:43.1 | 4:10.5 | 6:26.1 | 13:16.7 |
| 93 BELL, Veronica | FR | Concordia Universit | 89 | 20:52.8 | 6:43.2 | 4:10.6 | 6:30.8 | 13:16.9 |
| 94 KEATH, Katie | SO | William Woods Univ | 90 | 20:54.3 | 6:43.7 | 4:10.9 | 6:29.0 | 13:20.1 |
| 95 CRIST, Lindsay | JR | Tabor College | 91 | 20:58.7 | 6:45.1 | 4:11.7 | 6:29.1 | 13:15.9 |
| 96 GARRISON, Grace | FR | Friends University | (92) | 21:01.2 | 6:45.9 | 4:12.2 | 6:18.4 | 13:12.0 |
| 97 HERZOG, Lauren | FR | Viterbo University | 93 | 21:02.4 | 6:46.3 | 4:12.5 | 6:35.3 | 13:37.9 |
| 98 MARIN, Anytcy | JR | Grand View Univers | 94 | 21:02.9 | 6:46.5 | 4:12.6 | 6:17.8 | 13:09.2 |
| 99 REAVES, Payton | JR | Friends University | (95) | 21:04.1 | 6:46.8 | 4:12.8 | 6:18.4 | 13:19.2 |
| 100 ROBINSON, Ashley | JR | Dakota State Univer | 96 | 21:04.7 | 6:47.1 | 4:12.9 | 6:34.0 | 13:26.7 |
| 101 CHAMBERS, Emily | SO | Baker University | 97 | 21:05.4 | 6:47.3 | 4:13.1 | 6:23.7 | 13:18.4 |
| 102 ASBECK, Emilie | FR | John Brown Univers | 98 | 21:07.8 | 6:48.1 | 4:13.6 | 6:28.0 | 13:24.9 |

