

**2023 STARMONT INVITATIONAL**

Arlington, IA  
 Starmont High School  
 Host: Starmont  
 Tuesday, September 12, 2023

**MEET OFFICIALS**

**Meet Director:**  
 Charlie Gruman  
**Meet Referee:**  
 Howard Simpson  
**Timing:**  
 Shannon Event Timings



**OFFICIAL MEET REPORT**  
 printed: 9/12/2023 6:54 PM

**Race #1**  
**Girls Junior High 2 Mile**

**Final Results**

**RACE SUMMARY**

Start Time: 4:00 pm

**TEAM SCORING SUMMARY****Junior High**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Dike-New Hartford	79	4-12-18-22-23(57)(62)	1:17:08	15:26	1:35.0
2 MS_Aplington - Parkersbur	106	2-3-25-26-50(52)(53)	1:17:12	15:27	2:52.1
3 MS_East Buchanan	111	5-7-30-34-35(48)(59)	1:18:18	15:40	2:03.1
4 MS_Denver	119	10-19-20-31-39(58)(87)	1:19:36	15:56	1:22.3
5 MS_Center Point-Urbana	138	9-14-29-40-46(73)(77)	1:20:01	16:01	1:51.2
6 MS_Waukon	149	1-32-33-38-45(61)(63)	1:19:14	15:51	3:32.4
7 MS_North Fayette Valley	152	11-17-21-43-60(80)(99)	1:20:44	16:09	2:10.8
8 MS_West Delaware	161	15-16-28-37-65(67)(70)	1:21:47	16:22	2:33.0
9 MS_North Linn	172	8-13-41-54-56(76)	1:21:15	16:15	2:15.0
10 MS_Vinton-Shellsburg	206	24-27-36-55-64(72)(84)	1:23:35	16:43	1:51.1
11 MS_Alburnett	260	6-44-47-75-88	1:28:35	17:43	6:39.4
12 MS_Waterloo Co-Op	339	42-51-78-79-89(97)(98)	1:34:51	18:59	4:32.1
13 MS_Hudson	384	68-71-74-81-90(93)(94)	1:37:48	19:34	3:05.8
14 MS_Oelwein	390	49-69-85-91-96	1:42:20	20:28	8:18.4
15 MS_Wapsie Valley	409	66-82-83-86-92(95)	1:41:50	20:22	4:03.0
DNP MS_Starmont West Central					
DNP MS_Janesville					
DNP MS_Turkey Valley					
DNP MS_Independence					
DNP MS_Dunkerton					

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 DOWNING, Miriam	8	MS_Waukon	1	13:12.67	---	6:36.3	4:06.2
2 BERNARD, Bella	7	MS_Aplington - Par	2	14:05.33	52.66	7:02.7	4:22.5
3 ENDELMAN, Charlee	7	MS_Aplington - Par	3	14:05.57	52.90	7:02.8	4:22.6
4 SMITH, Jaelyn	8	MS_Dike-New Hartf	4	14:22.34	1:09.67	7:11.2	4:27.8
5 BRADY, Whitney	8	MS_East Buchanan	5	14:26.22	1:13.55	7:13.1	4:29.0
6 MCGRAW, Josie	8	MS_Alburnett	6	14:29.19	1:16.52	7:14.6	4:29.9
7 CONNOLLY, Jaden	8	MS_East Buchanan	7	14:37.50	1:24.83	7:18.8	4:32.5
8 RAWSON, Delanie	8	MS_North Linn	8	14:55.38	1:42.71	7:27.7	4:38.1
9 KENDSCHI, Maci	8	MS_Center Point-U	9	14:56.26	1:43.59	7:28.1	4:38.3
10 TEAGAN, Trunkhill	7	MS_Denver	10	15:10.22	1:57.55	7:35.1	4:42.7
11 MURRAY, Anabel	8	MS_North Fayette	11	15:15.60	2:02.93	7:37.8	4:44.3
12 PETULLO, Olivia	7	MS_Dike-New Hartf	12	15:18.39	2:05.72	7:39.2	4:45.2
13 MCMAHON, Lillian	7	MS_North Linn	13	15:22.82	2:10.15	7:41.4	4:46.6
14 CARDO, Penny	7	MS_Center Point-U	14	15:26.84	2:14.17	7:43.4	4:47.8
15 LYNCH, Berkley	7	MS_West Delaware	15	15:29.12	2:16.45	7:44.6	4:48.5

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**Race #1**  
**Girls Junior High 2 Mile**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
16 BARDGETT, Jeanne	8	MS_West Delaware	16	15:32.02	2:19.35	7:46.0	4:49.4
17 ELLIOTT, Kendall	8	MS_North Fayette	17	15:34.97	2:22.30	7:47.5	4:50.4
18 MOORE, Lily	8	MS_Dike-New Hartf	18	15:39.62	2:26.95	7:49.8	4:51.8
19 ROSBURG, Carley	7	MS_Starmont West	-	15:40.50	2:27.83	7:50.3	4:52.1
20 HOCKENSON, Madelyn	8	MS_Denver	19	15:45.49	2:32.82	7:52.7	4:53.6
21 DOEPKE, Jillian	8	MS_Denver	20	15:47.64	2:34.97	7:53.8	4:54.3
22 TUDAHL, Megan	8	MS_North Fayette	21	15:48.28	2:35.61	7:54.1	4:54.5
23 PETERSEN, Bryn	8	MS_Dike-New Hartf	22	15:49.64	2:36.97	7:54.8	4:54.9
24 BROWN, Abbigail	7	MS_Starmont West	-	15:52.34	2:39.67	7:56.2	4:55.8
25 HEIDEMANN, Maggie	8	MS_Janesville	-	15:53.05	2:40.38	7:56.5	4:56.0
26 AMES, Addi	8	MS_Dike-New Hartf	23	15:57.25	2:44.58	7:58.6	4:57.3
27 GRIMM, Chloe	8	MS_Vinton-Shellsb	24	16:00.05	2:47.38	8:00.0	4:58.2
28 BERNARD, Lorna	7	MS_Aplington - Par	25	16:00.68	2:48.01	8:00.3	4:58.3
29 FOELSKE, Isabelle	8	MS_Janesville	-	16:00.70	2:48.03	8:00.3	4:58.4
30 WEBER, Aubree	7	MS_Aplington - Par	26	16:03.02	2:50.35	8:01.5	4:59.1
31 VAN WECHEL, Brooklyn	7	MS_Vinton-Shellsb	27	16:03.18	2:50.51	8:01.6	4:59.1
32 KASS, Lily	8	MS_West Delaware	28	16:12.45	2:59.78	8:06.2	5:02.0
33 KEARNS, Hadley	7	MS_Center Point-U	29	16:14.25	3:01.58	8:07.1	5:02.6
34 COX, Kayla	7	MS_Janesville	-	16:15.71	3:03.04	8:07.9	5:03.0
35 STIEFEL, Lyla	8	MS_East Buchanan	30	16:16.28	3:03.61	8:08.1	5:03.2
36 HONN, Brooklyn	7	MS_Denver	31	16:19.93	3:07.26	8:10.0	5:04.3
37 DAVIS, Laura	7	MS_Waukon	32	16:20.83	3:08.16	8:10.4	5:04.6
38 PEAKE, Leah	7	MS_Waukon	33	16:23.74	3:11.07	8:11.9	5:05.5
39 THURN, Evie	8	MS_East Buchanan	34	16:27.81	3:15.14	8:13.9	5:06.8
40 RIES, Kambria	8	MS_East Buchanan	35	16:29.27	3:16.60	8:14.6	5:07.2
41 DRUSCHEL, Mazy	7	MS_Vinton-Shellsb	36	16:30.76	3:18.09	8:15.4	5:07.7
42 MORMANN, Adrian	7	MS_West Delaware	37	16:31.11	3:18.44	8:15.6	5:07.8
43 HELGERSON, Kara	8	MS_Waukon	38	16:31.26	3:18.59	8:15.6	5:07.8
44 STANLEY, Ellery	8	MS_Denver	39	16:32.52	3:19.85	8:16.3	5:08.2
45 WALTERS, BAyla	7	MS_Center Point-U	40	16:35.89	3:23.22	8:17.9	5:09.3
46 KROGMANN, Scout	8	MS_North Linn	41	16:37.73	3:25.06	8:18.9	5:09.9
47 TUDOR, Mara	8	MS_Waterloo Co-O	42	16:37.77	3:25.10	8:18.9	5:09.9
48 GARDNER, Ruby	8	MS_North Fayette	43	16:38.43	3:25.76	8:19.2	5:10.1
49 DEBROWER, Sydnee	8	MS_Alburnett	44	16:43.58	3:30.91	8:21.8	5:11.7
50 SCHULLO, Marissa	8	MS_Waukon	45	16:44.98	3:32.31	8:22.5	5:12.1
51 CUE, Emily	8	MS_Center Point-U	46	16:47.40	3:34.73	8:23.7	5:12.9
52 HAUGH, Abi	8	MS_Alburnett	47	16:48.42	3:35.75	8:24.2	5:13.2
53 COOK, Evelyn	7	MS_East Buchanan	(48)	16:54.80	3:42.13	8:27.4	5:15.2
54 EHN, Melissa	8	MS_Oelwein	49	16:55.06	3:42.39	8:27.5	5:15.2
55 STAHL, Bella	7	MS_Aplington - Par	50	16:57.40	3:44.73	8:28.7	5:16.0
56 HARNACK, Lucy	7	MS_Waterloo Co-O	51	16:58.10	3:45.43	8:29.0	5:16.2
57 KNOX, Mamphis	7	MS_Starmont West	-	16:58.91	3:46.24	8:29.5	5:16.4
58 CASHATT, Ireland	7	MS_Aplington - Par	(52)	17:04.95	3:52.28	8:32.5	5:18.3
59 BERENDS, Violet	7	MS_Aplington - Par	(53)	17:07.31	3:54.64	8:33.7	5:19.0
60 BENESCH, Irys	8	MS_North Linn	54	17:07.81	3:55.14	8:33.9	5:19.2
61 VSETECKA, Madalyn	8	MS_Turkey Valley	-	17:09.17	3:56.50	8:34.6	5:19.6

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**Race #1**  
**Girls Junior High 2 Mile**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
62 POPHAM, Lexi	8	MS_Starmont West	-	17:09.59	3:56.92	8:34.8	5:19.7
63 SCHIRM, Ava	7	MS_Vinton-Shellsb	55	17:09.80	3:57.13	8:34.9	5:19.8
64 MCGRAW, Claire	8	MS_North Linn	56	17:10.38	3:57.71	8:35.2	5:20.0
65 SCHEIDEL, Annebelle	7	MS_Turkey Valley	-	17:12.82	4:00.15	8:36.4	5:20.8
66 ANEMA, Sadie	8	MS_Dike-New Hartf	(57)	17:14.03	4:01.36	8:37.0	5:21.1
67 MATTHIAS, Summer	7	MS_Denver	(58)	17:17.95	4:05.28	8:39.0	5:22.3
68 PREUSS, Libby	8	MS_Independence	-	17:19.41	4:06.74	8:39.7	5:22.8
69 BEYER, LeAnn	7	MS_East Buchanan	(59)	17:25.51	4:12.84	8:42.8	5:24.7
70 SWENSON, Anna	8	MS_North Fayette	60	17:26.33	4:13.66	8:43.2	5:24.9
71 WINTER, Harper	8	MS_Waukon	(61)	17:27.61	4:14.94	8:43.8	5:25.3
72 GRIFFITH, Kaitlyn	8	MS_Dike-New Hartf	(62)	17:31.43	4:18.76	8:45.7	5:26.5
73 COOPER, Neveah	8	MS_Waukon	(63)	17:40.03	4:27.36	8:50.0	5:29.2
74 RYAN, Addi	8	MS_Dike-New Hartf	-	17:46.26	4:33.59	8:53.1	5:31.1
75 BUNTEN, Maddie	8	MS_Vinton-Shellsb	64	17:51.14	4:38.47	8:55.6	5:32.7
76 ZUERCHER, Braelyn	8	MS_Waukon	-	17:52.69	4:40.02	8:56.3	5:33.1
77 RETH, Kaci	8	MS_West Delaware	65	18:02.08	4:49.41	9:01.0	5:36.0
78 RULAPAUGH, Martha	8	MS_Wapsie Valley	66	18:03.05	4:50.38	9:01.5	5:36.4
79 DEVLIN, Claire	8	MS_East Buchanan	-	18:04.41	4:51.74	9:02.2	5:36.8
80 DOLAN, Ruby	8	MS_West Delaware	(67)	18:06.46	4:53.79	9:03.2	5:37.4
81 ROSE, Maci	7	MS_Hudson	68	18:07.39	4:54.72	9:03.7	5:37.7
82 DUGAN, Tatum	7	MS_Waukon	-	18:13.28	5:00.61	9:06.6	5:39.5
83 GRISWOLD, Olyvia	7	MS_East Buchanan	-	18:14.37	5:01.70	9:07.2	5:39.9
84 WESTENDORF, Kenna	8	MS_Oelwein	69	18:21.99	5:09.32	9:11.0	5:42.2
85 NAGEL, Ali	7	MS_Waukon	-	18:23.20	5:10.53	9:11.6	5:42.6
86 BRECKENFELDER, Emma	7	MS_West Delaware	(70)	18:27.06	5:14.39	9:13.5	5:43.8
87 MILLENKAMP, Emma	8	MS_West Delaware	-	18:30.80	5:18.13	9:15.4	5:45.0
88 COOK, Hailey	7	MS_Waukon	-	18:41.20	5:28.53	9:20.6	5:48.2
89 STROUTH, Addi	7	MS_Hudson	71	18:42.83	5:30.16	9:21.4	5:48.7
90 BODEKER, June	7	MS_Vinton-Shellsb	(72)	18:48.38	5:35.71	9:24.2	5:50.4
91 SYHLMAN, Mila	7	MS_Dike-New Hartf	-	18:56.45	5:43.78	9:28.2	5:52.9
92 EPLEY, Lucy	7	MS_Dike-New Hartf	-	19:08.52	5:55.85	9:34.3	5:56.7
93 REYNOLDS, Bailey	8	MS_Center Point-U	(73)	19:09.40	5:56.73	9:34.7	5:57.0
94 WILDEBOER, Macy	7	MS_Dike-New Hartf	-	19:13.53	6:00.86	9:36.8	5:58.2
95 SCHLAFER, Abi	7	MS_Hudson	74	19:19.83	6:07.16	9:39.9	6:00.2
96 GILCHRIST, Ella	8	MS_Alburnett	75	19:25.23	6:12.56	9:42.6	6:01.9
97 CONNOLLY, Nora	7	MS_East Buchanan	-	19:27.21	6:14.54	9:43.6	6:02.5
98 BURRICHTER, Tanner	8	MS_Waukon	-	19:29.29	6:16.62	9:44.6	6:03.1
99 COOK, Sara	8	MS_East Buchanan	-	19:41.63	6:28.96	9:50.8	6:07.0
100 MEIER, Gracelyn	8	MS_North Linn	(76)	19:50.05	6:37.38	9:55.0	6:09.6
101 GRAY, Mary	7	MS_Dunkerton	-	19:55.75	6:43.08	9:57.9	6:11.4
102 FALCONER, Emma	8	MS_Center Point-U	(77)	20:01.22	6:48.55	10:00.6	6:13.0
103 MINEART, Kyla	7	MS_Waterloo Co-O	78	20:02.33	6:49.66	10:01.2	6:13.4
104 LUMSDEN, Courtney	8	MS_Waterloo Co-O	79	20:02.80	6:50.13	10:01.4	6:13.5
105 MAHONEY, Claire	7	MS_Center Point-U	-	20:04.40	6:51.73	10:02.2	6:14.0
106 WELCHER, Kinley	8	MS_West Delaware	-	20:12.77	7:00.10	10:06.4	6:16.6
107 STANBROUGH, Lilly	8	MS_Dike-New Hartf	-	20:14.09	7:01.42	10:07.0	6:17.0

