

TROJAN EARLY BIRD INVITATIONAL 2023

Iowa City, IA
 Ashton Cross Country Course
 Weather: Sunny, SSW 5-10mph, 46% & 82
 Host: Iowa City West
 Monday, August 28, 2023

MEET OFFICIALS

Meet Director:
 BJ Mayer
Meet Referee:
 Bill Neal
Timing:
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING
OFFICIAL MEET REPORT
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Race #3
Varsity Girls 5K

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Dubuque Hempstead	26	2-3-4-8-9(13)(32)	1:44:38	20:56	1:43.9
2 Iowa City Liberty	54	7-10-11-12-14(30)(33)	1:49:52	21:59	1:06.5
3 Mid-Prairie Wellman	74	1-16-18-19-20(23)(31)	1:49:52	21:59	2:57.0
4 Iowa City West	88	6-15-21-22-24(26)(29)	1:52:07	22:26	2:18.6
5 Bettendorf	102	5-17-25-27-28(34)(35)	1:54:05	22:49	2:57.0

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 HOSTETLER, Danielle	SR	Mid-Prairie Wellma	1	19:40.3	6:20.7	3:56.5
2 LEITZEN, Keelee	SR	Dubuque Hempstea	2	19:56.5	6:25.9	3:59.8
3 GEHL, Julia	SR	Dubuque Hempstea	3	20:38.7	6:39.6	4:08.2
4 HENNEBERRY, Evie	JR	Dubuque Hempstea	4	20:43.9	6:41.2	4:09.3
5 SEE, Emily	SR	Bettendorf	5	20:49.4	6:43.0	4:10.4
6 VAN WANING, Kate	SO	Iowa City West	6	20:56.4	6:45.3	4:11.8
7 MAC, Cori	SR	Iowa City Liberty	7	21:10.8	6:49.9	4:14.7
8 LANGE, Mylee	JR	Dubuque Hempstea	8	21:38.5	6:58.8	4:20.2
9 HENNEBERRY, Maggie	SO	Dubuque Hempstea	9	21:40.4	6:59.5	4:20.6
10 MAHER, Carleigh	SO	Iowa City Liberty	10	22:04.3	7:07.2	4:25.4
11 MARQUARDT, Mimi	JR	Iowa City Liberty	11	22:09.8	7:08.9	4:26.5
12 WELCH, Clara	JR	Iowa City Liberty	12	22:10.0	7:09.0	4:26.5
13 LEITZEN, Natalie	SO	Dubuque Hempstea (13)	13	22:11.1	7:09.4	4:26.7
14 CANTON, Bridget	SR	Iowa City Liberty	14	22:17.2	7:11.4	4:28.0
15 WANG, Cindy	SR	Iowa City West	15	22:17.9	7:11.6	4:28.1
16 POLL, Annika	SR	Mid-Prairie Wellma	16	22:25.6	7:14.1	4:29.7
17 EVERDING, Annabelle	JR	Bettendorf	17	22:28.6	7:15.0	4:30.2
18 STUTZMAN, Brooklyn	FR	Mid-Prairie Wellma	18	22:32.8	7:16.4	4:31.1
19 SIEREN, Greta	SR	Mid-Prairie Wellma	19	22:35.9	7:17.4	4:31.7
20 FLEMING, Abby	SR	Mid-Prairie Wellma	20	22:37.3	7:17.8	4:32.0
21 OLSON, Susanna	FR	Iowa City West	21	22:46.2	7:20.7	4:33.8
22 TITUS, Kalli	JR	Iowa City West	22	22:51.6	7:22.4	4:34.9
23 SHETLER, Phoebe	SR	Mid-Prairie Wellma (23)	23	23:06.9	7:27.4	4:37.9
24 VARGA, Erinn	SR	Iowa City West	24	23:15.0	7:30.0	4:39.6
25 BORLAND, Destiny	SO	Bettendorf	25	23:15.6	7:30.2	4:39.7
26 HUNTER, Stella	JR	Iowa City West (26)	26	23:26.5	7:33.7	4:41.8
27 SCHAEFER, MacKenzie	JR	Bettendorf	27	23:44.8	7:39.6	4:45.5
28 RASMER, Calista	JR	Bettendorf	28	23:46.3	7:40.1	4:45.8
29 MONIZA, Gabrielle	SR	Iowa City West (29)	29	23:57.6	7:43.7	4:48.1
30 ADAMS, Emerson	SO	Iowa City Liberty (30)	30	23:59.2	7:44.3	4:48.4
31 WALLINGTON, Rebekah	SO	Mid-Prairie Wellma (31)	31	24:03.2	7:45.5	4:49.2
32 HERMISTON, Ellie	SR	Dubuque Hempstea (32)	32	24:10.6	7:47.9	4:50.7
33 MILLER, Kali	SR	Mid-Prairie Wellma	-	24:15.2	7:49.4	4:51.6
34 POLL, Dessa	JR	Mid-Prairie Wellma	-	24:16.0	7:49.7	4:51.8
35 JOHNSON, Madelyn	JR	Iowa City Liberty (33)	33	24:17.3	7:50.1	4:52.0
36 MEYER, Aubrey	JR	Iowa City Liberty	-	24:22.1	7:51.6	4:53.0
37 EIDE, Peyton	SO	Iowa City Liberty	-	24:56.9	8:02.9	5:00.0

