



Mellon Sisters Race Against Violence 5K  
Heritage Pond  
October 8, 2022  
Dubuque, IA

Sunny  
36 Degrees



#	First Name	Last Name	Gender	Age	City	State	Final Result	Pace
<b>Overall Male</b>								
1	Tommy	Franklin	M	52	Muscoda	WI	00:23:23.15	07:31 /mi
2	Duane	Richter	M	50	Dubuque	IA	00:23:40.69	07:37 /mi
3	Doug	Arndt	M	58	Stockton	IL	00:24:25.16	07:51 /mi
4	Aiden	Wernimont	M	12	Dubuque	IA	00:25:11.26	08:06 /mi
5	Joseph	Holeman	M	30	Dubuque	IA	00:26:36.45	08:33 /mi
6	Richard	Kirkendall	M	40	Dubuque	IA	00:31:49.20	10:14 /mi
7	Carter	White	M	8	Durango	IA	00:42:19.94	13:37 /mi
<b>Overall Female</b>								
1	Pam	Connolly	F	52	Dubuque	IA	00:24:15.00	07:48 /mi
2	Sandy	Raisbeck	F	50	Lancaster	WI	00:27:38.43	08:54 /mi
3	Rebecca	Bellmann	F	12	Dubuque	IA	00:27:52.56	08:58 /mi
4	Jill	Bellmann	F	44	Dubuque	IA	00:27:55.20	08:59 /mi
5	Christina	Avery	F	41	Dubuque	IA	00:29:47.26	09:35 /mi
6	McKenzie	Eckert	F	23	Dubuque	IA	00:30:42.35	09:52 /mi
7	Aria	Wernimont	F	8	Dubuque	IA	00:33:33.06	10:48 /mi
8	Jocelyn	Holeman	F	9	Dubuque	IA	00:33:35.00	10:48 /mi
9	Kendra	Zacek	F	31	Colesburg	IA	00:33:45.80	10:52 /mi
10	Kristy	Richter	F	49	Dubuque	IA	00:33:53.11	10:54 /mi
11	Brianna	Holeman	F	31	Dubuque	IA	00:38:04.13	12:15 /mi
12	Gail	Klein	F	46	Sherrill	IA	00:38:04.65	12:15 /mi
13	Aaliyah	Smothers	F	13	Dubuque	IA	00:40:45.31	13:07 /mi
14	Lori	Smothers	F	40	Dubuque	IA	00:40:46.46	13:07 /mi
15	Amanda	Potter	F	34	Durango	IA	00:42:20.17	13:37 /mi
16	Sandra	Kirkendall	F	38	Dubuque	IA	00:51:12.22	16:28 /mi
17	Chelsey	Hoffmann	F	33	Dyersville	IA	01:13:36.00	23:41 /mi
<b>Male 10U</b>								
1	Carter	White	M	8	Durango	IA	00:42:19.94	13:37 /mi
<b>Female 10U</b>								
1	Aria	Wernimont	F	8	Dubuque	IA	00:33:33.06	10:48 /mi
2	Jocelyn	Holeman	F	9	Dubuque	IA	00:33:35.00	10:48 /mi
<b>Male 11-15</b>								
1	Aiden	Wernimont	M	12	Dubuque	IA	00:25:11.26	08:06 /mi
<b>Female 11-15</b>								
1	Rebecca	Bellmann	F	12	Dubuque	IA	00:27:52.56	08:58 /mi
2	Aaliyah	Smothers	F	13	Dubuque	IA	00:40:45.31	13:07 /mi
<b>Female 16-25</b>								
1	McKenzie	Eckert	F	23	Dubuque	IA	00:30:42.35	09:52 /mi
<b>Male 26-35</b>								
1	Joseph	Holeman	M	30	Dubuque	IA	00:26:36.45	08:33 /mi

<b>Female 26-35</b>								
1	Kendra	Zacek	F	31	Colesburg	IA	00:33:45.80	10:52 /mi
2	Brianna	Holeman	F	31	Dubuque	IA	00:38:04.13	12:15 /mi
3	Amanda	Potter	F	34	Durango	IA	00:42:20.17	13:37 /mi
4	Chelsey	Hoffmann	F	33	Dyersville	IA	01:13:36.00	23:41 /mi
<b>Male 36-45</b>								
1	Richard	Kirkendall	M	40	Dubuque	IA	00:31:49.20	10:14 /mi
<b>Female 36-45</b>								
1	Jill	Bellmann	F	44	Dubuque	IA	00:27:55.20	08:59 /mi
2	Christina	Avery	F	41	Dubuque	IA	00:29:47.26	09:35 /mi
3	Lori	Smothers	F	40	Dubuque	IA	00:40:46.46	13:07 /mi
4	Sandra	Kirkendall	F	38	Dubuque	IA	00:51:12.22	16:28 /mi
<b>Male 46-55</b>								
1	Tommy	Franklin	M	52	Muscoda	WI	00:23:23.15	07:31 /mi
2	Duane	Richter	M	50	Dubuque	IA	00:23:40.69	07:37 /mi
<b>Female 46-55</b>								
1	Pam	Connolly	F	52	Dubuque	IA	00:24:15.00	07:48 /mi
2	Sandy	Raisbeck	F	50	Lancaster	WI	00:27:38.43	08:54 /mi
3	Kristy	Richter	F	49	Dubuque	IA	00:33:53.11	10:54 /mi
4	Gail	Klein	F	46	Sherrill	IA	00:38:04.65	12:15 /mi
<b>Male 56+</b>								
1	Doug	Arndt	M	58	Stockton	IL	00:24:25.16	07:51 /mi