

MONROE 37th ANNUAL MICRO MARATHON - 8/5/2023**Monroe, IA****Results****Event 1 Girls 14&U 5000 Meter Run**

Name	Age Team	Finals	H#	Points
Results - Women 14 & Under				
1 Wheeler, Bailey	14 Monroe	22:47.29	1	1
2 DeRaad, Darbey	13 Monroe	25:12.70	1	2
3 Ford, Annie	13 Prairie City	26:13.52	1	
4 Minter, Allison	13 Prairie City	27:04.06	1	
5 Fagg, Katelynn	13 Monroe	27:08.57	1	3
6 Edwards, McCartney	8 Monroe	27:44.65	1	4
7 Wheeler, Madi	11 Swan	30:28.16	1	
8 Martin, Mazie	9 Monroe	32:03.17	1	5
9 VanRyswyk, Blakley	Monroe	32:03.66	1	
10 Hegstrom, Ann	Monroe	33:17.30	1	
11 Wheeler, Gracie	9 Monroe	33:32.90	2	
12 Wheeler, Amber	Monroe	34:24.11	2	
13 Ainsworth, Ellsey	11 West Des Moines	39:22.50	2	
14 Cartwright, Bradyn	Monroe	39:32.78	2	
15 Trausch, Hayden	13 Monroe	48:11.91	2	
16 Van Kirk, Miley	13 Monroe	48:12.27	2	

Event 1 Boys 14&U 5000 Meter Run

Name	Age Team	Finals	H#	Points
Results - Men 14 & Under				
1 Osterhaus, Owen	12 Monroe	20:58.50	5	1
2 Clark, Kolby	14 Monroe	22:36.68	5	2
3 Nessa, Gabe	14 Prairie City	22:44.61	6	
4 Karr, Bryson	13 Monroe	23:07.20	6	3
5 Smith, Callum	10 Pella	24:17.60	6	
6 Brown, Jack	14 Pella	25:50.25	6	
7 McDaniel, Jeffery	Monroe	28:43.89	6	4
8 Valcove, Kaiden	Monroe	32:07.26	6	5
9 Stursma, Jason	14 Harvey	32:22.08	6	
10 Osterhaus, Eli	11 Monroe	34:48.52	6	
11 Trausch, Jarron	Monroe	35:23.96	6	
12 Wheeler, Jake	Monroe	36:09.57	6	
13 Wood, Clayton	11 Monroe	40:28.78	7	
14 Trausch, Annie	13 Monroe	42:10.15	7	
15 Hopkins, Devin	11 Monroe	58:57.69	7	

Event 1 Women 15-19 5000 Meter Run

Name	Age Team	Finals	H#	Points
Results - Women 15-19				
1 Teeter, Abi	15 Monroe	22:01.93	2	1
2 Fairbanks, Jilian	18 Monroe	26:22.65	2	2
3 Fagg, Lexi	15 Monroe	30:25.53	2	3
4 Teeta, Jorja	15 Monroe	31:27.35	2	4
5 Lindsay, Tori	16 Monroe	31:27.68	3	5

MONROE 37th ANNUAL MICRO MARATHON - 8/5/2023**Monroe, IA****Results****Event 1 Men 15-19 5000 Meter Run**

Name	Age Team	Finals	H#	Points
Results - Men 15-19				
1 DeRaad, Coby	15 Monroe	20:12.72	7	1
2 Porter, Dylan	16 Des Moines	22:13.46	7	
3 Fry, Remington	17 Monroe	23:37.13	7	2
4 Brinegar, Hewitt	17 Monroe	23:37.34	7	3
5 Wheeler, Tucker	16 Monroe	23:37.61	7	4
6 Sanders, Kyle	19 Prairie City	24:31.96	7	
7 Wheeler, Wyatt	17 Monroe	26:07.35	7	5

Event 1 Women 20-29 5000 Meter Run

Name	Age Team	Finals	H#	Points
Results - Women 20-29				
1 Regg-Wajid, Aaliyah	26 Des Moines	21:30.01	3	
2 Rowley, Elizabeth	26 Bussey	28:49.73	3	
3 McGilvra, Brittany	23 Ankeny	35:51.88	3	

Event 1 Men 20-29 5000 Meter Run

Name	Age Team	Finals	H#	Points
Results - Men 20-29				
1 Gainey, Rhett	28 Ankeny	20:04.99	8	
2 Gastreich, William	28 Ankeny	24:06.07	8	