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Noelridge Park

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Andrew Kauder

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**Race #1
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| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. km | 1 Mile | 2 Mile |
|--------------------------|-----------|------------------------|--------------|-------------|------------------|----------------|---------------|---------------|
| 103 PUTNAM, Kimi | SO | William Woods Univ | 99 | 21:08.4 | 6:48.3 | 4:13.7 | 6:28.1 | 13:20.6 |
| 104 RETTENMEIER, Mallory | SR | St. Ambrose Univer | - | 21:09.7 | 6:48.7 | 4:13.9 | 6:48.6 | 13:43.6 |
| 105 CROSS, Abby | SR | Central Methodist U | 100 | 21:10.4 | 6:48.9 | 4:14.1 | 6:35.4 | 13:32.1 |
| 106 BLACK, Jenna | SR | Baker University | (101) | 21:10.8 | 6:49.0 | 4:14.1 | 6:35.9 | 13:33.7 |
| 107 CISNEROS, Anali | JR | Judson University | 102 | 21:13.2 | 6:49.8 | 4:14.6 | 6:29.4 | 13:27.0 |
| 108 BIERWAGEN, Alyssa | SO | Concordia Universit | (103) | 21:13.8 | 6:50.0 | 4:14.7 | 6:23.2 | 13:14.7 |
| 109 GROSSERODE, Kasi | SO | Concordia Universit | - | 21:15.1 | 6:50.4 | 4:15.0 | 6:31.1 | 13:32.9 |
| 110 SHEPARD, Rachel | FR | Olivet Nazarene Uni | - | 21:15.5 | 6:50.5 | 4:15.1 | 6:18.7 | 13:19.8 |
| 111 WIDLER, Larissa | FR | Baker University | (104) | 21:18.1 | 6:51.4 | 4:15.6 | 6:29.4 | 13:26.1 |
| 112 BERGGREN, Abby | FR | Tabor College | 105 | 21:18.3 | 6:51.4 | 4:15.7 | 6:35.7 | 13:31.6 |
| 113 HAUXWELL, Kaley | FR | Hastings College | (106) | 21:18.5 | 6:51.5 | 4:15.7 | 6:33.6 | 13:37.2 |
| 114 DICKES, Jenny | JR | St. Ambrose Univer | - | 21:18.9 | 6:51.6 | 4:15.8 | 6:39.9 | 13:40.1 |
| 115 DOUVER, Talaysia | FR | William Penn Unive | 107 | 21:19.2 | 6:51.7 | 4:15.8 | 6:24.2 | 13:30.3 |
| 116 WESTBROOK, Davina | FR | Hastings College | - | 21:20.2 | 6:52.1 | 4:16.0 | 6:23.4 | 13:24.6 |
| 117 CHRISTIANSEN, Jacia | SO | Dakota State Univer | 108 | 21:24.1 | 6:53.3 | 4:16.8 | 6:29.0 | 13:30.5 |
| 118 PAETOW, Kirsten | SO | Dakota State Univer | 109 | 21:26.4 | 6:54.0 | 4:17.3 | 6:35.1 | 13:38.9 |
| 119 MCCLARY, Samantha | FR | Olivet Nazarene Uni | - | 21:26.5 | 6:54.1 | 4:17.3 | 6:27.4 | 13:24.2 |
| 120 JEFFRIES, Grace | FR | Graceland Universit | 110 | 21:28.6 | 6:54.7 | 4:17.7 | 6:32.0 | 13:31.1 |
| 121 ADAMS, Sarah | JR | St. Ambrose Univer | - | 21:30.0 | 6:55.2 | 4:18.0 | 6:48.5 | 13:49.4 |
| 122 MENDENHALL, Jessica | FR | St. Ambrose Univer | - | 21:30.8 | 6:55.5 | 4:18.2 | 6:52.6 | 13:44.7 |
| 123 FRICKE, Kristina | SO | Valley City State Un | 111 | 21:32.9 | 6:56.1 | 4:18.6 | 6:25.6 | 13:32.3 |
| 124 BROUCH, Amy | SO | St. Ambrose Univer | - | 21:33.0 | 6:56.2 | 4:18.6 | 6:52.4 | 13:45.4 |
| 125 TAXER, Bettina | JR | Olivet Nazarene Uni | - | 21:33.9 | 6:56.4 | 4:18.8 | 6:27.4 | 13:36.8 |
| 126 MELLECKER, McKenzie | JR | Mount Mercy Univer | (112) | 21:34.5 | 6:56.6 | 4:18.9 | 6:41.8 | 13:40.8 |
| 127 WHITE, Grace | FR | Olivet Nazarene Uni | - | 21:35.0 | 6:56.8 | 4:19.0 | 6:38.5 | 13:49.4 |
| 128 HUHDORF, Kelsi | FR | Mount Mercy Univer | - | 21:35.1 | 6:56.8 | 4:19.0 | 6:34.7 | 13:34.4 |
| 129 BRYANT, Andrea | SO | Dakota State Univer | 113 | 21:35.1 | 6:56.8 | 4:19.0 | 6:40.5 | 13:44.2 |
| 130 BENTZ, Abby | SO | Concordia Universit | 114 | 21:36.0 | 6:57.1 | 4:19.2 | 6:43.0 | 13:48.9 |
| 131 CAMPBELL, Emma | FR | University of Saint | (115) | 21:37.2 | 6:57.5 | 4:19.4 | 6:44.9 | 13:47.9 |
| 132 HELMINK, Alexandria | SR | Northwestern Colle | - | 21:40.0 | 6:58.4 | 4:20.0 | 6:46.7 | 13:51.9 |
| 133 REYNOLDS, Jazmine | SR | Mount Mercy Univer | - | 21:41.0 | 6:58.7 | 4:20.2 | 6:40.9 | 13:41.3 |
| 134 JACOBI, Corrie | JR | Trinity Christian Coll | 116 | 21:42.4 | 6:59.2 | 4:20.5 | 6:39.0 | 13:44.1 |
| 135 JOHNSTON, Jacy | SR | Concordia Universit | - | 21:42.8 | 6:59.3 | 4:20.6 | 6:30.1 | 13:38.2 |
| 136 ELDER, Everett | SO | Concordia Universit | - | 21:44.3 | 6:59.8 | 4:20.9 | 6:31.1 | 13:39.2 |
| 137 RANGEL, Annie | SO | Trinity Christian Coll | (117) | 21:45.2 | 7:00.1 | 4:21.0 | 6:40.5 | 13:47.2 |
| 138 TUCKER, Kylie | SR | John Brown Univer | 118 | 21:46.5 | 7:00.5 | 4:21.3 | 6:45.1 | 13:51.6 |
| 139 DAHLQUIST, Naomi | FR | Olivet Nazarene Uni | - | 21:48.4 | 7:01.1 | 4:21.7 | 6:28.2 | 13:34.3 |
| 140 HENRY, Libby | FR | Olivet Nazarene Uni | - | 21:48.6 | 7:01.2 | 4:21.7 | 6:48.3 | 13:51.4 |
| 141 DIETZ, Savannah | JR | Concordia Universit | - | 21:48.8 | 7:01.3 | 4:21.8 | 6:52.8 | 14:00.4 |
| 142 CLARK, Sydney | SO | Concordia Universit | - | 21:49.2 | 7:01.4 | 4:21.8 | 6:36.0 | 13:50.0 |
| 143 WOODS, Allison | JR | Mount Mercy Univer | - | 21:51.8 | 7:02.2 | 4:22.4 | 6:41.4 | 13:41.3 |
| 144 LISLE, Olivia | FR | John Brown Univer | (119) | 21:52.1 | 7:02.3 | 4:22.4 | 6:52.1 | 13:57.5 |
| 145 DOWLING, Samantha | SO | Northwestern Colle | - | 21:52.4 | 7:02.4 | 4:22.5 | 6:53.2 | 13:56.2 |
| 146 WEICHEL, Kailey | FR | Concordia Universit | - | 21:53.7 | 7:02.8 | 4:22.7 | 6:35.2 | 13:47.9 |
| 147 LINDEMAN, Erin | JR | Concordia Universit | - | 21:54.6 | 7:03.1 | 4:22.9 | 6:51.1 | 14:01.7 |
| 148 CHAUDHRY, Fatima | JR | Judson University | 120 | 21:55.9 | 7:03.5 | 4:23.2 | 6:40.0 | 13:52.6 |

