Ottumwa YMCA St. Patty's Day 5K Run & 2.5K Walk

Saturday March 17th
8:00am
Indian Hills Community College
Advanced Technology Center

(Weather Location: Hellyer Student Life Center)

Family Fun Walk \$10

Family Prize drawing for a 3 month Family YMCA membership!

Individual
Runner/Walkers:

\$17 prior to March 10th

\$25 after March 10th & day of race Registration Deadline: March 12th

5K Run awards will go to Top 3 males and top 3 females



Join us for the Quad County Health Fair afterwards in the Rural Health Education Center 7am-Noon

For more information, contact Kathy Sisler at (641)684-6571 x26 or kathy@ottumwaymca.com

Ottumwa YMCA St. Patty's Day 5K Run & 2.5K Walk **FAMILY FUN RUN**

Where You Have the Right to B - FIT

Fitness Sports

the

		coal university live, wholeo'r league, in, 10,24
Registration deadl	ine is <u>March 12th</u>	
Name:		Age:
Address:		
City/State/Zip:		
Phone:	Email:	
Gender (circle one) Participating in (circ	/Walkers: (Includes Long sleeve) Male Female cle one) 5K Run 2.5K Size: Adult S M L XL	\$17 Pre-registration \$25 After deadline or day of race.
Family Fun Run: (d	oes NOT include t-shirt)	COST:
Number of Family me	\$10 per family	
PRIZE DRA FAMILY Y	PAID:	
I myself executors, adminis) in consideration, forgoing, discharge the Ottumwa YMCA and all sponsors for arising or growing out of my participation.
Signature:		Date:
Make checks payable t	o: Ottumwa YMCA	Where You Have the Right to B - FIT Fitness Sports
Please mail form and p	payment to:	1223 Linkwerely Ass., Windows Unichts, IA. 1022.

Attn: Kathy Sisler 611 N Hancock

Ottumwa, IA 52501