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**Race #1**  
**Girls Junior High 2 Mile**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
108 THYER, Allison	7	MS_North Fayette	(80)	20:19.36	7:06.69	10:09.7	6:18.7
109 FARWELL, Adrian	7	MS_Hudson	81	20:24.61	7:11.94	10:12.3	6:20.3
110 FRANCK, Addison	7	MS_Wapsie Valley	82	20:25.30	7:12.63	10:12.6	6:20.5
111 BEHNKE, Mira	8	MS_Wapsie Valley	83	20:28.13	7:15.46	10:14.1	6:21.4
112 CONDRY, Libby	8	MS_Vinton-Shellsb	(84)	20:29.52	7:16.85	10:14.8	6:21.8
113 SULLIVAN, Hannah	8	MS_Oelwein	85	20:29.73	7:17.06	10:14.9	6:21.9
114 FRANCK, Arizona	7	MS_Wapsie Valley	86	20:47.15	7:34.48	10:23.6	6:27.3
115 JEYS, Madison	7	MS_Denver	(87)	20:50.09	7:37.42	10:25.0	6:28.2
116 MUELLER, Izzy	8	MS_Alburnett	88	21:08.55	7:55.88	10:34.3	6:34.0
117 HOUGH, Gwenyth	8	MS_West Delaware	-	21:09.06	7:56.39	10:34.5	6:34.1
118 HENRY, Olivia	7	MS_Waterloo Co-O	89	21:09.84	7:57.17	10:34.9	6:34.4
119 RICHARD, Reagan	7	MS_Hudson	90	21:13.11	8:00.44	10:36.6	6:35.4
120 SHARP, Sydney	7	MS_Aplington - Par	-	21:13.90	8:01.23	10:36.9	6:35.6
121 BUSEMAN, Adelyn	7	MS_Aplington - Par	-	21:14.57	8:01.90	10:37.3	6:35.8
122 GROWDEN, Paityn	7	MS_Oelwein	91	21:19.70	8:07.03	10:39.8	6:37.4
123 WALKER, Stella	7	MS_Aplington - Par	-	21:27.32	8:14.65	10:43.7	6:39.8
124 MCWILLIAMS, Kianna	7	MS_Dike-New Hartf	-	21:48.29	8:35.62	10:54.1	6:46.3
125 SZURLEY, Reagan	7	MS_Wapsie Valley	92	22:05.97	8:53.30	11:03.0	6:51.8
126 LEWIS, Avery	7	MS_Hudson	(93)	22:13.80	9:01.13	11:06.9	6:54.2
127 ETTIELSON, Lyla	7	MS_Hudson	(94)	22:17.02	9:04.35	11:08.5	6:55.2
128 WENGER, Jayne	7	MS_Dike-New Hartf	-	23:00.78	9:48.11	11:30.4	7:08.8
129 KATCHER, Isabelle	8	MS_Center Point-U	-	24:15.13	11:02.4	12:07.6	7:31.9
130 DOBSON, Natalie	7	MS_Center Point-U	-	24:24.42	11:11.7	12:12.2	7:34.8
131 SCHRODEMIER, Amelia	7	MS_Center Point-U	-	24:25.96	11:13.2	12:13.0	7:35.3
132 FAUST, Jenta	8	MS_Wapsie Valley	(95)	25:04.12	11:51.4	12:32.1	7:47.1
133 CROW, April	7	MS_Oelwein	96	25:13.44	12:00.7	12:36.7	7:50.0
134 ANDRADE, Aidee	8	MS_Waterloo Co-O	(97)	25:57.88	12:45.2	12:58.9	8:03.8
135 HERNANDEZ, Roscely	7	MS_Dike-New Hartf	-	26:00.93	12:48.2	13:00.5	8:04.8
136 HOLMES, Anajjha	8	MS_Waterloo Co-O	(98)	26:18.63	13:05.9	13:09.3	8:10.3
137 REINTS, Addison	7	MS_Waterloo Co-O	-	26:27.49	13:14.8	13:13.7	8:13.0
138 ALLAN, Payton	8	MS_North Fayette	(99)	28:40.44	15:27.7	14:20.2	8:54.3
139 CASTIC, Vanda	7	MS_Waterloo Co-O	-	28:53.21	15:40.5	14:26.6	8:58.3

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**Race #2**  
**Boys Junior High 2 Mile**

**Final Results**

**RACE SUMMARY**

Start Time: 4:20 pm

**TEAM SCORING SUMMARY****Junior High**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Waukon	72	2-4-7-29-30(45)(51)	1:07:21	13:29	1:41.4
2 MS_Vinton-Shellsburg	98	5-10-15-32-36(48)(50)	1:09:06	13:50	1:39.8
3 MS_Denver	99	1-14-17-23-44(52)(54)	1:07:35	13:31	4:05.9
4 MS_Independence	101	3-21-24-26-27(40)(67)	1:09:17	13:52	1:27.6
5 MS_Dike-New Hartford	124	8-13-28-37-38(58)(60)	1:10:27	14:06	1:39.8
6 MS_Oelwein	134	6-19-25-31-53(57)(64)	1:11:20	14:16	2:35.8
7 MS_North Fayette Valley	139	11-12-35-39-42(47)(49)	1:11:23	14:17	1:49.2
8 MS_Alburnett	189	9-22-43-46-69(71)	1:14:54	14:59	4:05.3
9 MS_Center Point-Urbana	210	20-33-34-61-62	1:15:50	15:10	2:28.9
10 MS_West Delaware	230	16-18-63-65-68(72)(74)	1:17:30	15:30	3:19.5
11 MS_Wapsie Valley	306	41-56-59-73-77	1:25:18	17:04	5:08.6
12 MS_Waterloo Co-Op	342	55-66-70-75-76(78)(79)	1:28:12	17:39	3:36.2
DNP MS_Starmont West Central					
DNP MS_Aplington - Parkersbur					
DNP MS_Janesville					
DNP MS_North Linn					
DNP MS_East Buchanan					
DNP MS_Hudson					

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 GOMEZ, Jesse	8	MS_Denver	1	11:07.02	---	5:33.5	3:27.1
2 KEELING, Silas	8	MS_Waukon	2	12:38.23	1:31.21	6:19.1	3:55.5
3 SENNE, Niles	8	MS_Independence	3	12:47.35	1:40.33	6:23.7	3:58.3
4 RETALLICK, Zeke	8	MS_Waukon	4	12:55.33	1:48.31	6:27.7	4:00.8
5 PRIMROSE, Will	8	MS_Vinton-Shellsb	5	13:02.50	1:55.48	6:31.3	4:03.0
6 IRVINE, Kaiden	8	MS_Oelwein	6	13:04.55	1:57.53	6:32.3	4:03.6
7 KNOX, Parker	8	MS_Waukon	7	13:08.84	2:01.82	6:34.4	4:05.0
8 L'HEUREUX, Gus	8	MS_Dike-New Hartf	8	13:09.37	2:02.35	6:34.7	4:05.1
9 GUSTAFSON, Eli	7	MS_Alburnett	9	13:11.13	2:04.11	6:35.6	4:05.7
10 KAUT, Wyatt	8	MS_Vinton-Shellsb	10	13:12.18	2:05.16	6:36.1	4:06.0
11 GROVE, Brody	8	MS_North Fayette	11	13:19.70	2:12.68	6:39.9	4:08.4
12 ROTHLSBERGER, Jordan	7	MS_North Fayette	12	13:22.63	2:15.61	6:41.3	4:09.3
13 OLSON, Isaiah	8	MS_Dike-New Hartf	13	13:23.42	2:16.40	6:41.7	4:09.5
14 PAGEL, Ethan	8	MS_Denver	14	13:26.00	2:18.98	6:43.0	4:10.3
15 GRIMM, Kashton	8	MS_Vinton-Shellsb	15	13:36.55	2:29.53	6:48.3	4:13.6
16 HEMANN, Nolan	7	MS_West Delaware	16	13:40.28	2:33.26	6:50.1	4:14.7
17 GELNER, Ben	8	MS_Starmont West	-	13:42.18	2:35.16	6:51.1	4:15.3
18 PRICE, Owen	7	MS_Aplington - Par	-	13:46.44	2:39.42	6:53.2	4:16.7

**2023 STARMONT INVITATIONAL**

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 Tuesday, September 12, 2023

**MEET OFFICIALS**

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 Charlie Gruman  
**Meet Referee:**  
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**Timing:**  
 Shannon Event Timings



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**Race #2**  
**Boys Junior High 2 Mile**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
19 DAHLAGER, Kale	7	MS_Denver	17	13:48.28	2:41.26	6:54.1	4:17.2
20 URIBE, Brett	7	MS_West Delaware	18	13:48.91	2:41.89	6:54.5	4:17.4
21 RAEL, Brandon	8	MS_Oelwein	19	13:53.29	2:46.27	6:56.6	4:18.8
22 MCCORMICK, Luke	8	MS_Center Point-U	20	13:54.45	2:47.43	6:57.2	4:19.1
23 LECLAIRE, Braiden	8	MS_Independence	21	13:55.97	2:48.95	6:58.0	4:19.6
24 BOHL, Henry	8	MS_Alburnett	22	13:57.86	2:50.84	6:58.9	4:20.2
25 PAUTSCH, Henry	8	MS_Denver	23	14:00.81	2:53.79	7:00.4	4:21.1
26 PUFFETT, Jacob	8	MS_Independence	24	14:06.11	2:59.09	7:03.1	4:22.8
27 STEINLAGE, Drake	8	MS_Oelwein	25	14:11.34	3:04.32	7:05.7	4:24.4
28 KNUDTSON, Miles	7	MS_Independence	26	14:12.50	3:05.48	7:06.3	4:24.8
29 OTDOERFER, Izaiah	8	MS_Starmont West	-	14:13.30	3:06.28	7:06.7	4:25.0
30 PRICE, Hunter	8	MS_Independence	27	14:14.94	3:07.92	7:07.5	4:25.5
31 O'NEILL, Sully	8	MS_Dike-New Hartf	28	14:17.26	3:10.24	7:08.6	4:26.2
32 BENJEGERDES, Gus	8	MS_Waukon	29	14:18.57	3:11.55	7:09.3	4:26.6
33 DOWNING, James	7	MS_Waukon	30	14:19.59	3:12.57	7:09.8	4:27.0
34 DEHART, Nicolas	7	MS_Janesville	-	14:29.87	3:22.85	7:14.9	4:30.1
35 BUSHAW, Jaxson	7	MS_Oelwein	31	14:30.00	3:22.98	7:15.0	4:30.2
36 DEE, Cameron	8	MS_Vinton-Shellsb	32	14:31.78	3:24.76	7:15.9	4:30.7
37 DUFOE, Jonathan	8	MS_Center Point-U	33	14:33.10	3:26.08	7:16.6	4:31.1
38 SANFORD, Cameron	8	MS_Center Point-U	34	14:38.84	3:31.82	7:19.4	4:32.9
39 SASS, Sam	8	MS_North Fayette	35	14:41.79	3:34.77	7:20.9	4:33.8
40 MANGOLD, Reid	8	MS_Vinton-Shellsb	36	14:42.21	3:35.19	7:21.1	4:34.0
41 LINDAMAN, McKennen	7	MS_Dike-New Hartf	37	14:47.21	3:40.19	7:23.6	4:35.5
42 SHAKESPEARE, Jax	7	MS_Dike-New Hartf	38	14:49.16	3:42.14	7:24.6	4:36.1
43 WHITE, Bjorn	8	MS_North Fayette	39	14:49.78	3:42.76	7:24.9	4:36.3
44 PREUSS, Brody	8	MS_Independence	(40)	14:51.35	3:44.33	7:25.7	4:36.8
45 HEASLEY-EIKE, Jace	8	MS_Wapsie Valley	41	14:57.05	3:50.03	7:28.5	4:38.6
46 STANSBERRY, Tytus	8	MS_North Fayette	42	15:08.81	4:01.79	7:34.4	4:42.2
47 SCOTT, Jackson	7	MS_Alburnett	43	15:11.18	4:04.16	7:35.6	4:43.0
48 VALVERDE, Maddox	8	MS_Denver	44	15:12.88	4:05.86	7:36.4	4:43.5
49 BUSKOHL, Charlie	8	MS_Hudson	-	15:12.93	4:05.91	7:36.5	4:43.5
50 TARR, Elijah	7	MS_Aplington - Par	-	15:13.81	4:06.79	7:36.9	4:43.8
51 KELLY, Cole	7	MS_Waukon	(45)	15:15.40	4:08.38	7:37.7	4:44.3
52 GANSEN, Noah	8	MS_Janesville	-	15:16.53	4:09.51	7:38.3	4:44.6
53 PFLUGHAUPT, Tate	7	MS_North Linn	-	15:17.08	4:10.06	7:38.5	4:44.8
54 ARMENT, Calan	7	MS_Alburnett	46	15:17.23	4:10.21	7:38.6	4:44.9
55 MARCKS, Keaton	8	MS_North Fayette	(47)	15:20.99	4:13.97	7:40.5	4:46.0
56 PAGE, Carson	8	MS_Vinton-Shellsb	(48)	15:26.34	4:19.32	7:43.2	4:47.7
57 BRINCKS, Isaac	8	MS_North Fayette	(49)	15:26.72	4:19.70	7:43.4	4:47.8
58 KETCHAM, La'Dontrell	8	MS_Vinton-Shellsb	(50)	15:28.97	4:21.95	7:44.5	4:48.5
59 BIEBER, Elliot	8	MS_Aplington - Par	-	15:31.02	4:24.00	7:45.5	4:49.1
60 CHRISTEN, Kenric	7	MS_Waukon	(51)	15:31.92	4:24.90	7:46.0	4:49.4
61 BREITBACH, Sean	7	MS_Denver	(52)	15:33.99	4:26.97	7:47.0	4:50.1
62 PUTNEY, Tyler	7	MS_North Fayette	-	15:34.05	4:27.03	7:47.0	4:50.1
63 NISSEN, Spencer	7	MS_Oelwein	53	15:40.29	4:33.27	7:50.1	4:52.0
64 POTTEBAUM, Dane	7	MS_Denver	(54)	15:40.39	4:33.37	7:50.2	4:52.0

