



Breast Friends 5K Rack Run
 October 16, 2022
 Terry Trueblood Recreation Area
 Iowa City, IA

49 Degrees
 Cloudy, 9 mph NW Wind



#	First Name	Last Name	Gender	Age	City	State	Final Result
Overall Male							
1	Ross	Salinas	M	42	Iowa City	IA	00:16:34.71
2	Nic	Schieltz	M	14	Tiffin	IA	00:19:28.18
3	Jeremy	Negus	M	43	Iowa City	IA	00:20:19.27
4	Jake	Viner	M	24	Lone Tree	IA	00:21:45.06
5	Rene	Rocha	M	40	Iowa City	IA	00:22:14.42
6	William	Iverson	M	54	Iowa City	IA	00:22:42.02
7	Brian	Kirschling	M	49	Iowa City	IA	00:23:09.76
8	Jacob	Mayer	M	29	Kalona	IA	00:23:27.13
9	Dan	Katalinich	M	61	Iowa City	IA	00:23:49.39
10	Jim	Buxton	M	67	Iowa City	IA	00:24:40.25
11	Bryan	Jensen	M	40	Iowa City	IA	00:25:23.63
12	Kevin	Brown	M	44	Iowa City	IA	00:25:56.07
13	Eric	Mandel	M	27	Coralville	IA	00:26:19.66
14	Lu	Guetzko	M	18	West Branch	IA	00:26:20.96
15	Chad	Sharp	M	51	North Liberty	IA	00:27:34.68
16	Jerad	Ruth	M	38	Coralville	IA	00:28:06.01
17	Roni	Garayanala	M	30	Tuscaloosa	AL	00:29:41.00
18	Sean	Cavanaugh	M	37	Tiffin	IA	00:29:58.88
19	Darren	Pemberton	M	42	Coralville	IA	00:30:12.60
20	Jim	Dwyer	M	61	Marion	IA	00:30:36.85
21	Samuel	Dwyer	M	25	North Liberty	IA	00:30:37.93
22	James	Robbins	M	51	Iowa City	IA	00:31:26.32
23	Kyle	Sandlin	M	30	Cedar Rapids	IA	00:33:20.01
24	Douglas	Yansky	M	66	Iowa City	IA	00:33:31.61
25	Joe	Brown	M	73	Iowa City	IA	00:33:57.50
26	Ethan	Kuperman	M	40	Coralville	IA	00:35:50.42
27	Arthur	Tully	M	65	Iowa City	IA	00:37:58.06
28	Camden	Kurtz	M	10	Iowa City	IA	00:38:03.44
29	Douglas	Bahls	M	50	Coal Valley	IL	00:38:09.89
30	Vess	Natchev	M	44	Iowa City	IA	00:49:44.11
Overall Female							
1	Haily	Larson	F	36	Coralville	IA	00:23:03.47
2	Lisa	Benton	F	45	North Liberty	IA	00:24:08.87
3	Emily	Linton	F	34	Iowa City	IA	00:25:43.16
4	Jennifer	Riley	F	48	Iowa City	IA	00:26:27.72
5	Kayla	Ruth	F	33	Coralville	IA	00:26:44.68
6	Allison	Dunmore	F	29	Coralville	IA	00:27:02.14
7	Brittney	Davis	F	33	Solon	IA	00:27:06.79
8	Lily	Czechowicz	F	23	Iowa City	IA	00:27:09.59
9	Kathleen	Locher	F	47	Iowa City	IA	00:27:27.56
10	Paige	Pearson	F	19	Iowa City	IA	00:27:48.82
11	Brenda	Dodge	F	58	Iowa City	IA	00:27:54.18
12	Sarah	Raecker	F	44	Cedar Falls	IA	00:28:09.34
13	Stephanie	Vande Brake	F	32	North Liberty	IA	00:28:14.78
14	Heather	Hershberger	F	37	North Liberty	IA	00:28:40.91
15	Liza	Lichtenberg	F	34	Urbandale	IA	00:30:00.43
16	Karen	Gaffery	F	58	Williamsburg	IA	00:30:09.77

