



Reindeer Run 5K
 November 30, 2024
 Lawrence Community Center
 Anamosa, Iowa

7 Degrees
 Cold & Sunny



#	First Name	Last Name	Gender	Age	City	State	Final Result	Pace
Overall Male								
1	Drew	Pate	M	20	Anamosa	IA	00:17:13.35	05:32 /mi
2	Jack	Stecher	M	18	Central City	IA	00:17:49.68	05:44 /mi
3	Justin	Hajek	M	43	Marion	IA	00:18:06.63	05:49 /mi
4	Kendrick	Heffernan	M	16	Tipton	IA	00:19:42.55	06:20 /mi
5	Sylis	McGee	M	15	Tipton	IA	00:21:10.43	06:48 /mi
6	Jase	Stecher	M	15	Central City	IA	00:22:10.03	07:07 /mi
7	Christopher	Timmerman	M	32	New Liberty	IA	00:23:02.12	07:24 /mi
8	Kyle	Miroux	M	34	Cedar Rapids	IA	00:23:11.48	07:27 /mi
9	Michael	Dierks	M	49	Cedar Rapids	IA	00:24:32.78	07:54 /mi
10	Leonard	Stastny	M	48	Cedar Rapids	IA	00:27:15.99	08:46 /mi
11	Jay	Belding	M	26	Anamosa	IA	00:32:10.51	10:21 /mi
12	Mark	Robertson	M	72	Anamosa	IA	00:33:11.46	10:40 /mi
13	Malachi	Herrick	M	15	Anamosa	IA	00:35:29.85	11:25 /mi
14	Chris	Talcott	M	44	Marion	IA	00:36:53.53	11:52 /mi
15	Doug	Stein	M	57	Cedar Rapids	IA	00:37:07.31	11:57 /mi
16	Nick	Agne	M	41	Anamosa	IA	00:37:09.98	11:57 /mi
17	Nate	Gunning	M	26	Anamosa	IA	00:43:13.47	13:54 /mi
18	Chris	Gunning	M	55	Anamosa	IA	00:47:11.29	15:11 /mi
19	Loras	Lyons	M	46	Washington	IL	00:49:11.40	15:49 /mi
Overall Female								
1	Emily	Burmeister	F	41	Marion	IA	00:19:28.28	06:16 /mi
2	Stephanie	Brehm	F	33	Mt Vernon	IA	00:22:02.11	07:05 /mi
3	DeAnne	Henderson	F	41	Monticello	IA	00:22:13.30	07:09 /mi
4	Ava	Remley	F	16	Anamosa	IA	00:23:16.64	07:29 /mi
5	Michelle	Keppler	F	42	Peosta	IA	00:24:35.42	07:54 /mi
6	Samantha	Croghan	F	27	Cedar Rapids	IA	00:25:45.88	08:17 /mi
7	Nicole	Perez	F	48	Cedar Rapids	IA	00:27:15.91	08:46 /mi
8	Brynlee	Keppler	F	13	Peosta	IA	00:27:54.23	08:58 /mi
9	Caejyn	Helgens	F	17	Scotch Grove	IA	00:27:54.51	08:58 /mi
10	Lorena	Puga	F	56	Marion	IA	00:28:22.53	09:07 /mi
11	Relissa	Milligan	F	42	Tipton	IA	00:28:27.38	09:09 /mi
12	Brooke	Bergfeld	F	27	Dyersville	IA	00:28:55.00	09:18 /mi
13	Diana	Croghan	F	55	Center Point	IA	00:28:57.83	09:19 /mi
14	Mercedes	Hansen	F	31	Tipton	IA	00:30:01.42	09:39 /mi
15	Cassie	Doolady	F	34	Mount Vernon	IA	00:30:24.24	09:47 /mi
16	Jenna	Schott	F	30	West Branch	IA	00:30:36.66	09:51 /mi
17	Elgean	Brandenburg	F	57	Hiawatha	IA	00:30:56.05	09:57 /mi
18	Candice	Dietz	F	42	Toddville	IA	00:31:37.19	10:10 /mi
19	Kaitlyn	Corkery	F	26	Clarence	IA	00:32:24.86	10:25 /mi
20	Lainey	Keppler	F	12	Peosta	IA	00:32:45.42	10:32 /mi
21	Melissa	Hocking	F	51	Anamosa	IA	00:33:23.73	10:45 /mi
22	Payton	Timmerman	F	29	New Liberty	IA	00:34:39.39	11:09 /mi
23	Mary	Lackman	F	35	Marion	IA	00:35:29.22	11:25 /mi
24	Danielle	Powell	F	40	Cedar Rapids	IA	00:36:27.00	11:43 /mi
25	Holly	Spreeman	F	42	Cedar Rapids	IA	00:36:53.22	11:52 /mi
26	Karissa	Beranek-Trinkle	F	32	Anamosa	IA	00:37:42.06	12:07 /mi
27	Kelly	Draper	F	46	Marion	IA	00:46:09.54	14:51 /mi
28	Olivia	Draper	F	13	Marion	IA	00:46:09.84	14:51 /mi
29	Lily	Draper	F	11	Marion	IA	00:46:09.94	14:51 /mi
30	Niki	Bunge	F	53	Mechanicsville	IA	00:46:19.43	14:54 /mi
31	Mickala	Herrick	F	18	Anamosa	IA	00:46:55.16	15:06 /mi
32	Delaney	Ashby	F	11	Cedar Rapids	IA	00:47:46.49	15:22 /mi
33	Devon	Ashby	F	39	Cedar Rapids	IA	00:47:48.22	15:23 /mi
34	Chavah	Herrick	F	12	Anamosa	IA	00:47:51.73	15:24 /mi
35	Amy	Stecher	F	49	Central City	IA	00:49:11.17	15:49 /mi
36	Jackie	Robertson	F	64	Anamosa	IA	00:52:59.79	17:03 /mi
37	Andrea	Chapman	F	40	Monticello	IA	00:53:34.85	17:15 /mi