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**Race #2**  
**Boys Junior High 2 Mile**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
65 SEKIC, Eldin	7	MS_Waterloo Co-O	55	15:50.06	4:43.04	7:55.0	4:55.0
66 SZURLEY, Bailey	8	MS_Wapsie Valley	56	15:51.51	4:44.49	7:55.8	4:55.5
67 LUKASZKA, Aiden	8	MS_Vinton-Shellsb	-	15:51.53	4:44.51	7:55.8	4:55.5
68 PROUTY, Ryne	8	MS_Oelwein	(57)	15:58.13	4:51.11	7:59.1	4:57.6
69 HARTSOCK, Ty	7	MS_Dike-New Hartf	(58)	16:01.93	4:54.91	8:01.0	4:58.7
70 TIEDT, Oliver	8	MS_Wapsie Valley	59	16:06.43	4:59.41	8:03.2	5:00.1
71 DEGEETER, Ethan	1	MS_Dike-New Hartf	(60)	16:11.88	5:04.86	8:05.9	5:01.8
72 STRITTMATER, Zach	8	MS_Waukon	-	16:12.64	5:05.62	8:06.3	5:02.1
73 GROSS, Isaac	8	MS_Center Point-U	61	16:19.45	5:12.43	8:09.7	5:04.2
74 KELLY, Gavin	8	MS_Center Point-U	62	16:23.31	5:16.29	8:11.7	5:05.4
75 HOLSINGER, Troy	8	MS_Vinton-Shellsb	-	16:23.84	5:16.82	8:11.9	5:05.5
76 STICKNEY, Calvin	7	MS_West Delaware	63	16:25.67	5:18.65	8:12.8	5:06.1
77 MEYER, Jonah	8	MS_Vinton-Shellsb	-	16:28.32	5:21.30	8:14.2	5:06.9
78 RADER, Patrick	8	MS_Oelwein	(64)	16:28.58	5:21.56	8:14.3	5:07.0
79 GEARHART, Aleczander	8	MS_North Fayette	-	16:32.02	5:25.00	8:16.0	5:08.1
80 LEWIS, Eugene	8	MS_West Delaware	65	16:35.13	5:28.11	8:17.6	5:09.0
81 LOTT, Jalen	7	MS_Dike-New Hartf	-	16:37.28	5:30.26	8:18.6	5:09.7
82 ALLISON, Alex	8	MS_Waterloo Co-O	66	16:39.08	5:32.06	8:19.5	5:10.3
83 LEHS, Carson	7	MS_East Buchanan	-	16:40.54	5:33.52	8:20.3	5:10.7
84 KOTH, Benson	7	MS_Independence	(67)	16:44.52	5:37.50	8:22.3	5:12.0
85 THOMAS, Emery	8	MS_Denver	-	16:50.28	5:43.26	8:25.1	5:13.8
86 RITTGERS, Gabe	8	MS_Dike-New Hartf	-	16:50.89	5:43.87	8:25.4	5:13.9
87 KOVARIK, Andrew	8	MS_North Fayette	-	16:51.42	5:44.40	8:25.7	5:14.1
88 RICH, James	7	MS_West Delaware	68	16:59.77	5:52.75	8:29.9	5:16.7
89 HERMANN, Tate	7	MS_Dike-New Hartf	-	17:00.46	5:53.44	8:30.2	5:16.9
90 FRANCOIS, Clint	7	MS_Starmont West	-	17:03.48	5:56.46	8:31.7	5:17.9
91 CRIST, Julius	7	MS_Alburnett	69	17:16.38	6:09.36	8:38.2	5:21.9
92 MULERT, Matthew	7	MS_Denver	-	17:25.83	6:18.81	8:42.9	5:24.8
93 OWEN, Kepa	7	MS_Waterloo Co-O	70	17:31.72	6:24.70	8:45.9	5:26.6
94 WARD, Isaiah	7	MS_Alburnett	(71)	17:35.05	6:28.03	8:47.5	5:27.7
95 TUCKER, Declan	7	MS_West Delaware	(72)	17:45.28	6:38.26	8:52.6	5:30.8
96 JOHNSON, Knox	7	MS_Dike-New Hartf	-	18:08.24	7:01.22	9:04.1	5:38.0
97 TURNUS, Zach	8	MS_Vinton-Shellsb	-	18:14.60	7:07.58	9:07.3	5:39.9
98 MATTHIAS, Daniel	8	MS_Wapsie Valley	73	18:16.76	7:09.74	9:08.4	5:40.6
99 WOODLAND, Levi	7	MS_West Delaware	(74)	18:22.20	7:15.18	9:11.1	5:42.3
100 BIGGART, Elliott	7	MS_West Delaware	-	18:35.73	7:28.71	9:17.9	5:46.5
101 FEDERSPIEL, Andrew	7	MS_Waterloo Co-O	75	18:44.92	7:37.90	9:22.5	5:49.4
102 LYONS, Matthew	7	MS_Waukon	-	18:47.10	7:40.08	9:23.6	5:50.0
103 FREESE, Olin	7	MS_Dike-New Hartf	-	18:55.87	7:48.85	9:27.9	5:52.8
104 GEARHART, Jayden	8	MS_Starmont West	-	18:59.86	7:52.84	9:29.9	5:54.0
105 WHITE, Joshua	7	MS_Dike-New Hartf	-	19:01.05	7:54.03	9:30.5	5:54.4
106 MUSLIC, Belmin	8	MS_Waterloo Co-O	76	19:26.18	8:19.16	9:43.1	6:02.2
107 SAUNDERS, Gabriel	8	MS_West Delaware	-	19:54.91	8:47.89	9:57.5	6:11.1
108 MCGRANE, Kiptyn	7	MS_North Fayette	-	19:59.17	8:52.15	9:59.6	6:12.4
109 BRODIGAN, Jack	8	MS_Wapsie Valley	77	20:05.61	8:58.59	10:02.8	6:14.4
110 EAST, Sam	8	MS_Waterloo Co-O	(78)	21:40.30	10:33.2	10:50.2	6:43.8

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**Race #2**  
**Boys Junior High 2 Mile**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
111 YOUNG, John	8	MS_Waterloo Co-O	(79)	22:12.67	11:05.6	11:06.3	6:53.9
112 BASS, Braden	8	MS_Waterloo Co-O	-	23:17.89	12:10.8	11:38.9	7:14.1
113 AVIS, Deklan	7	MS_Waterloo Co-O	-	29:59.68	18:52.6	14:59.8	9:18.9



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**Race #3**  
**Girls Junior Varsity 5K**

**Final Results****RACE SUMMARY**

Start Time: 4:40 pm

**TEAM SCORING SUMMARY****Class 2A/3A/4A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Denver	37	1-2-9-12-13(22)(33)	2:01:41	24:21	1:27.0
2 Waukon	73	6-10-18-19-20(40)(53)	2:06:32	25:19	1:30.1
3 Sumner-Fredericksburg	76	3-11-14-21-27(34)(36)	2:06:44	25:21	2:39.6
4 West Delaware Mancheste	91	5-15-17-26-28(29)(31)	2:08:17	25:40	2:31.4
5 Hudson	103	4-8-16-32-43(50)(61)	2:08:28	25:42	3:30.4
6 Dike-New Hartford	161	24-25-30-38-44(47)(56)	2:15:05	27:01	1:19.5
7 Aplington-Parkersburg	213	35-41-42-46-49(51)(52)	2:18:52	27:47	1:04.4
8 Union La Porte City	241	23-45-54-59-60(62)(63)	2:23:33	28:43	4:13.4
9 Center Point-Urbana	248*	7-55-57-64-65(67)	2:29:19	29:52	9:33.3
10 North Fayette Valley	248*	37-39-48-58-66	2:29:18	29:52	8:36.2
DNP Independence					
DNP Dike-New Hartford					
DNP Vinton-Shellsburg					
DNP West Delaware Mancheste					
DNP Oelwein					
DNP Starmont West Central					
DNP Waterloo East					
DNP MFL MarMac					
DNP Alburnett					
DNP Sumner-Fredericksburg					
DNP Union La Porte City					
DNP Hudson					
DNP North Fayette Valley					
DNP Denver					
DNP Center Point-Urbana					

**\*Tiebreakers**

Center Point-Urbana	7	55	57	64	65	67
North Fayette Valley	37	39	48	58	66	

**Class 1A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Wapsie Valley Fairbank	17	1-2-3-4-7(8)	2:23:36	28:44	5:17.9
2 Beckman Catholic Dyersvil	41	5-6-9-10-11(12)	2:35:30	31:06	2:47.4
DNP North Linn Troy Mills					
DNP Turkey Valley Jackson Jun					

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**Race #3**  
**Girls Junior Varsity 5K**

**Final Results**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
DNP Edgewood-Colesburg					
DNP Dunkerton					
DNP Wapsie Valley Fairbank					
DNP Tripoli					

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 VALVERDE, Ari	SO	Denver	1	23:30.78	---	7:34.1	4:42.2
2 MULERT, Emily	FR	Denver	2	23:36.70	5.92	7:36.0	4:43.3
3 ARTHUR, Grace	SO	Sumner-Fredericks	3	24:07.01	36.23	7:45.7	4:49.4
4 STRAYER, Kate	FR	Hudson	4	24:07.49	36.71	7:45.9	4:49.5
5 MCMAHON, Josie	JR	West Delaware Ma	5	24:16.62	45.84	7:48.8	4:51.3
6 NIEMAN, Hazel	FR	Turkey Valley Jacks	-	24:18.19	47.41	7:49.3	4:51.6
7 JOHNSON, Claire	FR	Waukon	6	24:25.33	54.55	7:51.6	4:53.1
8 KLETT, Josie	JR	Center Point-Urban	7	24:33.33	1:02.55	7:54.2	4:54.7
9 STEELE, Megan	SO	Hudson	8	24:33.51	1:02.73	7:54.3	4:54.7
10 CLAYTON, Jillian	SO	Denver	9	24:40.08	1:09.30	7:56.4	4:56.0
11 KURTH, Makenna	FR	Waukon	10	24:43.24	1:12.46	7:57.4	4:56.6
12 SCHULT, Ava	SR	Sumner-Fredericks	11	24:47.54	1:16.76	7:58.8	4:57.5
13 LALK, Haley	JR	Denver	12	24:55.49	1:24.71	8:01.3	4:59.1
14 SWALES, Grace	JR	Denver	13	24:57.69	1:26.91	8:02.0	4:59.5
15 SUCKOW, Kendall	FR	Sumner-Fredericks	14	24:58.38	1:27.60	8:02.3	4:59.7
16 MENSEN, Erin	SO	West Delaware Ma	15	24:59.75	1:28.97	8:02.7	5:00.0
17 WILLAND, Madison	JR	Hudson	16	25:05.98	1:35.20	8:04.7	5:01.2
18 SCHULTE, Gillian	FR	North Linn Troy Mill	-	25:18.13	1:47.35	8:08.6	5:03.6
19 MORMANN, Adler	FR	West Delaware Ma	17	25:26.64	1:55.86	8:11.4	5:05.3
20 KRAMBEER, Kaitlyn	SR	Waukon	18	25:35.96	2:05.18	8:14.4	5:07.2
21 LUTZ, Aliyah	FR	Vinton-Shellsburg	-	25:48.31	2:17.53	8:18.3	5:09.7
22 DOWNING, Moriah	SO	Waukon	19	25:51.82	2:21.04	8:19.5	5:10.4
23 STEWART, Bryiah	FR	Waukon	20	25:55.40	2:24.62	8:20.6	5:11.1
24 HAYNES, Kristen	JR	Starmont West Cen	-	25:59.29	2:28.51	8:21.9	5:11.9
25 UHLENHOPP, Brylee	FR	Sumner-Fredericks	21	26:03.99	2:33.21	8:23.4	5:12.8
26 WILSON, Kate	SO	Denver	(22)	26:06.84	2:36.06	8:24.3	5:13.4
27 HINEBAUGH, Lorolei	SO	Union La Porte City	23	26:16.00	2:45.22	8:27.2	5:15.2
28 RULAPHAUGH, Miriam	SO	Wapsie Valley Fairb	1	26:17.09	2:46.31	8:27.6	5:15.4
29 FOLKERTS, Elyse	JR	Dike-New Hartford	24	26:21.95	2:51.17	8:29.2	5:16.4
30 OPPERMAN, Wendy	SR	Starmont West Cen	-	26:29.09	2:58.31	8:31.5	5:17.8
31 TYLER, Miranda	SR	Dike-New Hartford	25	26:31.78	3:01.00	8:32.3	5:18.4
32 LOECKE, Trudy	JR	West Delaware Ma	26	26:45.03	3:14.25	8:36.6	5:21.0
33 HARRISON, Jocelyn	SO	Sumner-Fredericks	27	26:46.59	3:15.81	8:37.1	5:21.3
34 HOEFER, Maryn	FR	West Delaware Ma	28	26:47.99	3:17.21	8:37.5	5:21.6
35 O'REAR, Abigail	SR	West Delaware Ma	(29)	26:52.84	3:22.06	8:39.1	5:22.6
36 PETERSEN, Drew	SR	Dike-New Hartford	30	26:55.76	3:24.98	8:40.0	5:23.2
37 DOMEYER, Taylor	SR	West Delaware Ma	(31)	27:02.38	3:31.60	8:42.2	5:24.5
38 LEWIS, Reagan	FR	Hudson	32	27:02.62	3:31.84	8:42.2	5:24.5
39 LAMPE, Kali	SR	Wapsie Valley Fairb	2	27:04.22	3:33.44	8:42.8	5:24.8

**2023 STARMONT INVITATIONAL**

Arlington, IA  
 Starmont High School  
 Host: Starmont  
 Tuesday, September 12, 2023