Male 20-29							
1	Jake	Viner	M	24	Lone Tree	IA	00:21:45.06
2	Jacob	Mayer	M	29	Kalona	IA	00:23:27.13
3	Eric	Mandel	M	27	Coralville	IA	00:26:19.66
4	Samuel	Dwyer	M	25	North Liberty	IA	00:30:37.93
Female 20-29							
1	Allison	Dunmore	F	29	Coralville	IA	00:27:02.14
2	Lily	Czechowicz	F	23	Iowa City	IA	00:27:09.59
3	Dixie	Sandlin	F	26	Cedar Rapids	IA	00:30:24.81
4	Olivia	Brown	F	28	Solon	IA	00:30:40.94
5	Tina	Edwards	F	23	Maquoketa	IA	00:34:57.69
6	Anna	Mayer	F	25	North Liberty	IA	00:35:42.96
7	Allie	Copple	F	26	North Liberty	IA	00:45:04.73
Male 30-39							
1	Jerad	Ruth	M	38	Coralville	IA	00:28:06.01
2	Roni	Garayanala	M	30	Tuscaloosa	AL	00:29:41.00
3	Sean	Cavanaugh	M	37	Tiffin	IA	00:29:58.88
4	Kyle	Sandlin	M	30	Cedar Rapids	IA	00:33:20.01
Female 30-39							
1	Haily	Larson	F	36	Coralville	IA	00:23:03.47
2	Emily	Linton	F	34	Iowa City	IA	00:25:43.16
3	Kayla	Ruth	F	33	Coralville	IA	00:26:44.68
4	Brittney	Davis	F	33	Solon	IA	00:27:06.79
5	Stephanie	Vande Brake	F	32	North Liberty	IA	00:28:14.78
6	Heather	Hershberger	F	37	North Liberty	IA	00:28:40.91
7	Liza	Lichtenberg	F	34	Urbandale	IA	00:30:00.43
8	Kelsey	Jones	F	34	Iowa City	IA	00:30:36.54
9	Jenna	Wendt	F	33	Coralville	IA	00:32:24.86
10	Katy	Knipper	F	39	Iowa City	IA	00:33:57.06
11	Kirstie	Yeo	F	31	Walcott	IA	00:36:18.35
12	Liz	Neff	F	31	Durant	IA	00:36:18.41
13	Melissa	Fuller	F	31	Iowa City	IA	00:37:15.83
14	Rebecca	Richeal	F	34	Solon	IA	00:42:00.23
15	Jennifer	Newendorp	F	34	Kalona	IA	00:44:11.59
Male 40-49							
1	Ross	Salinas	M	42	Iowa City	IA	00:16:34.71
2	Jeremy	Negus	M	43	Iowa City	IA	00:20:19.27
3	Rene	Rocha	M	40	Iowa City	IA	00:22:14.42
4	Brian	Kirschling	M	49	Iowa City	IA	00:23:09.76
5	Bryan	Jensen	M	40	Iowa City	IA	00:25:23.63
6	Kevin	Brown	M	44	Iowa City	IA	00:25:56.07
7	Darren	Pemberton	M	42	Coralville	IA	00:30:12.60
8	Ethan	Kuperman	M	40	Coralville	IA	00:35:50.42
9	Vess	Natchev	M	44	Iowa City	IA	00:49:44.11
Female 40-49							
1	Lisa	Benton	F	45	North Liberty	IA	00:24:08.87
2	Jennifer	Riley	F	48	Iowa City	IA	00:26:27.72
3	Kathleen	Locher	F	47	Iowa City	IA	00:27:27.56
4	Sarah	Raecker	F	44	Cedar Falls	IA	00:28:09.34
5	Courtney	Blair	F	42	Cedar Rapids	IA	00:31:00.99

6	Ronda	Peterson	F	45	West Liberty	IA	00:33:21.28
7	Lourdes	Sanchez	F	49	Eugene	OR	00:34:22.25
8	Chadron	Stalkfleet	F	48	Iowa City	IA	00:34:41.43
9	Nelly	Edwards	F	45	Maquoketa	IA	00:34:59.31
10	Kristin	Plichta	F	40	Coralville	IA	00:35:50.55
11	Laura	Harned	F	44	West Liberty	IA	00:35:52.22
12	Renee	Harned	F	45	West Liberty	IA	00:35:52.27
13	Rahab	Ngugi	F	46	Iowa City	IA	00:36:42.27
14	Stacey	Alvarez	F	44	West Branch	IA	00:37:25.95
15	Tiffany	Vaske	F	47	Tiffin	IA	00:37:44.77
16	Valarie	Vest	F	49	Iowa city	IA	00:47:48.67
Male 50-59							
1	William	Iverson	M	54	Iowa City	IA	00:22:42.02
2	Chad	Sharp	M	51	North Liberty	IA	00:27:34.68
3	James	Robbins	M	51	Iowa City	IA	00:31:26.32
4	Douglas	Bahls	M	50	Coal Valley	IL	00:38:09.89
Female 50-59							
1	Brenda	Dodge	F	58	Iowa City	IA	00:27:54.18
2	Karen	Gaffery	F	58	Williamsburg	IA	00:30:09.77
3	Soo Yeun	Park	F	53	Iowa City	IA	00:33:46.66
4	Jennifer	Bahls	F	50	Coal Valley	IL	00:38:11.28
5	Amy	Plavak	F	52	Moline	IL	00:41:58.22
6	Kimberly	McGuire	F	50	Marion	IA	00:42:18.60
Male 60+							
1	Dan	Katalinich	M	61	Iowa City	IA	00:23:49.39
2	Jim	Buxton	M	67	Iowa City	IA	00:24:40.25
3	Jim	Dwyer	M	61	Marion	IA	00:30:36.85
4	Douglas	Yansky	M	66	Iowa City	IA	00:33:31.61
5	Joe	Brown	M	73	Iowa City	IA	00:33:57.50
6	Arthur	Tully	M	65	Iowa City	IA	00:37:58.06
Female 60+							
1	Ann	Satterly	F	70	Coralville	IA	00:35:11.29
2	Kathy	Bissell	F	61	Coralville	IA	00:37:23.03
3	Gwen	Johnson	F	61	Coralville	IA	00:37:44.69