NAIA SEMINOLE VALLEY STAMPEDE 2018

Cedar Rapids, IA

Noelridge Park

Weather: Sunny, Wind NW 31+mph & 45°

Host: Mount Mercy University

Saturday, October 20, 2018

MEET OFFICIALS**Meet Director:**

Ryan Scheckel

Timing:

Andrew Kauder

**KAUDER RACING****OFFICIAL MEET REPORT**

printed: 10/20/2018 7:49 PM

**Race #1
Women's 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. km | 1 Mile | 2 Mile |
|--------------------------|-----------|------------------------|--------------|-------------|------------------|----------------|---------------|---------------|
| 149 LUEBBERT, Elizabeth | FR | William Woods Univ | (121) | 21:56.2 | 7:03.6 | 4:23.2 | 6:54.9 | 14:02.8 |
| 150 SCHMUCKER, Annie | JR | Baker University | - | 21:58.2 | 7:04.3 | 4:23.6 | 6:40.7 | 13:50.4 |
| 151 MWILAMBWE, Maya | SO | Olivet Nazarene Uni | - | 21:58.7 | 7:04.4 | 4:23.7 | 6:48.9 | 13:57.1 |
| 152 SUGUT, Sheila | FR | Central Methodist U | 122 | 21:58.9 | 7:04.5 | 4:23.8 | 6:36.7 | 13:53.4 |
| 153 GILMORE, Abigail | SO | Olivet Nazarene Uni | - | 22:00.2 | 7:04.9 | 4:24.0 | 6:48.9 | 13:56.0 |
| 154 BURLAGE, Sara | SO | Mount Mercy Univer | - | 22:03.3 | 7:05.9 | 4:24.7 | 6:52.1 | 13:56.6 |
| 155 SCHMAUCH, Reyna | FR | William Woods Univ | (123) | 22:05.5 | 7:06.6 | 4:25.1 | 6:53.1 | 14:03.1 |
| 156 BROWNELL, Elizabeth | FR | John Brown Univers | (124) | 22:05.9 | 7:06.8 | 4:25.2 | 6:55.3 | 14:08.2 |
| 157 PERKINS, Keegan | FR | Graceland Universit | 125 | 22:06.6 | 7:07.0 | 4:25.3 | 6:50.5 | 14:08.2 |
| 158 RATHJEN, Miranda | JR | Concordia Universit | - | 22:07.9 | 7:07.4 | 4:25.6 | 6:22.9 | 13:28.2 |
| 159 AYERS, Ronnoja | FR | Grand View Univers | 126 | 22:08.7 | 7:07.7 | 4:25.7 | 6:54.4 | 14:14.4 |
| 160 CISNEROS, Nayeli | SO | Judson University | 127 | 22:09.8 | 7:08.0 | 4:25.9 | 6:46.1 | 14:05.8 |
| 161 ALARCON, Maria | FR | Judson University | (128) | 22:10.5 | 7:08.2 | 4:26.1 | 6:43.5 | 14:09.3 |
| 162 JAQUEZ, Andrea | FR | William Penn Unive | 129 | 22:12.0 | 7:08.7 | 4:26.4 | 6:20.9 | 13:53.1 |
| 163 VANDER POEL, Kathryn | SR | Mount Mercy Univer | - | 22:12.1 | 7:08.8 | 4:26.4 | 6:40.9 | 13:48.5 |
| 164 SANTANA, Rosie | SO | Baker University | - | 22:13.2 | 7:09.1 | 4:26.6 | 6:54.3 | 14:05.0 |
| 165 KETCHAM, Jessalyn | SO | Northwestern Colle | - | 22:14.0 | 7:09.4 | 4:26.8 | 6:56.3 | 14:12.3 |
| 166 WILSON, Julianne | SO | Valley City State Un | 130 | 22:14.4 | 7:09.5 | 4:26.9 | 6:51.6 | 14:08.9 |
| 167 BOYER, Emily | SO | Concordia Universit | - | 22:16.1 | 7:10.0 | 4:27.2 | 6:39.6 | 13:59.4 |
| 168 CRIST, Emma | FR | Clarke University | 131 | 22:16.8 | 7:10.3 | 4:27.4 | 6:45.8 | 14:18.7 |
