

8th Annual Cascade Hometown Days 5K

Saturday August 15, 2026 - 7:30 AM

71 Degrees, 97% Humidity, Wind S - 6 MPH Light mist off and on
Cascade, Iowa

Place	Name	Age	Age Group	Town	Time
1	Victor McDonald	13	14 & Under	Monticello	19:20.1
2	Tanner Callahan	14	14 & Under	Cascade	19:38.1
3	Adam Knepper	21	19 - 29	Cascade	20:03.3
4	Alex Britt	25	19 - 29	Monticello	20:15.9
5	Austin Brown	37	30 - 39	Bernard	21:05.4
6	Dave Baitinger	44	40 - 49	Ogden	21:20.1
7	Hallie Kelchen	18	15 - 18	Cascade	21:35.9
8	Benton Manternach	16	15 - 18	Cascade	21:49.4
9	Marty Knepper	27	19 - 29	Waverly	22:12.1
10	Brent McQuillen	61	60 & Over	Monticello	22:25.0
11	Addie Kedley	13	14 & Under	Cascade	22:48.4
12	Greg Aitchison	44	40 - 49	Richfield, Mn	22:53.3
13	Mariah Kauder	31	30 - 39	Milwaukee, Wis	23:17.7
14	Carter Conrad	18	15 - 18	Cascade	23:40.4
15	Shane Manternach	46	40 - 49	Cascade	24:01.9
16	Caleb Williams	16	15 - 18	Cascade	24:42.5
17	Frederick Kauder	53	50 - 59	Cedar Rapids	25:29.5
18	Lauren Boffeli	14	14 & Under	Cascade	25:36.3
19	Marie Britt	25	19 - 29	Monticello	26:21.5
20	Troy McDonald	55	50 - 59	Monticello	26:44.8
21	Calli Snyder	29	19 - 29	Anamosa	26:45.2
22	Cara Boffeli	12	14 & Under	Cascade	26:45.8
23	Carley Conrad	16	15 - 18	Cascade	27:08.9
24	Peggy O'Connell	50	50 - 59	Epworth	27:58.1
25	Norah Callahan	12	14 & Under	Cascade	27:59.6
26	Mary Aitchison	16	15 - 18	Richfield, Mn	28:02.7
27	Jesse Beringer	34	30 - 39	Cascade	29:18.3
28	Dreis Krapfl	11	14 & Under	Cascade	29:37.4
29	Rick Stevenson	59	50 - 59	Cascade	29:59.8
30	David Brahm	67	60 & Over	Cascade	30:17.1
31	Baylor Noonan	10	14 & Under	Cascade	30:20.4
32	Kathy McQuillen	61	60 & Over	Monticello	30:44.1
33	Rachel Higgins	35	30 - 39	Centerville	30:54.6
34	Clay Noonan	11	14 & Under	Cascade	31:57.7
35	Amy Speed	59	50 - 59	Cascade	31:58.0
36	Megan Willenbring	29	19 - 29	Cascade	32:29.9
37	Duane Smit	33	30 - 39	South Africa	34:46.8
38	Kelly Lyons	48	40 - 49	Bettendorf	36:41.8
39	Zoe Aitchison	9	14 & Under	Richfield, Mn	43:06.9
40	Parker Aitchison	14	14 & Under	Iowa City	43:08.8
41	Kate Aitchison	42	40 - 49	Richfield, Mn	43:15.4
42	Belinda Smit	58	50 - 59	South Africa	43:25.4
43	Michelle Smit	33	30 - 39	Cascade	50:59.7

44	Susie Steffen	67	60 & Over	Cascade	51:00.7
45	Kit McMann	57	50 - 59	Martelle	51:07.8
46	Kevin Kleitsch	58	50 - 59	Cascade	51:08.7
47	Deanne Maney	64	60 & Over	Davenport	51:09.6
48	Jim Kleitsch	62	60 & Over	Stought, Wis	51:09.8
49	Cain Hoffman	27	19-29	Cascade	DNR
50	Danny Recker	26	19-29	Wisconsin	DNR
	Total	50			
	Females	25			
	Males	25			
	Overall				
	Male		Mens		
1st	Victor McDonald	13	14 & Under	Monticello	19:20.1
	Female		Womens		
1st	Hallie Kelchen	18	15 - 18	Cascade	21:35.9
	Female 14 & Under				
1st	Addie Kedley	13	14 & Under	Cascade	22:48.4
2nd	Lauren Boffeli	14	14 & Under	Cascade	25:36.3
3rd	Cara Boffeli	12	14 & Under	Cascade	26:45.8
4th	Norah Callahan	12	14 & Under	Cascade	27:59.6
5th	Baylor Noonan	10	14 & Under	Cascade	30:20.4
6th	Zoe Aitchison	9	14 & Under	Richfield, Mn	43:06.9
7th	Parker Aitchison	14	14 & Under	Iowa City	43:08.8
	Male 14 & Under				
1st	Victor McDonald	13	14 & Under	Monticello	19:20.1
2nd	Tanner Callahan	14	14 & Under	Cascade	19:38.1
3rd	Dreis Krapfl	11	14 & Under	Cascade	29:37.4
4th	Clay Noonan	11	14 & Under	Cascade	31:57.7
	Female 15 - 18				
1st	Hallie Kelchen	18	15 - 18	Cascade	21:35.9
2nd	Carley Conrad	16	15 - 18	Cascade	27:08.9
3rd	Mary Aitchison	16	15 - 18	Richfield, Mn	28:02.7
	Male 15- 18				
1st	Benton Manternach	16	15 - 18	Cascade	21:49.4
2nd	Carter Conrad	18	15 - 18	Cascade	23:40.4
3rd	Caleb Williams	16	15 - 18	Cascade	24:42.5
	Female 19-29				
1st	Marie Britt	25	19 - 29	Monticello	26:21.5
2nd	Calli Snyder	29	19 - 29	Anamosa	26:45.2
3rd	Megan Willenbring	29	19 - 29	Cascade	32:29.9
	Male 19-29				
1st	Adam Knepper	21	19 - 29	Cascade	20:03.3
2nd	Alex Britt	25	19 - 29	Monticello	20:15.9
3rd	Marty Knepper	27	19 - 29	Waverly	22:12.1
4th	Cain Hoffman	27	19-29	Cascade	DNR
5th	Danny Recker	26	19-29	Wisconsin	DNR

