

2023 Live Healthy Iowa 5K Results - Sibley

Place	First Name	Last Name	City	Age Group	Finishing Time
1	Michael	Wassenaar	Sheldon	Male 18 & Under	20:29:00
2	Shawne	Wassenaar	Sheldon		20:33:00
3	Dave	Baitinger	Ogden	Male 40 - 49	22:12:00
4	David	Poppen	Sibley	Male 18 & Under	22:26:00
5	Dawsen	Kreykes	Male	Male 18 & Under	23:35:00
6	Ashley	Arend	Sibley	Female 30 - 39	23:59:00
7	Alyssa	Prins	Sibley	Female 40 - 49	24:01:00
8	Amber	Voss	Sibley	Female 30 - 39	25:36:00
9	Bob	Alexander	Sibley	Male 60 & Up	25:58:00
10	Nicole	Eddy	Female	Female 30 - 39	27:52:00
11	Dustin	Rodger	George	Male 40 - 49	29:24:00
12	Wyatt	Guse	Rock Rapids	Male 18 & Under	29:34:00
13	Amber	Swenson	Ocheyedan	Female 30 - 39	30:08:00
14	Lauren	Hedman	Bloomington	Female 19 - 29	31:03:00
15	Miranda	Vander Berg	Waupun	Female 19 - 29	31:03:00
16	Lacey	Julius	Sibley	Female 30 - 39	31:37:00
17	Jessica	Helmerts	Sheldon	Female 40 - 49	33:09:00
18	Abby	De Zeeuw	Sibley	Female 40 - 49	34:08:00
19	Catherine	Nasers	Sibley	Female 30 - 39	35:03:00
20	Shawnee	Webb	Dakota City	Female 30 - 39	35:04:00
21	Megan	Ackerman	Ocheyedan	Female 30 - 39	35:22:00
22	Lacey	Anderson	Harr	Female 30 - 39	42:37:00
23	Heather	Buiter	Pierre	Female 30 - 39	44:19:00
24	Abby	Vogelaar	Sheldon	Female 60 & Up	51:08:00
25	Travis	Anderson	Sheldon	Male 40 - 49	51:09:00

*Age Group Results will be posted as soon as we have them.

Live Healthy Iowa 1K Results - Sibley

1	Peyton	Den Hartog	Sheldon	Male 18 & Under	4:56:00
2	Skyler	Den Hartog	Sheldon	Female 18 & Under	5:15:00
3	Kadrian	Den Hartog	Sheldon	Male 18 & Under	5:20:00
4	Witten	Julius	Sibley	Male 18 & Under	5:21:00
5	Jase	Arend	Sibley	Male 18 & Under	5:42:00
6	Emma	Helmerts	Sheldon	Female 18 & Under	5:44:00
7	James	Buiter	Pierre	Male 18 & Under	6:04:00
8	Alexa	Tjaden	Pierre	Female 18 & Under	6:29:00
9	Joby	Arend	Sibley	Male 18 & Under	6:29:00
10	Magdalena	Palmer	Alvord	Female 18 & Under	6:58:00
11	Logan	Buiter	Pierre	Male 18 & Under	7:27:00
12	Ellie	Helmerts	Sheldon	Female 18 & Under	8:19:00
13	Aryanna	Palmer	Alvord	Female 18 & Under	8:56:00
14	William	Harrell	Sheldon	Male 18 & Under	9:18:00
15	Crescentia	Palmer	Alvord	Female 18 & Under	11:27:00
16	Carrigan	Harrell	Sheldon	Female 18 & Under	12:17:00