

DALLAS CENTER GRIMES TRACK CLUB

DEVELOPMENTAL YOUTH MEET



DATE: FRIDAY, MAY 14, 2021

REGISTRATION: 4:00 PM - 5:00 PM

EVENTS: 5:00 PM - FINISH

ELIGIBLE AGE DIVISIONS:

U8 BIRTH YEARS 2013+

9-10 BIRTH YEARS 2011-2012

11-12 BIRTH YEARS 2009-2010

13-14 BIRTH YEARS 2007-2008

LOCATION:

DCG HIGH SCHOOL TRACK

2555 W. 1ST STREET, GRIMES, IA

COST:

ATHLETES - \$5

SPECTATORS - FREE WILL DONATION

DONATIONS BENEFIT THE GRIMES
STOREHOUSE COMMUNITY FOOD PANTRY
www.thegrimesstorehouse.org

CONCESSIONS:

PROVIDED BY DCG BOOSTER CLUB

COACHES AND PARENTS:

IN ADDITION TO PROVIDING AN EARLY SEASON COMPETITION, WE ALSO WANT TO INTRODUCE MEET STRUCTURE TO PARENTS AND ATHLETES WHO MAY BE UNFAMILIAR WITH TRACK AND FIELD.

NO TIMING SYSTEM WILL BE UTILIZED. NO TIMES WILL BE RECORDED OR COMPILED. RIBBONS WILL BE AWARDED IMMEDIATELY AFTER EACH HEAT BASED ON AN ATHLETE'S FINISH WITHIN THE HEAT.

ROLLING SCHEDULE:

WE WILL ADHERE TO A ROLLING SCHEDULE SUCH THAT EVENTS WILL BEGIN IMMEDIATELY AFTER COMPLETION OF THE PRIOR EVENT. FIELD EVENTS WILL OCCUR CONCURRENT TO RUNNING EVENTS. ATHLETES SHOULD REPORT TO RUNNING EVENTS AT THE TIME OF EVENT CALL AND THEN RETURN TO FIELD EVENTS TO COMPLETE JUMPS OR THROWS.

FIELD EVENTS:

LONG JUMP

SHOT PUT

RUNNING EVENT ORDER:

800 METER RUN

100 METER DASH

400 METER DASH

4x200 METER RELAY

STARTING BLOCKS:

NOT ALLOWED FOR U8 AND 9-10 AGE DIVISIONS

OPTIONAL FOR 11-12 AND 13-14 AGE DIVISIONS



USATF
MEMBER CLUB

OUR COACHES AND VOLUNTEERS ARE FOCUSED ON BUILDING ENTHUSIASM FOR TRACK AND FIELD IN YOUNG ATHLETES. WE ENCOURAGE PARENTS AND ATHLETES TO DISPLAY GOOD SPORTSMANSHIP AND TO CELEBRATE EFFORT OVER RESULT.