**MEET OFFICIALS**

**Meet Director:**  
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**Race #3**  
**Girls Junior Varsity 5K**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
40 LAURES, Maryn	SO	Denver	(33)	27:17.69	3:46.91	8:47.1	5:27.5
41 OLTROGGE, Gretchen	SR	Denver	-	27:19.38	3:48.60	8:47.6	5:27.9
42 EGAN, Anna	SR	Sumner-Fredericks	(34)	27:20.43	3:49.65	8:48.0	5:28.1
43 JUNKER, Megan	SO	Aplington-Parkersb	35	27:24.84	3:54.06	8:49.4	5:29.0
44 BIRKER, Isabel	JR	Vinton-Shellsburg	-	27:26.18	3:55.40	8:49.8	5:29.2
45 WARNKE, Emersen	SR	Sumner-Fredericks	(36)	27:27.56	3:56.78	8:50.3	5:29.5
46 BARDGETT, Alaina	SO	West Delaware Ma	-	27:28.50	3:57.72	8:50.6	5:29.7
47 FELDMAN, Grace	SR	North Fayette Valle	37	27:29.69	3:58.91	8:51.0	5:29.9
48 REIERSON, Kelby	JR	North Linn Troy Mill	-	27:32.15	4:01.37	8:51.8	5:30.4
49 DEZARN, Natalie	FR	Dike-New Hartford	38	27:33.21	4:02.43	8:52.1	5:30.6
50 SCHUPBACH, Jisela	FR	North Fayette Valle	39	27:33.23	4:02.45	8:52.1	5:30.6
51 MOUDY, Bella	JR	Waukon	(40)	27:33.45	4:02.67	8:52.2	5:30.7
52 NUEHRING, Kaylee	SR	MFL MarMac	-	27:34.86	4:04.08	8:52.6	5:31.0
53 EXCHANGE, Renee	JR	Independence	-	27:35.11	4:04.33	8:52.7	5:31.0
54 STAHL, Kaylee	FR	Aplington-Parkersb	41	27:36.40	4:05.62	8:53.1	5:31.3
55 LUPKES, Jenna	SR	Aplington-Parkersb	42	27:36.61	4:05.83	8:53.2	5:31.3
56 UBBEN, Ella	SO	Hudson	43	27:37.83	4:07.05	8:53.6	5:31.6
57 FOLKERTS, Natalie	JR	Dike-New Hartford	44	27:41.42	4:10.64	8:54.7	5:32.3
58 HUBBARD, Brooklyn	SR	Union La Porte City	45	27:42.14	4:11.36	8:55.0	5:32.4
59 CARNEY, Lauren	SR	Aplington-Parkersb	46	27:44.34	4:13.56	8:55.7	5:32.9
60 BANGHART, Brooklyn	SO	Independence	-	27:46.64	4:15.86	8:56.4	5:33.3
61 WOLFENSBERGER, Lauren	SR	Dunkerton	-	27:50.03	4:19.25	8:57.5	5:34.0
62 LEETE, Payton	SR	Sumner-Fredericks	-	28:01.84	4:31.06	9:01.3	5:36.4
63 BERGMAN, Lily	JR	Denver	-	28:05.86	4:35.08	9:02.6	5:37.2
64 TRELOAR, Rowan	FR	Dike-New Hartford	(47)	28:11.25	4:40.47	9:04.3	5:38.3
65 NEY, Madi	SR	North Fayette Valle	48	28:20.21	4:49.43	9:07.2	5:40.0
66 DRISCOLL, Emma	FR	MFL MarMac	-	28:25.05	4:54.27	9:08.8	5:41.0
67 RIHERD, Kendall	SR	Aplington-Parkersb	49	28:29.21	4:58.43	9:10.1	5:41.8
68 VIDAL, Rebecca	FR	Hudson	(50)	28:29.48	4:58.70	9:10.2	5:41.9
69 KASS, Abby	JR	West Delaware Ma	-	28:29.86	4:59.08	9:10.3	5:42.0
70 MILLENKAMP, Maggie	SR	West Delaware Ma	-	28:33.83	5:03.05	9:11.6	5:42.8
71 KARTMAN, Avery	FR	West Delaware Ma	-	28:35.31	5:04.53	9:12.1	5:43.1
72 HODSON, Mia	SR	West Delaware Ma	-	28:36.18	5:05.40	9:12.4	5:43.2
73 TROYNA, Ciara	SO	Aplington-Parkersb	(51)	28:36.36	5:05.58	9:12.4	5:43.3
74 BOCKENSTEDT, Ava	SR	West Delaware Ma	-	28:36.51	5:05.73	9:12.5	5:43.3
75 MOSER, Mariah	SO	MFL MarMac	-	28:43.57	5:12.79	9:14.7	5:44.7
76 GROENEVELD, Finley	JR	Aplington-Parkersb	(52)	28:45.65	5:14.87	9:15.4	5:45.1
77 STRICKLAND, Elle	SR	Aplington-Parkersb	-	28:46.80	5:16.02	9:15.8	5:45.4
78 RETALLICK, Emma	JR	Waukon	(53)	28:47.15	5:16.37	9:15.9	5:45.4
79 BYRNES, Natalie	SR	Waukon	-	28:53.33	5:22.55	9:17.9	5:46.7
80 KIRCHMANN, Callie	SO	Waterloo East	-	28:58.87	5:28.09	9:19.7	5:47.8
81 MCCULLOUGH, Kora	SO	Vinton-Shellsburg	-	29:02.52	5:31.74	9:20.8	5:48.5
82 MILLS, Ava	SR	Union La Porte City	54	29:07.64	5:36.86	9:22.5	5:49.5
83 SABIN, Riley	SO	Center Point-Urban	55	29:07.83	5:37.05	9:22.5	5:49.6
84 TOALE, Gabby	SR	Independence	-	29:08.19	5:37.41	9:22.7	5:49.6
85 HUNTINGTON, Mia	JR	Dike-New Hartford	(56)	29:16.09	5:45.31	9:25.2	5:51.2

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**Race #3**  
**Girls Junior Varsity 5K**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
86 MEADE, Mary	SR	Starmont West Cen	-	29:17.95	5:47.17	9:25.8	5:51.6
87 MRACEK, Aubrey	FR	Dike-New Hartford	-	29:18.13	5:47.35	9:25.9	5:51.6
88 WEDEMEIER, Mae	SO	Wapsie Valley Fairb	3	29:18.29	5:47.51	9:25.9	5:51.7
89 EAST, Dakota	SR	Wapsie Valley Fairb	4	29:21.09	5:50.31	9:26.8	5:52.2
90 POKORNY, Abrielle	SO	Dike-New Hartford	-	29:22.78	5:52.00	9:27.4	5:52.6
91 HOVELAND, Emmah	JR	Oelwein	-	29:27.45	5:56.67	9:28.9	5:53.5
92 FARLEY, Bella	FR	Independence	-	29:28.22	5:57.44	9:29.1	5:53.6
93 O'NEILL, Ashlin	SR	Waukon	-	29:28.31	5:57.53	9:29.1	5:53.7
94 BERNS, Mallory	JR	Waukon	-	29:33.47	6:02.69	9:30.8	5:54.7
95 GOEBEL, Emily	FR	Center Point-Urban	57	29:34.47	6:03.69	9:31.1	5:54.9
96 SCHNEIDER, Andrea	FR	Beckman Catholic	5	29:34.50	6:03.72	9:31.1	5:54.9
97 REA, Mallory	SR	Beckman Catholic	6	29:35.93	6:05.15	9:31.6	5:55.2
98 GRAVES, Leslie	SR	North Fayette Valle	58	29:48.92	6:18.14	9:35.8	5:57.8
99 KEEGAN, Charlie	SR	Union La Porte City	59	29:57.18	6:26.40	9:38.4	5:59.4
100 STRANGE, Kennedy	FR	Dike-New Hartford	-	30:16.29	6:45.51	9:44.6	6:03.3
101 DESLOOVER, Anna	SO	Sumner-Fredericks	-	30:19.48	6:48.70	9:45.6	6:03.9
102 WOLFF, Willa	FR	Union La Porte City	60	30:29.39	6:58.61	9:48.8	6:05.9
103 ROLLINGER, Rachel	SR	Vinton-Shellsburg	-	30:33.90	7:03.12	9:50.2	6:06.8
104 ALVA-MARTINEZ, Vanesa	SO	Waterloo East	-	30:40.16	7:09.38	9:52.3	6:08.0
105 SMITH, Luca	SR	West Delaware Ma	-	30:48.28	7:17.50	9:54.9	6:09.7
106 EILDERTS, Joy	JR	Dike-New Hartford	-	30:49.38	7:18.60	9:55.2	6:09.9
107 HOFTENDER, Taylor	JR	Waterloo East	-	30:58.99	7:28.21	9:58.3	6:11.8
108 PASKER, Gwen	JR	West Delaware Ma	-	31:17.97	7:47.19	10:04.4	6:15.6
109 DEPPE, Jaden	JR	Hudson	(61)	31:21.06	7:50.28	10:05.4	6:16.2
110 BERNS, Addisyn	FR	Waukon	-	31:22.83	7:52.05	10:06.0	6:16.6
111 TUDOR, Addie	SO	Union La Porte City	(62)	31:30.86	8:00.08	10:08.6	6:18.2
112 PARKES, Brielle	SR	Wapsie Valley Fairb	7	31:34.93	8:04.15	10:09.9	6:19.0
113 LOECKE, Emma	FR	West Delaware Ma	-	31:36.22	8:05.44	10:10.3	6:19.2
114 STUBER, Lydia	JR	Wapsie Valley Fairb	(8)	31:36.71	8:05.93	10:10.5	6:19.3
115 GOERDT, Alyssa	SR	Beckman Catholic	9	31:37.59	8:06.81	10:10.7	6:19.5
116 KEEGAN, Ellie	SR	Union La Porte City	(63)	31:48.42	8:17.64	10:14.2	6:21.7
117 BRENNEMAN, Casandra	SR	Alburnett	-	31:56.23	8:25.45	10:16.7	6:23.2
118 MOURLAM, Allison	JR	Center Point-Urban	64	31:56.30	8:25.52	10:16.8	6:23.3
119 BERING, Ana	SR	Dike-New Hartford	-	32:03.48	8:32.70	10:19.1	6:24.7
120 SWITZER, Ada	JR	Aplington-Parkersb	-	32:15.15	8:44.37	10:22.8	6:27.0
121 SYHLMAN, Kennedy	SR	Dike-New Hartford	-	32:15.54	8:44.76	10:23.0	6:27.1
122 GREBNER, Marie	JR	Beckman Catholic	10	32:19.67	8:48.89	10:24.3	6:27.9
123 MCGRANE, Catalina	FR	Beckman Catholic	11	32:21.89	8:51.11	10:25.0	6:28.4
124 GOEDKEN, Chloe	JR	Beckman Catholic	(12)	32:27.78	8:57.00	10:26.9	6:29.6
125 SASSMAN, Josephine	SO	Sumner-Fredericks	-	32:45.31	9:14.53	10:32.5	6:33.1
126 CASHATT, Estelle	SR	Aplington-Parkersb	-	32:47.27	9:16.49	10:33.2	6:33.5
127 GRAUBARD, Isabelle	SR	Alburnett	-	33:02.76	9:31.98	10:38.2	6:36.6
128 RAHE, Averie	JR	Oelwein	-	33:18.57	9:47.79	10:43.2	6:39.7
129 HILDEBRAND, Maddie	SR	West Delaware Ma	-	33:18.70	9:47.92	10:43.3	6:39.7
130 REISNER, Kate	SO	Sumner-Fredericks	-	33:34.71	10:03.9	10:48.4	6:42.9
131 JOLLEY, Audrey	SR	West Delaware Ma	-	33:53.56	10:22.7	10:54.5	6:46.7

**2023 STARMONT INVITATIONAL**

Arlington, IA  
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**Race #3**  
**Girls Junior Varsity 5K**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
132 RICHTER, Ellie	SO	Hudson	-	34:04.02	10:33.2	10:57.9	6:48.8
133 MOURLAM, Emily	FR	Center Point-Urban	65	34:06.59	10:35.8	10:58.7	6:49.3
134 RAHE, Sydney	SR	Oelwein	-	34:10.44	10:39.6	10:59.9	6:50.1
135 STOCKS, Natalie	FR	Union La Porte City	-	34:38.06	11:07.2	11:08.8	6:55.6
136 TAGTOW, Adelyn	FR	Dike-New Hartford	-	35:30.92	12:00.1	11:25.8	7:06.2
137 GONNERMAN, Malea	SR	Denver	-	36:02.74	12:31.9	11:36.1	7:12.5
138 POPENHAGEN, Alexa	SO	North Fayette Valle	66	36:05.88	12:35.1	11:37.1	7:13.2
139 SEELEY, Makayla	FR	West Delaware Ma	-	36:09.33	12:38.5	11:38.2	7:13.9
140 BUSHMAN, Brooklyn	JR	Sumner-Fredericks	-	37:43.77	14:12.9	12:08.6	7:32.8
141 TIBBOTT, Eadie	SR	West Delaware Ma	-	38:20.10	14:49.3	12:20.3	7:40.0
142 HONG-MILLER, Elise	SO	Waterloo East	-	39:09.87	15:39.0	12:36.3	7:50.0
143 CORDELL, Lola	FR	Center Point-Urban	(67)	39:52.76	16:21.9	12:50.1	7:58.6

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**Race #4**  
**Boys Junior Varsity 5K**

**Final Results****RACE SUMMARY**

Start Time: 5:10 pm

**TEAM SCORING SUMMARY****Class 2A/3A/4A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Center Point-Urbana	34	1-4-6-9-14(26)(27)	1:37:57	19:36	1:15.8
2 Waukon	38	2-5-7-11-13(22)(24)	1:38:24	19:41	1:01.4
3 Denver	52	3-8-10-15-16(19)(21)	1:39:42	19:57	1:34.4
4 West Delaware Mancheste	90	12-17-18-20-23(28)(30)	1:44:06	20:50	1:11.3
5 Vinton-Shellsburg	178	25-33-36-37-47(56)(61)	1:53:07	22:38	2:19.1
6 Alburnett	200	32-39-40-43-46(55)(58)	1:55:42	23:09	1:31.6
7 Hudson	218	31-34-42-44-67(68)	1:59:18	23:52	5:29.5
8 Starmont West Central	221	29-35-38-59-60(66)(69)	1:58:59	23:48	3:46.0
9 Dike-New Hartford	248	41-48-49-53-57(63)(65)	2:00:54	24:11	2:19.4
10 Oelwein	252	45-50-51-52-54(62)(64)	2:01:21	24:17	1:10.6
DNP Independence					
DNP Sumner-Fredericksburg					
DNP North Fayette Valley					
DNP Union La Porte City					
DNP Dike-New Hartford					
DNP Denver					
DNP West Delaware Mancheste					
DNP Oelwein					
DNP Alburnett					
DNP Starmont West Central					
DNP Waterloo East					
DNP Hudson					
DNP MFL MarMac					
DNP Waukon					

