

Race #4
Girls Varsity 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1 Forest City	65	1:55:23	23:05	
2 Iowa Falls-Alden	83	1:58:00	23:36	
3 Garner-Hayfield-Ventura	99	2:00:07	24:02	
4 Osage	112	2:00:24	24:05	
5 Central Springs	114	2:01:26	24:18	
6 Newman Catholic Mason City	133	2:03:43	24:45	
7 North Iowa Buffalo Center	135	2:02:09	24:26	
8 Saint Ansgar	188	2:08:58	25:48	
9 West Hancock Britt	249	2:15:51	27:11	
10 Lake Mills	252	2:16:12	27:15	

INDIVIDUAL RESULTS

Athlete	Team	Score	Time
1 Scarlett Byrnes	Osage	1	20:21.56
2 Addison Voelker	North Butler Greene	--	20:54.98
3 Lauren Hillesland	North Iowa Buffalo Center	2	21:17.01
4 Becca Hofmann	North Iowa Buffalo Center	3	21:24.60
5 Claire Rye	Central Springs	4	21:30.71
6 Lila Powers	Saint Ansgar	5	21:48.65
7 Zoey Holmes	Forest City	6	22:12.20
8 Carmen Sharp	Forest City	7	22:15.50
9 Elizabeth Kielty	Iowa Falls-Alden	8	22:19.57
10 Dani Riecks	Iowa Falls-Alden	9	22:35.15
11 Tess Weiner	Newman Catholic Mason City	10	22:39.75
12 Claire Weaver	Forest City	11	22:44.59
13 Emilie Weaver	Forest City	12	22:57.00
14 Sara Homann	Garner-Hayfield-Ventura	13	23:03.27
15 Katelyn Knoll	Garner-Hayfield-Ventura	14	23:15.15
16 Lydia Nachazel	Iowa Falls-Alden	15	23:38.20
17 Ella Petree	Newman Catholic Mason City	16	23:40.58
18 Kenna Hemann	Newman Catholic Mason City	17	23:47.20
19 Kendall Power	Osage	18	23:55.94
20 Addyson Main	Central Springs	19	24:00.59
21 McKenna Kelley	Central Springs	20	24:01.58
22 Avery Williams	Garner-Hayfield-Ventura	21	24:14.35
23 Abby Rachut	Osage	22	24:19.20
24 Miriam Beenken	North Iowa Buffalo Center	23	24:25.32
25 Tarah Ruckdashel	West Fork Sheffield	--	24:31.81

