

Gale Wickersham Athletic Complex - Site License HY-TEK's Meet Manager  
 2017 MRC Cross Country Championships - 10/12/2017  
 10/12/2017  
 Last Completed Event

Event 2 Girls 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Aesoph, Amber	10	Bishop Heelan	19:28.50	1
2 Jensen, Annie	12	Bishop Heelan	19:44.30	2
3 Barnes, Olivia	10	Sioux City East	19:58.60	3
4 Hutchinson, Hannah	11	Bishop Heelan	20:13.20	4
5 VanDyke, Lauren	12	Sioux City East	20:13.40	5
6 Mercural, Lily	10	Sioux City East	20:16.40	6
7 Wilder, Claire	12	Alhs	20:24.80	7
8 Jochum, Madison	11	Bishop Heelan	20:28.80	8
9 Kelley, Emma	09	Sioux City North	20:28.80	9
10 VanderVelde, Hayleigh	10	Alhs	20:33.20	10
11 Heilsen, Moriah	10	Alhs	20:44.20	11
12 Jones, Claire	12	Alhs	20:47.70	12
13 Phillips, Karlee	10	Sioux City East	20:50.70	13
14 Laureano, Leila	10	Sergeant-Blu	20:54.80	14
15 Aesoph, Ashley	11	Bishop Heelan	21:00.90	15
16 Miller, Suzie	10	CB Jefferson	21:01.00	16
17 Garrett, Linkynn	09	Sergeant-Blu	21:04.60	17
18 Hernandez, Yisel	12	CB Jefferson	21:22.30	18
19 Gant, Morgan	11	CB Jefferson	21:23.60	19
20 Lammers, Katie	09	Sioux City East	21:33.30	20
21 Juarez, Jannette	11	Alhs	21:37.20	21
22 Aleson, Naia	11	Sergeant-Blu	21:37.90	22
23 Plummer, Clare	10	Alhs	21:51.00	23
24 Kelley, Taylor	12	Sioux City North	21:56.00	24
25 Olson, Monica	10	Sioux City North	21:56.00	25
26 Hutchinson, Emma	09	Bishop Heelan	21:59.30	26
27 Lewis, Alee	11	Sioux City East	22:00.90	27
28 Ramos, Jasmine	10	CB Jefferson	22:02.70	28
29 Ryan, Jenna	09	Sergeant-Blu	22:06.80	29
30 Norton, Mia	09	Sioux City North	22:11.00	30
31 Hanson, Paige	12	Sioux City East	22:13.00	31
32 Rodriguez, Ana	12	CB Jefferson	22:33.90	32
33 Aymar, Katherine	09	Sergeant-Blu	22:39.90	33
34 Evans, Madison	09	Sioux City West	22:42.00	34
35 Hunter, Payton	09	Sioux City West	22:46.00	35
36 Peck, Ashlyn	11	Bishop Heelan	23:05.20	36
37 Christensen, Hannah	12	Sergeant-Blu	23:07.40	37
38 Hartman, Hayley	12	Alhs	23:22.30	38
39 McElmeel, Kylie	09	Sioux City North	23:30.10	39
40 Boetger, AnnDea	11	Sioux City North	23:32.30	40
41 Narcia, Alba	12	Sioux City West	23:39.80	41
42 Lucas, Anna	12	Sergeant-Blu	23:43.80	42
43 Slack, Julia	09	CB Jefferson	23:53.70	43
44 Diaz, Val	11	Sioux City West	24:29.90	44
45 Larned, Holland	09	Sioux City West	24:37.80	45
46 Luna, Sofia	11	Sioux City West	25:59.40	46
47 Evers, Emma	11	CB Jefferson	26:37.10	47

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Bishop Heelan	30	1	2	4	8	15	26	36		
	Total Time:	1:40:55.70									
	Average:	20:11.14									

2 Sioux City East	47	3	5	6	13	20	27	31
Total Time: 1:42:52.40								
Average: 20:34.48								
3 Alhs	61	7	10	11	12	21	23	38
Total Time: 1:44:07.10								
Average: 20:49.42								
4 CB Jefferson	113	16	18	19	28	32	43	47
Total Time: 1:48:23.50								
Average: 21:40.70								
5 Sergeant-Bluff Luton	115	14	17	22	29	33	37	42
Total Time: 1:48:24.00								
Average: 21:40.80								
6 Sioux City North	127	9	24	25	30	39	40	
Total Time: 1:50:01.90								
Average: 22:00.38								
7 Sioux City West	199	34	35	41	44	45	46	
Total Time: 1:58:15.50								
Average: 23:39.10								

