

# Live Healthy Iowa 5k - Osage

## 5k Run Category Results

### Male Ages 01-12

Pos	No	Name	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	320	Brock Mathers	00:24:13	1	3	00:00:00	00:05:19

### Female Ages 13-15

Pos	No	Name	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	343	Zoe Wynohrad	00:31:52	1	13	00:00:00	00:07:38

### Male Ages 20-29

Pos	No	Name	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	336	Brett Barker	00:18:54	1	1	00:00:00	00:00:00
2	338	Robert Seubert	00:23:24	2	2	00:04:29	00:04:29
3	345	Justin Zimmerman	00:27:21	3	6	00:08:26	00:08:26

### Female Ages 20-29

Pos	No	Name	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	333	Brooke Sprung	00:24:14	1	4	00:00:00	00:00:00
2	340	Morgan Holzer	00:28:24	2	7	00:04:09	00:04:09
3	347	Gayle Nelson	00:29:08	3	9	00:04:53	00:04:53
4	346	Emily Bruggeman	00:45:29	4	24	00:21:15	00:21:15
5	323	Kelsey Nerad	00:45:30	5	25	00:21:15	00:21:15
6	305	Melissa Concepcion	00:53:16	6	33	00:29:02	00:29:02
7	304	Marjorie Concepcion	00:53:17	7	34	00:29:02	00:29:02

### Male Ages 30-39

Pos	No	Name	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	303	Arcon Concepcion	00:53:16	1	32	00:00:00	00:34:21

### Female Ages 30-39

Pos	No	Name	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	325	Erin Nosbisch	00:34:06	1	17	00:00:00	00:09:51
2	335	Vanizh Thorson	00:46:47	2	26	00:12:40	00:22:32
3	314	Maryjane Jestre	00:50:55	3	30	00:16:49	00:26:40
4	312	Tiffany Goergen	00:52:15	4	31	00:18:08	00:28:00

### Male Ages 40-49

Pos	No	Name	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	308	William Enderson	00:28:43	1	8	00:00:00	00:09:49
2	342	Tony Wynohrad	00:31:52	2	12	00:03:08	00:12:58
3	324	Stan Newton	00:33:53	3	16	00:05:09	00:14:59

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### Female Ages 40-49

Pos	No	Name	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	339	Angie Holzer	00:30:05	1	10	00:00:00	00:05:50
2	313	Makaela Hoffman	00:33:38	2	14	00:03:33	00:09:24
3	344	Kara Naig	00:35:50	3	18	00:05:45	00:11:35
4	318	Bethanie Lane	00:36:17	4	19	00:06:11	00:12:02
5	337	Carrie Barker	00:37:02	5	20	00:06:57	00:12:47
6	316	Lori Koresh	00:42:29	6	22	00:12:24	00:18:14
7	306	Elizabeth Dejongoy	00:48:40	7	27	00:18:35	00:24:25
8	302	Pam Broderick	00:48:41	8	28	00:18:35	00:24:26
9	317	Sarah Krukow	00:48:41	9	29	00:18:35	00:24:26
10	332	Naty Schuchherdt	00:53:17	10	35	00:23:11	00:29:02

### Male Ages 50-59

Pos	No	Name	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	348	Doug Kaufman	00:31:41	1	11	00:00:00	00:12:46

### Female Ages 50-59

Pos	No	Name	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	309	Robin Fischer	00:33:38	1	15	00:00:00	00:09:24
2	319	Tracey Lynch	00:42:21	2	21	00:08:42	00:18:07

### Male Ages 60-69

Pos	No	Name	Time	C.Pos	O.Pos	Time Behind Categ	Time Behind Winner
1	307	Bruce Eldridge	00:25:03	1	5	00:00:00	00:06:08
2	322	Bruce Moore	00:42:52	2	23	00:17:49	00:23:57

## Live Healthy Iowa 5K

1	<a href="#">Brett Barker</a>	00:18:54
2	<a href="#">Robert Seubert</a>	00:23:24
3	<a href="#">Brock Mathers</a>	00:24:13
4	<a href="#">Brooke Sprung</a>	00:24:14
5	<a href="#">Bruce Eldridge</a>	00:25:03
6	<a href="#">Justin Zimmerman</a>	00:27:21
7	<a href="#">Morgan Holzer</a>	00:28:24
8	<a href="#">William Enderson</a>	00:28:43
9	<a href="#">Gayle Nelson</a>	00:29:08
10	<a href="#">Angie Holzer</a>	00:30:05
11	<a href="#">Doug Kaufman</a>	00:31:41
12	<a href="#">Tony Wynohrad</a>	00:31:52
13	<a href="#">Zoe Wynohrad</a>	00:31:52
14	<a href="#">Makaela Hoffman</a>	00:33:38
15	<a href="#">Robin Fischer</a>	00:33:38
16	<a href="#">Stan Newton</a>	00:33:53
17	<a href="#">Erin Nosbisch</a>	00:34:06
18	<a href="#">Kara Naig</a>	00:35:50
19	<a href="#">Bethanie Lane</a>	00:36:17
20	<a href="#">Carrie Barker</a>	00:37:02
21	<a href="#">Tracey Lynch</a>	00:42:21
22	<a href="#">Lori Koresh</a>	00:42:29
23	<a href="#">Bruce Moore</a>	00:42:52

24	<a href="#">Emily Bruggeman</a>	00:45:29
25	<a href="#">Kelsey Nerad</a>	00:45:30
26	<a href="#">Vanizh Thorson</a>	00:46:47
27	<a href="#">Elizabeth Dejongoy</a>	00:48:40
28	<a href="#">Pam Broderick</a>	00:48:41
29	<a href="#">Sarah Krukow</a>	00:48:41
30	<a href="#">Maryjane Jestre</a>	00:50:55
31	<a href="#">Tiffany Goergen</a>	00:52:15
32	<a href="#">Arcon Concepcion</a>	00:53:16
33	<a href="#">Melissa Concepcion</a>	00:53:16
34	<a href="#">Marjorie Concepcion</a>	00:53:17
35	<a href="#">Naty Schuchherdt</a>	00:53:17

### Live Healthy Iowa 1K Results

1	<a href="#">Evan Bremer</a>	00:05:17
2	<a href="#">Connor Thome</a>	00:05:39
3	<a href="#">Kiersten Mcroberts</a>	00:05:56
4	<a href="#">Caleb Rachut</a>	00:06:03
5	<a href="#">Jaxson Vroom</a>	00:06:41
6	<a href="#">Cael Ruehlow</a>	00:08:27

