



# Belmond Firecracker 5k

July 6th, 2024

Cloudy, Light Rain 72°, 5-10 MPH NW



#	First name	Last name	Bib	Gender	Division	Age	City	State	Final Result	Pace
1	Ben	Insko	715	M	Overall male	16	Papillion	NE	00:17:52.87	05:45 /mi
2	Isaac	Swenson	732	M	Overall male	19	Kanawha	IA	00:18:48.11	06:03 /mi
3	Christopher	Greenfield	712	M	Overall male	16	Belmond	IA	00:19:29.64	06:16 /mi
4	Gabriel	List	747	M	Overall male	17	Ankeny	IA	00:19:44.73	06:21 /mi
5	Conner	Miller	754	M	Overall male	15	Hampton	IA	00:19:50.09	06:22 /mi
6	Adam	Swart	759	M	Overall male	13	Mt Vernon	IA	00:19:51.02	06:23 /mi
7	Kory	Swart	763	M	Overall male	50	Mt Vernon	IA	00:19:53.64	06:24 /mi
8	Casey	Swart	762	M	Overall male	13	Mt Vernon	IA	00:19:55.38	06:24 /mi
9	Ethan	Pagel	723	M	Overall male	14	Denver	IA	00:19:58.81	06:25 /mi
10	Max	Pagel	724	M	Overall male	13	Denver	IA	00:20:45.52	06:40 /mi
11	Christopher	Roberts	764	M	Overall male	38	Belmond	IA	00:21:44.21	07:00 /mi
12	Bradán	Gabrielson	710	M	Overall male	19	Belmond	IA	00:22:03.17	07:06 /mi
13	Jayden	Lane	758	M	Overall male	24	Slater	IA	00:22:04.41	07:06 /mi
14	Grant	Dieken	708	M	Overall male	25	Lake Mills	IA	00:22:11.83	07:08 /mi
15	Juan	Gomez	736	M	Overall male	22	Belmond	IA	00:22:22.87	07:12 /mi
16	Will	Pueggel	728	M	Overall male	44	Belmond	IA	00:22:41.00	07:18 /mi
17	Lynken	Lamb	718	M	Overall male	13	Belmond	IA	00:22:47.13	07:19 /mi
18	Anthony	Vasquez	734	M	Overall male	14	Eagle Grove	IA	00:23:00.03	07:24 /mi
19	Randy	Sturm	731	M	Overall male	46	Garner	IA	00:23:22.38	07:31 /mi
20	Victor	Gayton	741	M	Overall male	14	Clarion	IA	00:23:29.37	07:33 /mi
21	Jordan	Meyer	721	M	Overall male	22	Belmond	IA	00:23:56.37	07:42 /mi
22	Easton	Smith	730	M	Overall male	23	Johnston	IA	00:24:40.03	07:56 /mi
23	Colton	Bonin	704	M	Overall male	24	Belmond	IA	00:25:07.22	08:05 /mi
24	Luke	Bailey	701	M	Overall male	10	Iowa City	IA	00:25:25.37	08:10 /mi
25	Isaac	Boelman	751	M	Overall male	11	Garner	IA	00:25:28.44	08:12 /mi
26	Christopher	Nichols	744	M	Overall male	50	Sunnyvale	CA	00:25:38.04	08:15 /mi
27	Miguel	Mercado	720	M	Overall male	30	Belmond	IA	00:25:42.44	08:16 /mi
28	Brad	Wagner	752	M	Overall male	28	Webster City	IA	00:26:19.45	08:28 /mi
29	Eli	Anderson	746	M	Overall male	16	Yonkton	SD	00:27:04.03	08:42 /mi
30	Kohen	Langfitt	740	M	Overall male	13	Clarion	IA	00:27:16.22	08:46 /mi
31	Callen	Heifner	750	M	Overall male	11	Belmond	IA	00:27:26.75	08:49 /mi
32	Jaxson	Baldwin	743	M	Overall male	13	Belmond	IA	00:27:37.09	08:53 /mi
33	Nolan	Ryan	737	M	Overall male	13	Belmond	IA	00:27:37.69	08:53 /mi
34	Chance	Frerichs	709	M	Overall male	35	Alexander	IA	00:28:58.78	09:19 /mi
35	Zane	Daniels	706	M	Overall male	13	Belmond	IA	00:29:00.24	09:20 /mi
36	Owen	Pueggel	726	M	Overall male	19	Belmond	IA	00:29:15.29	09:25 /mi
37	Klay	Butler	742	M	Overall male	12	Clarion	IA	00:29:21.08	09:27 /mi
38	David	Bonin	757	M	Overall male	44	Belmond	IA	00:33:14.11	10:42 /mi
39	Joel	Duran	738	M	Overall male	12	Belmond	IA	00:33:27.69	10:46 /mi
40	Charlie	Baldwin	745	M	Overall male	11	Belmond	IA	00:34:48.70	11:12 /mi
41	Maximus	Alfaro	753	M	Overall male	11	Belmond	IA	00:35:46.27	11:30 /mi
42	Barry	Huedephol	765	M	Overall male	50	Belmond	IA	00:38:45.06	12:28 /mi
43	Chad	Pliester	766	M	Overall male	42	Mason City	IA	00:38:50.13	12:30 /mi
44	Casey	Simmons	729	M	Overall male	38	Clarion	IA	00:42:50.88	13:47 /mi
45	Jim	Klyazek	748	M	Overall male	79	Belmond	IA	00:49:14.97	15:51 /mi
1	Kiersten	Swart	761	F	Overall female	16	Mt Vernon	IA	00:19:56.59	06:25 /mi
2	Avery	Mize	739	F	Overall female	20	Bloomington	IL	00:21:23.99	06:53 /mi
3	Peyton	Bobolz	702	F	Overall female	15	Mason City	IA	00:22:24.17	07:12 /mi
4	Savery	Miller	755	F	Overall female	12	Hampton	IA	00:24:13.39	07:48 /mi