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Event 3 Boys 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Gameda, Merga	12	Sioux City North	15:40.70	1
2 Scott, Miles	12	Sergeant-Blu	15:47.10	2
3 Pace, Deven	11	Sioux City North	16:44.40	3
4 Taylor, Cole	12	Sioux City East	16:49.70	4
5 Ritz, Easton	11	Sergeant-Blu	16:57.20	5
6 Hofer, Payden	11	Sergeant-Blu	17:05.50	6
7 Beller, Drake	12	Sioux City North	17:15.80	7
8 Baker, Jackson	12	Sioux City North	17:17.20	8
9 Lincoln, Joe	12	Sergeant-Blu	17:17.60	9
10 Humpal, Anthony	12	CB Jefferson	17:19.20	10
11 Leinen, Caleb	12	Abraham Lincoln	17:22.60	11
12 Hannemann, Gabe	11	Sergeant-Blu	17:24.00	12
13 Marksbury, Drew	11	Sergeant-Blu	17:24.00	13
14 Booton, Aidan	09	CB Jefferson	17:24.60	14
15 Benson, Luke	11	Sioux City West	17:25.20	15
16 Gilo, Wimach	10	CB Jefferson	17:26.60	16
17 Hanson, Garrett	12	Sioux City East	17:27.70	17
18 South, Dakota	11	Sioux City North	17:34.70	18
19 Greer, John	10	Bishop Heelan	17:38.60	19
20 Powders, Archie	11	CB Jefferson	17:38.80	20
21 Harding, Joe	12	Abraham Lincoln	17:42.60	21
22 Rodriguez, Benito	11	Sioux City West	17:44.20	22
23 Gameda, Lami	12	Sioux City North	17:46.90	23
24 Martinez, Juan Carlos	09	CB Jefferson	17:49.90	24
25 Gonzalez, Rey	09	Sioux City West	17:52.30	25
26 Holman, Hiatt	11	Sioux City West	17:53.30	26
27 Hornberg, Steven	10	Abraham Lincoln	17:55.10	27
28 Greigg, Kevin	10	Sioux City East	17:55.60	28
29 Sorenson, Ethan	11	Sioux City North	17:57.20	29
30 Hoak, Owen	09	Sioux City East	18:08.40	30
31 Garcia, Alex	12	Sioux City East	18:12.80	31
32 Gilo, Beayha	11	CB Jefferson	18:13.80	32
33 Kinney, Thad	12	Abraham Lincoln	18:18.90	33
34 Willadsen, Reed	12	Abraham Lincoln	18:28.00	34
35 DeWeerd, Will	12	Sioux City East	18:30.70	35
36 Vakulskas, Jake	11	Sioux City East	18:32.80	36
37 Grames, Tyler	12	Sergeant-Blu	18:38.40	37
38 Surber, Auston	11	Sioux City West	18:40.20	38
39 Burge, Ethan	09	Sioux City West	18:45.30	39
40 Guerra, Antonio	10	Bishop Heelan	18:46.20	40
41 Leinen, Ethan	09	Abraham Lincoln	18:47.10	41
42 Fitch, Caleb	11	Abraham Lincoln	18:48.10	42
43 Murphy, Ben	12	Bishop Heelan	18:55.80	43
44 Leiting, Michael	10	Bishop Heelan	18:57.90	44
45 Soriano, Kyle	12	CB Jefferson	19:11.90	45
46 Brown, Jake	12	Bishop Heelan	20:19.40	46
47 Huls, Marshall	11	Bishop Heelan	20:21.50	47
48 Schroder, Brandon	12	Sioux City West	20:36.20	48
49 Winkel, Noah	09	Bishop Heelan	21:03.90	49

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Sergeant-Bluff Luton	34	2	5	6	9	12	13	37		

Total Time:	1:24:31.40								
Average:	16:54.28								
2 Sioux City North	37	1	3	7	8	18	23	29	
Total Time:	1:24:32.80								
Average:	16:54.56								
3 CB Jefferson	84	10	14	16	20	24	32	45	
Total Time:	1:27:39.10								
Average:	17:31.82								
4 Sioux City East	110	4	17	28	30	31	35	36	
Total Time:	1:28:34.20								
Average:	17:42.84								
5 Sioux City West	126	15	22	25	26	38	39	48	
Total Time:	1:29:35.20								
Average:	17:55.04								
6 Abraham Lincoln	126	11	21	27	33	34	41	42	
Total Time:	1:29:47.20								
Average:	17:57.44								
7 Bishop Heelan	192	19	40	43	44	46	47	49	
Total Time:	1:34:37.90								
Average:	18:55.58								