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Race #3
Varsity Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
38 APPEL, Rowan	JR	Bettendorf	(34)	29:55.6	9:39.2	5:59.8
39 BLOCK, Kennah	JR	Bettendorf	(35)	29:58.4	9:40.1	6:00.4

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Race #2
Varsity Boys 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Dubuque Hempstead	39	1-2-6-14-16(19)(20)	1:27:39	17:32	1:15.2
2 Bettendorf	59	4-7-11-13-24(26)(28)	1:29:17	17:52	1:12.7
3 Linn-Mar Marion	63	5-9-10-12-27(31)(32)	1:29:40	17:56	1:24.6
4 Iowa City West	91	8-17-21-22-23(25)(30)	1:31:07	18:14	0:51.0
5 Mid-Prairie Wellman	98	3-15-18-29-33(34)(35)	1:32:47	18:34	2:46.7

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 MALONEY, John	SR	Dubuque Hempstea	1	16:54.6	5:27.3	3:23.3
2 DRISCOLL, Charlie	SR	Dubuque Hempstea	2	17:06.6	5:31.2	3:25.7
3 SWARTZENTRUBER, Emm	JR	Mid-Prairie Wellma	3	17:12.0	5:32.9	3:26.8
4 WILLEY, AJ	SO	Bettendorf	4	17:26.3	5:37.5	3:29.7
5 KUHN, Riley	SR	Linn-Mar Marion	5	17:31.3	5:39.1	3:30.7
6 JOHNSON, Zack	SR	Dubuque Hempstea	6	17:36.3	5:40.7	3:31.7
7 VANDERWEELE, Kaidan	SR	Bettendorf	7	17:37.0	5:41.0	3:31.8
8 LEE, Michael	SR	Iowa City West	8	17:38.6	5:41.5	3:32.1
9 HANSON, Owen	JR	Linn-Mar Marion	9	17:38.7	5:41.5	3:32.1
10 BOSTON, Ethan	JR	Linn-Mar Marion	10	17:45.6	5:43.7	3:33.5
11 HEDEN, Ryan	JR	Bettendorf	11	17:46.0	5:43.9	3:33.6
12 MORRISSEY, Graedyn	SR	Linn-Mar Marion	12	17:47.8	5:44.5	3:34.0
13 WAKEFIELD, Chase	SR	Bettendorf	13	17:48.0	5:44.5	3:34.0
14 LEITZEN, Owen	JR	Dubuque Hempstea	14	17:51.3	5:45.6	3:34.7
15 YODER, Jayse	JR	Mid-Prairie Wellma	15	17:53.4	5:46.2	3:35.1
16 KASS, Brandon	JR	Dubuque Hempstea	16	18:09.8	5:51.5	3:38.4
17 WAHE, Brice	JR	Iowa City West	17	18:10.9	5:51.9	3:38.6
18 YUTZY, Preston	JR	Mid-Prairie Wellma	18	18:14.0	5:52.9	3:39.2
19 HANSELMAN, Matthew	SR	Dubuque Hempstea	(19)	18:20.9	5:55.1	3:40.6
20 FERN, Micah	SO	Dubuque Hempstea	(20)	18:21.1	5:55.2	3:40.6
21 STONG, Robert	SR	Iowa City West	21	18:21.7	5:55.4	3:40.8
22 SHOWERS, Sam	JR	Iowa City West	22	18:26.2	5:56.8	3:41.7
23 BENSON, Cade	SR	Iowa City West	23	18:29.6	5:57.9	3:42.3
24 GEHLER, Noah	JR	Bettendorf	24	18:39.0	6:00.9	3:44.2
25 HENN, Colin	SO	Dubuque Hempstea	-	18:47.1	6:03.6	3:45.9
26 BRUSS, Maxwell	JR	Iowa City West	(25)	18:47.9	6:03.8	3:46.0
27 RANKIN, Caleb	JR	Bettendorf	(26)	18:51.2	6:04.9	3:46.7
28 BAKKER, Brendan	SR	Linn-Mar Marion	27	18:55.9	6:06.4	3:47.6
29 POTTS, Landon	JR	Bettendorf	(28)	18:58.4	6:07.2	3:48.1
30 VANWYCHEN, Zach	SR	Bettendorf	-	19:18.5	6:13.7	3:52.1
31 COOLEY, Aidan	FR	Dubuque Hempstea	-	19:22.0	6:14.8	3:52.9
32 SWARTZENTRUBER, Maxo	FR	Mid-Prairie Wellma	29	19:28.5	6:16.9	3:54.2
33 EASTVOLD, Jack	SO	Iowa City West	(30)	19:31.5	6:17.9	3:54.8
34 PERSON, Tyler	JR	Linn-Mar Marion	(31)	19:32.5	6:18.2	3:55.0
35 DECKLEVER, Hudson	SR	Linn-Mar Marion	(32)	19:34.3	6:18.8	3:55.3
36 ADAMSON, Griffin	JR	Linn-Mar Marion	-	19:34.7	6:18.9	3:55.4
37 TONG, Thomas	SO	Iowa City West	-	19:35.3	6:19.1	3:55.5