5	Lila	Swenson	733	F	Overall female	16	Kanawha	IA	00:24:35.14	07:54 /mi
6	Lily	Aguilera	749	F	Overall female	17	Belmond	IA	00:25:42.50	08:16 /mi
7	Brittany	Bock	703	F	Overall female	31	Belmond	IA	00:25:43.47	08:16 /mi
8	Conni	Swart	760	F	Overall female	45	MT Vernon	IA	00:25:44.62	08:17 /mi
9	Plitzkow	Alexis	756	F	Overall female	21	Ames	IA	00:26:26.40	08:30 /mi
10	Addyson	Greenfield	711	F	Overall female	12	Belmond	IA	00:28:39.27	09:13 /mi
11	Holdyn	Pliester	725	F	Overall female	10	Belmond	IA	00:29:06.81	09:22 /mi
12	Tracy	Pueggel	727	F	Overall female	38	Belmond	IA	00:29:20.50	09:26 /mi
13	Andrea	Insko	714	F	Overall female	44	Papillion	NE	00:29:22.38	09:27 /mi
14	Angela	Johnson	716	F	Overall female	48	Swisher	IA	00:30:36.94	09:51 /mi
15	Kaitlin	Alfaro	700	F	Overall female	20	Belmond	IA	00:43:06.56	13:52 /mi
16	Rachel	Dannewitz	707	F	Overall female	35	Clarion	IA	00:44:06.97	14:12 /mi
1	Luke	Bailey	701	M	M10-	10	Iowa City	IA	00:25:25.37	08:10 /mi
1	Holdyn	Pliester	725	F	F10-	10	Belmond	IA	00:29:06.81	09:22 /mi
1	Adam	Swart	759	M	M11-14	13	Mt Vernon	IA	00:19:51.02	06:23 /mi
2	Casey	Swart	762	M	M11-14	13	Mt Vernon	IA	00:19:55.38	06:24 /mi
3	Ethan	Pagel	723	M	M11-14	14	Denver	IA	00:19:58.81	06:25 /mi
4	Max	Pagel	724	M	M11-14	13	Denver	IA	00:20:45.52	06:40 /mi
5	Lynken	Lamb	718	M	M11-14	13	Belmond	IA	00:22:47.13	07:19 /mi
6	Anthony	Vasquez	734	M	M11-14	14	Eagle Grove	IA	00:23:00.03	07:24 /mi
7	Victor	Gayton	741	M	M11-14	14	Clarion	IA	00:23:29.37	07:33 /mi
8	Isaac	Boelman	751	M	M11-14	11	Garner	IA	00:25:28.44	08:12 /mi
9	Kohen	Langfitt	740	M	M11-14	13	Clarion	IA	00:27:16.22	08:46 /mi
10	Callen	Heifner	750	M	M11-14	11	Belmond	IA	00:27:26.75	08:49 /mi
11	Jaxson	Baldwin	743	M	M11-14	13	Belmond	IA	00:27:37.09	08:53 /mi
12	Nolan	Ryan	737	M	M11-14	13	Belmond	IA	00:27:37.69	08:53 /mi
13	Zane	Daniels	706	M	M11-14	13	Belmond	IA	00:29:00.24	09:20 /mi
14	Klay	Butler	742	M	M11-14	12	Clarion	IA	00:29:21.08	09:27 /mi
15	Joel	Duran	738	M	M11-14	12	Belmond	IA	00:33:27.69	10:46 /mi
16	Charlie	Baldwin	745	M	M11-14	11	Belmond	IA	00:34:48.70	11:12 /mi
17	Maximus	Alfaro	753	M	M11-14	11	Belmond	IA	00:35:46.27	11:30 /mi
1	Savery	Miller	755	F	F11-14	12	Hamptom	IA	00:24:13.39	07:48 /mi
2	Addyson	Greenfield	711	F	F11-14	12	Belmond	IA	00:28:39.27	09:13 /mi
1	Ben	Insko	715	M	M15-19	16	Papillion	NE	00:17:52.87	05:45 /mi
2	Isaac	Swenson	732	M	M15-19	19	Kanawha	IA	00:18:48.11	06:03 /mi
3	Christopher	Greenfield	712	M	M15-19	16	Belmond	IA	00:19:29.64	06:16 /mi
4	Gabriel	List	747	M	M15-19	17	Ankeny	IA	00:19:44.73	06:21 /mi
5	Conner	Miller	754	M	M15-19	15	Hampton	IA	00:19:50.09	06:22 /mi
6	Bradán	Gabrielson	710	M	M15-19	19	Belmond	IA	00:22:03.17	07:06 /mi
7	Eli	Anderson	746	M	M15-19	16	Yonkton	SD	00:27:04.03	08:42 /mi
8	Owen	Pueggel	726	M	M15-19	19	Belmond	IA	00:29:15.29	09:25 /mi
1	Kiersten	Swart	761	F	F15-19	16	Mt Vernon	IA	00:19:56.59	06:25 /mi
2	Peyton	Bobolz	702	F	F15-19	15	Mason City	IA	00:22:24.17	07:12 /mi
3	Lila	Swenson	733	F	F15-19	16	Kanawha	IA	00:24:35.14	07:54 /mi
4	Lily	Aguilera	749	F	F15-19	17	Belmond	IA	00:25:42.50	08:16 /mi
1	Jayden	Lane	758	M	M20-29	24	Slater	IA	00:22:04.41	07:06 /mi
2	Grant	Dieken	708	M	M20-29	25	Lake Mills	IA	00:22:11.83	07:08 /mi
3	Juan	Gomez	736	M	M20-29	22	Belmond	IA	00:22:22.87	07:12 /mi
4	Jordan	Meyer	721	M	M20-29	22	Belmond	IA	00:23:56.37	07:42 /mi
5	Easton	Smith	730	M	M20-29	23	Johnston	IA	00:24:40.03	07:56 /mi
6	Colton	Bonin	704	M	M20-29	24	Belmond	IA	00:25:07.22	08:05 /mi
7	Brad	Wagner	752	M	M20-29	28	Webster City	IA	00:26:19.45	08:28 /mi
1	Avery	Mize	739	F	F20-29	20	Bloomington	IL	00:21:23.99	06:53 /mi
2	Plitzkow	Alexis	756	F	F20-29	21	Ames	IA	00:26:26.40	08:30 /mi