Athlete	Team	Score	Time
26 Jessica Larson	Garner-Hayfield-Ventura	24	24:33.78
27 Abbie Andrews	Iowa Falls-Alden	25	24:33.84
28 Caitlyn Archer	Iowa Falls-Alden	26	24:52.83
29 Chloe Mullenbach	Garner-Hayfield-Ventura	27	24:59.63
30 Annika Nelson	Iowa Falls-Alden	28	25:10.09
31 Ashlee Aukes	Forest City	29	25:13.18
32 Lanie Hanna	Saint Ansgar	30	25:19.47
33 Taylor Gassman	Forest City	31	25:22.32
34 Elli Christensen	West Hancock Britt	32	25:26.74
35 Evelyn Hitzhusen	West Fork Sheffield	--	25:28.10
36 Jana Harms	West Fork Sheffield	--	25:28.84
37 Mya Howes	Central Springs	33	25:32.36
38 Hailey Hanson	Garner-Hayfield-Ventura	34	25:34.15
39 Gable Hemann	Osage	35	25:43.05
40 Abbie Capesius	Bishop Garrigan Algona	--	25:45.37
41 Ellie Harms	West Fork Sheffield	--	25:56.93
42 Emma Evans	Osage	36	26:03.80
43 Annaliese Arciniega	Osage	37	26:14.91
44 Whitney Davis	Central Springs	38	26:20.30
45 Addy Sayer	Osage	39	26:21.51
46 Emma Hall	Saint Ansgar	40	26:30.19
47 Elisabeth Nicholson	Clear Lake Classical	--	26:32.81
48 Jenna Chizek	Garner-Hayfield-Ventura	41	26:37.83
49 Lila Ose	Iowa Falls-Alden	42	26:39.30
50 Kyla Johanson	Lake Mills	43	26:40.56
51 Kate Knoll	Newman Catholic Mason City	44	26:41.95
52 Brennen Grunzke	Forest City	45	26:43.32
53 Sydney Andersen	Newman Catholic Mason City	46	26:53.07
54 Mya Peterson	Lake Mills	47	26:53.45
55 Alexis Gray	North Iowa Buffalo Center	48	27:00.16
56 Macy Thorson	Northwood-Kensett	--	27:07.35
57 Rachel Olsen	Newman Catholic Mason City	49	27:09.03
58 Tara Marchand	West Hancock Britt	50	27:09.96
59 Lexi Hanson-Brandsoy	Northwood-Kensett	--	27:11.42
60 Kara Renneker	Lake Mills	51	27:11.74
61 Lakin Evans	Saint Ansgar	52	27:12.86
62 Gabrielis SantiagoRodriguez	Lake Mills	53	27:29.72
63 Merrin Hansen	Northwood-Kensett	--	27:30.81
64 Vanessa Mendez	West Hancock Britt	54	27:35.44
65 Maggie McMichael	Newman Catholic Mason City	55	27:37.83
66 Sophie Aitchison	West Hancock Britt	56	27:46.30
67 Isabelle Aitchison	West Hancock Britt	57	27:51.79
68 Anna Stene	Lake Mills	58	27:56.28
69 Madeline Halberg	North Iowa Buffalo Center	59	28:01.82
70 Annie Bloedel	Lake Mills	60	28:04.23

Athlete	Team	Score	Time
71 Abbey Muller	Saint Ansgar	61	28:06.38
72 Ava Keiper	West Hancock Britt	62	28:12.20
73 Dayton Berman	Central Springs	63	28:26.39
74 Brinley Hiscocks	West Hancock Britt	64	28:37.36
75 Cora Barnett	North Butler Greene	--	28:55.26
76 Aeryn Anderson	North Butler Greene	--	29:20.99
77 Kaylie Sylvara	Lake Mills	65	29:37.33
78 Rosanne Curtis	Bishop Garrigan Algona	--	30:12.53
79 Reina Rietjens	Clear Lake Classical	--	30:13.64
80 Julia Whipple	Central Springs	66	30:50.85
81 Hailey Winters	Rockford	--	32:31.86

Race #3
Boys Varsity 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

	Final Standings	Score	Total	Avg.	Division
1	Lake Mills	57	1:33:28	18:42	
2	Forest City	60	1:34:00	18:48	
3	Garner-Hayfield-Ventura	74	1:35:15	19:03	
4	North Butler Greene	127	1:40:07	20:02	
5	Central Springs	160	1:43:01	20:37	
6	Newman Catholic Mason City	169	1:44:14	20:51	
7	North Iowa Buffalo Center	170	1:43:51	20:47	
8	West Fork Sheffield	193	1:46:32	21:19	
9	Osage	220	1:48:21	21:41	
10	West Hancock Britt	266	1:54:29	22:54	
11	Iowa Falls-Alden	280	1:56:16	23:16	

