



Welcome to the Fighting for Feuerbach 5K!

This race is a great flat, shaded course in the wonderful community of Dysart, Iowa. It starts and finishes at the Dysart Park. Come and compete against your friends, or just participate and have fun, either way you get a cool T-shirt and some exercise, and help Matt and his family.

All participants in the Run/Walk must be registered!

Date: Saturday, March 28, 2020 **Time:** 9:00 A.M.

Location: Meet at the Dysart Park (Open Shelter House)

Pre-Register by Friday, March 10th and save \$5

Cost: \$25 (includes free t-shirt, refreshments, prize drawing)

Registration after March 10th and Race Day (7:45-8:45)

Cost: \$30 (includes free t-shirt, refreshments, prize drawing)
(Not guaranteed a t-shirt if registering after March 10th)

Register ONLINE

<http://www.getmeregistered.com/FightingForFeuerbach5K>

All proceeds go to FIGHTING for FEUERBACH Fundraiser.

Age Divisions 5K Run/Walk

14↓, 15-19, 20-29, 30-39, 40-49, 50-59, 60+
(Separate Male and Female Divisions for each age division)

Awards

Medals will be given to the top 3 finishers in each division.
Trophies will be awarded to the top overall male runner and the top overall female runner.

Packet Pickup

Packets may be picked up on race day starting at 7:45 A.M.

All packets should be picked up by 8:45 A.M.

There will be a separate table for those who have pre-registered.

Course The course is flat, partially shaded and in town.

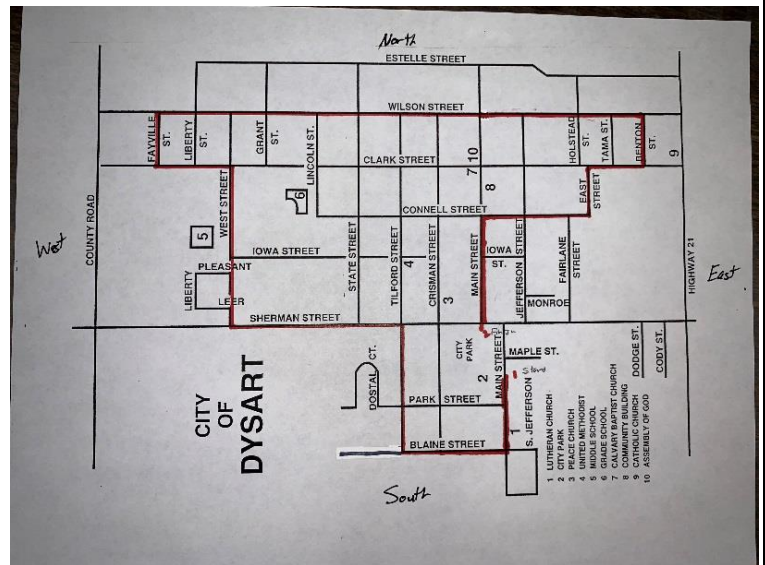
Male course record is 15:56 held Brad Wrage.

Female course record is 18:37 held by Jill Wagaman.

A water station will be available halfway through the race.

A post race refreshment party for all participants will also be held.

NEW FINISH for this race. Last 2 blocks down Main.



Feuerbach 5K Run/Walk Entry Form **On or before March 10, 2020** Cost: \$25 with T-shirt guaranteed

After March 10th and Race Day Cost \$30 with T-shirt IF available (not guaranteed)

Adult T-shirt Size (circle one) S M L XL XXL

Register ONLINE -

<http://www.getmeregistered.com/FightingForFeuerbach5K>

Youth T-shirt size (circle one) Youth M Youth L Youth XL

email: m_schmidt@union.k12.ia.us

Make checks payable to **MATT FEUERBACH** Mail to: Mike Schmidt, 608 Main St. Dysart, IA 52224 Phone 319-939-3311

Last Name: _____ First Name: _____ Age (on March 28th): _____ Male or Female (circle one)

Mailing Address: _____ email address: _____

City: _____ State: _____ ZIP: _____ Phone: _____

I hereby absolve and release the City of Dysart, Fundraiser committee, our sponsors, their agents, employees, successors, and assigns, from any and all liability, claims and causes of action by me or my heirs, successors and assigns arising out of or anyway related to my participation in or presence of the Feuerbach 5K. I hereby state that I am physically fit to participate in the event and that I am full aware of the risks of injury related to participation at such an event, and I assume all risks in consideration of being allowed to participate.

Signature of participant

Parent or Guardian Signature if under 18

Date