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Race #2
Varsity Boys 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
38 SCHERR, Vincent	JR	Dubuque Hempstea	-	19:43.7	6:21.8	3:57.2
39 RODGERS, Daniel	SR	Mid-Prairie Wellma	33	19:58.6	6:26.6	4:00.2
40 WINGER, Nathan	SO	Bettendorf	-	20:18.1	6:32.9	4:04.1
41 DONALDSON, Jacob	SR	Mid-Prairie Wellma	(34)	20:22.5	6:34.3	4:05.0
42 CHAN, Cassandro	JR	Iowa City West	-	20:23.2	6:34.6	4:05.1
43 FLYNN, Thomas	JR	Mid-Prairie Wellma	(35)	20:25.7	6:35.4	4:05.6
44 HUGHES, Eli	SR	Bettendorf	-	20:28.0	6:36.1	4:06.1
45 STULTZ, Jesse	SO	Mid-Prairie Wellma	-	20:56.1	6:45.2	4:11.7
46 PRESSLER, Lars	FR	Iowa City West	-	21:27.3	6:55.2	4:18.0

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KAUDER RACING
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Race #4
JV Girls 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Dubuque Hempstead	36	3-6-7-9-11(12)(18)	1:59:45	23:57	1:37.8
2 Iowa City West	58	4-8-10-17-19(22)(28)	2:02:46	24:34	1:55.6
3 Iowa City Liberty	71	5-13-14-16-23(24)(27)	2:05:20	25:04	2:43.1
4 Bettendorf	98	2-15-21-29-31(34)(35)	2:08:30	25:42	4:57.2
5 Mid-Prairie Wellman	119	1-20-30-32-36(39)	2:13:04	26:37	6:36.5
6 Clear Creek-Amana	159	25-26-33-37-38	2:28:22	29:41	8:23.3