**Class 1A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Beckman Catholic Dyersvil	15	1-2-3-4-5(10)(11)	1:53:42	22:45	0:35.1
2 Edgewood-Colesburg	42	6-7-8-9-12	2:09:27	25:54	7:06.4
DNP Wapsie Valley Fairbank					
DNP Columbus Catholic Waterloo					
DNP Turkey Valley Jackson Jun					
DNP Beckman Catholic Dyersvil					
DNP Tripoli					

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**Race #4**  
**Boys Junior Varsity 5K**

**Final Results****INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 BATCHELER, Landon	SO	Center Point-Urban	1	18:57.68	---	6:06.2	3:47.5
2 LANGE, Garner	FR	Waukon	2	19:09.20	11.52	6:09.9	3:49.8
3 CLAYTON, Jarett	SR	Denver	3	19:09.70	12.02	6:10.0	3:49.9
4 JAMES, Kyle	JR	Center Point-Urban	4	19:24.98	27.30	6:15.0	3:53.0
5 BREITSPRECHER, Sawyer	FR	Waukon	5	19:31.28	33.60	6:17.0	3:54.3
6 GRAHAM, Levi	FR	Center Point-Urban	6	19:31.56	33.88	6:17.1	3:54.3
7 STOCK, Sam	SO	Waukon	7	19:32.31	34.63	6:17.3	3:54.5
8 HOMAN, Devin	FR	Denver	8	19:38.19	40.51	6:19.2	3:55.6
9 CARDO, Will	SO	Center Point-Urban	9	19:49.01	51.33	6:22.7	3:57.8
10 CLINTON, Conner	SR	Denver	10	19:55.44	57.76	6:24.8	3:59.1
11 GIBBS, Ethan	JR	Waukon	11	19:59.99	1:02.31	6:26.2	4:00.0
12 WOOTEN, Kyler	SO	West Delaware Ma	12	20:05.29	1:07.61	6:27.9	4:01.1
13 CAHALAN, Kelby	SO	Waukon	13	20:10.55	1:12.87	6:29.6	4:02.1
14 SHOLES, Ben	SO	Center Point-Urban	14	20:13.39	1:15.71	6:30.5	4:02.7
15 WATERMAN, Jason	SR	Denver	15	20:14.27	1:16.59	6:30.8	4:02.9
16 PAUTSCH, Grant	SR	Denver	16	20:44.05	1:46.37	6:40.4	4:08.8
17 COOK, Adam	JR	West Delaware Ma	17	20:49.60	1:51.92	6:42.2	4:09.9
18 CHESMORE, Ashton	JR	West Delaware Ma	18	20:52.00	1:54.32	6:43.0	4:10.4
19 WALTON, Cy	FR	Denver	(19)	20:52.97	1:55.29	6:43.3	4:10.6
20 GRAWE, Ethan	SR	West Delaware Ma	20	21:01.65	2:03.97	6:46.1	4:12.3
21 SWALES, Gabe	JR	Denver	(21)	21:03.58	2:05.90	6:46.7	4:12.7
22 KOVARIK, Isaak	SO	Waukon	(22)	21:04.86	2:07.18	6:47.1	4:13.0
23 MILLER, Caleb	FR	Denver	-	21:15.68	2:18.00	6:50.6	4:15.1
24 MENARD, Trent	SO	West Delaware Ma	23	21:16.56	2:18.88	6:50.9	4:15.3
25 BALK, Bode	SR	Turkey Valley Jacks	-	21:16.84	2:19.16	6:51.0	4:15.4
26 STREI, Elijah	FR	Columbus Catholic	-	21:18.04	2:20.36	6:51.3	4:15.6
27 HANKES, Drake	SO	Waukon	(24)	21:20.26	2:22.58	6:52.1	4:16.1
28 JANSSEN, Max	SR	Vinton-Shellsburg	25	21:29.13	2:31.45	6:54.9	4:17.8
29 RUSSO, Mikey	SR	Center Point-Urban	(26)	21:30.23	2:32.55	6:55.3	4:18.0
30 DESMET, James	SR	Center Point-Urban	(27)	21:31.34	2:33.66	6:55.6	4:18.3
31 JOHNSON, Gil	JR	West Delaware Ma	(28)	21:31.69	2:34.01	6:55.7	4:18.3
32 ROSS, Cooper	FR	Center Point-Urban	-	21:32.42	2:34.74	6:56.0	4:18.5
33 DAHLSTROM, Hayden	JR	Waukon	-	21:40.20	2:42.52	6:58.5	4:20.0
34 TUCKER, Colby	FR	Denver	-	21:47.63	2:49.95	7:00.9	4:21.5
35 ROELOFS, Michael	SR	Center Point-Urban	-	21:48.20	2:50.52	7:01.0	4:21.6
36 BRYANT, Vincent	JR	Starmont West Cen	29	21:58.67	3:00.99	7:04.4	4:23.7
37 FANGMAN, Ashton	JR	West Delaware Ma	(30)	22:01.31	3:03.63	7:05.3	4:24.3
38 POPPE, Preston	SR	Hudson	31	22:02.02	3:04.34	7:05.5	4:24.4
39 RABENHORST, Josh	SO	Denver	-	22:07.79	3:10.11	7:07.4	4:25.6
40 MASTIN, Dominic	SR	West Delaware Ma	-	22:08.28	3:10.60	7:07.5	4:25.7
41 FORD, Anson	FR	Alburnett	32	22:12.54	3:14.86	7:08.9	4:26.5
42 MANGOLD, Hugh	SR	Vinton-Shellsburg	33	22:21.54	3:23.86	7:11.8	4:28.3
43 WILLIAMS, Luke	FR	Beckman Catholic	1	22:25.21	3:27.53	7:13.0	4:29.0
44 VIDAL, Rafael	SR	Hudson	34	22:31.38	3:33.70	7:14.9	4:30.3
45 ANDERSON, Trice	FR	Sumner-Fredericks	-	22:33.37	3:35.69	7:15.6	4:30.7
46 FARMER, Nick	SO	Starmont West Cen	35	22:33.77	3:36.09	7:15.7	4:30.8

**2023 STARMONT INVITATIONAL**

Arlington, IA  
 Starmont High School  
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 Tuesday, September 12, 2023

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**Race #4**  
**Boys Junior Varsity 5K**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
47 PERKINS, Caleb	SR	Waukon	-	22:36.34	3:38.66	7:16.5	4:31.3
48 KELLY, Jackson	FR	Center Point-Urban	-	22:36.95	3:39.27	7:16.7	4:31.4
49 WHITE, Riley	SR	Beckman Catholic	2	22:39.22	3:41.54	7:17.5	4:31.8
50 HILSENBECK, Hayden	FR	Wapsie Valley Fairb	-	22:40.46	3:42.78	7:17.9	4:32.1
51 POST, Cael	JR	Independence	-	22:40.68	3:43.00	7:17.9	4:32.1
52 WEBER, Zander	FR	Vinton-Shellsburg	36	22:41.15	3:43.47	7:18.1	4:32.2
53 DECKER, Michael	JR	Independence	-	22:44.23	3:46.55	7:19.1	4:32.8
54 DUDZIK, Tommy	FR	Beckman Catholic	3	22:45.32	3:47.64	7:19.4	4:33.1
55 VAN WECHEL, Lincoln	FR	Vinton-Shellsburg	37	22:46.27	3:48.59	7:19.7	4:33.3
56 DREIER, Jacob	JR	Center Point-Urban	-	22:46.61	3:48.93	7:19.8	4:33.3
57 TUCKER, Hayden	FR	West Delaware Ma	-	22:48.63	3:50.95	7:20.5	4:33.7
58 REITER, Levi	FR	Beckman Catholic	4	22:51.45	3:53.77	7:21.4	4:34.3
59 MCGONEGLE, Jackson	FR	Center Point-Urban	-	22:57.58	3:59.90	7:23.4	4:35.5
60 DOMEYER, Parker	JR	Beckman Catholic	5	23:00.26	4:02.58	7:24.2	4:36.1
61 SIECK, Lincoln	FR	Starmont West Cen	38	23:01.13	4:03.45	7:24.5	4:36.2
62 MCLELLAN, Zach	JR	North Fayette Valle	-	23:03.38	4:05.70	7:25.2	4:36.7
63 MCGRAW, Aidan	SR	Alburnett	39	23:03.62	4:05.94	7:25.3	4:36.7
64 LLOYD, Cashton	SR	Waukon	-	23:04.00	4:06.32	7:25.4	4:36.8
65 SMITH, Ryan	JR	Alburnett	40	23:05.11	4:07.43	7:25.8	4:37.0
66 QUINT, Phin	FR	West Delaware Ma	-	23:08.42	4:10.74	7:26.9	4:37.7
67 HUITZIL, Josue	JR	Dike-New Hartford	41	23:09.77	4:12.09	7:27.3	4:38.0
68 HELMRICHS, Cael	SO	Edgewood-Colesbu	6	23:22.57	4:24.89	7:31.4	4:40.5
69 HENZEN, Dagen	JR	Denver	-	23:24.14	4:26.46	7:31.9	4:40.8
70 FRICK, Dalton	JR	Waukon	-	23:27.65	4:29.97	7:33.1	4:41.5
71 HAAS, Kaiden	SO	West Delaware Ma	-	23:28.11	4:30.43	7:33.2	4:41.6
72 GRIFFIN, Drake	FR	Hudson	42	23:32.07	4:34.39	7:34.5	4:42.4
73 COLE, Kyler	JR	Edgewood-Colesbu	7	23:35.95	4:38.27	7:35.7	4:43.2
74 FRANZEN, Avery	FR	Turkey Valley Jacks	-	23:36.52	4:38.84	7:35.9	4:43.3
75 MCGRAW, Cam	SO	Alburnett	43	23:36.54	4:38.86	7:35.9	4:43.3
76 MCGRANE, Keagan	SR	North Fayette Valle	-	23:39.56	4:41.88	7:36.9	4:43.9
77 KONGABLE, Nick	JR	Center Point-Urban	-	23:40.54	4:42.86	7:37.2	4:44.1
78 WARNELL, Cohen	FR	Hudson	44	23:40.64	4:42.96	7:37.2	4:44.1
79 DRISCOLL, Jack	FR	Oelwein	45	23:43.07	4:45.39	7:38.0	4:44.6
80 ZIRBEL, Eli	SO	Alburnett	46	23:44.14	4:46.46	7:38.4	4:44.8
81 COLSCH, Emmett	SR	Vinton-Shellsburg	47	23:48.22	4:50.54	7:39.7	4:45.6
82 DEGEETER, Brooks	SO	Dike-New Hartford	48	23:48.61	4:50.93	7:39.8	4:45.7
83 HINES, Clayton	FR	Dike-New Hartford	49	23:55.67	4:57.99	7:42.1	4:47.1
84 WILLIAMS, Mike	SO	Oelwein	50	23:57.78	5:00.10	7:42.8	4:47.6
85 PRIEBE, Eli	JR	Sumner-Fredericks	-	24:01.44	5:03.76	7:43.9	4:48.3
86 MOODY, Danson	SR	Union La Porte City	-	24:02.02	5:04.34	7:44.1	4:48.4
87 GRIMM, Ian	FR	Union La Porte City	-	24:02.36	5:04.68	7:44.2	4:48.5
88 BURKEY, Landon	FR	Oelwein	51	24:22.68	5:25.00	7:50.8	4:52.5
89 RADER, Silas	FR	Oelwein	52	24:23.13	5:25.45	7:50.9	4:52.6
90 L'HEUREUX, Rush	SO	Dike-New Hartford	53	24:29.95	5:32.27	7:53.1	4:54.0
91 POST, Zach	SR	Center Point-Urban	-	24:30.27	5:32.59	7:53.2	4:54.1
92 SWALES, Josiah	SO	Denver	-	24:34.20	5:36.52	7:54.5	4:54.8



