

**AHSTW Co-Ed Cross Country Invitational 2017****Avoca Golf and Country Club****Host: AHSTW High School****September 14, 2017****Sunny 83 degrees****Distance: 5 Kilometer HS - 2 Mile MS****Varsity Girls Team Results**

<b>Place</b>	<b>Points</b>	<b>Team</b>	<b>Average</b>	<b>Total</b>	<b>Spread</b>
1.	51	Underwood	24:18	2:01:27	5:55
2.	58	Logan-Magnolia	24:51	2:04:15	5:43
3.	59	AHSTW	24:55	2:04:35	4:07
4.	116	St. Albert	27:32	2:17:38	10:28
5.	126	Treynor	27:45	2:18:43	3:06
6.	135	Riverside	28:01	2:20:02	7:20
7.	136	Exira-EHK	28:20	2:21:38	5:26

**Varsity Girls Individual Results**

<b>Place</b>	<b>Points</b>	<b>Athlete</b>	<b>Grade</b>	<b>Team</b>	<b>Time</b>	<b>Pace</b>
1	1	Karley Larson	12	Underwood	19:57.7	06:26
2	2	Taylor Sporrer	10	Logan-Magnolia	21:31.9	06:56
3	3	Heidi Hall	12	AHSTW	22:10.3	07:09
4	4	Gracie Springman	11	St. Albert	23:11.0	07:28
5	5	Alexis Post	11	Riverside	23:43.1	07:39
6	6	Clara Genereux	12	St. Albert	23:47.5	07:40
7	7	Madi Ogle	9	Underwood	24:17.7	07:50
8	8	Olivia Springhower	10	Logan-Magnolia	24:30.0	07:54
9	9	Julia Kock	9	AHSTW	24:50.2	08:00
10	10	Chloe Falkena	9	AHSTW	25:02.7	08:04
11	11	Marissa Brenden	9	Logan-Magnolia	25:05.8	08:05
12	12	Logan Joens	10	Underwood	25:35.9	08:15
13	13	Jolene Jensen	12	Exira-EHK	25:41.1	08:16
14	14	Lauren Shapcott	12	Underwood	25:41.4	08:17
15	15	Allison Young	10	Treynor	25:49.7	08:19
16	16	Erica Nolting	9	Logan-Magnolia	25:51.2	08:20
17	17	Naomi Wilson	10	Underwood	25:52.4	08:20
18	18	Jade Draman	9	AHSTW	26:11.7	08:26
19	19	Martha Pace	9	AHSTW	26:17.6	08:28
20		Cameryn Schafer	11	Woodbine	26:46.1	08:37
21	20	Alyssa Brink	9	Riverside	26:54.0	08:40
22	21	Rebecca Coolman	11	Logan-Magnolia	27:14.2	08:46
23	22	Chloe Gregory	9	Treynor	27:26.9	08:51
24	23	Camryn Paulsen	9	Exira-EHK	27:34.9	08:53
25	24	Claire Denning	9	AHSTW	27:37.4	08:54
26	25	Emma Gardner	9	St. Albert	27:37.7	08:54
27	26	Cecilia Myers	12	Underwood	27:49.8	08:58
28	27	Klara Ticer	10	Treynor	27:56.4	09:00
29	28	Rachel Pinchot	9	Underwood	28:02.3	09:02

**AHSTW Co-Ed Cross Country Invitational 2017****Avoca Golf and Country Club****Host: AHSTW High School****September 14, 2017****Sunny 83 degrees****Distance: 5 Kilometer HS - 2 Mile MS**

30		Kodie Sparer	9	Audubon	28:14.1	09:06
31	29	Claire Schlueter	9	Exira-EHK	28:18.5	09:07
32	30	Kaylee Finnegan	12	Treynor	28:32.3	09:12
33	31	Kealey Nelson	12	Exira-EHK	28:53.4	09:18
34		Whitney Petersen	12	Audubon	28:54.7	09:19
35	32	Miranda Becker	11	Treynor	28:55.5	09:19
36	33	Olivia Weis	11	Riverside	28:56.1	09:19
37	34	Isabelle Kudron	11	Treynor	29:00.1	09:21
38	35	Rylie Linehan	9	Treynor	29:04.9	09:22
39	36	Abi Rosengren	10	Logan-Magnolia	29:04.9	09:22
40	37	Clare Noethe	12	St. Albert	29:21.9	09:28
41	38	Cailee Manzer	9	Riverside	29:22.3	09:28
42		Audrey Ireland	9	Woodbine	29:51.6	09:37
43		Belle Freese	9	Underwood	30:33.3	09:51
44		McKenna Nielsen	12	Audubon	30:45.4	09:54
45	39	Haley Faga	11	Riverside	31:03.9	10:00
46	40	Ana Alfonso	10	Exira-EHK	31:07.7	10:02
47		Jordan Finnegan	11	Treynor	31:30.3	10:09
48		Jamie Heffernan	12	Woodbine	31:58.8	10:18
49	41	Ally Madsen	12	Exira-EHK	32:24.7	10:26
50	42	Jamie Hackett	12	Riverside	32:26.3	10:27
51	43	Marissa McCoy	9	Logan-Magnolia	32:32.9	10:29
52		Jordan Lowe	11	Treynor	32:58.4	10:37
53	44	Abi Sherbondy	10	St. Albert	33:38.2	10:50
54	45	Madeline Hohneke	12	St. Albert	34:15.1	11:02
55		Micaela Haffey	9	Logan-Magnolia	35:14.3	11:21
56	46	Jackie Sindelar	10	St. Albert	35:32.5	11:27

