



Rustic Run 4 Mile
 July 20, 2024
 Gilroy Rustic Park
 Lost Nation, Iowa

64 Degrees
 Partly Cloudy



#	First Name	Last Name	Gender	Age	City	State	Final Result	Pace
Overall Male								
1	Nathan	Hopp	M	41	Cedar Rapids	IA	00:22:19.03	05:34 /mi
2	Casey	Mente	M	44	Tipton	IA	00:23:52.98	05:58 /mi
3	Lucas	Johnston	M	16	De Witt	IA	00:24:39.43	06:09 /mi
4	Brent	Blanchard	M	33	Charlotte	IA	00:25:05.86	06:16 /mi
5	Josh	Bolkema	M	33	Blue Grass	IA	00:25:11.77	06:18 /mi
6	Mason	Mohr	M	16	Wheatland	IA	00:25:22.54	06:20 /mi
7	Max	Notz	M	15	Maquoketa	IA	00:25:59.11	06:30 /mi
8	Caleb	Miller	M	33	Blue Grass	IA	00:26:29.50	06:37 /mi
9	Brian	Blanchard	M	38	Charlotte	IA	00:26:45.60	06:41 /mi
10	Seth	Reeve	M	33	Moline	IL	00:26:46.52	06:41 /mi
11	Aidan	Yaddof	M	16	Calamus	IA	00:26:52.75	06:43 /mi
12	Luke	Anderson	M	36	Blue Grass	IA	00:27:02.35	06:45 /mi
13	Dalton	Estaum	M	22	Wheatland	IA	00:27:39.21	06:54 /mi
14	Carter	Willms	M	15	Onsow	IA	00:27:51.73	06:58 /mi
15	Lane	Johnston	M	14	De Witt	IA	00:28:04.82	07:01 /mi
16	Luke	Webinger	M	48	Lost Nation	IA	00:30:10.55	07:32 /mi
17	Breckin	Downey	M	18	Maquoketa	IA	00:30:35.87	07:39 /mi
18	Brian	Winckler	M	14	Grand Mound	IA	00:31:06.38	07:46 /mi
19	Brenden	Gerardy	M	13	Maquoketa	IA	00:31:46.76	07:56 /mi
20	Matt	Ohnemus	M	41	De Witt	IA	00:31:58.97	08:00 /mi
21	Ryan	Hackman	M	42	Delmar	IA	00:32:04.35	08:01 /mi
22	Mitchell	Roeder	M	20	Maquoketa	IA	00:32:05.21	08:01 /mi
23	Jonathan	Miller	M	11	Maquoketa	IA	00:32:42.79	08:10 /mi
24	Zachary	Eckstrom	M	22	Elburn	IL	00:32:49.25	08:12 /mi
25	Jessup	Schroeder	M	49	Clinton	IA	00:34:12.58	08:33 /mi
26	Jim	Irwin	M	55	De Witt	IA	00:34:37.26	08:39 /mi
27	Mike	Armbruster	M	42	Maquoketa	IA	00:34:44.70	08:41 /mi
28	Aaron	Healy	M	41	Muscatine	IA	00:35:26.86	08:51 /mi
29	Brent	Ihns	M	50	Lost Nation	IA	00:35:46.78	08:56 /mi
30	Bob	Snyder	M	65	Clinton	IA	00:35:52.36	08:58 /mi
31	Scott	Adams	M	31	Preston	IA	00:36:06.72	09:01 /mi
32	Nate	Rickard	M	50	Eldridge	IA	00:36:23.97	09:06 /mi
33	Andy	Anderson	M	62	McCousland	IA	00:36:41.36	09:10 /mi
34	Kevin	Rice	M	62	De Witt	IA	00:37:05.70	09:16 /mi
35	Jake	Kagemann	M	28	Calamus	IA	00:37:22.28	09:20 /mi
36	Austin	Sanders	M	28	Monmouth	IA	00:39:36.89	09:54 /mi
37	Matthew	Voelcker	M	60	Moline	IL	00:48:51.80	12:13 /mi
38	Ezra	Livingood	M	10	Yermo	CA	00:52:28.60	13:07 /mi
39	Ben	Thomsen	M	14	Lost Nation	IA	00:56:22.73	14:05 /mi
40	Richard	Spinler	M	71	Eldridge	IA	01:14:31.25	18:37 /mi
41	Jim	Cleary	M	67	Delhi	IA	01:14:42.07	18:40 /mi
Overall Female								
1	Trisha	Nelson	F	33	Maquoketa	IA	00:24:31.98	06:07 /mi
2	Izzy	Hardin	F	16	Maquoketa	IA	00:25:09.41	06:17 /mi
3	Ashlyn	Appleby	F	14	De Witt	IA	00:28:41.47	07:10 /mi
4	Natalie	Hackman	F	15	Maquoketa	IA	00:29:21.40	07:20 /mi
5	Riley	Buttz	F	14	Maquoketa	IA	00:31:17.48	07:49 /mi
6	Clare	Hackman	F	20	Delmar	IA	00:32:02.70	08:00 /mi
7	Julie	Anderson	F	42	Blue Grass	IA	00:33:26.18	08:21 /mi
8	Justice	Armbruster	F	16	Maquoketa	IA	00:34:41.67	08:40 /mi
9	Anna	Miller	F	14	Maquoketa	IA	00:34:44.07	08:40 /mi