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 LANDSTRUM, Kendal	FR	Mid-Prairie Wellma	1	22:42.2	7:19.4	4:33.0
2 RIPSLINGER, Ella	FR	Bettendorf	2	22:53.5	7:23.1	4:35.2
3 SCHLICHTTE, Aubrey	JR	Dubuque Hempstea	3	22:57.3	7:24.3	4:36.0
4 HONG, Tina	JR	Iowa City West	4	23:26.2	7:33.6	4:41.8
5 BECKER, Marissa	JR	Iowa City Liberty	5	23:54.0	7:42.6	4:47.4
6 MCFADDEN, Hannah	JR	Dubuque Hempstea	6	23:56.3	7:43.3	4:47.8
7 RENNE, Jillian	JR	Dubuque Hempstea	7	24:01.0	7:44.8	4:48.8
8 EVANS, Lydia	SO	Iowa City West	8	24:10.8	7:48.0	4:50.7
9 GEHL, Lauren	SR	Dubuque Hempstea	9	24:15.1	7:49.4	4:51.6
10 CLARK, Violet	SR	Iowa City West	10	24:31.2	7:54.6	4:54.8
11 STEVENSON, Eve	SO	Dubuque Hempstea	11	24:35.0	7:55.8	4:55.6
12 DRISCOLL, Gracie	FR	Dubuque Hempstea	(12)	24:37.6	7:56.6	4:56.1
13 BRUBAKER, Ashlyn	FR	Iowa City Liberty	13	24:41.0	7:57.7	4:56.8
14 BROWN, Nora	SO	Iowa City Liberty	14	24:56.1	8:02.6	4:59.8
15 KIEBLER, Campbell	FR	Bettendorf	15	24:56.3	8:02.7	4:59.8
16 MCDONALD, Elaina	JR	Iowa City Liberty	16	25:11.8	8:07.7	5:03.0
17 HENDRICKSON, Ivy	JR	Iowa City West	17	25:16.0	8:09.0	5:03.8
18 MAIERS, Jillian	JR	Dubuque Hempstea	(18)	25:19.2	8:10.0	5:04.4
19 SHIM, Ijin	SR	Iowa City West	19	25:21.8	8:10.9	5:05.0
20 CURRY, Mya	SR	Dubuque Hempstea	-	25:24.0	8:11.6	5:05.4
21 RODGERS, Hannah	SO	Mid-Prairie Wellma	20	25:34.0	8:14.8	5:07.4
22 RASCHE, Lilah	FR	Bettendorf	21	25:41.3	8:17.2	5:08.9
23 ORSZULA, Yaya	SR	Iowa City West	(22)	26:10.6	8:26.6	5:14.7
24 HART, Maria	SO	Dubuque Hempstea	-	26:10.9	8:26.7	5:14.8
25 RAUE, Kaitlyn	SO	Iowa City Liberty	23	26:37.1	8:35.2	5:20.0
26 MCDERMOTT, Raegan	FR	Iowa City Liberty	(24)	26:38.6	8:35.7	5:20.4
27 CARTIER, Kennedi	FR	Clear Creek-Amana	25	26:38.9	8:35.8	5:20.4
28 KARSTEN, Emma	FR	Clear Creek-Amana	26	26:45.3	8:37.8	5:21.7
29 REYES, Genesis	JR	Iowa City Liberty	(27)	26:57.7	8:41.8	5:24.2
30 STIER, Marie	JR	Iowa City West	(28)	27:03.3	8:43.6	5:25.3
31 MOOK, Paige	JR	Bettendorf	29	27:07.6	8:45.0	5:26.2
32 RICHTER, Rachel	SR	Dubuque Hempstea	-	27:10.5	8:45.9	5:26.7
33 HARBIN, Robin	SO	Dubuque Hempstea	-	27:19.6	8:48.9	5:28.6
34 POLL, Kyrie	FR	Mid-Prairie Wellma	30	27:26.3	8:51.1	5:29.9
35 SPECTOR, Cece	SO	Bettendorf	31	27:50.7	8:58.9	5:34.8
36 VOGTS, Lilly	JR	Iowa City Liberty	-	27:55.4	9:00.4	5:35.7

