

# Heritage Days Road Races, Rock Rapids, IA. 2024

## 5K Age Group Results for Female 9 and Under based on Gun Elapsed time

Place	Bib #	Name	Gun Elapsed
1	553	Quinn McMahon	00:32:55.4

## 5K Age Group Results for Female 14-19 based on Gun Elapsed time

Place	Bib #	Name	Gun Elapsed
1	574	Jessa Vande Weerd	00:24:57.8
2	525	Ella Jager	00:25:03.9
3	508	Ashlynn Davis	00:25:48.6
4	550	Josie McMahon	00:27:00.0
5	546	Andi Luitjens	00:36:48.6
6	505	Brynn Boyenga	00:36:49.0

## 5K Age Group Results for Female 20-29 based on Gun Elapsed time

Place	Bib #	Name	Gun Elapsed
1	561	Katie Poppinga	00:23:55.7
2	507	Kaylee Davis	00:24:30.4

## 5K Age Group Results for Female 30-39 based on Gun Elapsed time

Place	Bib #	Name	Gun Elapsed
1	514	Jessica Drewes	00:24:49.9
2	564	Steph Roozenboom	00:25:19.7
3	578	Niki Vogel	00:26:19.0
4	559	Hailey Olson	00:26:40.6
5	552	Annie McMahon	00:44:45.6

## 5K Age Group Results for Female 40-49 based on Gun Elapsed time

Place	Bib #	Name	Gun Elapsed
1	518	Kristy Harken	00:20:24.0
2	555	Kayla Meester	00:26:37.1
3	535	Leann Kruger	00:32:25.3
4	545	Toni Larsen-Schipp	00:35:00.3

## 5K Age Group Results for Female 50-59 based on Gun Elapsed time

Place	Bib #	Name	Gun Elapsed
1	571	Carrie Struckman	00:33:30.5

## 5K Age Group Results for Female 60 and over based on Gun Elapsed time

Place	Bib #	Name	Gun Elapsed
1	521	Laura Haverdink	00:32:52.9
2	567	Vicki Slack	00:40:58.7

## 5K Age Group Results for Male 9 and Under based on Gun Elapsed time

Place	Bib #	Name	Gun Elapsed
1	575	Carter VanWyhe	00:28:11.1
2	554	Ian McMahon	00:32:18.7

## 5K Age Group Results for Male 10-13 based on Gun Elapsed time

Place	Bib #	Name	Gun Elapsed
1	504	Briggs Bosch	00:20:22.8
2	565	Beckett Rust	00:21:52.4
3	566	Cael Rust	00:24:43.4
4	551	Noah McMahon	00:28:00.4

## 5K Age Group Results for Male 14-19 based on Gun Elapsed time

Place	Bib #	Name	Gun Elapsed
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1	522	Lane Henrichs	08:02:23.0	08:20:07.7	00:17:44.7
2	556	Landon Meinerts	08:02:23.0	08:22:35.4	00:20:12.4
3	528	Kruger Kegan	08:02:23.0	08:27:49.0	00:25:26.0

5K Age Group Results for Male 20-29 based on Gun Elapsed time

Place	Bib #	Name	Gun Start	Finish	Gun Elapsed
1	562	Jericho Poppinga	08:02:23.0	08:24:13.1	00:21:50.1
2	517	Preston Franken	08:02:23.0	08:25:30.2	00:23:07.2

5K Age Group Results for Male 30-39 based on Gun Elapsed time

Place	Bib #	Name	Gun Start	Finish	Gun Elapsed
1	558	Kevin Myrlie	08:02:23.0	08:23:38.4	00:21:15.4
2	573	Rob Van Hofwegen	08:02:23.0	08:24:06.7	00:21:43.7
3	563	Jeff Poppinga	08:02:23.0	08:27:27.7	00:25:04.7
4	547	Michael Mallak	08:02:23.0	08:28:28.2	00:26:05.2

5K Age Group Results for Male 40-49 based on Gun Elapsed time

Place	Bib #	Name	Gun Start	Finish	Gun Elapsed
1	549	Dan McMahon	08:02:23.0	08:23:39.2	00:21:16.2
2	519	Christopher Harken	08:02:23.0	08:24:23.7	00:22:00.7
3	536	Geoff Kruse	08:02:23.0	08:28:21.9	00:25:58.9

5K Age Group Results for Male 60 and over based on Gun Elapsed time

Place	Bib #	Name	Gun Start	Finish	Gun Elapsed
1	560	Gary Patton	08:02:23.0	08:24:58.8	00:22:35.8
2	506	Daniel Burns	08:02:23.0	08:35:27.8	00:33:04.8
3	501	James Andringa	08:02:23.0	08:41:44.6	00:39:21.6

Age	Gender	Division
8	F	5K

Age	Gender	Division
14	F	5K
18	F	5K
19	F	5K
14	F	5K
18	F	5K
18	F	5K

Age	Gender	Division
29	F	5K
21	F	5K

Age	Gender	Division
32	F	5K
32	F	5K
36	F	5K
35	F	5K
36	F	5K

Age	Gender	Division
44	F	5K
41	F	5K
44	F	5K
42	F	5K

Age	Gender	Division
51	F	5K

Age	Gender	Division
64	F	5K
69	F	5K

Age	Gender	Division
9	M	5K
9	M	5K

Age	Gender	Division
13	M	5K
11	M	5K
13	M	5K
12	M	5K

Age	Gender	Division
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19	M	5K
14	M	5K
16	M	5K

Age	Gender	Division
27	M	5K
27	M	5K

Age	Gender	Division
38	M	5K
33	M	5K
32	M	5K
37	M	5K

Age	Gender	Division
41	M	5K
41	M	5K
43	M	5K

Age	Gender	Division
78	M	5K
66	M	5K
82	M	5K