**AHSTW Co-Ed Cross Country Invitational 2017****Avoca Golf and Country Club****Host: AHSTW High School****September 14, 2017****Sunny 83 degrees****Distance: 5 Kilometer HS - 2 Mile MS****Varsity Boys Team Results**

<b>Place</b>	<b>Points</b>	<b>Team</b>	<b>Average</b>	<b>Total</b>	<b>Spread</b>
1.	30	St. Albert	19:44	1:38:38	1:37
2.	48	Woodbine	20:18	1:41:30	1:40
3.	80	Underwood	21:08	1:45:40	2:13
4.	91	Treynor	21:04	1:45:16	4:47
5.	116	Riverside	21:56	1:49:40	2:24
6.	158	Logan-Magnolia	23:28	1:57:20	3:52

**Varsity Boys Individual Results**

<b>Place</b>	<b>Points</b>	<b>Athlete</b>	<b>Grade</b>	<b>Team</b>	<b>Time</b>	<b>Pace</b>
1		Evan Wilson	12	Exira-EHK	17:14.5	05:33
2	1	Jerry Jorgenson	11	Treynor	17:52.2	05:46
3		Kade Jensen	12	Audubon	18:28.0	05:57
4		Dalton Fischer	12	AHSTW	18:47.5	06:03
5	2	Leo Garrigan	11	St. Albert	18:53.5	06:05
6	3	Bennett Heisterkamp	10	St. Albert	19:17.2	06:13
7	4	Cuy Meeker	11	Woodbine	19:35.9	06:19
8	5	Joseph McHugh	12	Woodbine	19:44.2	06:22
9	6	Luke Blaha	11	St. Albert	19:55.0	06:25
10	7	Dan Pauley	11	St. Albert	19:59.1	06:26
11	8	Thomas Conn	12	Underwood	20:08.5	06:29
12	9	Justin Rosas	11	Underwood	20:10.7	06:30
13	10	Maverick Winther	12	Woodbine	20:24.3	06:35
14	11	Adam Sherer	10	Woodbine	20:27.6	06:36
15	12	Greg Crawley	12	St. Albert	20:30.7	06:37
16	13	Max Hayes	10	Treynor	20:31.9	06:37
17	14	Augustus Kouri	12	St. Albert	20:40.7	06:40
18	15	Drake Woods	9	Riverside	20:50.8	06:43
19	16	Cal Savin	10	Underwood	20:52.3	06:44
20	17	Jayden Rosengren	12	Logan-Magnolia	21:04.5	06:47
21	18	Seth Gruver	11	Woodbine	21:16.0	06:51
22	19	Sheldyn Knutsen	9	Woodbine	21:16.3	06:51
23	20	Ben Schroder	9	Riverside	21:16.7	06:51
24	21	Cole Henderson	11	Riverside	21:46.5	07:01
25	22	Gabe Carolus	11	Treynor	21:47.9	07:01
26	23	Kyle Shapcott	12	Underwood	22:04.1	07:07
27		Timothy Bozzo	10	Audubon	22:11.0	07:09
28	24	Liam Campin	12	Underwood	22:21.1	07:12
29	25	Jacob Keay	10	Treynor	22:22.5	07:13
30	26	Brandon Bantam	11	Woodbine	22:24.9	07:13
31	27	Sawyer Johnson	11	Logan-Magnolia	22:28.8	07:15
32	28	Mick Schroder	9	Riverside	22:29.2	07:15

**AHSTW Co-Ed Cross Country Invitational 2017****Avoca Golf and Country Club****Host: AHSTW High School****September 14, 2017****Sunny 83 degrees****Distance: 5 Kilometer HS - 2 Mile MS**