	Female 30-39				
1st	Mariah Kauder	31	30 - 39	Milwaukee, Wis	23:17.7
2nd	Rachel Higgins	35	30 - 39	Centerville	30:54.6
3rd	Michelle Smit	33	30 - 39	Cascade	50:59.7
	Male 30-39				
1st	Austin Brown	37	30 - 39	Bernard	21:05.4
2nd	Jesse Beringer	34	30 - 39	Cascade	29:18.3
3rd	Duane Smit	33	30 - 39	South Africa	34:46.8
	Female 40-49				
1st	Kelly Lyons	48	40 - 49	Bettendorf	36:41.8
2nd	Kate Aitchison	42	40 - 49	Richfield, Mn	43:15.4
	Male 40-49				
1st	Dave Baitinger	44	40 - 49	Ogden	21:20.1
2nd	Greg Aitchison	44	40 - 49	Richfield, Mn	22:53.3
3rd	Shane Manternach	46	40 - 49	Cascacde	24:01.9
	Female 50 & 59				
1st	Peggy O'Connell	50	50 - 59	Epworth	27:58.1
2nd	Amy Speed	59	50 - 59	Cascade	31:58.0
3rd	Belinda Smit	58	50 - 59	South Africa	43:25.4
4th	Kit McMann	57	50 - 59	Martelle	51:07.8
	Male 50 & 59				
1st	Frederick Kauder	53	50 - 59	Cedar Rapids	25:29.5
2nd	Troy McDonald	55	50 - 59	Monticello	26:44.8
3rd	Rick Stevenson	59	50 - 59	Cascade	29:59.8
	Female 60 & Over				
1st	Kathy McQuillen	61	60 & Over	Monticello	30:44.1
2nd	Susie Steffen	67	60 & Over	Cascade	51:00.7
3rd	Deanne Maney	64	60 & Over	Davenport	51:09.6
	Male 60 & Over				
1st	Brent McQuillen	61	60 & Over	Monticello	22:25.0
2nd	David Brahm	67	60 & Over	Cascade	30:17.1
3rd	Kevin Kleitsch	58	50 - 59	Cascade	51:08.7
4th	Jim Kleitsch	62	60 & Over	Stought, Wis	51:09.8
	Youth 800 Meter Run				
1st	Brock Callahan	9		Cascade	3:15.3
2nd	Joe Gehl	9		Ontario	3:19.8
3rd	Jax Callahan	6		Cascade	3:45.1
4th	Cece Boffeli	9		Cascade	3:50.8
5th	Keeley Clark	12		Cascade	3:58.4
6th	Adrienne Boffeli	7		Cascade	3:59.6
7th	Evalyn Williams	8		Cascade	4:00.5
8th	Kaley Larkin	8		Bernard	4:01.1
9th	Auggie Gehl	6		Ontario	4:17.3
10th	Everly Krapfl	9		Cascade	4:43.7
11th	Coy Callahan	3		Cascade	4:49.4
12th	Oaklyn Willenbring	12		Cascade	5:27.4
13th	Rose Willenbring	3		Cascade	9:00.4
14th	Ivy Willenbring	6		Cascade	9:00.5

	Cash Drawing Winners	\$20.00	Each
33	Rachel Higgins		
46	Kevin Kleitsch		
38	Kelly Lyons		
31	Baylor Noonan		
1	Victor McDonald		
	Place in the race #'s		
	were drawn for the cash		
\$100.00	Courtesy Kauder Timing	Donated	
	Browns Gift Card \$50.00		
48	Jim Kleitsch		
39	Zoe Aitchison		

Gender
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