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Event 1 Girls 5k Run CC Junior Varsity

Name	Year	School	Finals	Points
1 Skatges, Alyssa	10	Sergeant-Blu	22:06.03	1
2 Joyce, Brenna	10	Bishop Heelan	22:22.18	2
3 Ly, Christina	10	Sioux City North	22:26.15	3
4 Copple, Taylor	12	Sioux City East	23:04.50	4
5 Martinez, Lorena	11	Sioux City North	23:06.47	5
6 Orduno, Liliana	10	Sergeant-Blu	23:24.12	6
7 Brown, Kenzie	11	Alhs	23:28.69	7
8 Stoos, Karlie	09	Sioux City East	23:28.91	8
9 Anderson, Hadley	09	Sioux City East	23:34.50	9
10 Courey, Jenna	12	Sioux City North	23:44.25	10
11 Leiting, Emilee	11	Bishop Heelan	23:45.06	11
12 Carey, McKenzie	09	Sioux City East	23:57.00	12
13 Hipnar, Ashley	10	Alhs	24:05.56	13
14 Cloud, Natalie	09	Sioux City East	24:08.44	14
15 Breyfogle, Hannah	11	Sioux City East	24:18.78	15
16 Walters, Jaycelyn	11	Sioux City North	24:28.53	16
17 Fichter, Rylee	12	Alhs	24:31.34	17
18 Spanjer, Mckenzie	12	Alhs	24:32.18	18
19 Shockley, Alexis	09	Sergeant-Blu	24:42.00	19
20 Fields, Rachel	12	Sergeant-Blu	24:44.81	20
21 McHugh-Hoskins, Riley	09	Sergeant-Blu	24:54.03	21
22 Englund, Treasure	12	CB Jefferson	24:56.91	22
23 Monge, Bernice	09	Alhs	24:57.75	23
24 VanDyke, Madi	10	Sioux City East	24:58.88	24
25 Froehlich, Brooklin	11	Bishop Heelan	25:00.66	25
26 Wilmesherr, Brooke	11	Bishop Heelan	25:05.09	26
27 Schilling, Sydney	09	Alhs	25:12.94	27
28 Roberts, Gracie	09	Sioux City West	25:18.50	
29 Quintanilla, Leila	11	Sioux City North	25:20.59	28
30 Downing, Allee	11	Sioux City East	26:05.34	
31 Calabro, Kaitlynn	09	CB Jefferson	26:06.12	29
32 Deitloff, Terri	12	Sergeant-Blu	26:10.59	30
33 Heald, Lydia	09	Sioux City East	26:36.84	
34 Murray, Chloe	09	Sioux City North	26:37.81	31
35 Koob, Haley	11	Bishop Heelan	27:35.09	32
36 Nelson, Abi	09	Sioux City West	27:41.78	
37 Doty, Kennadie	11	Alhs	27:48.53	33
38 Larson, Anna	12	CB Jefferson	27:54.41	34
39 Sherlound, Brandi	09	Alhs	28:24.34	
40 Roque, Linda	09	CB Jefferson	28:31.00	35
41 Larson, Angela	12	CB Jefferson	28:43.34	36
42 Walz, Emma	09	Sioux City North	28:45.66	37
43 Olivares, Virginia	09	Sioux City West	29:18.31	
44 Cox, Kayleana	12	Alhs	29:20.03	
45 Ponce, Gabby	11	Sioux City West	29:31.81	
46 Davis, Lillian	09	Sioux City North	30:05.75	
47 Mosqueda, Jazmin	10	Sioux City North	30:05.97	
48 Essig, Nicole	10	Sioux City East	30:15.69	
49 Milstead, Arlette	10	Alhs	30:18.06	
50 Young, Nicole	11	Alhs	31:08.44	
51 Mcintosh, Sydney	09	Alhs	31:13.41	
52 Keuck, Julietta	11	Sioux City East	35:45.88	
53 Johnson, Alexandra	09	Sergeant-Blu	37:28.53	38
54 Nordstrom, Liberty	09	Sioux City North	40:11.59	