| 169 BRINKMAN, Angela | SO | Northwestern Colle | - | 22:18.7 | 7:10.9 | 4:27.7 | 7:05.6 | 14:19.2 |
| 170 GARCIA, Jesse | FR | Roosevelt Universit | - | 22:23.3 | 7:12.4 | 4:28.7 | 6:55.8 | 14:14.8 |
| 171 HOVDEN, Kacey | FR | Briar Cliff University | 132 | 22:24.4 | 7:12.7 | 4:28.9 | 7:04.3 | 14:25.0 |
| 172 VANLAAN, Mikayla | JR | Trinity Christian Coll | (133) | 22:24.6 | 7:12.8 | 4:28.9 | 6:49.0 | 14:07.7 |
| 173 PRITCHARD, Lauryn | SO | Clarke University | 134 | 22:26.7 | 7:13.4 | 4:29.3 | 6:46.3 | 14:09.9 |
| 174 GROEN, Lindsey | FR | Northwestern Colle | - | 22:27.3 | 7:13.7 | 4:29.5 | 7:03.4 | 14:25.6 |
| 175 SMITH, Kaelyn | SO | University of Saint | (135) | 22:27.6 | 7:13.7 | 4:29.5 | 6:53.9 | 14:17.4 |
| 176 SMITHLEY, Rachel | SO | Concordia Universit | - | 22:30.4 | 7:14.6 | 4:30.1 | 6:51.3 | 14:11.2 |
| 177 MATTHAIDESS, Bailey | SR | Waldorf University | 136 | 22:32.3 | 7:15.3 | 4:30.5 | 6:58.7 | 14:17.8 |
| 178 KROHN, Alyssa | JR | Northwestern Colle | - | 22:32.7 | 7:15.4 | 4:30.5 | 7:05.8 | 14:21.7 |
| 179 CHAMBERLAIN, Rebecca | FR | John Brown Univers | - | 22:33.3 | 7:15.6 | 4:30.6 | 6:56.8 | 14:19.5 |
| 180 BRAND, Alia | FR | Concordia Universit | - | 22:33.5 | 7:15.6 | 4:30.7 | 6:51.3 | 14:16.7 |
| 181 LAMOUREUX, Elysabeth | FR | Lindenwood Univer | 137 | 22:33.5 | 7:15.6 | 4:30.7 | 6:54.5 | 14:24.2 |
| 182 RODMAN, Cassidy | JR | Northwestern Colle | - | 22:34.1 | 7:15.8 | 4:30.8 | 7:06.0 | 14:21.3 |
| 183 HEAD, Alexis | FR | Central Methodist U | 138 | 22:37.1 | 7:16.8 | 4:31.4 | 7:04.9 | 14:31.9 |
| 184 PROTZMAN, Abby | SR | Concordia Universit | - | 22:41.0 | 7:18.1 | 4:32.2 | 7:03.5 | 14:30.9 |
| 185 FISER, Hannah | SO | John Brown Univers | - | 22:41.5 | 7:18.2 | 4:32.3 | 6:56.1 | 14:20.1 |
| 186 SCHAEFFER, Claire | SO | Briar Cliff University | 139 | 22:43.3 | 7:18.8 | 4:32.7 | 7:05.9 | 14:43.7 |
| 187 SHULSTAD, Megan | SO | Northwestern Colle | - | 22:43.8 | 7:18.9 | 4:32.7 | 7:10.9 | 14:35.0 |
| 188 AUGHENBAUGH, Mallory | SO | Dakota State Univer | 140 | 22:44.3 | 7:19.1 | 4:32.8 | 6:58.6 | 14:25.1 |
| 189 WHITCOMB, Madison | SO | Dakota State Univer | (141) | 22:44.5 | 7:19.2 | 4:32.9 | 7:00.4 | 14:35.7 |
| 190 CAMPOS, Tanya | JR | Valley City State Un | (142) | 22:44.7 | 7:19.2 | 4:32.9 | 6:53.8 | 14:26.9 |
| 191 ELLIS, Kaitlynn | JR | University of Saint | - | 22:44.8 | 7:19.3 | 4:33.0 | 6:59.1 | 14:13.2 |
| 192 JUERGENSEN, Jessie | FR | Concordia Universit | - | 22:45.1 | 7:19.4 | 4:33.0 | 7:03.2 | 14:30.1 |
| 193 GARCIA, Janice | JR | Hastings College | - | 22:45.7 | 7:19.5 | 4:33.1 | 7:00.0 | 14:26.3 |
| 194 GIPE, Tayler | SO | Concordia Universit | - | 22:46.9 | 7:19.9 | 4:33.4 | 7:10.6 | 14:40.3 |