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Race #4
JV Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
37 TIAN, Melinda	FR	Iowa City Liberty	-	27:56.6	9:00.8	5:36.0
38 SAFLY, Alaina	SO	Mid-Prairie Wellma	32	28:02.6	9:02.8	5:37.2
39 GAMMAGE, Greta	SO	Dubuque Hempstea	-	28:06.0	9:03.9	5:37.9
40 LEESER, Maddie	SR	Dubuque Hempstea	-	28:07.9	9:04.5	5:38.2
41 SMUTZ, Addie	SO	Clear Creek-Amana	33	28:18.3	9:07.8	5:40.3
42 MICKELSON, Paris	JR	Dubuque Hempstea	-	28:34.4	9:13.0	5:43.6
43 GOOD, Adelia	JR	Bettendorf	(34)	28:43.3	9:15.9	5:45.3
44 TRYON, Anna	JR	Bettendorf	(35)	28:43.9	9:16.1	5:45.5
45 STELLMACH, Victoria	FR	Bettendorf	-	28:45.4	9:16.6	5:45.8
46 SABIN, Ashley	SO	Iowa City Liberty	-	28:50.8	9:18.3	5:46.8
47 MENSTER, Maggie	SO	Bettendorf	-	29:04.0	9:22.6	5:49.5
48 TIAN, Melissa	FR	Iowa City Liberty	-	29:12.2	9:25.2	5:51.1
49 PARKS, Marissa	FR	Mid-Prairie Wellma	36	29:18.7	9:27.3	5:52.4
50 MOOTZ, Jo	FR	Dubuque Hempstea	-	29:19.8	9:27.7	5:52.7
51 CAVANH, Taylor	SO	Iowa City Liberty	-	29:24.1	9:29.0	5:53.5
52 SMITH, Emily	SR	Bettendorf	-	29:27.3	9:30.1	5:54.2
53 RUPP, Leona	FR	Iowa City Liberty	-	29:30.4	9:31.1	5:54.8
54 DICKENS, Annie	JR	Iowa City West	-	29:52.9	9:38.4	5:59.3
55 SCHWAN, Paula	FR	Bettendorf	-	30:03.0	9:41.6	6:01.3
56 DALLAL, Abby	JR	Dubuque Hempstea	-	30:16.1	9:45.8	6:03.9
57 MCCONNELL, Lily	JR	Iowa City West	-	30:23.8	9:48.3	6:05.5
58 BIRKENHOLTZ, Piper	SO	Dubuque Hempstea	-	30:35.3	9:52.0	6:07.8
59 MCMORRIS, Larkin	SO	Iowa City Liberty	-	30:41.4	9:54.0	6:09.0
60 TYLER, Anna	SR	Dubuque Hempstea	-	30:46.4	9:55.6	6:10.0
61 DILLION, Charlotte	FR	Iowa City Liberty	-	30:53.9	9:58.0	6:11.5
62 FORTE, Angelina	SR	Iowa City West	-	31:11.5	10:03.7	6:15.0
63 EMICK, Mya	FR	Clear Creek-Amana	37	31:37.3	10:12.0	6:20.2
64 DUPUICH, Kate	JR	Iowa City West	-	31:46.0	10:14.8	6:22.0
65 FERN, Evelyn	JR	Dubuque Hempstea	-	32:10.1	10:22.6	6:26.8
66 DOLAN, Addilyn	FR	Dubuque Hempstea	-	32:15.6	10:24.4	6:27.9
67 NELSON, Bella	FR	Iowa City Liberty	-	32:44.0	10:33.5	6:33.6
68 BRANDON, Kalissa	SO	Dubuque Hempstea	-	32:57.7	10:38.0	6:36.3
69 MORLEY, Grace	JR	Dubuque Hempstea	-	33:09.6	10:41.8	6:38.7
70 WOLF, Kaelee	SR	Bettendorf	-	33:15.7	10:43.8	6:39.9
71 MORRISON, Mady	SO	Dubuque Hempstea	-	34:20.0	11:04.5	6:52.8
72 WAGENER, Lily	FR	Dubuque Hempstea	-	34:38.5	11:10.5	6:56.5
73 HEISDORFFER, Reese	JR	Clear Creek-Amana	38	35:02.2	11:18.1	7:01.3
74 BRANDON, Melina	SR	Dubuque Hempstea	-	36:09.4	11:39.8	7:14.7
75 RUNDE, Breanna	SO	Dubuque Hempstea	-	36:22.0	11:43.9	7:17.3
76 WUNDERLICH, Samantha	FR	Mid-Prairie Wellma	(39)	37:45.4	12:10.8	7:34.0
77 MEEHAN, Raygan	JR	Dubuque Hempstea	-	39:27.1	12:43.6	7:54.4
78 SCHEPANSKI, Tasha	JR	Iowa City Liberty	-	40:08.9	12:57.1	8:02.7

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Race #1
JV Boys 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Linn-Mar Marion	26	1-2-4-8-11(12)(13)	1:36:33	19:19	1:31.4
2 Iowa City West	63	3-10-14-15-21(25)(26)	1:40:24	20:05	2:17.8
3 Dubuque Hempstead	67	5-9-16-18-19(20)(24)	1:40:53	20:11	1:00.0
4 Bettendorf	85	6-7-17-23-32(35)(36)	1:43:44	20:45	3:08.0
5 Clear Creek-Amana	145	22-29-30-31-33(34)(38)	1:50:18	22:04	1:43.1
6 Mid-Prairie Wellman	171	27-28-37-39-40(41)(42)	2:01:29	24:18	6:24.9