**2023 STARMONT INVITATIONAL**

Arlington, IA  
 Starmont High School  
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**Race #4**  
**Boys Junior Varsity 5K**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
93 SALOW, Cael	FR	Center Point-Urban	-	24:34.54	5:36.86	7:54.6	4:54.9
94 GOLDENSTEIN, Ryan	SR	Independence	-	24:34.85	5:37.17	7:54.7	4:55.0
95 BERUMEZ, Nick	SO	Columbus Catholic	-	24:41.32	5:43.64	7:56.8	4:56.3
96 BEATTY, Cj	SR	Oelwein	54	24:53.63	5:55.95	8:00.7	4:58.7
97 FINFROCK, Avery	SR	Alburnett	(55)	24:53.87	5:56.19	8:00.8	4:58.8
98 PETERSON, Xander	JR	Denver	-	24:55.18	5:57.50	8:01.2	4:59.0
99 WHALEN, Oliver	FR	Vinton-Shellsburg	(56)	25:02.32	6:04.64	8:03.5	5:00.5
100 DAVIS, Zayde	FR	Center Point-Urban	-	25:02.85	6:05.17	8:03.7	5:00.6
101 HAMANN, Dakota	SR	Edgewood-Colesbu	8	25:09.40	6:11.72	8:05.8	5:01.9
102 LEE, Robert	JR	Wapsie Valley Fairb	-	25:26.91	6:29.23	8:11.4	5:05.4
103 DRUVENGA, Trey	SR	Dike-New Hartford	57	25:29.15	6:31.47	8:12.2	5:05.8
104 KIRBY, Gus	FR	Union La Porte City	-	25:30.91	6:33.23	8:12.7	5:06.2
105 CORNWELL, Aiden	JR	Alburnett	(58)	25:36.79	6:39.11	8:14.6	5:07.4
106 GRUMAN, Jacen	JR	Starmont West Cen	59	25:40.82	6:43.14	8:15.9	5:08.2
107 SCHAEFER, Clay	SR	North Fayette Valle	-	25:43.05	6:45.37	8:16.6	5:08.6
108 BOARDMAN, Caleb	SO	Starmont West Cen	60	25:44.58	6:46.90	8:17.1	5:08.9
109 HENKLE, Hayden	SO	Vinton-Shellsburg	(61)	25:46.06	6:48.38	8:17.6	5:09.2
110 PETERS, Colten	FR	Oelwein	(62)	25:47.12	6:49.44	8:17.9	5:09.4
111 WEEDMAN, Dax	SO	Dike-New Hartford	(63)	26:10.70	7:13.02	8:25.5	5:14.1
112 JAMES, Ayden	SR	Oelwein	(64)	26:14.62	7:16.94	8:26.8	5:14.9
113 WINTER, Wayde	SO	Waukon	-	26:23.95	7:26.27	8:29.8	5:16.8
114 STROTTMAN, Talyn	SO	Denver	-	26:39.66	7:41.98	8:34.9	5:19.9
115 PHELPS, Alex	JR	Edgewood-Colesbu	9	26:49.81	7:52.13	8:38.1	5:22.0
116 HELLE, Zach	JR	Beckman Catholic	(10)	26:52.83	7:55.15	8:39.1	5:22.6
117 SELLARS, Ethan	FR	West Delaware Ma	-	27:00.93	8:03.25	8:41.7	5:24.2
118 GEISTKEMPER, Isaac	FR	Beckman Catholic	(11)	27:04.24	8:06.56	8:42.8	5:24.8
119 WHITE, Jacob	SO	Dike-New Hartford	(65)	27:05.73	8:08.05	8:43.2	5:25.1
120 ZIESER, Kyle	JR	Starmont West Cen	(66)	27:09.52	8:11.84	8:44.5	5:25.9
121 DEKUTOSKI, Steven	SO	Hudson	67	27:31.51	8:33.83	8:51.5	5:30.3
122 GUYER, Cam	FR	North Fayette Valle	-	27:38.36	8:40.68	8:53.7	5:31.7
123 MICK, Rhys	FR	Vinton-Shellsburg	-	27:40.91	8:43.23	8:54.6	5:32.2
124 DRISCOLL, Hunter	SO	Oelwein	-	27:42.95	8:45.27	8:55.2	5:32.6
125 BATES, Dayne	SR	Wapsie Valley Fairb	-	27:43.18	8:45.50	8:55.3	5:32.6
126 MCCARRAHER, Ethan	JR	Beckman Catholic	-	27:48.17	8:50.49	8:56.9	5:33.6
127 BERGMAN, Bryce	SR	Sumner-Fredericks	-	28:19.34	9:21.66	9:06.9	5:39.9
128 FLANNERY, Dylan	SO	Alburnett	-	28:26.10	9:28.42	9:09.1	5:41.2
129 SWANSON, Carter	FR	Hudson	(68)	28:29.93	9:32.25	9:10.3	5:42.0
130 KIM, San	FR	West Delaware Ma	-	28:41.22	9:43.54	9:14.0	5:44.2
131 BOOKMEIER, Matthew	SR	Vinton-Shellsburg	-	28:43.85	9:46.17	9:14.8	5:44.8
132 ROBERTS, James	SR	Beckman Catholic	-	29:15.28	10:17.6	9:24.9	5:51.1
133 GRAWE, Brayden	FR	Starmont West Cen	(69)	29:30.04	10:32.3	9:29.7	5:54.0
134 LABUSCHAGNE, Eric	SR	Tripoli	-	29:36.78	10:39.1	9:31.9	5:55.4
135 MARTINS-SABRINA, Wolfga	SO	MFL MarMac	-	29:38.99	10:41.3	9:32.6	5:55.8
136 SHOLLENBARGER, Darwin	SR	Denver	-	29:44.93	10:47.2	9:34.5	5:57.0
137 OLIND, McCoy	SO	Edgewood-Colesbu	12	30:28.94	11:31.2	9:48.7	6:05.8
138 RAMBO, Reece	FR	Center Point-Urban	-	30:40.34	11:42.6	9:52.3	6:08.1

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**Race #4**  
**Boys Junior Varsity 5K**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
139 ROEPKE, Wyatt	FR	Starmont West Cen	-	30:43.91	11:46.2	9:53.5	6:08.8
140 SATTHERTHWAITE, Nick	SO	Denver	-	31:00.51	12:02.8	9:58.8	6:12.1
141 KELLY, Ethan	SR	Waukon	-	32:35.24	13:37.5	10:29.3	6:31.0
142 OSBORN, Wylie	FR	Sumner-Fredericks	-	34:25.13	15:27.4	11:04.7	6:53.0
143 CARR, Daniel	SO	Waterloo East	-	35:27.82	16:30.1	11:24.8	7:05.6
144 DAHLEN, Jonas	SO	Waterloo East	-	37:26.76	18:29.0	12:03.1	7:29.4

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**Race #5**  
**Girls Varsity 5K**

# Final Results

## RACE SUMMARY

Start Time: 5:40 pm

## TEAM SCORING SUMMARY

### Class 2A/3A/4A

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Denver	65	7-9-10-18-21(46)(77)	1:48:06	21:38	0:44.4
2 Hudson	69	5-8-13-19-24(43)(55)	1:47:58	21:36	1:25.1
3 Sumner-Fredericksburg	89	1-17-20-23-28(30)(33)	1:46:53	21:23	3:50.4
4 Center Point-Urbana	97	3-4-14-32-44(45)	1:48:21	21:41	2:46.8
5 Union La Porte City	113	2-16-22-25-48(53)	1:49:21	21:53	3:34.5
6 Waukon	190	11-29-40-52-58(66)(79)	1:54:36	22:56	2:26.0
7 Dike-New Hartford	193*	6-35-39-54-59(62)(67)	1:54:47	22:58	2:52.6
8 West Delaware Mancheste	193*	12-41-42-47-51(74)(84)	1:54:49	22:58	2:02.2
9 North Fayette Valley	234	26-31-34-57-86(89)(91)	1:57:19	23:28	3:36.8
10 Vinton-Shellsburg	249	15-38-63-64-69(80)(87)	1:57:18	23:28	2:46.2
11 MFL MarMac	262	27-37-49-73-76(81)	1:58:18	23:40	2:40.6
12 Oelwein	313	50-60-65-68-70(72)(88)	2:00:25	24:05	0:53.7
13 Aplington-Parkersburg	328	36-56-75-78-83(90)(92)	2:02:22	24:29	2:30.7
14 Alburnett	392	61-71-82-85-93(94)(95)	2:07:43	25:33	4:03.7
DNP Independence					
DNP Dike-New Hartford					
DNP Vinton-Shellsburg					
DNP Center Point-Urbana					
DNP Starmont West Central					
DNP Waterloo East					

### \*Tiebreakers

Dike-New Hartford	6	35	39	54	59	62
West Delaware Manchester	12	41	42	47	51	74

### Class 1A

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Beckman Catholic Dyersvil	24	2-3-4-5-10(11)(16)	1:48:24	21:41	3:08.8
2 North Linn Troy Mills	31	1-6-7-8-9(13)	1:48:22	21:41	4:17.3
3 East Buchanan Winthrop	76	12-14-15-17-18(19)(20)	2:13:10	26:38	4:44.6
DNP Wapsie Valley Fairbank					
DNP Edgewood-Colesburg					
DNP Columbus Catholic Waterloo					
DNP Turkey Valley Jackson Jun					
DNP Dunkerton					
DNP North Linn Troy Mills					

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**Race #5**  
**Girls Varsity 5K**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)****Class 1A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
DNP Tripoli					

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 WHEATLEY, Meghan	SR	North Linn Troy Mill	1	18:25.02	---	5:55.7	3:41.0
2 TRAINOR, Hillary	SR	Sumner-Fredericks	1	18:29.73	4.71	5:57.2	3:41.9
3 KROGMANN, Lauren	FR	Starmont West Cen	-	19:27.80	1:02.78	6:15.9	3:53.6
4 CONDON, Amilia	JR	Union La Porte City	2	19:50.35	1:25.33	6:23.1	3:58.1
5 WILKERSON, Emma	SR	Center Point-Urban	3	20:25.81	2:00.79	6:34.5	4:05.2
6 WASKOW, Abbi	FR	Dunkerton	-	20:31.61	2:06.59	6:36.4	4:06.3
7 ESTLING, Grace	FR	Center Point-Urban	4	20:34.23	2:09.21	6:37.2	4:06.8
8 KRUSE, Maria	SR	Beckman Catholic	2	20:36.66	2:11.64	6:38.0	4:07.3
9 HANSEN, Mollie	SO	Hudson	5	20:48.62	2:23.60	6:41.9	4:09.7
10 REITER, Madelyn	JR	Beckman Catholic	3	20:59.60	2:34.58	6:45.4	4:11.9
11 DUDZIK, Maria	SR	Beckman Catholic	4	21:02.55	2:37.53	6:46.4	4:12.5
12 HOUTS, Izzy	SR	Dike-New Hartford	6	21:07.34	2:42.32	6:47.9	4:13.5
13 RISTAU, Reeve	JR	Denver	7	21:20.60	2:55.58	6:52.2	4:16.1
14 HANSEN, Reese	FR	Hudson	8	21:21.62	2:56.60	6:52.5	4:16.3
15 MULERT, Anna	JR	Denver	9	21:21.87	2:56.85	6:52.6	4:16.4
16 HOMAN, Hailey	JR	Denver	10	21:24.32	2:59.30	6:53.4	4:16.9
17 JOHNSON, Cameron	SR	Waukon	11	21:32.56	3:07.54	6:56.0	4:18.5
18 KARTMAN, Brynn	FR	West Delaware Ma	12	21:32.77	3:07.75	6:56.1	4:18.6
19 LANG, Desi	SO	Hudson	13	21:33.25	3:08.23	6:56.2	4:18.7
20 MCCORMICK, Sydney	JR	Center Point-Urban	14	21:33.46	3:08.44	6:56.3	4:18.7
21 PRIMROSE, Olivia	JR	Vinton-Shellsburg	15	21:36.14	3:11.12	6:57.2	4:19.2
22 ANTON, Sydney	SR	Union La Porte City	16	21:39.10	3:14.08	6:58.1	4:19.8
23 HELLMAN, Madison	SR	Columbus Catholic	-	21:41.00	3:15.98	6:58.7	4:20.2
24 SNYDER, Jaci	FR	Sumner-Fredericks	17	21:46.04	3:21.02	7:00.4	4:21.2
25 LUDWIG, Stella	SO	Columbus Catholic	-	21:48.98	3:23.96	7:01.3	4:21.8
26 DECKER, Aubrey	SR	Denver	18	21:54.19	3:29.17	7:03.0	4:22.8
27 MERTZ, Julia	SR	Beckman Catholic	5	21:59.30	3:34.28	7:04.6	4:23.9
28 STEELE, Ella	SO	Hudson	19	22:00.48	3:35.46	7:05.0	4:24.1
29 COLLUM, Bryn	JR	North Linn Troy Mill	6	22:00.70	3:35.68	7:05.1	4:24.1
30 BOEHMLER, Sophie	SR	Sumner-Fredericks	20	22:04.58	3:39.56	7:06.3	4:24.9
31 SANDERSON, Sophie	SO	Denver	21	22:04.98	3:39.96	7:06.4	4:25.0
32 KIRBY, Ellie	JR	Edgewood-Colesbu	-	22:08.70	3:43.68	7:07.6	4:25.7
33 ALBERTSEN, Brynn	SO	Union La Porte City	22	22:11.63	3:46.61	7:08.6	4:26.3
34 SHONKA, Rylee	JR	Sumner-Fredericks	23	22:12.07	3:47.05	7:08.7	4:26.4
35 SCHNEIDER, Savannah	SR	Hudson	24	22:13.70	3:48.68	7:09.3	4:26.7
36 LORENZEN, Lily	JR	Union La Porte City	25	22:14.61	3:49.59	7:09.5	4:26.9
37 MEYER, Braelyn	JR	North Fayette Valle	26	22:16.22	3:51.20	7:10.1	4:27.2
38 KEEHNER, Cora	SO	MFL MarMac	27	22:17.87	3:52.85	7:10.6	4:27.6
39 STEEGE, Saela	JR	Sumner-Fredericks	28	22:20.11	3:55.09	7:11.3	4:28.0
40 KURTH, Mia	SR	Waukon	29	22:22.18	3:57.16	7:12.0	4:28.4
41 PITZ, Ella	JR	Sumner-Fredericks	(30)	22:26.04	4:01.02	7:13.2	4:29.2

**2023 STARMONT INVITATIONAL**

Arlington, IA  
 Starmont High School  
 Host: Starmont  
 Tuesday, September 12, 2023

