

YOUR LIFE MATTERS 5K RUN - 8/27/2022

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Rankings

Event 1 Mixed 5k Run RR

Name	Year Team	Avg Mile	Finals	Points
8 & Under Results - Women 5000 Run				
1 Stone, KayLee	W Indianola	15:18.7	47:34.00	
2 Vande Kamp, Evelyn	W Indianola	16:21.1	50:48.00	
9-10 Results - Women 5000 Run				
1 Landis, Bella	W Knoxville	13:57.3	43:21.22	
11-12 Results - Women 5000 Run				
1 DeHeer, Sophia	W Melcher	12:41.8	39:26.72	
13-14 Results - Women 5000 Run				
1 Landis, Cally	W Knoxville	10:31.0	32:40.32	
2 Emerick, Raegen	W Melcher	12:41.1	39:24.60	
19-29 Results - Women 5000 Run				
1 Burgner, Hailey	W Moulton	10:02.9	31:13.04	
2 Garr, Erika	W Knoxville	10:14.7	31:49.59	
3 McElderry, Taylor	W Drakesville	11:23.2	35:22.52	
30-39 Results - Women 5000 Run				
1 Adolphi, Jaci	W Pella	8:20.0	25:53.35	
2 Bender, Chelsea	W Pleasantville	8:25.6	26:10.61	
3 Dishman, Samantha	W Windsor Heights	9:49.3	30:30.87	
4 Fjelland, Staci	W Bondurant	10:27.4	32:28.98	
5 Kuntz, Brittney	W Pella	11:50.1	36:46.20	
6 Vande Kamp, Brittany	W Indianola	16:21.1	50:48.00	
40-49 Results - Women 5000 Run				
1 Graham-Hinners, Mindy	W Sioux Rapids	7:15.6	22:33.36	
2 Dunkin, Heather	W Knoxville	7:37.4	23:41.08	
3 Truetken, Katie	W Knoxville	7:53.6	24:31.37	
4 Gordon, Tara	W Knoxville	8:44.2	27:08.44	
5 Drabek, Liz	W Pella	10:33.9	32:49.37	
6 Elliott, Amy	W Knoxville	10:40.2	33:08.92	
7 Chamberlain, Jennifer	W Indianola	11:02.1	34:16.91	
8 Clemons, Kristine	W Knoxville	11:06.2	34:29.70	
9 Visser, Theresa	W Knoxville	12:13.0	37:57.09	
50-59 Results - Women 5000 Run				
1 Dingman, Jean	W Pella	7:59.8	24:50.40	
2 VerSteeg, Valerie	W Knoxville	8:02.4	24:58.64	
3 Moore, Andrea	W Hamilton	10:17.6	31:58.58	
4 Becker, Denise	W Knoxville	11:34.8	35:58.49	
60+ Results - Women 5000 Run				
1 Bachman, Jeannie	W Knoxville	9:39.6	30:00.54	
2 Bartels, Florence	W Knoxville	10:25.6	32:23.48	
3 Huston, Mary	W Indianola	11:20.4	35:13.66	
4 Tucker, Cheryl	W Knoxville	16:04.0	49:55.00	
5 Harvey, Deb	W Knoxville	16:04.0	49:55.00	
8 & Under Results - Men 5000 Run				
1 Vande Kamp, Trenton	M Indianola	10:16.8	31:56.12	
2 Fjelland, Corbin	M Bondurant	10:20.2	32:06.71	
9-10 Results - Men 5000 Run				
1 Truetken, Sam	M Knoxville	7:38.4	23:44.14	
2 Moyer, Beckett	M Pella	8:15.8	25:40.20	
3 Horn, Lucas	M Knoxville	13:56.6	43:19.03	
11-12 Results - Men 5000 Run				
1 Karr, Bryson	M Monroe	7:22.3	22:53.94	
2 Elliott, Drake	M Knoxville	8:15.0	25:37.73	
13-14 Results - Men 5000 Run				

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1 Rankin, Isaac	M Knoxville	6:04.7	18:52.88
2 Larson, Drake	M Knoxville	7:06.9	22:06.13
3 Lund, Hunter	M Knoxville	7:13.6	22:26.86
4 DeMoss, Grant	M Knoxville	8:24.6	26:07.65
5 Hamilton, Ryder	M Pella	8:58.8	27:53.89
6 Remster, Austin	M Melcher	10:29.8	32:36.65
15-18 Results - Men 5000 Run			
1 Scheffers, Brayden	M Melcher	7:03.1	21:54.37
2 Godfrey, Logan	M Melcher	8:57.0	27:48.19
3 Harrington, Lucas	M Melcher	9:53.0	30:42.24
4 Carlson, Elijah	M Knoxville	10:09.5	31:33.52
5 Schurbon, Michael	M Knoxville	10:31.2	32:40.99
19-29 Results - Men 5000 Run			
1 Learnt, Charlie	M Pella	11:44.6	36:29.09
2 Collins, Cory	M Knoxville	16:29.8	51:15.00
30-39 Results - Men 5000 Run			
1 Wilkins, Tommy	M Ottumwa	7:11.2	22:19.44
2 Short, Isaac	M Pella	7:24.3	23:00.33
3 Peterson, Tanner	M Knoxville	11:16.2	35:00.80
40-49 Results - Men 5000 Run			
1 McDay, Steven	M Knoxville	7:52.9	24:28.96
2 Visser, Mike	M Knoxville	11:22.1	35:18.98
3 Vande Kamp, Toby	M Indianola	13:02.8	40:31.93
50-59 Results - Men 5000 Run			
1 Finan, Pat	M Knoxville	8:05.8	25:09.11
2 Robbins, Brad	M Melcher	11:24.0	35:24.97
3 Smith, Chad	M Norwalk	13:33.8	42:08.31
60+ Results - Men 5000 Run			
1 Hileman, Jeff	M Knoxville	11:00.6	34:12.21
2 Stickel, Brian	M Knoxville	11:34.9	35:58.75
3 Judkins, Jim	M Melbourne	14:52.9	46:14.00