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 KNAPP, Josh	SO	Linn-Mar Marion	1	18:31.0	5:58.4	3:42.6
2 CHENEY, Ethan	SO	Linn-Mar Marion	2	18:40.1	6:01.3	3:44.5
3 KOTEV, Venelin	SO	Iowa City West	3	18:49.9	6:04.5	3:46.4
4 KENNEDY, Will	FR	Linn-Mar Marion	4	19:34.6	6:18.9	3:55.4
5 LANGE, Aiden	JR	Dubuque Hempstea	5	19:36.7	6:19.6	3:55.8
6 REHNBERG, Liam	SO	Bettendorf	6	19:40.3	6:20.7	3:56.5
7 BERG, Dylan	FR	Bettendorf	7	19:43.6	6:21.8	3:57.2
8 BEDAL, Thiago	SR	Linn-Mar Marion	8	19:44.4	6:22.1	3:57.3
9 ZHENG, Brendon	JR	Dubuque Hempstea	9	19:46.1	6:22.6	3:57.7
10 MERRILL, Evan	FR	Iowa City West	10	20:00.4	6:27.2	4:00.6
11 TENTINGER, Lucas	JR	Linn-Mar Marion	11	20:02.3	6:27.8	4:00.9
12 ADAMS, Cooper	FR	Linn-Mar Marion	(12)	20:03.2	6:28.1	4:01.1
13 WHITE, Ben	SR	Linn-Mar Marion	(13)	20:06.5	6:29.2	4:01.8
14 STRADT, Talan	JR	Linn-Mar Marion	-	20:09.7	6:30.2	4:02.4
15 WEHRLE, Colin	FR	Iowa City West	14	20:11.6	6:30.8	4:02.8
16 FELTON, Evan	JR	Linn-Mar Marion	-	20:11.9	6:30.9	4:02.9
17 WATERS, Logan	SR	Iowa City West	15	20:14.5	6:31.8	4:03.4
18 HARTWIG, Theo	JR	Linn-Mar Marion	-	20:17.7	6:32.8	4:04.0
19 LOEFFELHOLZ, Ty	JR	Dubuque Hempstea	16	20:18.2	6:32.9	4:04.1
20 HEDEN, Andrew	FR	Bettendorf	17	20:18.5	6:33.1	4:04.2
21 SANDS, Jonah	FR	Linn-Mar Marion	-	20:34.7	6:38.3	4:07.4
22 BREITBACH, Cohen	JR	Dubuque Hempstea	18	20:35.4	6:38.5	4:07.6
23 ELLERBACH, Ben	FR	Dubuque Hempstea	19	20:36.7	6:38.9	4:07.8
24 HOLTEN, Parker	SO	Linn-Mar Marion	-	20:46.4	6:42.1	4:09.8
25 HOKE, Robbie	SO	Linn-Mar Marion	-	20:47.3	6:42.4	4:10.0
26 BUDZINSKI, Nick	FR	Linn-Mar Marion	-	20:52.0	6:43.8	4:10.9
27 SCOTT, Will	SR	Dubuque Hempstea	(20)	21:01.0	6:46.8	4:12.7
28 ALI, Asif	SO	Iowa City West	21	21:07.7	6:48.9	4:14.0
29 YOUNG, Luke	FR	Clear Creek-Amana	22	21:11.3	6:50.1	4:14.8
30 PEARSON, Matthew	JR	Bettendorf	23	21:12.9	6:50.6	4:15.1
31 SCHULTZ, Charles	SO	Dubuque Hempstea	(24)	21:13.6	6:50.8	4:15.2
32 WHITTAKER-SMITH, Tate	SR	Linn-Mar Marion	-	21:19.6	6:52.8	4:16.4
33 LAWLER, Henry	FR	Iowa City West	(25)	21:19.8	6:52.8	4:16.5
34 KALAVER, Advait	FR	Linn-Mar Marion	-	21:20.7	6:53.1	4:16.6
35 MERRIL, Kai	JR	Iowa City West	(26)	21:21.9	6:53.5	4:16.9
36 GOLDSMITH, Sam	FR	Dubuque Hempstea	-	21:28.5	6:55.6	4:18.2

TROJAN EARLY BIRD INVITATIONAL 2023

Iowa City, IA
 Ashton Cross Country Course
 Weather: Sunny, SSW 5-10mph, 46% & 82
 Host: Iowa City West
 Monday, August 28, 2023

MEET OFFICIALS

Meet Director:
 BJ Mayer
Meet Referee:
 Bill Neal
Timing:
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

