



Woodbine XC Invitational - 10/2/2023  
 Woodbine Golf Course  
 Woodbine, Iowa

Event 3 Boys 5k Run CC Varsity & JV

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Name	Year School	Finals	Points
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Varsity Results 5000 Run

1 Bendgen, Landon	12 V-Woodbine	16:53.31	1
2 Wagner, Gunner	11 V-Woodbine	18:05.79	2
3 Gorham, Dane	09 V-Boyer Valley	18:11.64	
4 Hoden, Jacob	12 V-Missouri Valley	19:06.48	3
5 Barry, Adam	11 V-Woodbine	19:25.39	4
6 Rangel, Aidan	11 V-Missouri Valley	19:40.50	5
7 Rasmussen, Austin	10 V-Exira-Ehk	19:48.28	
8 Meadows, Adam	11 V-Missouri Valley	20:00.69	6
9 Tremel, Thomas	12 V-Woodbine	20:14.13	7
10 Burgmeyer, Trey	12 V-Woodbine	20:20.07	8
11 Cook, Landon	10 V-Coon Rapids B	20:53.03	
12 Brummett, Connor	10 V-Underwood	20:57.74	
13 Estrada, Evan	11 V-Woodbine	21:09.21	9
14 Johnson, Xander	11 V-Woodbine	21:15.31	10
15 Deist, Eli	12 V-Audubon	21:26.76	
16 Barry, Jacob	12 V-West Harrison	22:14.89	
17 Thacker, Gavin	11 V-Missouri Valley	22:27.48	11
18 Harrison, Jackson	12 V-Missouri Valley	22:45.09	12
19 Schultes, Brody	10 V-Audubon	22:58.27	
20 Rangel, Xavier	11 V-Missouri Valley	24:06.14	13
21 Uhl, Chase	09 V-Underwood	24:16.24	
22 Wiemann, Carter	10 V-Exira-Ehk	24:26.55	
23 Leaders, Landon	09 V-Underwood	25:00.83	
24 Riggerberg, Calum	09 V-Boyer Valley	25:09.40	
25 Freet, Sean	11 V-West Harrison	25:27.22	
26 Hilgenberg, Kellen	09 V-Coon Rapids B	25:29.68	
27 Baker, Jace	09 V-Coon Rapids B	25:52.49	
28 Voster, Keaton	10 V-Missouri Valley	25:59.47	14
29 Kraft, James	12 V-West Harrison	27:31.50	
30 Baggett, Ben	10 V-Exira-Ehk	28:15.00	
31 Rich, Isaac	10 V-Whiting	30:34.57	
32 Forbush, Miles	09 V-Underwood	32:21.53	
33 Harris, Fred	09 V-Exira-Ehk	32:21.64	
34 McCurdy, Dustin	09 V-Cam	33:14.43	

Junior Varsity Results 5000 Run

1 Steppuhn, Brandon	12 Woodbine	22:10.59	1
2 Coenen, Wyatt	11 Woodbine	23:12.87	2
3 Gute, Owen	09 Missouri Valley	23:40.55	
4 Vandemark, Tristan	09 Woodbine	24:30.36	3
5 Williams, Jaxson	08 Woodbine	25:12.98	4
6 Cliffe, Matthew	09 Missouri Valley	25:16.44	
7 Lary, Dom	10 Woodbine	25:57.24	5
8 Moores, Keaton	09 Woodbine	27:13.11	6
9 Sullivan, Leo	11 Woodbine	28:12.66	7
10 Cox, Carter	09 Woodbine	29:43.18	
11 Colwell, Aaron	11 Woodbine	30:57.29	

Team Scores

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Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Junior Varsity Results 5000 Run

1	Woodbine	15	1	2	3	4	5	6	7
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Total Time: 2:01:04.04

Average: 24:12.81  
Varsity Results 5000 Run  
1 V-Woodbine  
Total Time: 1:34:58.69  
Average: 18:59.74  
2 V-Missouri Valley  
Total Time: 1:44:00.24  
Average: 20:48.05

22	1	2	4	7	8	9	10
37	3	5	6	11	12	13	14