Team Scores

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Rank Team                Total   1   2   3   4   5  *6  *7  *8  *9
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 1 Sioux City East      47    4   8   9  12  14  15  24
   Total Time:  1:58:13.35
   Average:     23:38.67
 2 Sioux City North    62    3   5  10  16  28  31  37
   Total Time:  1:59:05.99
   Average:     23:49.20
 3 Sergeant-Bluff Luton 67    1   6  19  20  21  30  38
   Total Time:  1:59:50.99
   Average:     23:58.20
 4 Alhs                 78    7  13  17  18  23  27  33
   Total Time:  2:01:35.52
   Average:     24:19.11
 5 Bishop Heelan       96    2  11  25  26  32
   Total Time:  2:03:48.08
   Average:     24:45.62
 6 CB Jefferson        156   22  29  34  35  36
   Total Time:  2:16:11.78
   Average:     27:14.36
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## Event 4 Boys 5k Run CC Junior Varsity

Name	Year	School	Finals	Points
1 Bowers, Jaysen	09	Sioux City North	17:21.97	1
2 Tinajero, Christian	09	Sioux City North	17:46.38	2
3 Sadi, Efrem	11	Sioux City North	17:54.12	3
4 Murphy, Max	11	Sergeant-Blu	18:01.47	4
5 Shoulders, Ty	09	Sergeant-Blu	18:13.75	5
6 Walters, Nick	09	Sioux City North	18:26.94	6
7 Sassman, Caleb	10	Sioux City East	18:31.12	7
8 Hutt, Noah	11	Sioux City East	18:32.12	8
9 Greenwell, Quintin	10	Sioux City North	18:32.97	9
10 Burrack, Owen	09	Sioux City North	18:38.44	10
11 Baker, Austin	12	CB Jefferson	18:39.06	11
12 Greenwell, Colin	09	Sioux City North	18:54.66	12
13 Aguilera, Bryan	09	CB Jefferson	18:55.75	13
14 Dofner, Owen	12	CB Jefferson	18:56.94	14
15 Sampson, Jeron	12	CB Jefferson	18:58.38	15
16 Santacruz, Adrian	10	CB Jefferson	18:58.78	16
17 Vasquez, Cesar	09	Sioux City West	18:59.31	17
18 Eybers, Aaron	12	Sioux City North	19:01.44	
19 Karisa, Dave	11	Sioux City North	19:04.15	
20 Keller, Aiden	09	CB Jefferson	19:07.50	18
21 Miguel, Hugo	09	CB Jefferson	19:08.97	19
22 Vanderloo, Carter	09	Sioux City East	19:12.25	20
23 Macario, Cesar	11	Sioux City West	19:24.38	21
24 VanderVeen, Bradon	10	Sioux City East	19:24.59	22
25 Dreismeier, Adam	12	Abraham Lincoln	19:27.03	23
26 Tullu, Abdulahi	12	Sioux City North	19:35.56	
27 Morales, Angel	12	Sioux City East	19:41.59	24
28 Rodriguez, Anthony	12	Abraham Lincoln	19:42.00	25
29 Healy, Austin	09	Sergeant-Blu	19:42.28	26
30 Cota, Byron	12	Sioux City West	19:43.50	27
31 Hedrick, D'Mitre	10	CB Jefferson	19:44.34	
32 Lopez, Angel	09	Sioux City East	19:51.53	28
33 Lopez, Miguel	11	Sioux City North	19:52.56	
34 McGrory, Garrett	09	Sioux City North	19:54.56	
35 Haaf, Greg	12	Sioux City East	19:59.88	29
36 Ryba, Hunter	09	CB Jefferson	20:01.62	
37 Oyadare, Clement	12	Sioux City North	20:02.50	
38 Kayl, Cayden	10	Sioux City East	20:04.69	
39 Contreras, Christian	11	CB Jefferson	20:07.03	
40 Mosqueda, Alex	10	CB Jefferson	20:08.72	
41 Lesley, Chandler	12	CB Jefferson	20:15.28	
42 Rief, Matthew	12	Abraham Lincoln	20:16.38	30
43 Chhet, Chance	12	Sioux City East	20:17.41	
44 Burrack, Parker	12	Sioux City North	20:18.41	
45 Bush, Ethan	11	Sioux City North	20:22.88	
46 Dillavou, Jherek	10	Sergeant-Blu	20:25.53	31
47 McElmeel, EJ	11	Sioux City North	20:26.97	
48 Dillavou, Danny	12	Sergeant-Blu	20:42.59	32
49 Harris, Craig	10	Sioux City East	20:43.25	
50 Engle, Ben	12	Bishop Heelan	20:43.75	33
51 Milner, Evan	09	CB Jefferson	20:53.06	
52 Pflueger, Gabe	12	CB Jefferson	20:56.94	
53 McDaniel, Trey	10	CB Jefferson	20:58.00	
54 Shaputis, Ben	09	Sioux City East	20:58.25	
55 McGregor, Nolan	10	Sergeant-Blu	21:01.25	34