33	29	Dalton Larson	10	Underwood	22:37.6	07:17
34	30	Cainan Davidson	10	Treynor	22:39.9	07:18
35	31	Colton Sorensen	9	Underwood	22:47.9	07:21
36		Robert Pace	12	AHSTW	23:00.3	07:25
37		Luke Martin	9	Underwood	23:09.8	07:28
38	32	Dylan McDonald	10	Riverside	23:14.2	07:29
39		Morgan Christensen	10	Audubon	23:16.7	07:30
40		David Graeve	12	Audubon	23:18.6	07:31
41		Payton Bush	9	Woodbine	23:23.0	07:32
42	33	Vincent Arculeo	9	St. Albert	23:28.7	07:34
43	34	Jake Lang	9	Treynor	23:36.9	07:37
44	35	Mason Wichman	10	Riverside	23:48.3	07:40
45	36	Lance Skank	10	Riverside	23:52.0	07:41
46		Jacob Privia	12	Underwood	23:53.6	07:42
47		Danny Shudak	11	St. Albert	23:59.1	07:44
48		Dennis Pilling	10	Riverside	24:04.8	07:46
49		Evan Pattee	10	AHSTW	24:06.6	07:46
50		Nick Lee	10	St. Albert	24:21.3	07:51
51	37	Hayden Doiel	12	Logan-Magnolia	24:23.3	07:51
52	38	Austin Bonham	9 L	ogan-Magnolia	24:24.6	07:52
53		Samuel Narmi	10	St. Albert	24:32.8	07:55
54		Wyat Schwery	12	Woodbine	24:43.3	07:58
55	39	Zach Blum	12	Logan-Magnolia	24:56.4	08:02
56		Dustin Hering	10	Riverside	25:00.7	08:04
57		Wilhelm Evezic	11	St. Albert	25:28.4	08:12
58	40	Jacob Reelfs	10	Treynor	25:58.2	08:22
59		Blake McDermott	10	Woodbine	26:18.2	08:28
60		Matt Dorland	12	Woodbine	27:08.5	08:45
61	41	Jack Johnson	9	Logan-Magnolia	27:55.8	09:00
62		Reid Dettbarn	9	Underwood	30:27.3	09:49

**AHSTW Co-Ed Cross Country Invitational 2017**

Avoca Golf and Country Club

Host: AHSTW High School

September 14, 2017

Sunny 83 degrees

Distance: 5 Kilometer HS - 2 Mile MS

**Junior Varsity Girls Team Results**

No team scores

**Junior Varsity Girls Individual Results**

Place	Points	Athlete	Grade	Team	Time	Pace
1		Belle Freese	9	Underwood	30:33.3	09:51
2		Jordan Finnegan	11	Treynor	31:30.3	10:09
3		Jordan Lowe	11	Treynor	32:58.4	10:37
4		Micaela Haffey	9	Logan-Magnolia	35:14.3	11:21

**Junior Varsity Boys Team Results**

No team scores

**Junior Varsity Boys Individual Results**

Place	Points	Athlete	Grade	Team	Time	Pace
1		Luke Martin	9	Underwood	23:09.8	07:28
2		Payton Bush	9	Woodbine	23:23.0	07:32
3		Jacob Privia	12	Underwood	23:53.6	07:42
4		Danny Shudak	11	St. Albert	23:59.1	07:44
5		Dennis Pilling	10	Riverside	24:04.8	07:46
6		Nick Lee	10	St. Albert	24:21.3	07:51
7		Samuel Narmi	10	St. Albert	24:32.8	07:55
8		Wyat Schwery	12	Woodbine	24:43.3	07:58
9		Dustin Hering	10	Riverside	25:00.7	08:04
10		Wilhelm Evezic	11	St. Albert	25:28.4	08:12
11		Blake McDermott	10	Woodbine	26:18.2	08:28
12		Matt Dorland	12	Woodbine	27:08.5	08:45
13		Reid Dettbarn	9	Underwood	30:27.3	09:49

**AHSTW Co-Ed Cross Country Invitational 2017****Avoca Golf and Country Club****Host: AHSTW High School****September 14, 2017****Sunny 83 degrees****Distance: 5 Kilometer HS - 2 Mile MS****Middle School Girls Team Results**

No team scores

**Middle School Girls Individual Results**

<b>Place</b>	<b>Points</b>	<b>Athlete</b>	<b>Grade</b>	<b>Team</b>	<b>Time</b>	<b>Pace</b>
1	1	Kate Hansen	8	Exira-EHK	14:49.7	07:25
2		Jordyn Reimer	7	Underwood	15:18.2	07:40
3		Brenna Smith	8	St. Albert	15:24.2	07:43
4	2	McKenzie Yoshida	8	Exira-EHK	15:39.8	07:50
5		Carly McKeever	7	St. Albert	15:52.8	07:57
6	3	Ella Petersen	7	Exira-EHK	16:20.2	08:11
7	4	Haley Harris	8	Exira-EHK	16:25.0	08:13
8		Ellie Peterson	7	AHSTW	16:34.2	08:18
9	5	Mollie Rasmussen	8	Exira-EHK	17:40.3	08:51
10	6	Justice Doherty	8	Exira-EHK	18:02.7	09:02
11		Liz Cordes	8	AHSTW	18:16.3	09:09
12		Abby Zaiger	8	Audubon	18:18.7	09:10
13		Paige Long	7	Riverside	18:25.8	09:13
14		Jade Whannell	8	Underwood	18:58.3	09:30
15		Jordan Blotzer	8	AHSTW	18:59.7	09:30
16		Josephine Rosas	8	Underwood	19:15.7	09:38
17		Allison Koricic	7	Treynor	20:47.9	10:24
18		Lanie Petersen	7	Treynor	20:59.1	10:30
19		Allison Elmquist	8	Audubon	21:11.2	10:36
20		Claire Lewis	7	St. Albert	22:02.8	11:02
21		Hannah Millett	7	Riverside	26:58.0	13:29