10	Kelsey	Holtz	F	29	Lost Nation	IA	00:34:56.78	08:44 /mi
11	Lauren	Crowe	F	27	Muscatine	IA	00:35:33.67	08:53 /mi
12	Charlotte	Ihns	F	14	Lost Nation	IA	00:35:44.94	08:56 /mi
13	Tabitha	Telsrow	F	33	Oxford Junction	IA	00:36:55.87	09:13 /mi
14	Katie	Irwin	F	28	De Witt	IA	00:37:23.64	09:21 /mi
15	Tara	Bouska	F	36	Fort Atkinson	IA	00:37:59.26	09:30 /mi
16	Emma	Adams	F	24	Preston	IA	00:43:20.32	10:49 /mi
17	Melissa	Riedesel	F	45	Anamosa	IA	00:51:17.99	12:49 /mi
18	Kristen	Livingood	F	50	Yermo	CA	00:56:50.12	14:12 /mi
19	Lou ann	Horstmann	F	71	Sevierville	TN	00:56:50.22	14:12 /mi
Male 15U								
1	Max	Notz	M	15	Maquoketa	IA	00:25:59.11	06:30 /mi
2	Carter	Willms	M	15	Onsow	IA	00:27:51.73	06:58 /mi
3	Lane	Johnston	M	14	De Witt	IA	00:28:04.82	07:01 /mi
4	Brian	Winckler	M	14	Grand Mound	IA	00:31:06.38	07:46 /mi
5	Brenden	Gerardy	M	13	Maquoketa	IA	00:31:46.76	07:56 /mi
6	Jonathan	Miller	M	11	Maquoketa	IA	00:32:42.79	08:10 /mi
7	Ezra	Livingood	M	10	Yermo	CA	00:52:28.60	13:07 /mi
8	Ben	Thomsen	M	14	Lost Nation	IA	00:56:22.73	14:05 /mi
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1	Ashlyn	Appleby	F	14	De Witt	IA	00:28:41.47	07:10 /mi
2	Natalie	Hackman	F	15	Maquoketa	IA	00:29:21.40	07:20 /mi
3	Riley	Buttz	F	14	Maquoketa	IA	00:31:17.48	07:49 /mi
4	Anna	Miller	F	14	Maquoketa	IA	00:34:44.07	08:40 /mi
5	Charlotte	Ihns	F	14	Lost Nation	IA	00:35:44.94	08:56 /mi
Male 16-19								
1	Lucas	Johnston	M	16	De Witt	IA	00:24:39.43	06:09 /mi
2	Mason	Mohr	M	16	Wheatland	IA	00:25:22.54	06:20 /mi
3	Aidan	Yaddof	M	16	Calamus	IA	00:26:52.75	06:43 /mi
4	Breckin	Downey	M	18	Maquoketa	IA	00:30:35.87	07:39 /mi
Female 16-19								
1	Izzy	Hardin	F	16	Maquoketa	IA	00:25:09.41	06:17 /mi
2	Justice	Armbruster	F	16	Maquoketa	IA	00:34:41.67	08:40 /mi
Male 20-29								
1	Dalton	Estaum	M	22	Wheatland	IA	00:27:39.21	06:54 /mi
2	Mitchell	Roeder	M	20	Maquoketa	IA	00:32:05.21	08:01 /mi
3	Zachary	Eckstrom	M	22	Elburn	IL	00:32:49.25	08:12 /mi
4	Jake	Kagemann	M	28	Calamus	IA	00:37:22.28	09:20 /mi
5	Austin	Sanders	M	28	Monmouth	IA	00:39:36.89	09:54 /mi
Female 20-29								
1	Clare	Hackman	F	20	Delmar	IA	00:32:02.70	08:00 /mi
2	Kelsey	Holtz	F	29	Lost Nation	IA	00:34:56.78	08:44 /mi
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4	Katie	Irwin	F	28	De Witt	IA	00:37:23.64	09:21 /mi
5	Emma	Adams	F	24	Preston	IA	00:43:20.32	10:49 /mi
Male 30-39								
1	Brent	Blanchard	M	33	Charlotte	IA	00:25:05.86	06:16 /mi
2	Josh	Bolkema	M	33	Blue Grass	IA	00:25:11.77	06:18 /mi
3	Caleb	Miller	M	33	Blue Grass	IA	00:26:29.50	06:37 /mi
4	Brian	Blanchard	M	38	Charlotte	IA	00:26:45.60	06:41 /mi
5	Seth	Reeve	M	33	Moline	IL	00:26:46.52	06:41 /mi
6	Luke	Anderson	M	36	Blue Grass	IA	00:27:02.35	06:45 /mi