38	Tammy	Sutterman	F	66	Monticello	IA	00:53:35.09	17:15 /mi
39	Christy	Johnson	F	28	Preston	IA	00:59:05.13	19:01 /mi
40	Mandy	Ellison	F	35	Springville	IA	00:59:07.11	19:01 /mi
41	Brandi	Veach	F	41	Zurwingle	IA	00:59:07.18	19:01 /mi
42	Kathy	Hocking	F	63	Anamosa	IA	01:03:31.11	20:26 /mi
43	Lauren	Dickman	F	60	Anamosa	IA	01:03:31.69	20:27 /mi
44	Jeanna	Gunning	F	54	Anamosa	IA	01:03:31.72	20:27 /mi
Male 19U								
1	Jack	Stecher	M	18	Central City	IA	00:17:49.68	05:44 /mi
2	Kendrick	Heffernan	M	16	Tipton	IA	00:19:42.55	06:20 /mi
3	Sylis	McGee	M	15	Tipton	IA	00:21:10.43	06:48 /mi
4	Jase	Stecher	M	15	Central City	IA	00:22:10.03	07:07 /mi
5	Malachi	Herrick	M	15	Anamosa	IA	00:35:29.85	11:25 /mi
Female 19U								
1	Ava	Remley	F	16	Anamosa	IA	00:23:16.64	07:29 /mi
2	Brynlee	Keppler	F	13	Peosta	IA	00:27:54.23	08:58 /mi
3	Caejyn	Helgens	F	17	Scotch Grove	IA	00:27:54.51	08:58 /mi
4	Lainey	Keppler	F	12	Peosta	IA	00:32:45.42	10:32 /mi
5	Olivia	Draper	F	13	Marion	IA	00:46:09.84	14:51 /mi
6	Lily	Draper	F	11	Marion	IA	00:46:09.94	14:51 /mi
7	Mickala	Herrick	F	18	Anamosa	IA	00:46:55.16	15:06 /mi
8	Delaney	Ashby	F	11	Cedar Rapids	IA	00:47:46.49	15:22 /mi
9	Chavah	Herrick	F	12	Anamosa	IA	00:47:51.73	15:24 /mi
Male 20-29								
1	Drew	Pate	M	20	Anamosa	IA	00:17:13.35	05:32 /mi
2	Jay	Belding	M	26	Anamosa	IA	00:32:10.51	10:21 /mi
3	Nate	Gunning	M	26	Anamosa	IA	00:43:13.47	13:54 /mi
Female 20-29								
1	Samantha	Croghan	F	27	Cedar Rapids	IA	00:25:45.88	08:17 /mi
2	Brooke	Bergfeld	F	27	Dyersville	IA	00:28:55.00	09:18 /mi
3	Kaitlyn	Corkery	F	26	Clarence	IA	00:32:24.86	10:25 /mi
4	Payton	Timmerman	F	29	New Liberty	IA	00:34:39.39	11:09 /mi
5	Christy	Johnson	F	28	Preston	IA	00:59:05.13	19:01 /mi
Male 30-39								
1	Christopher	Timmerman	M	32	New Liberty	IA	00:23:02.12	07:24 /mi
2	Kyle	Miroux	M	34	Cedar Rapids	IA	00:23:11.48	07:27 /mi
Female 30-39								
1	Stephanie	Brehm	F	33	Mt Vernon	IA	00:22:02.11	07:05 /mi
2	Mercedes	Hansen	F	31	Tipton	IA	00:30:01.42	09:39 /mi
3	Cassie	Doolady	F	34	Mount Vernon	IA	00:30:24.24	09:47 /mi
4	Jenna	Schott	F	30	West Branch	IA	00:30:36.66	09:51 /mi
5	Mary	Lackman	F	35	Marion	IA	00:35:29.22	11:25 /mi
6	Karissa	Beranek-Trinkle	F	32	Anamosa	IA	00:37:42.06	12:07 /mi
7	Devon	Ashby	F	39	Cedar Rapids	IA	00:47:48.22	15:23 /mi
8	Mandy	Ellison	F	35	Springville	IA	00:59:07.11	19:01 /mi
Male 40-49								
1	Justin	Hajek	M	43	Marion	IA	00:18:06.63	05:49 /mi
2	Michael	Dierks	M	49	Cedar Rapids	IA	00:24:32.78	07:54 /mi
3	Leonard	Stastny	M	48	Cedar Rapids	IA	00:27:15.99	08:46 /mi
4	Chris	Talcott	M	44	Marion	IA	00:36:53.53	11:52 /mi
5	Nick	Agne	M	41	Anamosa	IA	00:37:09.98	11:57 /mi
6	Loras	Lyons	M	46	Washington	IL	00:49:11.40	15:49 /mi
Female 40-49								
1	Emily	Burmeister	F	41	Marion	IA	00:19:28.28	06:16 /mi
2	DeAnne	Henderson	F	41	Monticello	IA	00:22:13.30	07:09 /mi
3	Michelle	Keppler	F	42	Peosta	IA	00:24:35.42	07:54 /mi
4	Nicole	Perez	F	48	Cedar Rapids	IA	00:27:15.91	08:46 /mi

