

Turkey River Turkey Trot Race

AND FUN WALK AND KIDS TURKEY DASH FUN RUN * SATURDAY, NOVEMBER 12, 2011

4 MILE RACE / FUN WALK

Start and Finish areas are located at the Prairie's Edge Nature Center. The race will be on the Valley Ave/Vernon Springs Road and Prairie Springs Trail located near the Vernon Springs Recreational Area and the Turkey River. Enjoy food and refreshments at the finish. Restrooms will be available at the Prairie Springs Nature Center. Awards presentation will be held in the lower level of the Nature Center.

KIDS TURKEY DASH FUN RUN

FREE Kids (12 & Under) FUN RUN following the 4 mile race. Start time 10:00 a.m. Come chase the Turkey & receive a gift bag. The run is approx. 1/4 mile long.

WHERE

Prairie's Edge Nature Center
11562 Valley Ave, Cresco, Iowa
Saturday, November 12, 2011
Day-of-race registration: 8:00-8:45 a.m.
Race Begins: 9:00 a.m.
Race held under any weather conditions.
No refunds.

For additional information contact Diane Henry (563)379-3003
For additional registrations visit www.fitnesssports.com

REGISTRATION

Register online:
<http://www.active.com/running/cresco-ia/turkey-river-trot-race-2011>
OR
Mail registration form & payment to:
F.I.T. Running Club, 13282 Valley Ave, Cresco, IA 52136

ENTRY FEE

Received by November 5, 2011: \$15.00
Received after November 5, 2011: \$18.00
Your entry fee includes eligibility for door prizes and a short sleeve t-shirt. ***T-shirts not guaranteed for registrations received after November 5, 2011***.
For additional chances to win, bring any canned food item on the day of the race. All food donations will be given to local food pantries.

AWARDS & PRIZES

The overall men's and women's first place runners will receive a trophy, turkey and \$50 grocery gift card. First place runners in each age category will receive a turkey and medal. Medals will be provided to the second and third place runners in each age category. Limit of one award per person. All entrants will be eligible for random door prizes following the race.

TO BENEFIT



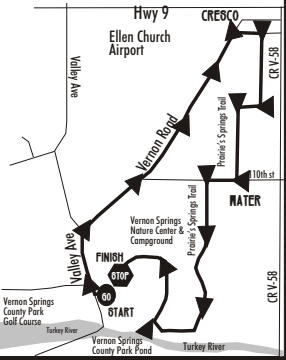
NEICAC
(Serving Allamakee, Bremer, Chickasaw, Clayton, Fayette, Howard & Winneshiek Counties)

A Great Cause

The Turkey River Turkey Trot is held to raise food and funds for the NorthEast Iowa Community Action Corp. The NEICAC is a non-profit organization that serves seven counties in Northeast Iowa. Participation in the event will help those less fortunate or those facing challenging times during the Holiday season.

F.I.T. Running Club

FOUR MILE COURSE MAP



2011 TURKEY RIVER TURKEY TROT RACE REGISTRATION FORM

FOR OFFICE USE ONLY
RACE # _____

Complete for 4-Mile Race/Fun Walk Only	FIRST NAME	LAST NAME	<input type="checkbox"/> M <input type="checkbox"/> F	
	ADDRESS	CITY	AGE	EMAIL
	STATE	ZIP CODE	TELEPHONE	
Complete for Kids Turkey Dash Fun Run Only (Free Entry)	FIRST NAME	LAST NAME		
	ADDRESS	CITY	STATE	ZIP CODE



MAIL REGISTRATION BY NOVEMBER 5, 2011
Make Checks Payable To:
F.I.T. Running Club / TRTT
Mail To:
F.I.T. Running Club
13282 Valley Ave, Cresco, IA 52136

- Divisions:**
 12 & under
 13 - 19
 20 - 29
 30 - 39
 40 - 49
 50 - 59
 60 +

4-Mile Race/Fun Walk
 Registration Fee: Received by November 5, 2011 \$15.00 \$ _____
 Received after November 5, 2011 \$18.00 \$ _____
 T-Shirt Size (incl.) Adult S M L XL XXL
 Toddler Shirt Option Adult S M L XL XXL Add \$ 8.00 \$ _____
Kids Turkey Dash Fun Run
 FREE Kids Run (12 & under) Following 4-Mile Race \$ N/C
 Kids T-Shirt Only Youth S M L \$ 6.00 \$ _____
 I would like to donate to NEICAC: (All donations are tax deductible) \$ _____
TOTAL ENCLOSED..... \$ _____

Waiver of Liability on back must be signed before racing

WAIVER OF LIABILITY

PLEASE READ AND SIGN

In consideration of accepting this entry I, the undersigned, intending to be legally bound hereby for myself, my heirs, executors, and administrators, contractually waive and release any and all claims for damages I may now or hereafter have against all sponsors, including, but not limited to F.I.T. Running Club, NEICAC, Turkey River Turkey Trot Committee Members, City of Cresco, Howard County, Prairie Springs Recreational Trail Association or any other personnel assisting with this event, for any and all injuries, including claims of damages suffered by me in this event as a result of my participation in said race. I understand that running or walking in a road race regardless of distance is a potentially hazardous activity. Further, I attest that I have trained for this race and am of sound physical condition. I also grant full permission to the sponsors and the agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any record of this event for any legitimate purpose.

Signature: _____
(If under 18 years of age, parent or guardian must sign)

Co-Signature: _____

Waiver must be signed prior to participating in the Turkey River Turkey Trot Race