INDIVIDUAL RESULTS

	Athlete	Team	Score	Time
1	Gavin Grunhovd	North Iowa Buffalo Center	1	17:28.96
2	Justin Rygh	Lake Mills	2	17:47.99
3	Zach Flatebo	Garner-Hayfield-Ventura	3	17:53.83
4	Silas Gann	Forest City	4	17:59.21
5	Kade Van Roekel	Lake Mills	5	18:01.67
6	Knute Rogne	Lake Mills	6	18:05.76
7	Ezra Almelen	North Butler Greene	7	18:13.64
8	Trager Pecha	North Butler Greene	8	18:15.74
9	Keagan Albertson	Forest City	9	18:27.56
10	Caleb Good	Garner-Hayfield-Ventura	10	18:34.71
11	Gavin Ryner	Central Springs	11	18:48.33
12	Adam Henrich	Newman Catholic Mason City	12	18:52.68
13	Ethan Bertram	Forest City	13	18:55.41
14	Connor Hammitt	Garner-Hayfield-Ventura	14	18:58.42
15	Holden Reynolds	Forest City	15	19:07.97
16	Hayden Thompson	Lake Mills	16	19:11.73
17	Jackson Potter	North Iowa Buffalo Center	17	19:25.27
18	Jonah Pringnitz	Garner-Hayfield-Ventura	18	19:25.28
19	Ezra Thompson	Forest City	19	19:29.53
20	Carter Lanphere	Central Springs	20	19:31.85
21	Darren Adams	Osage	21	19:36.92
22	Dawson Sharp	Forest City	22	19:39.15
23	Hunter Miller	Iowa Falls-Alden	23	19:41.47
24	Liam Stockberger	Central Springs	24	19:54.77

	Athlete	Team	Score	Time
25	Cooper Blaser	Forest City	25	20:01.36
26	Wyatt Anderson	North Butler Greene	26	20:02.05
27	Noah O'Connell	Newman Catholic Mason City	27	20:09.31
28	Caleb Skogen	Lake Mills	28	20:20.85
29	Ty Heller	Garner-Hayfield-Ventura	29	20:22.16
30	Stephen Brandenburg	Lake Mills	30	20:26.91
31	Joseph Charlson	Lake Mills	31	20:27.37
32	Isaiah Collins	West Hancock Britt	32	20:36.58
33	Isaac Hillesland	North Iowa Buffalo Center	33	20:38.50
34	Dylan Sturges	West Fork Sheffield	34	20:52.23
35	Tyler Englin	Garner-Hayfield-Ventura	35	20:57.08
36	Levi Ruckdashel	West Fork Sheffield	36	20:59.12
37	Ashyr Wiseman	West Fork Sheffield	37	21:03.00
38	Dan Spooner	Newman Catholic Mason City	38	21:13.73
39	Blake Buitenwerf	Garner-Hayfield-Ventura	39	21:20.32
40	Brett Halbach	Osage	40	21:26.75
41	William Nielsen	North Butler Greene	41	21:36.18
42	Max Martinek	West Fork Sheffield	42	21:41.19
43	Abram Clark	Saint Ansgar	--	21:46.19
44	Tyler Petree	Newman Catholic Mason City	43	21:50.09
45	Owen Wedmore	West Fork Sheffield	44	21:55.70
46	Alex Almelen	North Butler Greene	45	21:59.37
47	Kaden VanEpps	West Hancock Britt	46	22:02.98
48	Trevor Despenas	West Fork Sheffield	47	22:04.50
49	Nicholas Messersmith	Osage	48	22:06.57
50	Josh Hanson	Newman Catholic Mason City	49	22:07.65
51	Aaron Ihrke	West Fork Sheffield	50	22:10.46
52	Riley Gauden	West Hancock Britt	51	22:11.51
53	Lamar Barragan	Central Springs	52	22:22.67
54	Jack Pruin	Central Springs	53	22:23.08
55	Lucan Knutson	Saint Ansgar	--	22:26.26
56	Zach Heiken	Northwood-Kensett	--	22:29.66
57	Jasper Wirth	North Iowa Buffalo Center	54	22:32.13
58	Hampton Arciniega	Osage	55	22:32.95
59	Tanner Wright	Osage	56	22:37.46
60	Drew Granzow	Iowa Falls-Alden	57	22:49.43
61	Owen Wetter	Central Springs	58	22:55.73
62	Sam Steidl	Newman Catholic Mason City	59	22:56.90
63	Logan Mitchell	Osage	60	22:58.05
64	Drew Crimmins	Newman Catholic Mason City	61	23:02.80
65	Tysen Stangel	Osage	62	23:16.12
66	Ethan Kuper	Bishop Garrigan Algona	--	23:31.32
67	Nate Sparks	Iowa Falls-Alden	63	23:34.20
68	Blake Barker	Central Springs	64	23:36.29
69	Noah Hanson	North Iowa Buffalo Center	65	23:46.10

