



Rustic Run
July 15, 2023
Lost Nation, Iowa

4 Mile

73 Degrees
Sunny



#	First Name	Last Name	Gender	Age	City	State	Final Result	Pace
Overall Male								
1	Casey	Mente	M	43	Tipton	IA	00:23:47.47	05:57 /mi
2	Justin	Nelson	M	32	Maquoketa	IA	00:24:53.68	06:13 /mi
3	Mason	Mohr	M	15	Wheatland	IA	00:25:25.40	06:21 /mi
4	Luke	Anderson	M	35	Blue Grass	IA	00:26:45.43	06:41 /mi
5	Dalton	Esbaum	M	21	Wheatland	IA	00:26:51.29	06:42 /mi
6	Brian	Blanchard	M	37	Charlotte	IA	00:26:57.53	06:44 /mi
7	Lucas	Johnston	M	15	DeWitt	IA	00:27:45.83	06:56 /mi
8	Aidan	Yaddof	M	15	Calamus	IA	00:27:51.54	06:57 /mi
9	Kurt	Koopmann	M	22	Dyersville	IA	00:27:54.71	06:58 /mi
10	Caleb	Miller	M	32	Blue Grass	IA	00:28:49.34	07:12 /mi
11	Alex	Rickertsen	M	15	Calamus	IA	00:29:51.46	07:27 /mi
12	Breckin	Downey	M	17	Maquoketa	IA	00:32:59.39	08:15 /mi
13	Phil	Visser	M	33	Calamus	IA	00:33:06.47	08:16 /mi
14	Mike	Armbruster	M	41	Maquoketa	IA	00:33:11.44	08:18 /mi
15	Luke	Webinger	M	47	Lost Nation	IA	00:33:33.60	08:23 /mi
16	Jake	Kagemann	M	27	Calamus	IA	00:33:48.11	08:27 /mi
17	James	Grell	M	26	Maquoketa	IA	00:33:55.16	08:28 /mi
18	Brandon	Haack	M	26	De Witt	IA	00:33:57.42	08:29 /mi
19	Jeff	Jewell	M	59	De Witt	IA	00:34:09.19	08:32 /mi
20	Jim	Irwin	M	54	De Witt	IA	00:34:11.14	08:33 /mi
21	Ben	Huntington	M	37	Gilbert	IA	00:35:08.11	08:46 /mi
22	Bob	Madison	M	71	Rock Island	IL	00:35:37.59	08:54 /mi
23	Jessup	Schroeder	M	48	Clinton	IA	00:36:34.51	09:08 /mi
24	Brent	Ihns	M	49	Lost Nation	IA	00:37:15.27	09:18 /mi
25	Matt	Clevenger	M	34	Rapids City	IL	00:37:43.73	09:25 /mi
26	Kevin	Rice	M	61	De Witt	IA	00:38:43.51	09:40 /mi
27	Bob	Snyder	M	64	Fulton	IL	00:40:30.25	10:07 /mi
28	Dalton	Will	M	15	Calamus	IA	00:40:49.47	10:12 /mi
29	Andy	Anderson	M	61	McCousland	IA	00:41:34.78	10:23 /mi
30	Thomas	Bisinger	M	71	Tipton	IA	00:42:39.28	10:39 /mi