**MEET OFFICIALS**

**Meet Director:**  
 Charlie Gruman  
**Meet Referee:**  
 Howard Simpson  
**Timing:**  
 Shannon Event Timings



**OFFICIAL MEET REPORT**  
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**Race #5**  
**Girls Varsity 5K**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
42 MCGOWAN, Lexi	FR	North Fayette Valle	31	22:30.82	4:05.80	7:14.8	4:30.2
43 MCMAHON, Peyton	SO	North Linn Troy Mill	7	22:32.19	4:07.17	7:15.2	4:30.4
44 BOWE, Emily	JR	Center Point-Urban	32	22:34.59	4:09.57	7:16.0	4:30.9
45 MEYER, Jana	SR	Sumner-Fredericks	(33)	22:37.80	4:12.78	7:17.0	4:31.6
46 BRIDGEWATER, Mackenzie	JR	North Linn Troy Mill	8	22:41.22	4:16.20	7:18.1	4:32.2
47 BILDEN, Ava	SR	North Fayette Valle	34	22:42.23	4:17.21	7:18.4	4:32.4
48 HAUGHENBURY, Lucy	FR	North Linn Troy Mill	9	22:42.24	4:17.22	7:18.4	4:32.4
49 WARDELL, Roselle	SR	Dike-New Hartford	35	22:54.98	4:29.96	7:22.5	4:35.0
50 SCHIPPER, Ashley	SR	Aplington-Parkersb	36	22:55.55	4:30.53	7:22.7	4:35.1
51 DONLON, Brooke	FR	MFL MarMac	37	22:56.42	4:31.40	7:23.0	4:35.3
52 RESSLER, Reagan	JR	Independence	-	22:59.11	4:34.09	7:23.9	4:35.8
53 SWENSON, Bree	SR	Vinton-Shellsburg	38	23:00.75	4:35.73	7:24.4	4:36.2
54 STEFFEN, Hanna	JR	Dike-New Hartford	39	23:02.27	4:37.25	7:24.9	4:36.5
55 O'NEILL, Emma	SO	Waukon	40	23:06.10	4:41.08	7:26.1	4:37.2
56 SCHULTE, Addison	FR	West Delaware Ma	41	23:07.87	4:42.85	7:26.7	4:37.6
57 NURRE, Amanda	FR	Edgewood-Colesbu	-	23:08.17	4:43.15	7:26.8	4:37.6
58 HOGAN, Emma	SR	West Delaware Ma	42	23:10.81	4:45.79	7:27.6	4:38.2
59 BROWN, Sofia	SR	Hudson	(43)	23:11.38	4:46.36	7:27.8	4:38.3
60 MILLER, Lola	FR	Center Point-Urban	44	23:12.53	4:47.51	7:28.2	4:38.5
61 MILLER, Lily	SO	Center Point-Urban	(45)	23:12.82	4:47.80	7:28.3	4:38.6
62 COOPER, Lily	JR	Denver	(46)	23:17.14	4:52.12	7:29.7	4:39.4
63 LYNCH, Charly	FR	West Delaware Ma	47	23:22.22	4:57.20	7:31.3	4:40.4
64 PETERSEN, Emily	SR	Union La Porte City	48	23:24.80	4:59.78	7:32.1	4:41.0
65 FISK, Skylar	FR	MFL MarMac	49	23:26.27	5:01.25	7:32.6	4:41.3
66 SAUSER, Ashlynn	FR	Oelwein	50	23:29.84	5:04.82	7:33.8	4:42.0
67 MAY, Jaylin	JR	Wapsie Valley Fairb	-	23:30.85	5:05.83	7:34.1	4:42.2
68 SCHMITZ, Izzy	SR	West Delaware Ma	51	23:34.95	5:09.93	7:35.4	4:43.0
69 BAXTER, Trudy	SO	Waukon	52	23:36.26	5:11.24	7:35.8	4:43.3
70 CARLSON, Kate	JR	Union La Porte City	(53)	23:38.35	5:13.33	7:36.5	4:43.7
71 SYHLMANN, Josey	SO	Dike-New Hartford	54	23:42.37	5:17.35	7:37.8	4:44.5
72 MEYER, Ava	FR	Wapsie Valley Fairb	-	23:44.29	5:19.27	7:38.4	4:44.9
73 DOMEYER, Autumn	FR	Beckman Catholic	10	23:45.42	5:20.40	7:38.8	4:45.1
74 HOLTON, Kate	SO	Hudson	(55)	23:47.84	5:22.82	7:39.6	4:45.6
75 RECKER, Kennedy	SR	Beckman Catholic	(11)	23:49.17	5:24.15	7:40.0	4:45.8
76 EILERS, Sara	JR	Aplington-Parkersb	56	23:54.59	5:29.57	7:41.7	4:46.9
77 BILDEN, Clara	FR	North Fayette Valle	57	23:55.82	5:30.80	7:42.1	4:47.2
78 DAVIS, Nora	FR	Waukon	58	23:58.50	5:33.48	7:43.0	4:47.7
79 KLINGENBORG, Olivia	FR	Dike-New Hartford	59	23:59.86	5:34.84	7:43.4	4:48.0
80 RULAPAUGH, Rachel	SR	Oelwein	60	24:00.02	5:35.00	7:43.5	4:48.0
81 MCGRAW, Carly	SO	Alburnett	61	24:03.01	5:37.99	7:44.4	4:48.6
82 STARBUCK, Allison	SO	Dike-New Hartford	(62)	24:05.19	5:40.17	7:45.1	4:49.0
83 BEYER, Lindsay	JR	East Buchanan Win	12	24:07.08	5:42.06	7:45.7	4:49.4
84 RIES, Carly	SO	North Linn Troy Mill	(13)	24:08.46	5:43.44	7:46.2	4:49.7
85 ROSTER, Kaelynn	FR	Vinton-Shellsburg	63	24:08.94	5:43.92	7:46.3	4:49.8
86 MARTIN, Eryca	JR	Vinton-Shellsburg	64	24:09.44	5:44.42	7:46.5	4:49.9
87 BERRYMAN, Alexa	SR	Oelwein	65	24:09.70	5:44.68	7:46.6	4:49.9

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**Race #5**  
**Girls Varsity 5K**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
88 BARNES, Maya	SO	Wapsie Valley Fairb	-	24:10.33	5:45.31	7:46.8	4:50.1
89 JOHANNINGMEIER, Jaelyn	FR	Waukon	(66)	24:16.68	5:51.66	7:48.8	4:51.3
90 CALLAN, Tinsley	SO	Dike-New Hartford	(67)	24:17.60	5:52.58	7:49.1	4:51.5
91 HENNINGER, Grace	JR	Dunkerton	-	24:18.41	5:53.39	7:49.4	4:51.7
92 MARTIN, Khloie	FR	Oelwein	68	24:21.14	5:56.12	7:50.3	4:52.2
93 PHIPPEN, Lainey	FR	Vinton-Shellsburg	69	24:22.31	5:57.29	7:50.7	4:52.5
94 GEARHART, Libby	SR	Oelwein	70	24:23.47	5:58.45	7:51.0	4:52.7
95 MARTIN, Gralynn	SR	Alburnett	71	24:25.06	6:00.04	7:51.5	4:53.0
96 SCHAEFER, Claire	SO	Columbus Catholic	-	24:27.14	6:02.12	7:52.2	4:53.4
97 BAHE, Jenna	SO	Oelwein	(72)	24:30.70	6:05.68	7:53.4	4:54.1
98 RUFF, Evelyn	JR	MFL MarMac	73	24:38.91	6:13.89	7:56.0	4:55.8
99 BARDGETT, Noelle	SR	West Delaware Ma	(74)	24:53.87	6:28.85	8:00.8	4:58.8
100 SCHULTZ, Quinnlyn	JR	Aplington-Parkersb	75	24:54.48	6:29.46	8:01.0	4:58.9
101 MILLER, London	SO	Tripoli	-	24:56.99	6:31.97	8:01.8	4:59.4
102 GRAU, Clare	SR	MFL MarMac	76	24:58.46	6:33.44	8:02.3	4:59.7
103 DECKER, Adeline	FR	Denver	(77)	25:03.66	6:38.64	8:04.0	5:00.7
104 PRICE, Ellie	JR	Aplington-Parkersb	78	25:10.74	6:45.72	8:06.2	5:02.1
105 KRUM, Destiny	JR	East Buchanan Win	14	25:12.36	6:47.34	8:06.8	5:02.5
106 RHOMBERG, Abigail	SR	Columbus Catholic	-	25:17.02	6:52.00	8:08.3	5:03.4
107 BENZING, Reegan	FR	Waukon	(79)	25:19.20	6:54.18	8:09.0	5:03.8
108 ROLLINGER, Kara	FR	Vinton-Shellsburg	(80)	25:20.94	6:55.92	8:09.5	5:04.2
109 KOETHER, Emma	SO	MFL MarMac	(81)	25:23.85	6:58.83	8:10.5	5:04.8
110 CRIST, Esme	FR	Alburnett	82	25:25.34	7:00.32	8:10.9	5:05.1
111 ASWEGEN, Lexi	SR	Aplington-Parkersb	83	25:26.25	7:01.23	8:11.2	5:05.3
112 ANTE, Brooklin	SO	West Delaware Ma	(84)	25:27.08	7:02.06	8:11.5	5:05.4
113 STANLEY-JONES, Isabelle	JR	Alburnett	85	25:42.96	7:17.94	8:16.6	5:08.6
114 SANDER, Melenna	SO	Wapsie Valley Fairb	-	25:47.90	7:22.88	8:18.2	5:09.6
115 KUHSE, Tristan	SO	North Fayette Valle	86	25:52.97	7:27.95	8:19.8	5:10.6
116 WALZ, Miley	SO	Edgewood-Colesbu	-	26:04.28	7:39.26	8:23.5	5:12.9
117 WEETS, Ellie	JR	Vinton-Shellsburg	(87)	26:07.55	7:42.53	8:24.5	5:13.5
118 ALLEN, Hailey	JR	Waterloo East	-	26:19.47	7:54.45	8:28.4	5:15.9
119 PROUTY, Claire	JR	Oelwein	(88)	26:19.61	7:54.59	8:28.4	5:15.9
120 FRANCIS, Jessica	SR	North Fayette Valle	(89)	26:44.21	8:19.19	8:36.3	5:20.8
121 PETERSEN, Olivia	FR	Aplington-Parkersb	(90)	26:52.62	8:27.60	8:39.0	5:22.5
122 SCHULTZ, Ashton	JR	North Fayette Valle	(91)	26:54.82	8:29.80	8:39.7	5:23.0
123 KELCHEN, Macy	SO	East Buchanan Win	15	27:13.38	8:48.36	8:45.7	5:26.7
124 WALKER, Eva	SO	Aplington-Parkersb	(92)	27:13.43	8:48.41	8:45.7	5:26.7
125 HENNEY, Kallyn	SO	Edgewood-Colesbu	-	27:18.68	8:53.66	8:47.4	5:27.7
126 NABER, Hope	SR	Beckman Catholic	(16)	27:20.36	8:55.34	8:48.0	5:28.1
127 CABALKA, Andelyn	SO	East Buchanan Win	17	27:45.37	9:20.35	8:56.0	5:33.1
128 BANES, Haylee	JR	Alburnett	93	28:06.62	9:41.60	9:02.8	5:37.3
129 BENNING, Hope	JR	Alburnett	(94)	28:25.76	10:00.7	9:09.0	5:41.2
130 CRAWFORD, Abigail	JR	East Buchanan Win	18	28:51.59	10:26.5	9:17.3	5:46.3
131 PECK, Kreighton	SO	East Buchanan Win	(19)	28:58.25	10:33.2	9:19.5	5:47.7
132 COOK, Emily	FR	East Buchanan Win	(20)	29:13.79	10:48.7	9:24.5	5:50.8
133 BANES, Emma	JR	Alburnett	(95)	30:16.15	11:51.1	9:44.5	6:03.2

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**Race #6**  
**Boys Varsity 5K**

**Final Results****RACE SUMMARY**

Start Time: 6:10 pm

**TEAM SCORING SUMMARY****Class 2A/3A/4A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Waukon	53	6-7-8-15-17(24)(32)	1:28:10	17:38	0:37.3
2 Center Point-Urbana	80	11-14-16-19-20(21)(22)	1:29:43	17:57	0:24.4
3 Vinton-Shellsburg	86	2-3-9-30-42(59)(77)	1:29:22	17:53	2:50.4
4 Denver	92	4-5-23-27-33(46)	1:29:59	18:00	1:59.5
5 Oelwein	107	1-12-13-25-56(57)(65)	1:30:44	18:09	3:35.9
6 West Delaware Mancheste	138	10-18-34-35-41(48)(67)	1:32:47	18:34	1:50.4
7 Alburnett	219	28-31-37-50-73(75)(82)	1:37:14	19:27	2:07.3
8 Hudson	226	36-40-47-49-54(90)(91)	1:38:06	19:38	0:51.2
9 Sumner-Fredericksburg	250	26-51-52-58-63(76)(83)	1:39:00	19:48	1:44.0
10 Starmont West Central	272	38-43-45-62-84(86)(88)	1:40:12	20:03	2:07.5
11 Union La Porte City	277	29-53-55-68-72(74)	1:39:49	19:58	2:01.8
12 North Fayette Valley	327	44-60-64-70-89(93)	1:42:43	20:33	2:15.9
13 Independence	343	39-69-71-79-85(92)(94)	1:42:48	20:34	2:09.5
14 Dike-New Hartford	366	61-66-78-80-81(87)	1:43:25	20:41	0:39.9
DNP MFL MarMac					
DNP Aplington-Parkersburg					
DNP Waterloo East					
DNP Independence					
DNP Dike-New Hartford					
DNP Starmont West Central					
DNP Oelwein					
DNP North Fayette Valley					
DNP Denver					
DNP Union La Porte City					

**Class 1A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Beckman Catholic Dyersvil	36	2-3-8-11-12(15)(17)	1:34:31	18:55	2:56.8
2 North Linn Troy Mills	60	5-7-9-16-23	1:41:14	20:15	5:31.2
3 Wapsie Valley Fairbank	63	1-6-13-21-22(26)	1:42:03	20:25	7:09.3
4 Columbus Catholic Waterloo	71	4-10-14-18-25	1:44:30	20:54	6:36.7
5 Janesville	118	19-20-24-27-28	2:07:29	25:30	10:51.7
DNP East Buchanan Winthrop					
DNP Dunkerton					
DNP Turkey Valley Jackson Jun					

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**Race #6**  
**Boys Varsity 5K**

**Final Results****Class 1A**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
DNP Beckman Catholic Dyersvil					
DNP Edgewood-Colesburg					
DNP Columbus Catholic Waterloo					
DNP Tripoli					

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 SAUSER, Conall	JR	Oelwein	1	16:27.82	---	5:17.9	3:17.6
2 SHANNON, Aidan	SR	Wapsie Valley Fairb	1	16:29.72	1.90	5:18.5	3:17.9
3 TORRES, Alex	SO	Vinton-Shellsburg	2	16:41.79	13.97	5:22.4	3:20.4
4 PAGE, Eli	SR	Vinton-Shellsburg	3	16:48.75	20.93	5:24.7	3:21.8
5 PINTER, Neal	SR	Denver	4	16:48.76	20.94	5:24.7	3:21.8
6 MATTHIAS, Myles	SO	Denver	5	17:20.45	52.63	5:34.9	3:28.1
7 GULLA, Wyatt	SR	Waukon	6	17:21.48	53.66	5:35.2	3:28.3
8 DUGAN, Skyler	SR	Waukon	7	17:24.86	57.04	5:36.3	3:29.0
9 SCHLARMANN, Andrew	SO	Beckman Catholic	2	17:28.56	1:00.74	5:37.5	3:29.7
10 REISINGER, Isaac	JR	Waukon	8	17:31.11	1:03.29	5:38.3	3:30.2
11 SCHELLHORN, Jacob	JR	MFL MarMac	-	17:35.53	1:07.71	5:39.7	3:31.1
12 BLAIS, Jack	SO	Vinton-Shellsburg	9	17:35.86	1:08.04	5:39.8	3:31.2
13 WENGER, Zach	SR	West Delaware Ma	10	17:36.17	1:08.35	5:39.9	3:31.2
14 HAVEL, Blayze	SR	Center Point-Urban	11	17:41.82	1:14.00	5:41.8	3:32.4
15 SCHUNK, Caleb	JR	Oelwein	12	17:45.28	1:17.46	5:42.9	3:33.1
16 DRISCOLL, Benjamin	SR	Oelwein	13	17:49.89	1:22.07	5:44.3	3:34.0
17 BEHRENS, Brody	SR	Center Point-Urban	14	17:52.31	1:24.49	5:45.1	3:34.5
18 LEPPERT, Brandon	SO	Waukon	15	17:53.28	1:25.46	5:45.4	3:34.7
19 EASTON, Carter	JR	Center Point-Urban	16	17:58.13	1:30.31	5:47.0	3:35.6
20 HELGERSON, Caleb	JR	Waukon	17	17:58.75	1:30.93	5:47.2	3:35.8
21 TURNIS, Jase	JR	West Delaware Ma	18	17:59.05	1:31.23	5:47.3	3:35.8
22 ESTLING, Cayle	SO	Center Point-Urban	19	18:03.59	1:35.77	5:48.8	3:36.7
23 PETERSON, Henry	JR	Dunkerton	-	18:04.82	1:37.00	5:49.2	3:37.0
24 VALENZUELA, Noah	SR	East Buchanan Win	-	18:05.75	1:37.93	5:49.5	3:37.2
25 SCHLARMANN, Jacob	SR	Beckman Catholic	3	18:05.85	1:38.03	5:49.5	3:37.2
26 JONES, Bradley	SR	Center Point-Urban	20	18:06.20	1:38.38	5:49.6	3:37.2
27 MATERN, Jace	JR	Columbus Catholic	4	18:13.86	1:46.04	5:52.1	3:38.8
28 BENESH, Levi	SO	North Linn Troy Mill	5	18:16.93	1:49.11	5:53.1	3:39.4
29 BRADY, Aiden	SO	Wapsie Valley Fairb	6	18:19.80	1:51.98	5:54.0	3:40.0
30 KIRTZ, Casey	SR	Center Point-Urban	(21)	18:21.80	1:53.98	5:54.6	3:40.4
31 LARSON, Isaac	SR	Center Point-Urban	(22)	18:22.78	1:54.96	5:54.9	3:40.6
32 GOMEZ, Sean	JR	Denver	23	18:23.87	1:56.05	5:55.3	3:40.8
33 O'NEILL, Colton	SO	Waukon	(24)	18:28.59	2:00.77	5:56.8	3:41.7
34 WILLIAMS, Keshawn	SO	Oelwein	25	18:37.10	2:09.28	5:59.5	3:43.4
35 ROCHFORD, Tate	JR	Sumner-Fredericks	26	18:37.14	2:09.32	5:59.6	3:43.4
36 BAAS, Trevor	JR	Denver	27	18:37.43	2:09.61	5:59.6	3:43.5
37 GUSTAFSON, Hayden	SO	Alburnett	28	18:37.93	2:10.11	5:59.8	3:43.6
38 DAVIS, Cooper	FR	Union La Porte City	29	18:39.30	2:11.48	6:00.3	3:43.9
39 PFLUGHAUPT, Ty	SR	North Linn Troy Mill	7	18:39.95	2:12.13	6:00.5	3:44.0