NAIA SEMINOLE VALLEY STAMPEDE 2018

Cedar Rapids, IA

Noelridge Park

Weather: Sunny, Wind NW 31+mph & 45°

Host: Mount Mercy University

Saturday, October 20, 2018

MEET OFFICIALS**Meet Director:**

Ryan Scheckel

Timing:

Andrew Kauder

**KAUDER RACING****OFFICIAL MEET REPORT**

printed: 10/20/2018 7:49 PM

**Race #1
Women's 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. km | 1 Mile | 2 Mile |
|-------------------------|-----------|------------------------|--------------|-------------|------------------|----------------|---------------|---------------|
| 195 MILLIGAN, Wesley | JR | Northwestern Colle | - | 22:48.3 | 7:20.4 | 4:33.7 | 6:52.7 | 14:17.9 |
| 196 LAGERWALL, Allie | JR | Olivet Nazarene Uni | - | 22:48.4 | 7:20.4 | 4:33.7 | 6:53.0 | 14:26.2 |
| 197 HERNANDEZ, Laysha | FR | Judson University | (143) | 22:49.1 | 7:20.6 | 4:33.8 | 7:06.3 | 14:37.3 |
| 198 CONTRERAS, Abigail | FR | Graceland Universit | 144 | 22:51.3 | 7:21.4 | 4:34.2 | 6:54.8 | 14:32.4 |
| 199 COHUO, Zena | FR | William Penn Unive | 145 | 22:52.0 | 7:21.6 | 4:34.4 | 6:48.0 | 14:22.8 |
| 200 COGDELL, Taylor | JR | Olivet Nazarene Uni | - | 22:52.7 | 7:21.8 | 4:34.5 | 7:13.2 | 14:46.5 |
| 201 MERCIER, Kylie | FR | St. Ambrose Univer | - | 22:53.1 | 7:21.9 | 4:34.6 | 7:03.9 | 14:31.1 |
| 202 TOEDTE, Alayna | FR | Lindenwood Univer | 146 | 22:56.9 | 7:23.2 | 4:35.4 | 7:00.4 | 14:35.9 |
| 203 FLAWS, Allie | SO | Grand View Univers | 147 | 22:57.6 | 7:23.4 | 4:35.5 | 6:55.8 | 14:26.6 |
| 204 BAKER, Ashleigh | FR | Concordia Universit | - | 22:57.7 | 7:23.4 | 4:35.5 | 6:56.6 | 14:32.6 |
| 205 STOCKDALE, Sara | JR | St. Ambrose Univer | - | 22:58.4 | 7:23.6 | 4:35.7 | 7:15.7 | 14:46.3 |
| 206 SIEVERDING, Molly | SO | Mount Mercy Univer | - | 22:58.5 | 7:23.7 | 4:35.7 | 7:10.4 | 14:46.9 |
| 207 STOEFLER, Allison | FR | Viterbo University | 148 | 22:58.7 | 7:23.7 | 4:35.7 | 6:59.8 | 14:31.8 |
| 208 PRUE, Amory | SO | Briar Cliff University | 149 | 22:59.2 | 7:23.9 | 4:35.8 | 7:10.9 | 14:39.0 |
| 209 KRONEBUSCH, Destiny | FR | Viterbo University | 150 | 22:59.3 | 7:23.9 | 4:35.8 | 7:05.8 | 14:38.7 |
| 210 PERKINS, Ashlynn | FR | Graceland Universit | 151 | 23:02.9 | 7:25.1 | 4:36.6 | 6:58.9 | 14:42.4 |
| 211 RIOS, Cecilia | FR | Dakota State Univer | (152) | 23:04.0 | 7:25.4 | 4:36.8 | 7:00.6 | 14:35.1 |
| 212 CARPENTER, Jenessa | FR | Grand View Univers | 153 | 23:15.4 | 7:29.1 | 4:39.1 | 6:55.7 | 14:41.9 |
| 213 CONGROVE, Savannah | FR | Hastings College | - | 23:18.1 | 7:30.0 | 4:39.6 | 7:11.9 | 14:57.0 |
| 214 THOMPSON, Rachel | FR | John Brown Univers | - | 23:19.6 | 7:30.5 | 4:39.9 | 7:16.5 | 14:51.3 |
