

## 2024 Johnston Running Club Youth Track Meet Schedule



## **General Information**

Date: Sunday, June 2, 2024

Location: Johnston High School 6500 NW 100th St. Johnston, IA 50131 Registration: \$15.00 athlete participation fee (plus online processing fee)

Spectator Fee: None

Time: 8:00 a.m. Gates open

9:00 a.m. Field events begin 10:40 a.m. Running events begin

Pre-Registration Link: https://www.athletic.net/TrackAndField/meet/545322/register

Registration Deadline: Friday, May 31, 2024 @ 11:59 p.m.

## Order of Events (girls followed by boys in each age group) Age Groups

Track Events		Age Groups	# of Events
3000m Run*	B, C, D, E	SA – 2016 or later (8 & under)	3
4x800m Relay	B, C, D, E	A – 2014-2015 (9-10)	3
100m Dash	SA, A, B, C, D, E	B - 2012-2013 (11-12)	3
80m Hurdles	В	C – 2010-2011 (13-14)	4
100/110m Hurdles	C, D, E	D - 2008-2009 (15-16)	4
1500m Run	SA, A, B, C, D, E	E – 2006-2007 (17-18)	4
4x100m Relay	SA, A, B, C, D, E	Age determined as of 12/31/2024	
400m	SA, A, B, C, D, E		
200m Hurdles	C	# of Events means the maximum number	
400m Hurdles	D, E	of events allowed for athletes in the age group	
800m Run	SA, A, B, C, D, E	**Relays do not count towards an individual's	
200m Dash	SA, A, B, C, D, E	max number of events	
4x400m Relay	SA, A, B, C, D, E		

<sup>\* =</sup> All ages will likely be combined for the 3000m Run.

All events will be a timed final. Please pay attention to the announcer, as we will run on a rolling schedule. Proceed to the clerk of course once event is announced. Check-in for all running events will be at the shed on the south side of the track.

Field Events - youngest to oldest unless noted

Long Jump (2 pits) SA, A, B, C, D, E

High Jump A, B, C, D, E (High Jump will be oldest to youngest age group, some age groups combined)

Discus B, C, D, E Shot Put SA, A, B, C, D, E

Triple Jump C, D, E (Triple Jump will immediately follow long jump at the jumping pits)

Javelin SA, A, B, C, D, E (Javelin will be oldest to youngest age group, some age groups combined)

Field Event Check-In Locations

Long/Triple Jump: Located on the north side of the track - one pit for girls, one pit for boys

High Jump: Located on the south side of the track in the infield

Shot Put: Located west of the stadium Discus: Located west of the stadium Javelin: Located west of the stadium

## **Contact Info**

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