## "Run Into Fall" Cross Country Fun Run/Walk sponsored by Woodrow Wilson and Thomas Jefferson Elementary PTAs

Join us for the third annual "Run Into Fall" Cross Country and Obstacle Fun Run/Walk taking place on **Saturday**, **November 8<sup>th</sup> at Maytag Park at 9:00 AM !** 

Events:

- 3+ mile Adventure Obstacle Run/Walk through Maytag Park and adjoining off road trails
- 1 mile obstacle run/walk completely within Maytag Park

Be prepared for lots of leaves and a lot of fun and challenging obstacles, sponsored by generous local businesses and families!

This run/walk is completely for FUN! Bring your whole family along! There will also be small flags in various places along the course for participants to find and return to the finish line with them to redeem for door prizes! Also, be ready for extra family fun at the finish line for all participants (giant slide and other fun activities).

This is a great way to experience Cross Country running (or walking) and fun to see the variety of obstacles created. Enter today! \$10 for all ages (includes unique race apparel, post race refreshments, use of giant slide after the run)

### \*\*Registration form on back of flyer\*\*

All proceeds from race go back to Woodrow Wilson and Thomas Jefferson Elementary School PTAs! Thanks for your help!!

# Run Into Fall Registration Form Saturday November 8<sup>rd</sup>, 2014 9:00 AM, Maytag Park, Newton, IA. Name:\_\_\_\_\_\_ Address:\_\_\_\_\_\_ City and State:\_\_\_\_\_\_

Email address:\_\_\_\_\_

Age\_\_\_\_\_ Gender\_\_\_\_(M or F)

### \$10 for all ages

Phone:

All runners run at their own risk and accept any responsibility of injury before, during or after these fun runs. By signing this registration form, you relinquish the Newton Community School District and the City of Newton and anyone directly in charge of organizing and volunteering at this fun run of any harm, debt or responsibility of runners/walkers. All runners and walkers run/walk at their own risk and are responsible for their health and injury.

I agree to the above and will be solely responsible for myself and/or my child in case of injury.

Parent's Signature\_\_\_\_\_Date\_\_\_\_\_

Runner's Signature\_\_\_\_\_Date\_\_\_\_

Return this form and payment **(\$10 for each participant)** to: Woodrow Wilson Elementary School, 801 S. 8<sup>th</sup> Ave. W, Newton, IA 50208 by **November 1<sup>st</sup>. First 150 entrants guaranteed a unique hat.** There **will** be "day of race sign-up" but hat is not guaranteed.

#### Checks to be made out to "Woodrow Wilson PTA"

(feel free to reproduce this form and register more members of your family or pass it on to others you feel may be interested!)

Contact chairperson Robyn Friedman at 641-840-2215 or <u>robynpt@iowatelecom.net</u> with any questions or concerns.