## AHSTW Co-Ed Cross Country Invitational 2017

Avoca Golf and Country Club

Host: AHSTW High School

September 14, 2017

Sunny 83 degrees

Distance: 5 Kilometer HS - 2 Mile MS

### Middle School Boys Team Results

No team scores

### Middle School Boys Individual Results

Place	Points	Athlete	Grade	Team	Time	Pace
1	1	Bryce Patten	8	Underwood	12:20.1	06:11
2		Jackson Deist	8	Audubon	12:40.6	06:21
3	2	Colin Lillie	7	St. Albert	12:52.0	06:26
4	3	Jonah Churchill	8	St. Albert	13:44.1	06:53
5	4	Adyn Hill	8	St. Albert	13:48.1	06:55
6	5	Evan Honan	8	Underwood	13:53.5	06:57
7	6	Adam Denny	7	St. Albert	14:00.1	07:00
8	7	Mason Yochum	7	Treynor	14:08.6	07:05
9	8	Jack Goltl	7	St. Albert	14:09.8	07:05
10		Clayton Spies	8	Riverside	14:24.5	07:13
11		Derrek Kommes	7	Exira-EHK	14:30.0	07:15
12	9	Ryan Bach	7	Treynor	14:38.4	07:20
13	10	Alex Gast	8	St. Albert	14:42.4	07:22
14	11	Brady Coffman	8	Treynor	14:44.8	07:23
15	12	Easton Reisz	8	Woodbine	14:52.6	07:27
16	13	Luke Ryerson	7	Woodbine	14:56.0	07:28
17		Grant Gleason	7	Audubon	14:58.3	07:30
18	14	Beau Hesman	8	Woodbine	15:08.7	07:35
19	15	Mason Ogle	8	Underwood	15:19.8	07:40
20		Kaedyn Cornejo	8	AHSTW	15:20.3	07:41
21	16	Will Hawk	8	St. Albert	15:49.8	07:55
22		Hadyn Piskorski	8	St. Albert	15:50.7	07:56
23		Easton Nelson	7	Exira-EHK	15:57.4	07:59
24	17	Nathan Petersen	7	Treynor	16:05.6	08:03
25	18	Noah Nelson	7	Treynor	16:11.9	08:06
26		Owen Wise	7	St. Albert	16:16.0	08:08
27		Joe Goltl	8	St. Albert	16:34.8	08:18
28		Joe Hughes	7	Saint Albert	16:39.3	08:20
29	19	Derek Sherer	8	Woodbine	16:40.8	08:21
30	20	John Ross	7	Treynor	16:53.9	08:27
31	21	Micah Stolley	7	Woodbine	16:54.2	08:28
32		Jacob Finney	7	St. Albert	17:01.3	08:31
33	22	Gabe Travis	8	Treynor	17:06.7	08:34
34		Sam Burmeister	7	Treynor	17:13.9	08:37
35		Tyler Christensen	8	Treynor	17:19.1	08:40
36		Alan Young	7	Treynor	17:21.3	08:41
37		Will Tallman	7	St. Albert	17:57.1	08:59

**AHSTW Co-Ed Cross Country Invitational 2017**

**Avoca Golf and Country Club**

**Host: AHSTW High School**

**September 14, 2017**

**Sunny 83 degrees**

**Distance: 5 Kilometer HS - 2 Mile MS**

38		Andrew Saar	7	Treynor	18:02.0	09:01
39		Brant Spies	7	Riverside	18:33.5	09:17
40	23	Clayton Luett	8	Underwood	18:53.7	09:27
41	24	Jeremiah Kroll	8	Woodbine	18:55.7	09:28
42		Corbin Horton	7	Treynor	18:59.2	09:30
43	25	Scott Jensen	7	Underwood	19:01.6	09:31
44	26	Kylon Reisz	7	Woodbine	19:10.4	09:36
45		Alex Weis	8	Riverside	20:58.1	10:30
46		Hayden Ayers	7	Riverside	30:05.8	15:03