REGISTRATION FORM

Name:

Address:_____

Email:_____

City/State/Zip_____

Age on Race Day _____

Male_____ Female_____

Shirt Size S M L XL *Shirts will be dry-fit this year*

*I do not want a shirt _____ *\$15 for Pre-Registration (No shirt)

Pre-Registration = \$20 Registration on Race Day = \$22

Registrations received after 10/19/13 will <u>not</u> be guaranteed a shirt.

> itnessSports 30 University Ave, Windsor Heights, IA. 50224

Waiver: In consideration of acceptance of this entry, I release myself and my heirs, CEF, its employees, volunteers and any sponsor and all officials of this race, from all claims, demands, liabilities, damages, or causes of action, of any nature including claims for death, injury or illness arising out of participation in CEF Turkey Trot. I have trained and am in proper physical condition to participate in this event.

Signature

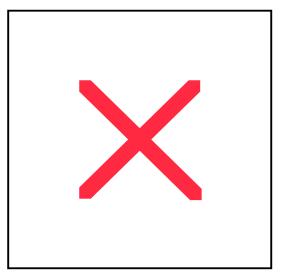
Date

If participant is under 18 years

old: As a parent or legal guardian of the child named on the registration form, I verify that I fully agree to, understand, and accept all provisions of this Waiver.

Signature

Date





Clear Lake, Iowa ww.cuttingedge-fit.com

Saturday, Nov. 2nd, 2013

Race Starts at 8:00 A.M. In front of CEF

JOIN THE FUN !!



Send Registration Form to: Cutting Edge Fitness 5 Teamquest Way Clear Lake, IA 50428 641-357-5515

\$15 Pre-Registration (No shirt) \$20 Pre-registration (shirt) \$22 Registration on race day 7:00 a.m. - 7:45 a.m. Registrations received after 10/19/13 will <u>not</u> be guaranteed a shirt

Packet pick-up: 7:00 a.m. - 7:45 a.m. at CEF on Race Day

Prizes for: Men & Women Overall - 1st, 2nd, 3rd place Door Prizes <u>All Proceeds will go to</u> <u>Opportunity Village Children's</u> <u>Autism Center</u>

In North Central Iowa there are approx. 330 children with an autism diagnosis. Every 11 minutes a child is diagnosed with autism . Autism costs a family \$66,000/yr in therapies and treatments 1:88 impacted by autism 1:54 are boys