Event 1 Women 30-39 5000 Meter Run

Name	Age Team	Finals	H#	Points
Results - Women 30-39				
1 O'Brien, Callie	30 Waukee	19:20.17	3	
2 Martin, Bridget	38 Monroe	22:27.51	3	
3 Hawk, Sadi	30 Tracy	25:40.86	3	
4 Edwards, Jenni	39 Monroe	27:45.57	3	
5 Burns, Kaitlin	32 Monroe	29:52.19	3	
6 Hannon, Joni	37 Pella	31:57.97	3	
7 Kingery, Meghan	34 Monroe	35:35.31	4	
8 Thompson, Kali	31 Prairie City	42:39.33	4	
9 VanDerKamp, Jody	39 Prairie City	50:07.23	4	

Event 1 Men 30-39 5000 Meter Run

Name	Age Team	Finals	H#	Points
Results - Men 30-39				
1 Potter, Jake	30 Ames	18:27.21	8	
2 Kingery, Colt	35 Monroe	27:07.92	8	
3 Cartwright, Brad	39 Monroe	39:47.68	8	
4 Thompson, Jacob	34 Prairie City	42:42.15	8	

MONROE 37th ANNUAL MICRO MARATHON - 8/5/2023**Monroe, IA****Results****Event 1 Women 40-49 5000 Meter Run**

Name	Age Team	Finals	H#	Points
Results - Women 40-49				
1 Smith, Lisa	42 Pella	26:36.48	4	
2 Barnett, Jessica	41 Monroe	28:08.53	4	
3 Gustaf, Stacy	43 Sioux Falls	29:11.55	4	
4 Steenhoek, Andrea	41 Monroe	31:26.11	4	
5 Disney, Kelly	45 Prairie City	33:07.60	4	
6 Carruthers, Kelli	40 Knoxville	35:07.80	4	
7 Romick, Terri	40 Otley	35:46.87	4	
8 Slings, Heather	46 Harvey	36:20.13	5	
9 Riemersma, Jessica	48 Prairie City	50:09.02	5	

Event 1 Men 40-49 5000 Meter Run

Name	Age Team	Finals	H#	Points
Results - Men 40-49				
1 Gerholdt, Jeff	45 Colfax	23:19.43	8	
2 Keller, Todd	46 Monroe	29:01.80	8	
3 Smith, Ryle	45 Pella	29:53.40	8	
4 Trausch, Aaron	48 Monroe	42:11.43	8	

Event 1 Women 50+ 5000 Meter Run

Name	Age Team	Finals	H#	Points
Results - Women 50+				
1 DeGroot, Lana	62 Oskaloosa	30:42.53	5	
2 Huseman, Brenda	61 Manson	31:32.45	5	
3 Eathington, Liesl	56 Ames	38:04.76	5	
4 Schneider, Sherry	66 Monroe	42:56.11	5	
5 Rowley, Diane	57 Bussey	47:19.62	5	
6 Terrell, Kristy	50 Monroe	58:56.21	5	

Event 1 Men 50+ 5000 Meter Run

Name	Age Team	Finals	H#	Points
Results - Men 50+				
1 Fyfe, Stephen	58 Pella	23:58.30	9	
2 Potter, Howard	56 Altoona	30:00.89	9	
3 Huseman, Frank	61 Manson	32:58.87	9	
4 Schneider, Darrin	57 Monroe	34:25.41	9	
5 smith, conroy	68 Des Moines	1:01:47.42	9	

MONROE 37th ANNUAL MICRO MARATHON - 8/5/2023

Monroe, IA

Results

....Event 1 Men 50+ 5000 Meter Run

Team Scores

Rank	Team	Runner 1	Runner 2	Runner 3	Runner 4	Runner 5
Results - Men 14 & Under						
1	Monroe	20:58.50	22:36.68	23:07.20	28:43.89	32:07.26
	Total Time:	2:07:33.53				
	Average:	25:30.71				
Results - Men 15-19						
2	Monroe	20:12.72	23:37.13	23:37.34	23:37.61	26:07.35
	Total Time:	1:57:12.15				
	Average:	23:26.43				
Results - Women 14 & Under						
3	Monroe	22:47.29	25:12.70	27:08.57	27:44.65	32:03.17
	Total Time:	2:14:56.38				
	Average:	26:59.28				
Results - Women 15-19						
4	Monroe	22:01.93	26:22.65	30:25.53	31:27.35	31:27.68
	Total Time:	2:21:45.15				
	Average:	28:21.03				