

2009 HAWK STADIUM PROJECT 5K

“A fundraising event for a new football stadium and track for the Woodward Granger school district”

**The race will be held regardless of weather.

Preregistration: Complete the registration form & mail in your registration fee, *Pre-registration fee: \$20*

Make checks payable & mail to: Hawk Stadium Project, Attn: Shelly Kooiker, 11665 NW 115th Ave., Granger, IA 50109. Question email to: smckooiker@hotmail.com

Race-Day Registration & Packet Pickup: Jr/Sr High School parking lot, 306 W. 3rd Street, Woodward, IA from 8:30-9:45 am. T-shirts, race packets and numbers will be available. Extra T-shirts will be available for purchase. *Walk-in registration is \$25 the day of the race!* T-shirt size cannot be guaranteed after March 13th.

Start & Finish: race will start and finish at the Jr/Sr high parking lot in Woodward, IA. 10:00 a.m.

Course: This race is to raise awareness of how the Woodward Granger track teams must currently practice, by running the streets of Woodward. Our current track does not meet regulation standards and is not safe enough to practice on, so the kids must run the streets of Woodward and are unable to host home track & field events. Please see the map for detailed course (please note, part of this run will be on gravel, from point C to point D).

Categories:

Male & Female: 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59 and 60 & over

Sponsors:

Crystal Clear, Linda Lineweaver, CC Printing, FitnessSports, Water and refreshments provided to participants.

2009 HAWK STADIUM PROJECT 5K ENTRY FORM , MARCH 28TH , 10:00 a.m.

NAME: _____
Last First Middle Initial

ADDRESS: _____
Street or PO Box City State Zip Code

EMAIL _____
If you would like email confirmation that your registration has been received check here _____

PHONE: _____ CELL PHONE: _____

Male ___ Female ___ Age ___ T-shirt (adult): S ___ M ___ L ___ XL ___ XXL ___

EVENTS:

_____ 5K RUN/WALK (pre-regist cost \$20, includes t-shirt) _____ 5K RUN/WALK (day of the race, cost \$25)

Extra t-shirts will be sold the day of the race for \$15.00.

****All current WG track team members can register for \$15.**

***WAIVER OF LIABILITY:** I understand and acknowledge that running a road race is a potentially dangerous activity that should only be undertaken by individuals who have adequately trained and are in suitable athletic condition to compete. I assume all risks, whether known or unknown, associated with participating in this event including but not limited to medical emergencies brought on by physical exertion, falls, contacts with other participants, effects of weather, traffic and conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself, my heirs, executors and administrators, do hereby waive, release and discharge volunteers and event coordinators as well as the City of Woodward, and all sponsors, their representatives and successors, from all claims and liabilities of any kind resulting from or arising out of my participation in this event including personal injury or damage suffered by me or others, even though such claims or liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I further state that I have adequately trained and am in suitable athletic condition to compete in this event.

Signature _____ Date _____

(Relationship to Minor) *Parent or Guardian must sign the Waiver for minors!