31	Matt	Voelcker	M	59	Moline	IL	00:47:10.22	11:47 /mi
32	Ben	Thomsen	M	13	Lost Nation	IA	00:52:24.86	13:06 /mi
33	Ezra	Livingood	M	9	Yermo	CA	00:52:26.20	13:06 /mi
34	Mike	Yeries	M	58	Oxford	IA	01:00:10.91	15:03 /mi
35	Jim	Cleary	M	66	Delhi	IA	01:02:18.15	15:34 /mi
36	Jim	Potter	M	68	Lost Nation	IA	01:15:34.87	18:54 /mi
Overall Female								
1	Trisha	Nelson	F	32	Maquoketa	IA	00:25:48.83	06:27 /mi
2	Izzy	Hardin	F	15	Delmar	IA	00:29:46.26	07:26 /mi
3	Mary	Burmeister	F	34	Clinton	IA	00:31:00.33	07:45 /mi
4	Melissa	Bowling	F	40	Preston	IA	00:31:48.59	07:57 /mi
5	Madison	Cousins	F	28	De Witt	IA	00:32:02.85	08:00 /mi
6	Julie	Anderson	F	41	Blue Grass	IA	00:33:12.07	08:18 /mi
7	Cheri	Saxby	F	55	Clinton	IA	00:35:26.29	08:51 /mi
8	Kyleen	Irwin	F	21	De Witt	IA	00:36:34.54	09:08 /mi
9	Karleen	Looney	F	37	Lost Nation	IA	00:37:19.55	09:19 /mi
10	Alyssa	Eden	F	20	De Witt	IA	00:38:17.15	09:34 /mi
11	Katie	Fox	F	22	De Witt	IA	00:38:17.28	09:34 /mi
12	Katie	Irwin	F	27	De Witt	IA	00:38:45.49	09:41 /mi
13	Heather	Ohnemus	F	40	De Witt	IA	00:38:53.13	09:43 /mi
14	Michelle	Braswell	F	33	Charlotte	IA	00:42:07.06	10:31 /mi
15	Lou Ann	Horstman	F	70	Sev	TN	00:55:41.23	13:55 /mi
16	Mary	Bisinger	F	77	Tipton	IA	00:56:32.03	14:07 /mi
17	Erin	Bickford	F	46	Camanche	IA	01:02:50.59	15:42 /mi
18	Deb	Luce	F	63	Camanche	IA	01:02:52.19	15:43 /mi
19	Kristen	Livingood	F	49	Yermo		01:05:12.57	16:18 /mi
20	Sandy	Madison	F	69	Rock Island	IL	01:15:33.96	18:53 /mi
Male 15U								
1	Mason	Mohr	M	15	Wheatland	IA	00:25:25.40	06:21 /mi
2	Lucas	Johnston	M	15	DeWitt	IA	00:27:45.83	06:56 /mi
3	Aidan	Yaddof	M	15	Calamus	IA	00:27:51.54	06:57 /mi
4	Alex	Rickertsen	M	15	Calamus	IA	00:29:51.46	07:27 /mi
5	Dalton	Will	M	15	Calamus	IA	00:40:49.47	10:12 /mi
6	Ben	Thomsen	M	13	Lost Nation	IA	00:52:24.86	13:06 /mi
7	Ezra	Livingood	M	9	Yermo	CA	00:52:26.20	13:06 /mi