3	Kaitlin	Alfaro	700	F	F20-29	20	Belmond	IA	00:43:06.56	13:52 /mi
1	Christopher	Roberts	764	M	M30-39	38	Belmond	IA	00:21:44.21	07:00 /mi
2	Miguel	Mercado	720	M	M30-39	30	Belmond	IA	00:25:42.44	08:16 /mi
3	Chance	Frerichs	709	M	M30-39	35	Alexander	IA	00:28:58.78	09:19 /mi
4	Casey	Simmons	729	M	M30-39	38	Clarion	IA	00:42:50.88	13:47 /mi
1	Brittany	Bock	703	F	F30-39	31	Belmond	IA	00:25:43.47	08:16 /mi
2	Tracy	Pueggel	727	F	F30-39	38	Belmond	IA	00:29:20.50	09:26 /mi
3	Rachel	Dannewitz	707	F	F30-39	35	Clarion	IA	00:44:06.97	14:12 /mi
1	Will	Pueggel	728	M	M40-49	44	Belmond	IA	00:22:41.00	07:18 /mi
2	Randy	Sturm	731	M	M40-49	46	Garner	IA	00:23:22.38	07:31 /mi
3	David	Bonin	757	M	M40-49	44	Belmond	IA	00:33:14.11	10:42 /mi
4	Chad	Pliester	766	M	M40-49	42	Mason City	IA	00:38:50.13	12:30 /mi
1	Conni	Swart	760	F	F40-49	45	MT Vernon	IA	00:25:44.62	08:17 /mi
2	Andrea	Insko	714	F	F40-49	44	Papillion	NE	00:29:22.38	09:27 /mi
3	Angela	Johnson	716	F	F40-49	48	Swisher	IA	00:30:36.94	09:51 /mi
1	Kory	Swart	763	M	M50-59	50	Mt Vernon	IA	00:19:53.64	06:24 /mi
2	Christopher	Nichols	744	M	M50-59	50	Sunnyvale	CA	00:25:38.04	08:15 /mi
3	Barry	Huedephol	765	M	M50-59	50	Belmond	IA	00:38:45.06	12:28 /mi
1	Jim	Klyazek	748	M	M60+	79	Belmond	IA	00:49:14.97	15:51 /mi