| 215 BROWNELL, Molly | FR | John Brown Univers | - | 23:19.7 | 7:30.5 | 4:39.9 | 7:15.4 | 14:53.6 |
| 216 SNYDER, Mya | FR | Viterbo University | 154 | 23:21.0 | 7:30.9 | 4:40.2 | 7:06.8 | 14:44.9 |
| 217 LEE, Bree'Anna | JR | William Penn Unive | 155 | 23:21.8 | 7:31.2 | 4:40.4 | 7:10.0 | 14:54.2 |
| 218 JEFFERS, Chloe | FR | Hastings College | - | 23:26.4 | 7:32.7 | 4:41.3 | 6:52.9 | 14:43.6 |
| 219 HINCK, Isabella | FR | Baker University | - | 23:29.1 | 7:33.5 | 4:41.8 | 7:02.8 | 14:49.3 |
| 220 OWEN, Charlotte | SR | Olivet Nazarene Uni | - | 23:32.0 | 7:34.4 | 4:42.4 | 7:09.2 | 14:53.7 |
| 221 EVANS, Morgan | FR | John Brown Univers | - | 23:34.9 | 7:35.4 | 4:43.0 | 7:19.9 | 14:59.5 |
| 222 DOBYNS, Lindsey | FR | Grand View Univers | (156) | 23:38.3 | 7:36.5 | 4:43.7 | 6:55.9 | 14:43.2 |
| 223 SELSOR, Chelsea | FR | Graceland Universit | 157 | 23:40.5 | 7:37.2 | 4:44.1 | 7:11.0 | 15:15.1 |
| 224 MARTENS, Callie | FR | Dakota State Univer | - | 23:41.5 | 7:37.5 | 4:44.3 | 7:14.1 | 15:14.6 |
| 225 MORENO, Aleida | SO | Briar Cliff University | 158 | 23:41.7 | 7:37.6 | 4:44.3 | 7:22.6 | 15:01.0 |
| 226 MORENO, Cindy | JR | Briar Cliff University | (159) | 23:44.0 | 7:38.3 | 4:44.8 | 7:23.1 | 14:59.5 |
| 227 UDY, Madison | FR | William Penn Unive | 160 | 23:44.6 | 7:38.5 | 4:44.9 | 7:10.2 | 15:09.9 |
| 228 COLGAN, Elizabeth | FR | Olivet Nazarene Uni | - | 23:46.0 | 7:39.0 | 4:45.2 | 7:18.4 | 15:07.5 |
| 229 MUELLER, Rachel | FR | Judson University | - | 23:47.6 | 7:39.5 | 4:45.5 | 7:17.0 | 15:05.7 |
| 230 GREEN, Erin | SR | John Brown Univers | - | 23:48.3 | 7:39.7 | 4:45.6 | 7:26.7 | 15:14.0 |
| 231 STROLIA, Francesca | SR | Trinity Christian Coll | - | 23:48.5 | 7:39.8 | 4:45.7 | 7:27.1 | 15:16.4 |
| 232 WHITE, Sarah | FR | Central Methodist U | (161) | 23:55.0 | 7:41.9 | 4:47.0 | 7:16.2 | 15:11.8 |
| 233 GERLING, Faith | FR | William Woods Univ | - | 23:56.0 | 7:42.2 | 4:47.2 | 7:07.5 | 15:03.0 |
| 234 JACKSON, Jasmine | SO | Judson University | - | 24:04.7 | 7:45.0 | 4:48.9 | 7:41.3 | |
| 235 MANRIQUEZ, Karina | SO | Briar Cliff University | (162) | 24:04.7 | 7:45.0 | 4:48.9 | 7:38.0 | 15:28.4 |
| 236 LEE, Shelby | JR | Hastings College | - | 24:06.1 | 7:45.5 | 4:49.2 | 7:18.6 | 15:08.7 |
| 237 GOLDING, Kaytlyn | SO | Mount Mercy Univer | - | 24:08.7 | 7:46.3 | 4:49.7 | 7:23.7 | 15:23.3 |
| 238 HILERA, Judith | FR | Hastings College | - | 24:10.9 | 7:47.0 | 4:50.2 | 7:10.5 | 15:08.6 |
| 239 BARCHENGER, Mindy | FR | Waldorf University | 163 | 24:11.6 | 7:47.2 | 4:50.3 | 7:05.1 | 15:16.2 |
| 240 MARSHALL, Aimie | SR | Lindenwood Univer | 164 | 24:12.8 | 7:47.6 | 4:50.5 | 7:33.5 | 15:27.1 |

