

# Turkey River Turkey Trot Race

**AND FUN WALK AND KIDS TURKEY DASH FUN RUN \* SATURDAY, NOVEMBER 10, 2012**

## 4 MILE RACE / FUN WALK

Start and Finish areas are located at the Prairie's Edge Nature Center. The race will be on the Valley Ave/Vernon Springs Road and Prairie Springs Trail located near the Vernon Springs Recreational Area and the Turkey River. Enjoy food and refreshments at the finish.

## KIDS TURKEY DASH FUN RUN AND ACTIVITIES

FREE Kids (12 & Under) FUN RUN following the 4 mile race. Start time 10:00 a.m. Come chase the Turkey & receive a gift bag. The run is approx. 1/4 mile long. There will be supervised kids activities during the 4-mile race for kids to enjoy.

## WHERE

Prairie's Edge Nature Center  
11562 Valley Ave, Cresco, Iowa  
Saturday, November 10, 2012  
Day-of-race registration: 8:00-8:45 a.m.  
Race Begins: 9:00 a.m.  
Race held under any weather conditions.  
No refunds.

For additional information contact Diane Henry (563)379-3003  
For additional registrations visit [www.fitnesssports.com](http://www.fitnesssports.com)

## REGISTRATION

Register online:  
<http://www.active.com/running/cresco-ia/turkey-river-turkey-trot-2012>  
OR  
Mail registration form & payment to:  
F.I.T. Running Club, 13282 Valley Ave, Cresco, IA 52136

## ENTRY FEE

Postmarked by November 3, 2012: \$15.00  
Postmarked after November 3, 2012: \$18.00  
Your entry fee includes eligibility for door prizes and a short sleeve t-shirt. *\*\*T-shirts not guaranteed for registrations received after November 3, 2012\*\**.  
For additional chances to win, bring any canned food item on the day of the race. All food donations will be given to local food pantries.

## AWARDS & PRIZES

The overall men's and women's first place runners will receive a trophy, turkey and \$50 grocery gift card. First place runners in each age category will receive a turkey and medal. Medals will be provided to the second and third place runners in each age category. Limit of one award per person. All entrants will be eligible for random door prizes following the race.

## TO BENEFIT

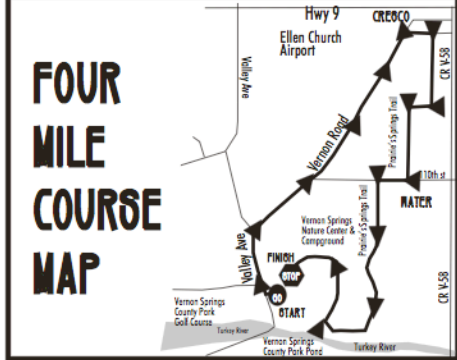


**NEICAC**  
(Serving Allamakee, Bremer, Chickasaw, Clayton, Fayette, Howard & Winneshiek Counties)

## A Great Cause

The Turkey River Turkey Trot is held to raise food and funds for the NorthEast Iowa Community Action Corp. The NEICAC is a non-profit organization that serves seven counties in Northeast Iowa. Participation in the event will help those less fortunate or those facing challenging times during the Holiday season.

## F.I.T. Running Club



**FOUR MILE COURSE MAP**

## 2012 TURKEY RIVER TURKEY TROT RACE REGISTRATION FORM

FOR OFFICE USE ONLY  
RACE # \_\_\_\_\_

<b>Complete for 4-Mile Race/Fun Walk Only</b>	FIRST NAME	LAST NAME	<input type="checkbox"/> M <input type="checkbox"/> F	
	ADDRESS	CITY	AGE	EMAIL
	STATE	ZIP CODE	TELEPHONE	
<b>Complete for Kids Turkey Dash Fun Run Only (Free Entry)</b>	FIRST NAME	LAST NAME		
	ADDRESS	CITY	STATE	ZIP CODE



**MAIL REGISTRATION BY NOVEMBER 3, 2012**  
**Make Checks Payable To:**  
**F.I.T. Running Club / TRTT**  
**Mail To:**  
**F.I.T. Running Club**  
**13282 Valley Ave, Cresco, IA 52136**

**Divisions:**  
 12 & under  
 13 - 19  
 20 - 29  
 30 - 39  
 40 - 49  
 50 - 59  
 60 +

4-Mile Race/Fun Walk  
Registration Fee: Received by November 3, 2012 \$15.00 \$ \_\_\_\_\_  
Received after November 3, 2012 \$18.00 \$ \_\_\_\_\_  
T-Shirt Size (incl.) Adult  S  M  L  XL  XXL  
T-shirt Option Unisex  S  M  L  XL  XXL Add \$ 8.00 \$ \_\_\_\_\_  
Women's Cut  S  M  L  XL  XXL  
**Kids Turkey Dash Fun Run**  
FREE Kids Run (12 & under) Following 4-Mile Race \$ N/C  
Kids T-Shirt Only Youth  S  M  L \$ 6.00 \$ \_\_\_\_\_  
I would like to donate to NEICAC: (All donations are tax deductible) \$ \_\_\_\_\_  
**TOTAL ENCLOSED** \$ \_\_\_\_\_

**\*\*Waiver of Liability on back must be signed before racing\*\***

# WAIVER OF LIABILITY

## PLEASE READ AND SIGN

In consideration of accepting this entry I, the undersigned, intending to be legally bound hereby for myself, my heirs, executors, and administrators, contractually waive and release any and all claims for damages I may now or hereafter have against all sponsors, including, but not limited to F.I.T. Running Club, NEICAC, Turkey River Turkey Trot Committee Members, City of Cresco, Howard County, Prairie Springs Recreational Trail Association or any other personnel assisting with this event, for any and all injuries, including claims of damages suffered by me in this event as a result of my participation in said race. I understand that running or walking in a road race regardless of distance is a potentially hazardous activity. Further, I attest that I have trained for this race and am of sound physical condition. I also grant full permission to the sponsors and the agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any record of this event for any legitimate purpose.

Signature: \_\_\_\_\_  
(If under 18 years of age, parent or guardian must sign)

Co-Signature: \_\_\_\_\_

*Waiver must be signed prior to participating in the Turkey River Turkey Trot Race*