



Date: Sunday, May 19, 2024
Entrance Fee: \$5 for adults, \$3 for students
 (kids 5 and under are free)
Location: Indianola Middle School
 403 South 15th Street Indianola, IA 50125
Gates Open: 8:00 AM
Field Events: 9:00 AM
Running Events: 10:30 AM

Registration: \$15 per athlete (plus online processing fee) • Entries are limited to 850 athletes
Registration deadline: Entries due in Athletic.net by Friday, May 17 11:59 PM
<https://www.athletic.net/TrackAndField/meet/560150/register>

Order of Events: girls followed by boys (field events may not go in age or gender order)

There will be NO day of entries as we have allowed in the past. Please do not allow your athletes to show up if they have not previously registered and paid.



Field Events

Javelin SA, A, B, C, D, E
 Long Jump SA, A, B, C, D, E
 High Jump A, B, C, D, E
 Shot Put SA, A, B, C, D, E
 Discus B, C, D, E

Field Event Locations

Javelin • Located to the east of the stadium (green space)
 Long Jump • Located on the south side of the track (2 pits)
 High Jump • Located on the north side of the track
 Shot Put • Located on the southeast corner
 Discus • Located on the southeast corner



Running Events

3000 Meter Run ** B, C, D, E
 80 Meter Hurdles B
 100/110 Meter Hurdles C, D, E
 100 Meter Dash SA, A, B, C, D, E
 400 Meter Dash SA, A, B, C, D, E
 800 Meter Run ** SA, A, B, C, D, E
 200 Meter Hurdles C
 400 Meter Hurdles D, E
 200 Meter Run SA, A, B, C, D, E
 1500 Meter Run ** SA, A, B, C, D, E

Age determined as of December 31, 2024

Age Group	# of Events
SA 2016 or later (8U)	3
A 2014-2015 (9/10)	3
B 2012-2013 (11/12)	3
C 2010-2011 (13/14)	4
D 2008-2009 (15/16)	4
E 2006-2007 (17/18)	4

We will run on a rolling schedule.

Check-in / Hip numbers will be located at the shed in the northeast corner of the track.

* Heats may be combined in all races based on number of entrants. All events are finals.

** 3000, 1500 and 800 age groups may be combined based on number of entrants.

Tents permitted on grass areas around the track. Athletes may also sit in the east bleachers. No camps on the field.
 Onsite Concession will be available

Contact Info: Nicole Tenges • 515.971.5930 • nicoletenges@gmail.com

Indianola Athletic Booster Club Track Meet
 (supported by I-RUN)