printed: 8/28/2023 6:06 PM

Race #1
JV Boys 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
37 WATERS, Reece	FR	Mid-Prairie Wellma	27	21:29.2	6:55.9	4:18.4
38 LORENZ, Quinn	SO	Linn-Mar Marion	-	21:29.8	6:56.1	4:18.5
39 LINDSAY, Chris	FR	Linn-Mar Marion	-	21:37.8	6:58.6	4:20.1
40 MAYLA, Brahrava	JR	Linn-Mar Marion	-	21:38.4	6:58.8	4:20.2
41 HISCOCK, Thomas	FR	Linn-Mar Marion	-	21:40.3	6:59.4	4:20.6
42 DIDELOT, Jett	JR	Dubuque Hempstea	-	21:51.7	7:03.1	4:22.9
43 PICKARD, Jonathon	FR	Mid-Prairie Wellma	28	21:52.1	7:03.2	4:22.9
44 JENSEN, Shane	FR	Clear Creek-Amana	29	21:53.8	7:03.8	4:23.3
45 LEE, Ethan	SO	Iowa City West	-	21:59.3	7:05.6	4:24.4
46 OLSON, Brady	JR	Iowa City West	-	21:59.3	7:05.6	4:24.4
47 FAGAN, Jack	SO	Linn-Mar Marion	-	21:59.9	7:05.8	4:24.5
48 ERICKSON, Beckham	FR	Linn-Mar Marion	-	22:00.0	7:05.8	4:24.5
49 DETWEILER, Jonah	FR	Linn-Mar Marion	-	22:03.8	7:07.0	4:25.3
50 BOESET, Beckett	FR	Clear Creek-Amana	30	22:04.6	7:07.3	4:25.4
51 FROISTAD, Talon	FR	Dubuque Hempstea	-	22:04.7	7:07.3	4:25.5
52 HACKETT, Leo	SO	Linn-Mar Marion	-	22:08.9	7:08.7	4:26.3
53 DUNKIN, Kameron	SO	Clear Creek-Amana	31	22:13.6	7:10.2	4:27.2
54 KLINKENBERG, Caleb	SO	Linn-Mar Marion	-	22:26.4	7:14.3	4:29.8
55 NEUKIRCH, Maddux	FR	Iowa City West	-	22:29.5	7:15.3	4:30.4
56 BEALS, Bronson	SO	Linn-Mar Marion	-	22:37.3	7:17.8	4:32.0
57 PETTIT, Brayden	FR	Linn-Mar Marion	-	22:37.4	7:17.9	4:32.0
58 WENDLING, Colin	FR	Linn-Mar Marion	-	22:38.5	7:18.2	4:32.2
59 BLANCHARD, Aaron	FR	Dubuque Hempstea	-	22:45.3	7:20.4	4:33.6
60 DESIMONE, Jordan	SO	Bettendorf	32	22:48.3	7:21.4	4:34.2
61 WILSON, Cormac	JR	Iowa City West	-	22:51.3	7:22.3	4:34.8
62 ELSHIEKH, Bassil	JR	Linn-Mar Marion	-	22:53.6	7:23.1	4:35.3
63 BRAY, Bo	FR	Clear Creek-Amana	33	22:54.4	7:23.3	4:35.4
64 DAVIDSON, Henry	SO	Clear Creek-Amana	(34)	23:01.9	7:25.8	4:36.9
65 FRISVOLD, Dylan	FR	Iowa City West	-	23:04.2	7:26.5	4:37.4
66 MOORE, Odin	JR	Bettendorf	(35)	23:05.8	7:27.0	4:37.7
67 BAXA, Noah	JR	Bettendorf	(36)	23:11.2	7:28.8	4:38.8
68 KOSIKAS, Bradyn	JR	Linn-Mar Marion	-	23:14.7	7:29.9	4:39.5
69 BROTZMAN, Gavan	FR	Dubuque Hempstea	-	23:14.9	7:30.0	4:39.5
70 NEIGHBOR, William	JR	Bettendorf	-	23:15.7	7:30.2	4:39.7
71 HICKEY, Paxton	SO	Dubuque Hempstea	-	23:17.4	7:30.7	4:40.0
72 OLALLEYE, Oluwadara	FR	Iowa City West	-	23:19.2	7:31.3	4:40.4
73 TEMPEL, Alex	SO	Linn-Mar Marion	-	23:19.2	7:31.4	4:40.4
74 KRAMER, Levi	SR	Dubuque Hempstea	-	23:20.2	7:31.7	4:40.6
75 MORALES, Carlos	SR	Linn-Mar Marion	-	23:20.9	7:31.9	4:40.7
76 PARR, Jackson	FR	Linn-Mar Marion	-	23:22.7	7:32.5	4:41.1
77 CALLAHAN, Will	FR	Dubuque Hempstea	-	23:30.3	7:34.9	4:42.6
78 LOTHAMER, Ben	FR	Mid-Prairie Wellma	37	23:34.5	7:36.3	4:43.4
79 BENNETT, Josh	SR	Dubuque Hempstea	-	23:34.9	7:36.4	4:43.5
80 MALONEY, Henry	FR	Dubuque Hempstea	-	23:36.9	7:37.1	4:43.9
81 BROOKS, Conner	JR	Bettendorf	-	23:59.6	7:44.4	4:48.5
82 TIMMER HACKERT, Henry	SO	Iowa City West	-	24:02.0	7:45.2	4:49.0