NAIA SEMINOLE VALLEY STAMPEDE 2018

Cedar Rapids, IA
 Noelridge Park
 Weather: Sunny, Wind NW 31+mph & 45°
 Host: Mount Mercy University
 Saturday, October 20, 2018

MEET OFFICIALS

Meet Director:
 Ryan Scheckel
Timing:
 Andrew Kauder



KAUDER RACING

OFFICIAL MEET REPORT

printed: 10/20/2018 7:49 PM

Race #1
Women's 5K
Final Results**INDIVIDUAL RESULTS (cont'd)**

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. km | 1 Mile | 2 Mile |
|-------------------------|----|------------------------|-------|---------|-----------|---------|---------|---------|
| 241 REIDEL, Kate | FR | Briar Cliff University | - | 24:13.7 | 7:47.9 | 4:50.7 | 7:32.1 | 15:28.6 |
| 242 MAUGEL, Kati | SR | Indiana Tech | - | 24:17.6 | 7:49.1 | 4:51.5 | 7:25.4 | 15:26.0 |
| 243 CZECH, Gabriella | FR | Viterbo University | 165 | 24:20.2 | 7:50.0 | 4:52.0 | 7:24.9 | 15:13.3 |
| 244 ZARAGOZA, Ariel | FR | Clarke University | (166) | 24:23.4 | 7:51.0 | 4:52.7 | 7:27.4 | 15:21.9 |
| 245 BOOTH, Victoria | FR | Clarke University | (167) | 24:28.2 | 7:52.6 | 4:53.6 | 7:31.4 | 15:22.2 |
| 246 REIMER, Kate | SO | Tabor College | 168 | 24:33.9 | 7:54.4 | 4:54.8 | 7:36.9 | 15:34.6 |
| 247 KURTZER, Kelsey | SR | Tabor College | (169) | 24:38.8 | 7:56.0 | 4:55.8 | 7:29.8 | 15:36.2 |
| 248 MEIER, Abigail | FR | Concordia Universit | - | 24:39.7 | 7:56.3 | 4:55.9 | 7:33.6 | 15:33.4 |
| 249 HAWES, Alexis | FR | Lindenwood Univer | 170 | 24:42.5 | 7:57.2 | 4:56.5 | 7:31.8 | 15:34.0 |
| 250 PALMA, Samantha | FR | Graceland Universit | (171) | 24:48.2 | 7:59.0 | 4:57.6 | 7:32.2 | 15:58.2 |
| 251 PANTENBURG, Tegan | FR | St. Ambrose Univer | - | 24:52.0 | 8:00.2 | 4:58.4 | 7:38.3 | 15:46.9 |
| 252 BERAN, Maddie | SO | Concordia Universit | - | 25:01.2 | 8:03.2 | 5:00.2 | 7:44.5 | 15:55.3 |
| 253 SCHROEDER, Lydia | FR | Concordia Universit | 172 | 25:02.0 | 8:03.4 | 5:00.4 | 7:10.5 | 15:31.3 |
| 254 GUSTKE, Alyson | FR | Viterbo University | (173) | 25:02.5 | 8:03.6 | 5:00.5 | 7:30.7 | 15:43.4 |
| 255 LARSEN, Elizabeth | FR | Concordia Universit | (174) | 25:03.7 | 8:04.0 | 5:00.7 | 7:49.0 | 15:57.5 |
| 256 TROXEL, Natasha | FR | Waldorf University | 175 | 25:06.5 | 8:04.9 | 5:01.3 | 7:16.2 | 15:50.8 |
| 257 WOFFORD, Ashli | SO | Central Methodist U | (176) | 25:07.6 | 8:05.2 | 5:01.5 | 7:37.7 | 15:57.4 |
| 258 NELSON, Olivia | FR | Hastings College | - | 25:11.5 | 8:06.5 | 5:02.3 | 7:38.7 | 15:58.2 |
| 259 DUKAUSKAS, Indre | SO | Trinity Christian Coll | - | 25:14.1 | 8:07.3 | 5:02.8 | 7:41.6 | 15:54.7 |
| 260 REESE, Kelly | SO | Lindenwood Univer | 177 | 25:20.4 | 8:09.4 | 5:04.1 | 7:31.9 | 15:59.4 |