Athlete	Team	Score	Time
70 Logan Johnson	Clear Lake Classical	--	24:24.52
71 Wilken Kube	Iowa Falls-Alden	66	24:28.55
72 Carson Fox	West Hancock Britt	67	24:29.71
73 Brady Henning	North Butler Greene	68	24:34.77
74 Owen Swygman	North Butler Greene	69	24:43.29
75 Cameron Fox	West Hancock Britt	70	25:07.82
76 Aaron Blackburn	Iowa Falls-Alden	71	25:41.58
77 Wyatt Eekhoff	West Hancock Britt	72	26:30.74
78 Brian Nunez	Saint Ansgar	--	26:39.54
79 Trey Stevens	Rockford	--	28:29.43
80 Corbin Darlene	Bishop Garrigan Algona	--	29:02.77
81 Caleb Leitzen	Iowa Falls-Alden	73	29:17.98
82 Nathaniel Darling	Bishop Garrigan Algona	--	30:40.34

Race #6
Girls JV 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1 Forest City	31	2:22:59	28:36	
2 Garner-Hayfield-Ventura	34	2:25:17	29:04	
3 Osage	58	2:39:41	31:57	

INDIVIDUAL RESULTS

Athlete	Team	Score	Time
1 Courtney Hanson	Garner-Hayfield-Ventura	1	26:52.79
2 Kate Klaassen	Forest City	2	27:06.25
3 Gabrielle Stauffer	Iowa Falls-Alden	--	27:10.05
4 Kaylynn Hook	Garner-Hayfield-Ventura	3	27:10.76
5 Maggie Heiden	Iowa Falls-Alden	--	27:24.77
6 Jenna Pringnitz	Garner-Hayfield-Ventura	4	27:30.11
7 Lindsay Clouse	Forest City	5	28:10.61
8 Ava Hennessey	Osage	6	28:16.11
9 Allison Wirtjes	Forest City	7	29:07.28
10 Olivia Zeman	Forest City	8	29:10.27
11 Elise Wirtjes	Forest City	9	29:23.71
12 Amaris Haigh	Osage	10	29:54.99
13 Ellie Redig	Lake Mills	--	29:56.97
14 Jaelyn Anderson	Garner-Hayfield-Ventura	11	29:58.36
15 Emma Taft	Lake Mills	--	30:02.84
16 Jazzmine Olson	Osage	12	30:03.89
17 Haylen Broshar	West Hancock Britt	--	30:37.44
18 Alexa Torres	Forest City	13	30:42.06
19 Ashley Muhs	Osage	14	31:50.35
20 Lilly Young	Lake Mills	--	31:51.39
21 Veronica Spooner	Newman Catholic Mason City	--	32:39.59
22 Macie Lau	Garner-Hayfield-Ventura	15	33:44.49
23 Claire Hiscocks	West Hancock Britt	--	37:31.32
24 Kayelea Parks	Osage	16	39:34.84
25 Elyza Williamson	Osage	17	40:58.51
26 Addison Shinker	Osage	18	41:35.79
27 Ellie Rodriguez	Garner-Hayfield-Ventura	19	42:05.72

Race #5
Boys JV 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1 Forest City	16	1:43:38	20:44	
2 Lake Mills	50	1:54:26	22:54	
3 West Fork Sheffield	82	2:01:54	24:23	
4 Osage	99	2:05:06	25:02	
5 Central Springs	104	2:06:44	25:21	