5	Relissa	Milligan	F	42	Tipton	IA	00:28:27.38	09:09 /mi
6	Candice	Dietz	F	42	Toddville	IA	00:31:37.19	10:10 /mi
7	Danielle	Powell	F	40	Cedar Rapids	IA	00:36:27.00	11:43 /mi
8	Holly	Spreeman	F	42	Cedar Rapids	IA	00:36:53.22	11:52 /mi
9	Kelly	Draper	F	46	Marion	IA	00:46:09.54	14:51 /mi
10	Amy	Stecher	F	49	Central City	IA	00:49:11.17	15:49 /mi
11	Andrea	Chapman	F	40	Monticello	IA	00:53:34.85	17:15 /mi
12	Brandi	Veach	F	41	Zurwingle	IA	00:59:07.18	19:01 /mi
Male 50+								
1	Mark	Robertson	M	72	Anamosa	IA	00:33:11.46	10:40 /mi
2	Doug	Stein	M	57	Cedar Rapids	IA	00:37:07.31	11:57 /mi
3	Chris	Gunning	M	55	Anamosa	IA	00:47:11.29	15:11 /mi
Female 50+								
1	Lorena	Puga	F	56	Marion	IA	00:28:22.53	09:07 /mi
2	Diana	Croghan	F	55	Center Point	IA	00:28:57.83	09:19 /mi
3	Elgean	Brandenburg	F	57	Hiawatha	IA	00:30:56.05	09:57 /mi
4	Melissa	Hocking	F	51	Anamosa	IA	00:33:23.73	10:45 /mi
5	Niki	Bunge	F	53	Mechanicsville	IA	00:46:19.43	14:54 /mi
6	Jackie	Robertson	F	64	Anamosa	IA	00:52:59.79	17:03 /mi
7	Tammy	Sutterman	F	66	Monticello	IA	00:53:35.09	17:15 /mi
8	Kathy	Hocking	F	63	Anamosa	IA	01:03:31.11	20:26 /mi
9	Lauren	Dickman	F	60	Anamosa	IA	01:03:31.69	20:27 /mi
10	Jeanna	Gunning	F	54	Anamosa	IA	01:03:31.72	20:27 /mi