56 Tucker, Tyler	09 Sioux City North	21:04.12	
57 Baker, Todd	11 Sioux City North	21:04.75	
58 Slack, Mason	10 CB Jefferson	21:10.56	
59 Tabata, Shunji	11 Abraham Lincoln	21:13.84	35
60 Funk, Trenton	09 Abraham Lincoln	21:23.50	36
61 Pregon, Dalton	09 Abraham Lincoln	21:32.62	37
62 Rees, Van	12 Sioux City East	21:33.28	
63 Reynolds, Bryce	12 Bishop Heelan	21:33.53	38
64 Marcoe, Calvin	11 Sioux City West	21:40.34	39
65 Dillavou, Andon	09 Sergeant-Blu	21:41.41	40
66 Hegarty, Balen	12 Bishop Heelan	21:47.75	41
67 Reyes, Angel	12 Sioux City East	21:55.91	
68 Gill, Cade	11 Sergeant-Blu	21:57.75	
69 Rea, Peyton	11 Sioux City North	21:58.38	
70 Rea, Dawson	09 Sioux City North	22:02.15	
71 Jones, William	11 Abraham Lincoln	22:04.03	42
72 Fuentes, Juan	09 Sioux City East	22:11.84	
73 Van Etten, Tanner	12 Sioux City North	22:13.22	
74 Sealey, Henry	10 Bishop Heelan	22:14.62	43
75 Laws, Kane	10 Sioux City North	22:17.50	
76 Schaap, Ethan	09 Sergeant-Blu	22:20.94	
77 Hueser, Tanner	10 Sergeant-Blu	22:26.25	
78 Blake, James	09 Sergeant-Blu	22:28.28	
79 Galvan, Juan	12 CB Jefferson	22:29.50	
80 Owens, Quran	10 CB Jefferson	23:04.12	
81 Stellish, Kenny	09 Sioux City North	23:20.34	
82 Luu, Anthony	11 Sioux City North	23:21.38	
83 Smith, Landon	12 Sergeant-Blu	23:22.81	
84 Ramos-Perez, Neftali	10 Sioux City North	23:36.06	
85 Luu, Andy	09 Sioux City North	23:37.88	
86 Roerig, Noah	11 Bishop Heelan	23:41.15	44
87 Meeker, Austin	12 CB Jefferson	23:51.72	
88 Frey, Brenden	11 Bishop Heelan	23:54.81	45
89 Taylor, Kaleb	11 Sioux City North	24:02.97	
90 Summerville, Ryan	09 Bishop Heelan	24:08.28	46
91 Miller, Elias	10 Sioux City North	24:09.78	
92 Grijalvo, Aldo	09 Sioux City West	24:21.66	47
93 Knuth, Ian	11 Sioux City North	24:46.44	
94 Bates, Cody	09 Sioux City East	25:03.47	
95 Koletzke, Chase	09 CB Jefferson	25:08.22	
96 Roberts, Caleb	09 CB Jefferson	25:54.72	
97 Merk, Grant	10 CB Jefferson	26:01.44	
98 Maxwell, Izaiha	12 CB Jefferson	26:01.72	
99 Ruelas, Jose	11 Sioux City North	26:10.66	
100 Kotrous, Zack	09 CB Jefferson	27:19.59	
101 Still, Dakota	09 CB Jefferson	27:20.34	
102 Moreland, Damian	12 Sioux City West	28:36.91	48
103 Campbell, Wyatt	09 CB Jefferson	33:20.97	
104 Gilreath, Jacob	11 Bishop Heelan	35:10.25	
105 Salcedo, Antonio	10 Sioux City North	37:02.56	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Sioux City North	21	1	2	3	6	9	10	12		
	Total Time:	1:30:02.38									
	Average:	18:00.48									
2	CB Jefferson	69	11	13	14	15	16	18	19		
	Total Time:	1:34:28.91									
	Average:	18:53.79									
3	Sioux City East	81	7	8	20	22	24	28	29		
	Total Time:	1:35:21.67									
	Average:	19:04.34									
4	Sergeant-Bluff Luton	98	4	5	26	31	32	34	40		



	Total Time:	1:37:05.62							
	Average:	19:25.13							
5	Abraham Lincoln	149	23	25	30	35	36	37	42
	Total Time:	1:42:02.75							
	Average:	20:24.55							
6	Sioux City West	151	17	21	27	39	47	48	
	Total Time:	1:44:09.19							
	Average:	20:49.84							
7	Bishop Heelan	199	33	38	41	43	44	45	46
	Total Time:	1:50:00.80							
	Average:	22:00.16							