TROJAN EARLY BIRD INVITATIONAL 2023

Iowa City, IA
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 Weather: Sunny, SSW 5-10moh, 46% & 82
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Race #1
JV Boys 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
83 ROHDE, Micah	FR	Bettendorf	-	24:04.5	7:46.0	4:49.5
84 WESTEGARD, Sid	JR	Iowa City West	-	24:08.3	7:47.2	4:50.2
85 BENSON, Drew	FR	Iowa City West	-	24:08.8	7:47.3	4:50.3
86 BRUZEK, Zach	FR	Iowa City West	-	24:08.9	7:47.4	4:50.4
87 MCDRMOTT, Jj	SO	Bettendorf	-	24:11.2	7:48.1	4:50.8
88 SCHEBEL, Max	SO	Iowa City West	-	24:15.5	7:49.5	4:51.7
89 MISIAGBECKLER, Pierce	FR	Dubuque Hempstea	-	24:23.7	7:52.2	4:53.3
90 HOLDRIDGE, Karter	SR	Bettendorf	-	24:36.6	7:56.3	4:55.9
91 JOHNSTON, Nick	SO	Bettendorf	-	24:39.7	7:57.3	4:56.5
92 WOODRUFF, Will	FR	Bettendorf	-	24:46.7	7:59.6	4:57.9
93 CAPOZZI, CJ	FR	Iowa City West	-	24:49.1	8:00.3	4:58.4
94 ACKLEY, Hayden	SO	Linn-Mar Marion	-	24:50.9	8:00.9	4:58.8
95 DONALD, Ben	FR	Iowa City West	-	24:54.3	8:02.0	4:59.4
96 TIGARDOUN, Daniel	JR	Iowa City West	-	25:19.6	8:10.2	5:04.5
97 MOORE, Aiden	SO	Linn-Mar Marion	-	25:22.6	8:11.1	5:05.1
98 WELBES, Parker	SO	Dubuque Hempstea	-	25:40.1	8:16.8	5:08.6
99 GIANNAKOUROS, Paul	FR	Dubuque Hempstea	-	25:53.2	8:21.0	5:11.3
100 VILAR, Max	JR	Dubuque Hempstea	-	26:09.6	8:26.3	5:14.5
101 CORREA LEIBFRIED, Lucas	SO	Iowa City West	-	26:11.3	8:26.9	5:14.9
102 ELSHIEKH, Ahmad	FR	Linn-Mar Marion	-	26:21.5	8:30.2	5:16.9
103 SPRIGGS, Mason	FR	Dubuque Hempstea	-	26:25.0	8:31.3	5:17.6
104 IBURG, Cole	SR	Clear Creek-Amana	(38)	26:35.0	8:34.5	5:19.6
105 WILDMAN, Hayden	SR	Linn-Mar Marion	-	26:38.4	8:35.6	5:20.3
106 SANCHEZ, Adrian	JR	Mid-Prairie Wellma	39	26:39.0	8:35.8	5:20.4
107 BENEKE, Jacob	FR	Iowa City West	-	26:40.3	8:36.2	5:20.7
108 HOCKETT, Ashton	JR	Dubuque Hempstea	-	26:42.3	8:36.9	5:21.1
109 SNYDER, Owen	SO	Linn-Mar Marion	-	27:34.9	8:53.8	5:31.6
110 CORMIER, Isaac	SR	Linn-Mar Marion	-	27:35.6	8:54.1	5:31.8
111 TIGGES, Riley	SR	Dubuque Hempstea	-	27:36.5	8:54.3	5:32.0
112 ROSEMEYER, Brody	FR	Dubuque Hempstea	-	27:38.6	8:55.0	5:32.4
113 HANDY, Orion	SO	Dubuque Hempstea	-	27:38.8	8:55.1	5:32.4
114 ZIRKELBACH, Owen	SO	Mid-Prairie Wellma	40	27:54.1	9:00.0	5:35.5
115 SCHALK, Rowan	SO	Bettendorf	-	28:26.3	9:10.4	5:41.9
116 ERRTHUM, Owen	SR	Dubuque Hempstea	-	28:34.6	9:13.1	5:43.6
117 HOUGH, Sawyer	SR	Mid-Prairie Wellma	(41)	28:55.7	9:19.9	5:47.8
118 MYROM, Matthew	FR	Linn-Mar Marion	-	29:42.4	9:35.0	5:57.2
119 BILES, Sam	JR	Linn-Mar Marion	-	29:46.5	9:36.3	5:58.0
120 RUNDE, Devin	FR	Dubuque Hempstea	-	29:58.5	9:40.1	6:00.4
121 RASTOGI, Praneel	SO	Iowa City West	-	30:08.1	9:43.2	6:02.3
122 OTIS, Jayden	FR	Iowa City West	-	30:43.0	9:54.5	6:09.3
123 TENTINGER, Ben	JR	Linn-Mar Marion	-	32:03.4	10:20.4	6:25.4
124 MILLER, Brayden	FR	Mid-Prairie Wellma	(42)	32:07.7	10:21.8	6:26.3
125 BENNETT, Jesse	FR	Dubuque Hempstea	-	32:14.4	10:24.0	6:27.6