INDIVIDUAL RESULTS

Athlete	Team	Score	Time
1 Grant Gayther	Forest City	1	20:06.32
2 Chase Sorenson	Forest City	2	20:13.39
3 Daunta Berg	Forest City	3	20:26.47
4 Dirk Zeman	Forest City	4	20:57.67
5 Kacey Renneker	Lake Mills	5	21:12.45
6 Gavin Chambers	Garner-Hayfield-Ventura	--	21:43.40
7 Jackson Clouse	Forest City	6	21:53.76
8 Royce Peterson	Lake Mills	7	22:04.80
9 Lane Rygh	Lake Mills	8	22:56.42
10 Edison Maske	West Fork Sheffield	9	23:05.43
11 Bryce Budach	Lake Mills	10	23:19.08
12 Jason Betts	Forest City	11	23:19.82
13 Latham Mitchell	Garner-Hayfield-Ventura	--	23:30.60
14 Thomas Haas	Central Springs	12	23:37.98
15 Finn Smith	Osage	13	23:42.68
16 Jace Suntken	Newman Catholic Mason City	--	23:43.04
17 Brooks Jones	West Fork Sheffield	14	23:47.66
18 Aizyk Wiseman	West Fork Sheffield	15	23:49.96
19 Eli Muhlenbruch	West Fork Sheffield	16	23:52.16
20 Elias Carlsson	Newman Catholic Mason City	--	24:01.06
21 Owen Klatt	Newman Catholic Mason City	--	24:13.36
22 Jackson Johnson	Osage	17	24:29.81
23 Bryce Barker	Central Springs	18	24:31.42
24 Tate Wymore	Central Springs	19	24:31.61
25 Lucas Helgeland	Lake Mills	20	24:52.78
26 Luke Lamb	Garner-Hayfield-Ventura	--	24:55.18
27 Marcus Pedalty	Forest City	21	25:00.69
28 Wyatt Bertram	Forest City	--	25:01.51
29 Connor Adams	Osage	22	25:08.65
30 Ben Schutt	Newman Catholic Mason City	--	25:11.92

Athlete	Team	Score	Time
31 Calvin Mellman	Osage	23	25:48.92
32 Ben Meier	Osage	24	25:55.85
33 Luke Raulie	Forest City	--	25:56.58
34 Jacob Sulzie	Lake Mills	25	26:07.92
35 Jonah Carson	Central Springs	26	26:38.78
36 Ethan Peterson	Osage	27	26:39.96
37 Brett Behr	West Fork Sheffield	28	27:18.02
38 Brooke Berding	Central Springs	29	27:23.86
39 Isaiah Mikes	Forest City	--	29:34.22
40 Miles Nielsen	North Butler Greene	--	29:39.87
41 Grant Lamb	Garner-Hayfield-Ventura	--	29:43.03
42 Isaac Weber	Osage	30	29:47.63
43 Logan Corcoran	Central Springs	31	30:10.17

Race #2
Girls Jr High 2 Miles
FINAL RESULTS
TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1 Saint Ansgar	33	1:18:57	15:48	
2 MS_Clear Lake	57	1:25:48	17:10	
3 MS_GHV	64	1:28:21	17:41	
4 West Fork Sheffield	65	1:28:37	17:44	

INDIVIDUAL RESULTS

Athlete	Team	Score	Time
1 Ava Witt	Saint Ansgar	1	13:53.50
2 Makenna Dick	West Fork Sheffield	2	14:10.40
3 Elana Englin	MS_GHV	3	14:11.90
4 Alexis Mujica	Newman Catholic Mason City	--	14:28.30
5 Ella Horgen	Saint Ansgar	4	15:21.90
6 Addyson Moellers	West Fork Sheffield	5	15:30.90
7 Nichole Larsen	MS_GHV	6	15:40.70
8 Hailey Voigt	MS_Osage	--	15:44.80
9 Lauren Adams	MS_Osage	--	15:50.20
10 Hope Voigt	MS_Osage	--	15:51.90
11 LaBella Clark	Saint Ansgar	7	16:08.40
12 Jillian Doolittle	MS_Clear Lake	8	16:30.30
13 Amelia Walk	Saint Ansgar	9	16:31.50
14 Avery Ries	MS_Clear Lake	10	16:55.50
15 Renn Jennings	MS_Clear Lake	11	16:58.50
16 Claire Squire	Saint Ansgar	12	17:01.30
17 Claire Rasmuson	MS_Clear Lake	13	17:16.50
18 Alexis Greiman	MS_GHV	14	17:43.60
19 Natalie Brady	MS_Clear Lake	15	18:06.50
20 Norah Blodgett	North Iowa Buffalo Center	--	18:11.70
21 Nevaeh Walton	MS_Osage	--	18:12.20
22 Autumn Schilling	West Fork Sheffield	16	18:14.30
23 Sara Schutt	Newman Catholic Mason City	--	18:18.90
24 Kennedy LeDuc	MS_Clear Lake	17	18:21.80
25 Rachel Rietjens	Clear Lake Classical	--	18:28.00
26 Lauren Good	MS_Clear Lake	18	18:36.60
27 Ava Harms	MS_Clear Lake	--	19:24.90
28 Carlee Plagge	MS_Clear Lake	--	19:25.00
29 Adayr Wiseman	West Fork Sheffield	19	19:59.40
30 Erica Fritz	MS_GHV	20	20:12.70
31 Jocelyn Orchard	MS_Clear Lake	--	20:29.70