Female 15U								
1	Izzy	Hardin	F	15	Delmar	IA	00:29:46.26	07:26 /mi
Male 16-19								
1	Breckin	Downey	M	17	Maquoketa	IA	00:32:59.39	08:15 /mi
Male 20-29								
1	Dalton	Esbaum	M	21	Wheatland	IA	00:26:51.29	06:42 /mi
2	Kurt	Koopmann	M	22	Dyersville	IA	00:27:54.71	06:58 /mi
3	Jake	Kagemann	M	27	Calamus	IA	00:33:48.11	08:27 /mi
4	James	Grell	M	26	Maquoketa	IA	00:33:55.16	08:28 /mi
5	Brandon	Haack	M	26	De Witt	IA	00:33:57.42	08:29 /mi
Female 20-29								
1	Madison	Cousins	F	28	De Witt	IA	00:32:02.85	08:00 /mi
2	Kyleen	Irwin	F	21	De Witt	IA	00:36:34.54	09:08 /mi
3	Alyssa	Eden	F	20	De Witt	IA	00:38:17.15	09:34 /mi
4	Katie	Fox	F	22	De Witt	IA	00:38:17.28	09:34 /mi
5	Katie	Irwin	F	27	De Witt	IA	00:38:45.49	09:41 /mi
Male 30-39								
1	Justin	Nelson	M	32	Maquoketa	IA	00:24:53.68	06:13 /mi
2	Luke	Anderson	M	35	Blue Grass	IA	00:26:45.43	06:41 /mi
3	Brian	Blanchard	M	37	Charlotte	IA	00:26:57.53	06:44 /mi
4	Caleb	Miller	M	32	Blue Grass	IA	00:28:49.34	07:12 /mi
5	Phil	Visser	M	33	Calamus	IA	00:33:06.47	08:16 /mi
6	Ben	Huntington	M	37	Gilbert	IA	00:35:08.11	08:46 /mi
7	Matt	Clevenger	M	34	Rapids City	IL	00:37:43.73	09:25 /mi
Female 30-39								
1	Trisha	Nelson	F	32	Maquoketa	IA	00:25:48.83	06:27 /mi
2	Mary	Burmeister	F	34	Clinton	IA	00:31:00.33	07:45 /mi
3	Karleen	Looney	F	37	Lost Nation	IA	00:37:19.55	09:19 /mi
4	Michelle	Braswell	F	33	Charlotte	IA	00:42:07.06	10:31 /mi
Male 40-49								
1	Casey	Mente	M	43	Tipton	IA	00:23:47.47	05:57 /mi
2	Mike	Armbruster	M	41	Maquoketa	IA	00:33:11.44	08:18 /mi
3	Luke	Webinger	M	47	Lost Nation	IA	00:33:33.60	08:23 /mi
4	Jessup	Schroeder	M	48	Clinton	IA	00:36:34.51	09:08 /mi
5	Brent	Ihns	M	49	Lost Nation	IA	00:37:15.27	09:18 /mi
Female 40-49								
1	Melissa	Bowling	F	40	Preston	IA	00:31:48.59	07:57 /mi
2	Julie	Anderson	F	41	Blue Grass	IA	00:33:12.07	08:18 /mi
3	Heather	Ohnemus	F	40	De Witt	IA	00:38:53.13	09:43 /mi
4	Erin	Bickford	F	46	Camanche	IA	01:02:50.59	15:42 /mi
5	Kristen	Livingood	F	49	Yermo		01:05:12.57	16:18 /mi
Male 50-59								
1	Jeff	Jewell	M	59	De Witt	IA	00:34:09.19	08:32 /mi
2	Jim	Irwin	M	54	De Witt	IA	00:34:11.14	08:33 /mi
3	Matt	Voelcker	M	59	Moline	IL	00:47:10.22	11:47 /mi
4	Mike	Yeries	M	58	Oxford	IA	01:00:10.91	15:03 /mi
Female 50-59								
1	Cheri	Saxby	F	55	Clinton	IA	00:35:26.29	08:51 /mi
Male 60+								
1	Bob	Madison	M	71	Rock Island	IL	00:35:37.59	08:54 /mi
2	Kevin	Rice	M	61	De Witt	IA	00:38:43.51	09:40 /mi
3	Bob	Snyder	M	64	Fulton	IL	00:40:30.25	10:07 /mi
4	Andy	Anderson	M	61	McCousland	IA	00:41:34.78	10:23 /mi
5	Thomas	Bisinger	M	71	Tipton	IA	00:42:39.28	10:39 /mi
6	Jim	Cleary	M	66	Delhi	IA	01:02:18.15	15:34 /mi
7	Jim	Potter	M	68	Lost Nation	IA	01:15:34.87	18:54 /mi
Female 60+								
1	Lou Ann	Horstman	F	70	Sev	TN	00:55:41.23	13:55 /mi
2	Mary	Bisinger	F	77	Tipton	IA	00:56:32.03	14:07 /mi
3	Deb	Luce	F	63	Camanche	IA	01:02:52.19	15:43 /mi
4	Sandy	Madison	F	69	Rock Island	IL	01:15:33.96	18:53 /mi