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**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
40 SWANSON, Aldin	SR	Vinton-Shellsburg	30	18:42.64	2:14.82	6:01.3	3:44.5
41 OSSMAN, Logan	SO	Alburnett	31	18:44.78	2:16.96	6:02.0	3:45.0
42 CAHOON, Connor	SR	Waukon	(32)	18:47.35	2:19.53	6:02.8	3:45.5
43 HAASE, Carson	SR	Denver	33	18:48.26	2:20.44	6:03.1	3:45.7
44 WHITE, Brenden	FR	West Delaware Ma	34	18:50.57	2:22.75	6:03.9	3:46.1
45 KARTMAN, Evan	SR	West Delaware Ma	35	18:53.96	2:26.14	6:05.0	3:46.8
46 NIEMAN, Russell	SR	Turkey Valley Jacks	-	18:58.94	2:31.12	6:06.6	3:47.8
47 GREIMAN, Casey	FR	Hudson	36	19:06.50	2:38.68	6:09.0	3:49.3
48 DUDZIK, Danny	SO	Beckman Catholic	8	19:08.01	2:40.19	6:09.5	3:49.6
49 THOMSEN, Landon	SO	North Linn Troy Mill	9	19:11.16	2:43.34	6:10.5	3:50.2
50 CAROLAN, Zach	SR	Alburnett	37	19:11.59	2:43.77	6:10.6	3:50.3
51 OTDOERFER, Ian	JR	Starmont West Cen	38	19:16.06	2:48.24	6:12.1	3:51.2
52 HART, Jalen	JR	Columbus Catholic	10	19:16.49	2:48.67	6:12.2	3:51.3
53 FISH, Adam	SR	Independence	39	19:17.17	2:49.35	6:12.4	3:51.4
54 GAUL, Adam	SO	Beckman Catholic	11	19:22.92	2:55.10	6:14.3	3:52.6
55 HANSEN, Brady	SR	Hudson	40	19:23.01	2:55.19	6:14.3	3:52.6
56 WENGER, Braden	JR	West Delaware Ma	41	19:26.50	2:58.68	6:15.4	3:53.3
57 DICKENSON, Zachary	SO	Vinton-Shellsburg	42	19:32.12	3:04.30	6:17.3	3:54.4
58 TIMMERMAN, Jagger	FR	Starmont West Cen	43	19:32.98	3:05.16	6:17.5	3:54.6
59 ELLIOT, Peyton	SO	North Fayette Valle	44	19:37.04	3:09.22	6:18.8	3:55.4
60 PINION, Caleb	SO	Starmont West Cen	45	19:41.39	3:13.57	6:20.2	3:56.3
61 DOEPKE, Mitchell	SO	Denver	(46)	19:43.75	3:15.93	6:21.0	3:56.8
62 CULHAM, Jacob	SO	Hudson	47	19:45.15	3:17.33	6:21.4	3:57.0
63 STEFFEN, Alex	SR	West Delaware Ma	(48)	19:46.20	3:18.38	6:21.8	3:57.2
64 NELSON, Hayden	SR	East Buchanan Win	-	19:52.09	3:24.27	6:23.7	3:58.4
65 WARNELL, Connor	SR	Hudson	49	19:53.50	3:25.68	6:24.1	3:58.7
66 SCHECHINGER, Austin	JR	Alburnett	50	19:54.32	3:26.50	6:24.4	3:58.9
67 EGAN, Sam	SO	Sumner-Fredericks	51	19:55.04	3:27.22	6:24.6	3:59.0
68 OSBORN, Westin	JR	Sumner-Fredericks	52	19:55.77	3:27.95	6:24.9	3:59.2
69 MULLEN, Cameron	SO	Union La Porte City	53	19:57.23	3:29.41	6:25.3	3:59.4
70 BARBER, Drew	SR	Hudson	54	19:57.61	3:29.79	6:25.5	3:59.5
71 SPENCE, Sawyer	SO	Union La Porte City	55	20:00.05	3:32.23	6:26.2	4:00.0
72 KING, Elijah	SO	Oelwein	56	20:03.64	3:35.82	6:27.4	4:00.7
73 RUFF, Tucker	JR	MFL MarMac	-	20:05.48	3:37.66	6:28.0	4:01.1
74 DOWD, Landon	SO	Oelwein	(57)	20:06.46	3:38.64	6:28.3	4:01.3
75 WURZER, Easton	FR	Sumner-Fredericks	58	20:10.79	3:42.97	6:29.7	4:02.2
76 KLOPPING, Zach	JR	Vinton-Shellsburg	(59)	20:12.58	3:44.76	6:30.3	4:02.5
77 CARNEY, Jonah	SO	Aplington-Parkersb	-	20:12.82	3:45.00	6:30.4	4:02.6
78 PUTNEY, Ryan	SO	North Fayette Valle	60	20:13.97	3:46.15	6:30.7	4:02.8
79 ESKEVIK, Mats	SR	Dike-New Hartford	61	20:17.68	3:49.86	6:31.9	4:03.5
80 SWALES, Maison	FR	Starmont West Cen	62	20:17.95	3:50.13	6:32.0	4:03.6
81 BLAKE, Brennen	JR	Sumner-Fredericks	63	20:21.11	3:53.29	6:33.0	4:04.2
82 HUCK, Robert	FR	North Fayette Valle	64	20:21.12	3:53.30	6:33.0	4:04.2
83 BARAT-KLIMESH, Konner	SR	Oelwein	(65)	20:22.62	3:54.80	6:33.5	4:04.5
84 HARTSOCK, Brady	FR	Dike-New Hartford	66	20:24.82	3:57.00	6:34.2	4:05.0
85 GOERDT, Steffen	FR	Beckman Catholic	12	20:25.34	3:57.52	6:34.4	4:05.1

**2023 STARMONT INVITATIONAL**

Arlington, IA  
 Starmont High School  
 Host: Starmont  
 Tuesday, September 12, 2023

**MEET OFFICIALS**

**Meet Director:**  
 Charlie Gruman  
**Meet Referee:**  
 Howard Simpson  
**Timing:**  
 Shannon Event Timings



**OFFICIAL MEET REPORT**  
 printed: 9/12/2023 6:54 PM

**Race #6**  
**Boys Varsity 5K**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
86 NEUHAUS, Owen	SR	West Delaware Ma	(67)	20:28.14	4:00.32	6:35.3	4:05.6
87 SCHAEFER, Finn	SO	Wapsie Valley Fairb	13	20:30.12	4:02.30	6:35.9	4:06.0
88 DEWINTER, Maddux	SO	Union La Porte City	68	20:30.88	4:03.06	6:36.2	4:06.2
89 WILSON, Tanner	JR	Independence	69	20:34.25	4:06.43	6:37.2	4:06.9
90 MINARD, Calvin	FR	Columbus Catholic	14	20:35.21	4:07.39	6:37.6	4:07.0
91 GABE, Stansbery	SO	North Fayette Valle	70	20:37.36	4:09.54	6:38.2	4:07.5
92 WIELAND, Tyler	JR	Independence	71	20:40.15	4:12.33	6:39.1	4:08.0
93 HERMAN, Mason	SR	Union La Porte City	72	20:41.07	4:13.25	6:39.4	4:08.2
94 RILEY, Finn	SR	Alburnett	73	20:45.23	4:17.41	6:40.8	4:09.0
95 UCHIYAMA-HANSEN, Keng	JR	Union La Porte City	(74)	20:46.24	4:18.42	6:41.1	4:09.2
96 ABEL, Trenton	JR	Alburnett	(75)	20:47.18	4:19.36	6:41.4	4:09.4
97 CONVERSE, Lane	SR	Sumner-Fredericks	(76)	20:47.25	4:19.43	6:41.4	4:09.5
98 ALLEN, Leif	FR	Vinton-Shellsburg	(77)	20:48.29	4:20.47	6:41.8	4:09.7
99 EIKLENBORG, Liam	SR	Dike-New Hartford	78	20:48.47	4:20.65	6:41.8	4:09.7
100 DECKER, Talan	JR	Independence	79	20:49.61	4:21.79	6:42.2	4:09.9
101 SALRIN, Andrew	SR	Beckman Catholic	(15)	20:50.93	4:23.11	6:42.6	4:10.2
102 DALL, Cooper	FR	Dike-New Hartford	80	20:55.97	4:28.15	6:44.2	4:11.2
103 MCCORMICK, Reid	SO	Dike-New Hartford	81	20:57.50	4:29.68	6:44.7	4:11.5
104 SCOTT, Brady	SO	Alburnett	(82)	20:58.32	4:30.50	6:45.0	4:11.7
105 STICKFORT, Aaron	FR	Aplington-Parkersb	-	21:04.12	4:36.30	6:46.9	4:12.8
106 ROGAN, Walter	FR	North Linn Troy Mill	16	21:17.71	4:49.89	6:51.2	4:15.5
107 EIMERS, Michael	FR	Sumner-Fredericks	(83)	21:19.94	4:52.12	6:52.0	4:16.0
108 SMITH, Isaac	FR	Starmont West Cen	84	21:23.56	4:55.74	6:53.1	4:16.7
109 SEBER, Carter	JR	Waterloo East	-	21:24.14	4:56.32	6:53.3	4:16.8
110 GATES, Blake	SR	Independence	85	21:26.64	4:58.82	6:54.1	4:17.3
111 LUENSMANN, Cole	SO	Beckman Catholic	(17)	21:29.41	5:01.59	6:55.0	4:17.9
112 STICKLER, Aidan	JR	Dunkerton	-	21:32.14	5:04.32	6:55.9	4:18.4
113 BERUMEZ, Jacob	JR	Columbus Catholic	18	21:33.26	5:05.44	6:56.2	4:18.7
114 ELLEDGE, Trenton	FR	East Buchanan Win	-	21:35.26	5:07.44	6:56.9	4:19.1
115 HUNDLEY, Layne	FR	Waterloo East	-	21:38.62	5:10.80	6:58.0	4:19.7
116 GELNER, Noah	SO	Starmont West Cen	(86)	21:44.84	5:17.02	7:00.0	4:21.0
117 SOTOMAYOR, Mateo	SR	Dike-New Hartford	(87)	21:48.74	5:20.92	7:01.2	4:21.7
118 POPE, Jackson	FR	Starmont West Cen	(88)	21:49.72	5:21.90	7:01.5	4:21.9
119 SANCHEZ, Anthony	JR	Waterloo East	-	21:52.05	5:24.23	7:02.3	4:22.4
120 CAMPOS MORALES, Cesar	SR	North Fayette Valle	89	21:52.93	5:25.11	7:02.6	4:22.6
121 JENSEN, Colton	FR	Hudson	(90)	21:53.22	5:25.40	7:02.7	4:22.6
122 STEELE, Alex	SR	Hudson	(91)	21:54.04	5:26.22	7:02.9	4:22.8
123 REYNOLDS, Adian	FR	Edgewood-Colesbu	-	21:55.66	5:27.84	7:03.5	4:23.1
124 KILER, Chase	SR	Independence	(92)	22:09.36	5:41.54	7:07.9	4:25.9
125 HOHENBRINK, Nick	SR	North Fayette Valle	(93)	22:15.67	5:47.85	7:09.9	4:27.1
126 GREGORSOK, Seth	FR	Janesville	19	22:21.72	5:53.90	7:11.8	4:28.3
127 JUSTASON, Kyle	SR	Independence	(94)	22:26.60	5:58.78	7:13.4	4:29.3
128 WESTENDORF, Jason	FR	Janesville	20	22:29.69	6:01.87	7:14.4	4:29.9
129 WEEPIE, Marshall	SO	Wapsie Valley Fairb	21	23:03.83	6:36.01	7:25.4	4:36.8
130 EIKE, Elijah	SO	Wapsie Valley Fairb	22	23:39.02	7:11.20	7:36.7	4:43.8
131 LONG, Sawyer	SO	North Linn Troy Mill	23	23:48.11	7:20.29	7:39.6	4:45.6

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 printed: 9/12/2023 6:54 PM

**Race #6**  
**Boys Varsity 5K**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
132 HJELMELAND, Ethan	SR	Janesville	24	24:10.71	7:42.89	7:46.9	4:50.1
133 ROSS, Logan	JR	MFL MarMac	-	24:34.35	8:06.53	7:54.5	4:54.9
134 MINARD, Louis	SR	Columbus Catholic	25	24:50.54	8:22.72	7:59.7	4:58.1
135 BIERMANN, Breven	SR	Tripoli	-	24:54.96	8:27.14	8:01.2	4:59.0
136 KANE, Madden	SO	Wapsie Valley Fairb	(26)	25:04.31	8:36.49	8:04.2	5:00.9
137 OLTMANN, Alex	SR	Janesville	27	25:13.29	8:45.47	8:07.1	5:02.7
138 NELSON, Landry	FR	East Buchanan Win	-	28:05.09	11:37.2	9:02.4	5:37.0
139 LITTLE, Aidan	FR	Janesville	28	33:13.41	16:45.5	10:41.6	6:38.7