Athlete	Team	Score	Time
32 Kara Knoll	MS_GHV	21	20:31.40
33 Shelby Johnson	MS_GHV	22	20:36.80
34 Lily Baker	West Fork Sheffield	23	20:41.20
35 Anna Fritz	MS_GHV	24	21:10.80
36 Sophia Korenberg	MS_Clear Lake	--	21:30.30
37 Kylie Piper	MS_GHV	--	22:03.80
38 Aureah Vickerman	Rockford	--	27:36.00



NEWMAN INVITATIONAL

Mason City, IA

NIACC

8/29/2023

Race #1

Boys Jr High 2 Miles

FINAL RESULTS

TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1 MS_Clear Lake	25	1:19:03	15:49	
2 Newman Catholic Mason City	33	1:23:30	16:42	

INDIVIDUAL RESULTS

Athlete	Team	Score	Time
1 Jon Schutnetch	MS_GHV	--	12:30.60
2 Jayden Grunhovd	North Iowa Buffalo Center	--	12:35.00
3 Brayden Williams	West Fork Sheffield	--	13:35.40
4 Lucas Weiland	Clear Lake Classical	--	13:42.80
5 Robert Marks	MS_Osage	--	14:08.10
6 Sam Ward	MS_Clear Lake	1	14:11.20
7 Cayden Callison	Clear Lake Classical	--	14:19.60
8 Kaden Graf	West Fork Sheffield	--	14:48.50
9 Ben Boyer	Newman Catholic Mason City	2	15:03.80
10 Austin Kollasch	MS_Clear Lake	3	15:13.40
11 Carl Carlsson	Newman Catholic Mason City	4	15:55.60
12 Drew Seers	MS_GHV	--	16:06.50
13 Tristan Grey	Newman Catholic Mason City	5	16:16.50
14 Von Wumkes	MS_Clear Lake	6	16:24.90
15 Ethan Matson	North Iowa Buffalo Center	--	16:28.50
16 Zeke Jordan	MS_Clear Lake	7	16:31.20
17 Reed Lundt	West Fork Sheffield	--	16:35.10
18 Sam Faber	MS_Clear Lake	8	16:41.90
19 Riley Johnson	MS_Osage	--	17:03.80
20 Nathaniel Seehusen	MS_Clear Lake	9	17:06.10
21 Ezra Weber	MS_Osage	--	17:07.30
22 Garrett Summerfield	Newman Catholic Mason City	10	18:01.20
23 Anthony Tolentino	MS_Clear Lake	11	18:03.30
24 Patrick Skinner	Newman Catholic Mason City	12	18:12.70
25 Kinnick Campbell	MS_Clear Lake	--	18:26.30
26 Jace Pitzenberger	Newman Catholic Mason City	13	19:18.60
27 Micah Seehusen	MS_Clear Lake	--	19:21.40

Athlete	Team	Score	Time
28 Noah Opperman	MS_Clear Lake	--	20:07.30
29 Nehemiah Kapler	MS_Clear Lake	--	21:49.40
30 Andrew Flagge	Newman Catholic Mason City	14	22:29.70
31 Josiah Kapler	MS_Clear Lake	--	22:36.40
32 Reginald Southgate	MS_Clear Lake	--	22:39.60