7	Scott	Adams	M	31	Preston	IA	00:36:06.72	09:01 /mi
Female 30-39								
1	Trisha	Nelson	F	33	Maquoketa	IA	00:24:31.98	06:07 /mi
2	Tabitha	Telsrow	F	33	Oxford Junction	IA	00:36:55.87	09:13 /mi
3	Tara	Bouska	F	36	Fort Atkinson	IA	00:37:59.26	09:30 /mi
Male 40-49								
1	Nathan	Hopp	M	41	Cedar Rapids	IA	00:22:19.03	05:34 /mi
2	Casey	Mente	M	44	Tipton	IA	00:23:52.98	05:58 /mi
3	Luke	Webinger	M	48	Lost Nation	IA	00:30:10.55	07:32 /mi
4	Matt	Ohnemus	M	41	De Witt	IA	00:31:58.97	08:00 /mi
5	Ryan	Hackman	M	42	Delmar	IA	00:32:04.35	08:01 /mi
6	Jessup	Schroeder	M	49	Clinton	IA	00:34:12.58	08:33 /mi
7	Mike	Armbruster	M	42	Maquoketa	IA	00:34:44.70	08:41 /mi
8	Aaron	Healy	M	41	Muscatine	IA	00:35:26.86	08:51 /mi
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2	Melissa	Riedesel	F	45	Anamosa	IA	00:51:17.99	12:49 /mi
Male 50-59								
1	Jim	Irwin	M	55	De Witt	IA	00:34:37.26	08:39 /mi
2	Brent	Ihns	M	50	Lost Nation	IA	00:35:46.78	08:56 /mi
3	Nate	Rickard	M	50	Eldridge	IA	00:36:23.97	09:06 /mi
Female 50-59								
1	Kristen	Livingood	F	50	Yermo	CA	00:56:50.12	14:12 /mi
Male 60+								
1	Bob	Snyder	M	65	Clinton	IA	00:35:52.36	08:58 /mi
2	Andy	Anderson	M	62	McCousland	IA	00:36:41.36	09:10 /mi
3	Kevin	Rice	M	62	De Witt	IA	00:37:05.70	09:16 /mi
4	Matthew	Voelcker	M	60	Moline	IL	00:48:51.80	12:13 /mi
5	Richard	Spinler	M	71	Eldridge	IA	01:14:31.25	18:37 /mi
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Female 60+								
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