| 261 NOLAN, Molly | FR | St. Ambrose Univer | - | 25:20.8 | 8:09.5 | 5:04.1 | 7:50.3 | 16:13.9 |
| 262 LEMKE, Macy | JR | Olivet Nazarene Uni | - | 25:21.4 | 8:09.7 | 5:04.3 | 7:42.2 | 16:12.1 |
| 263 NEWCOMB, Haley | SR | John Brown Univers | - | 25:24.7 | 8:10.7 | 5:04.9 | 7:58.6 | 16:16.5 |
| 264 BARRIENTOS, Liliana | JR | Concordia Universit | - | 25:27.6 | 8:11.7 | 5:05.5 | 7:57.8 | 16:21.8 |
| 265 DEKRYGER, Kate | FR | Trinity Christian Coll | - | 25:29.0 | 8:12.1 | 5:05.8 | 7:57.1 | 16:21.9 |
| 266 DOPITA, Angela | JR | Briar Cliff University | - | 25:38.0 | 8:15.0 | 5:07.6 | 7:39.6 | 16:13.4 |
| 267 GRANT, Emily | SO | Hastings College | - | 25:38.6 | 8:15.2 | 5:07.7 | 7:58.5 | 16:12.9 |
| 268 WOFFORD, Lezlie | JR | Culver-Stockton Col | - | 25:43.6 | 8:16.8 | 5:08.7 | 7:50.8 | 16:15.9 |
| 269 PRUSS, Lyndsay | SO | Dakota State Univer | - | 25:43.9 | 8:16.9 | 5:08.8 | 7:55.7 | 16:26.2 |
| 270 ARIAS, Nicole | FR | Trinity Christian Coll | - | 25:48.1 | 8:18.3 | 5:09.6 | 7:45.2 | 16:16.4 |
| 271 NEFF, Katelyn | SO | Culver-Stockton Col | - | 25:51.3 | 8:19.3 | 5:10.3 | 7:37.9 | 16:16.4 |
| 272 HANSEN, Kateri | JR | Viterbo University | (178) | 25:59.9 | 8:22.1 | 5:12.0 | 7:46.0 | 16:18.3 |
| 273 O'NEILL, Ellie | FR | Clarke University | - | 26:00.6 | 8:22.3 | 5:12.1 | 7:43.5 | |
| 274 DOYLE, Claire | JR | Viterbo University | - | 26:05.1 | 8:23.7 | 5:13.0 | 8:02.6 | 16:37.1 |
| 275 GRAY, Kathryn | SO | St. Ambrose Univer | - | 26:32.0 | 8:32.4 | 5:18.4 | 8:24.4 | 17:09.7 |
| 276 GEROMINI, McKae | FR | Graceland Universit | (179) | 26:36.9 | 8:34.0 | 5:19.4 | 7:50.4 | 16:43.1 |
| 277 CURPHY, Carrington | SO | St. Ambrose Univer | - | 26:39.5 | 8:34.8 | 5:19.9 | 8:07.8 | 17:09.1 |
| 278 RODERICK, Clara | SO | Waldorf University | (180) | 27:15.9 | 8:46.5 | 5:27.2 | 7:54.1 | 17:15.8 |
| 279 EICHHOLZ, Shaley | SO | William Woods Univ | - | 27:19.2 | 8:47.6 | 5:27.8 | 7:59.5 | 17:24.7 |
| 280 HANKINS, Linday | FR | Viterbo University | - | 28:24.9 | 9:08.8 | 5:41.0 | 8:41.1 | 18:01.6 |
| 281 ZAMUDIO, Alejandra | JR | Olivet Nazarene Uni | - | 29:19.4 | 9:26.3 | 5:51.9 | 8:48.1 | 18:24.3 |
| 282 SAENZ, Noeli | SO | Tabor College | (181) | 29:45.1 | 9:34.6 | 5:57.0 | 8:56.6 | 19:10.8 |
| 283 REICHERT, Emily | JR | Culver-Stockton Col | - | 29:54.7 | 9:37.6 | 5:58.9 | 8:56.4 | 19:10.9 |
| 284 NUGYEN, Amy | JR | Roosevelt Universit | - | 31:07.9 | 10:01.2 | 6:13.6 | 10:10.7 | 20:27.2 |
| 285 PENA, Maribel | FR | Roosevelt Universit | - | 31:18.9 | 10:04.7 | 6:15.8 | 9:46.0 | 20:12.6 |
| 286 RILEY, Abigail | FR | Culver-Stockton Col | - | 36:14.5 | 11:39.9 | 7:14.9 | 10:49.0 | 23:03.3 |